

COUNSELOR Collab

with Laura & Ashley

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[Laura's TpT Store](#)

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Counselor Collab on Instagram

Counselor Collab on Facebook

Counselor Collab Members-Only Facebook Group

Laura & Ashley



lauraashley@counselorcollab.com

CREDITS



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Let's BREATHE

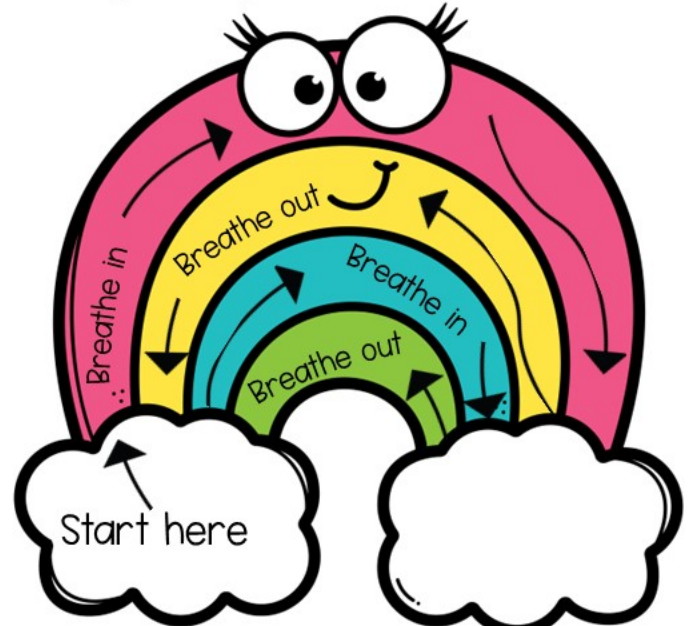
♥ STAR BREATHING

Trace the lines of the star with your finger as you breathe in and out.



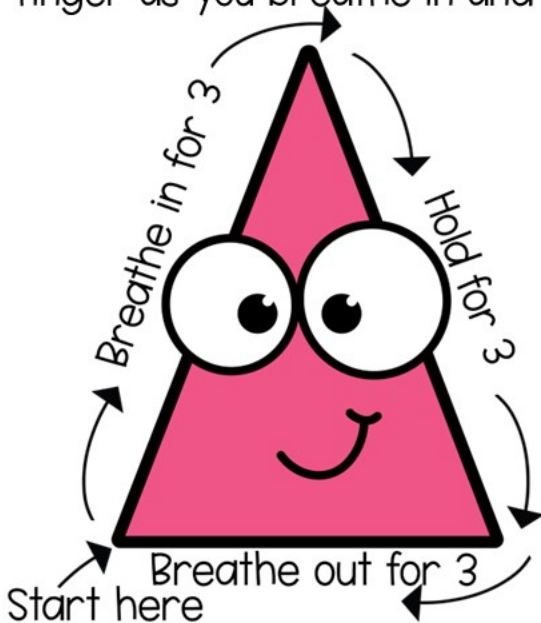
♥ RAINBOW BREATHING

Trace the lines of the rainbow with your finger as you breathe in and out.



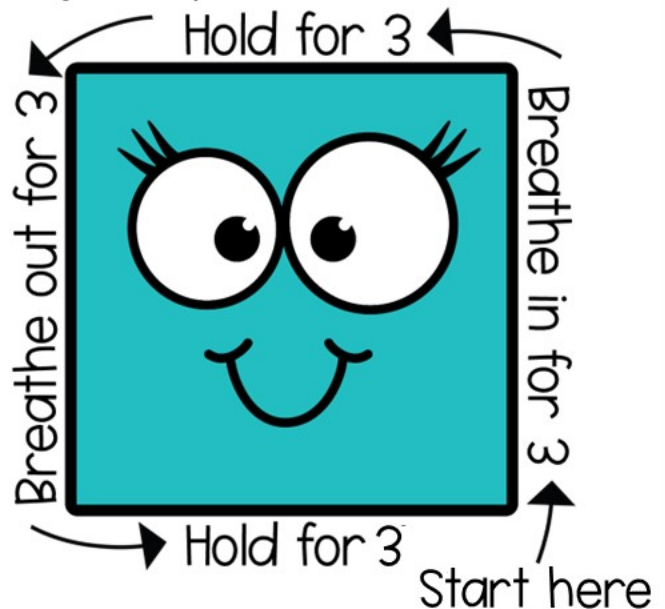
♥ TRIANGLE BREATHING

Trace the lines of the triangle with your finger as you breathe in and out.

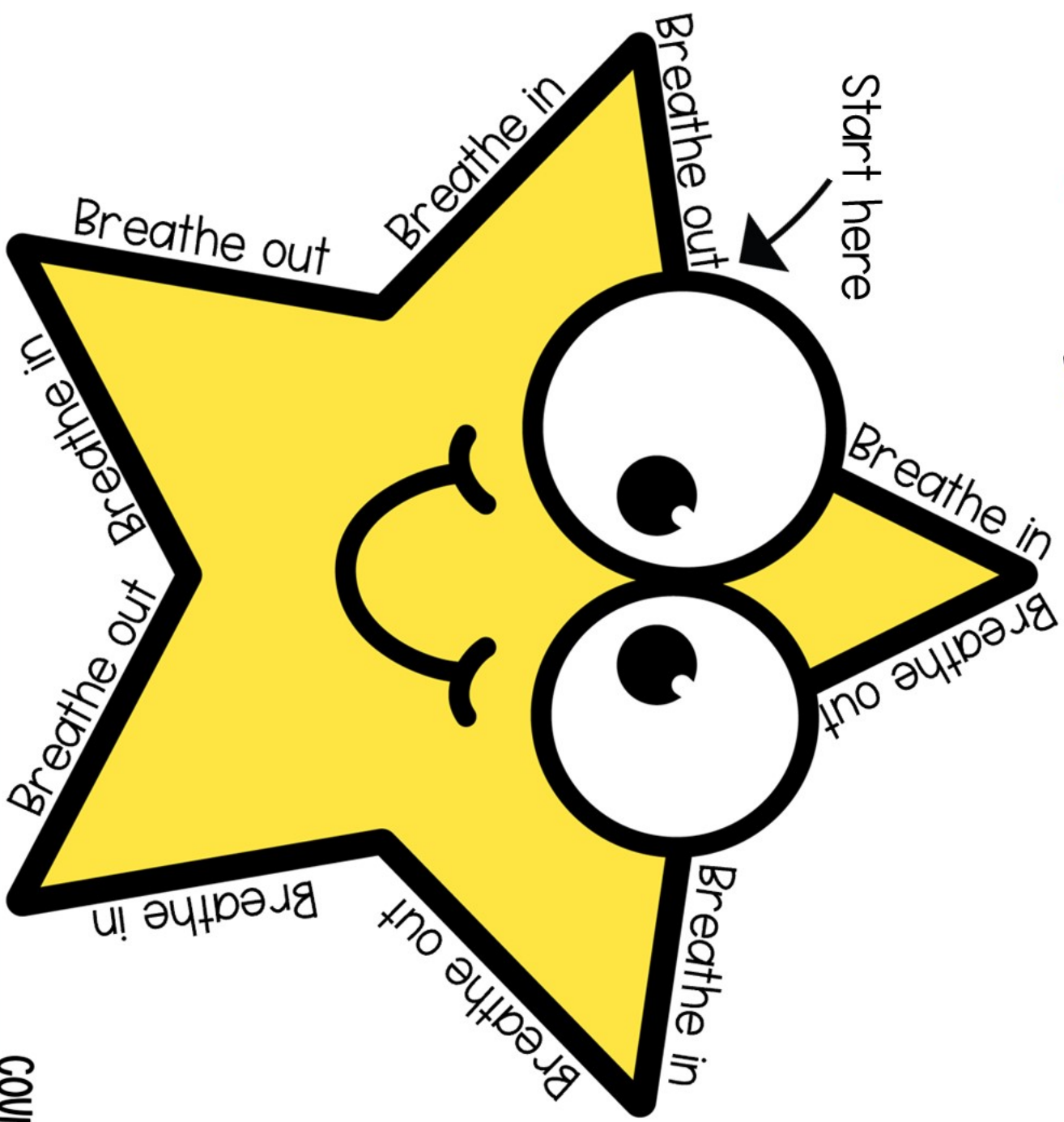


♥ BOX BREATHING

Trace the lines of the box with your finger as you breathe in and out.

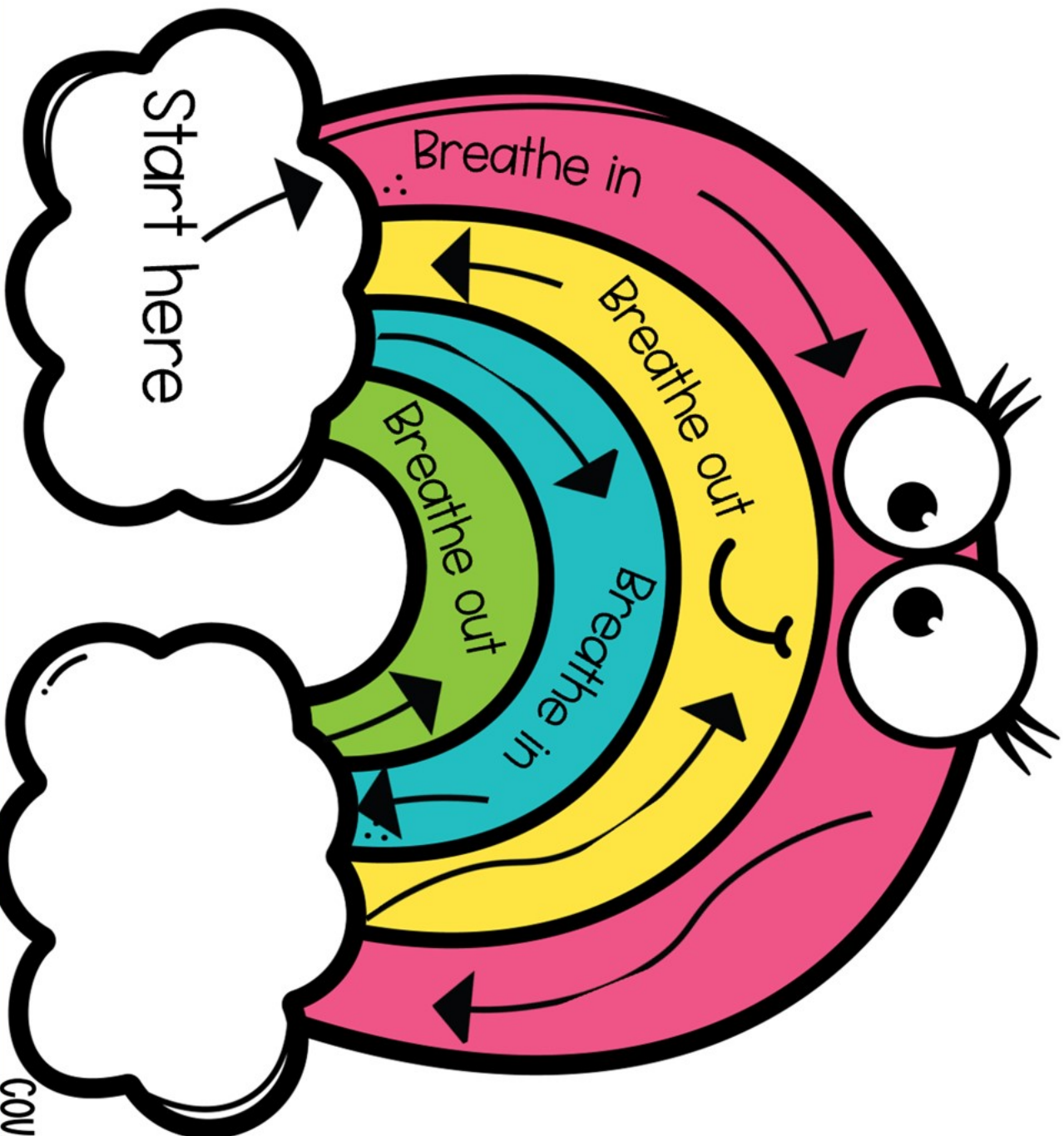


♥ STAR BREATHING





RAINBOW BREATHING



Start here

Breathe in

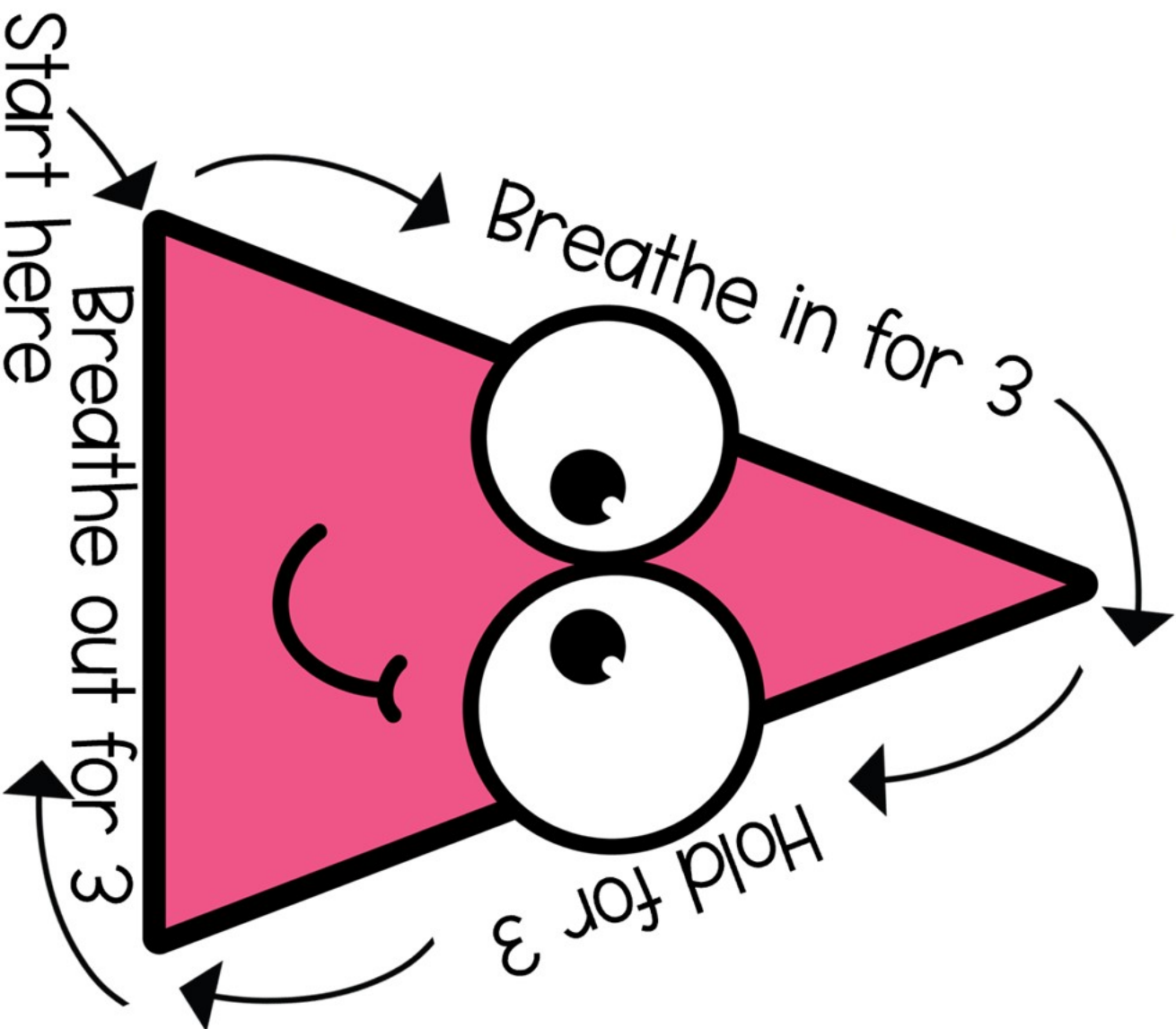
Breathe out

Breathe out

Breathe in

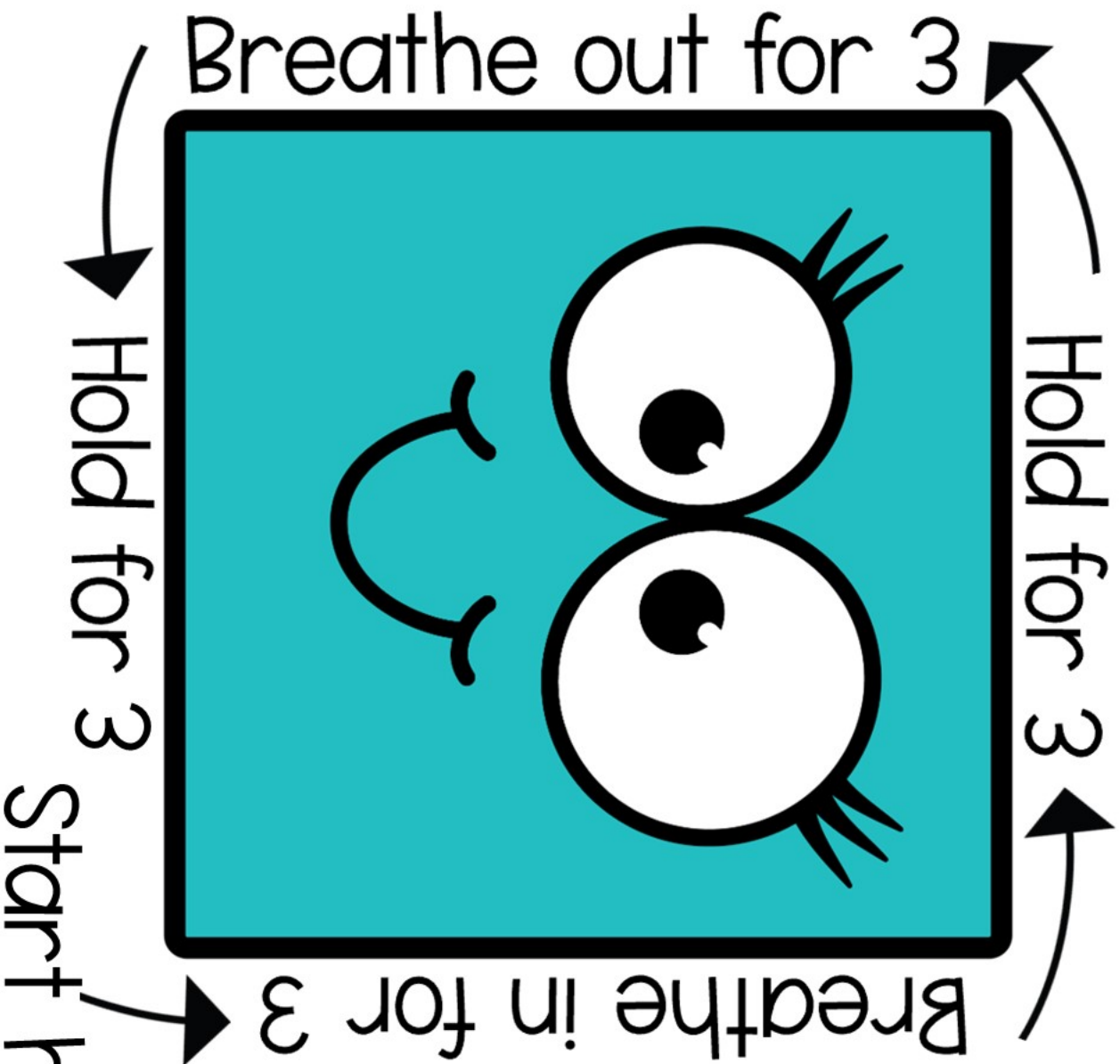


TRIANGLE BREATHING





BOX BREATHING

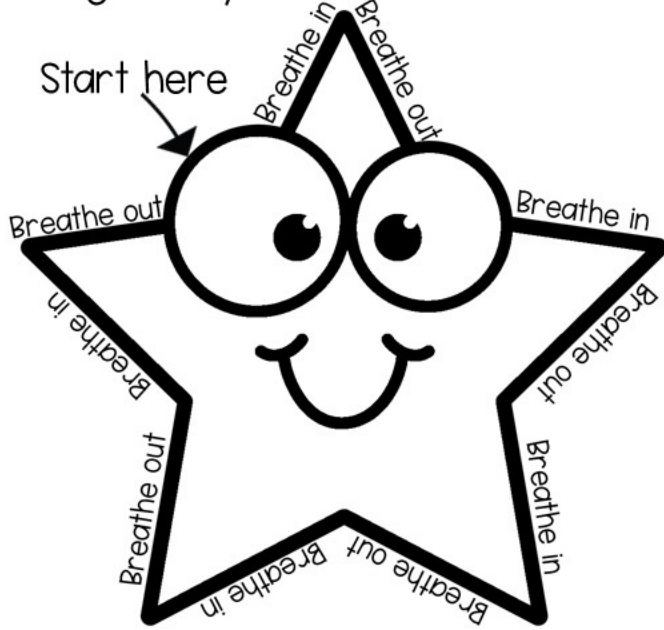


Start here

Let's BREATHE

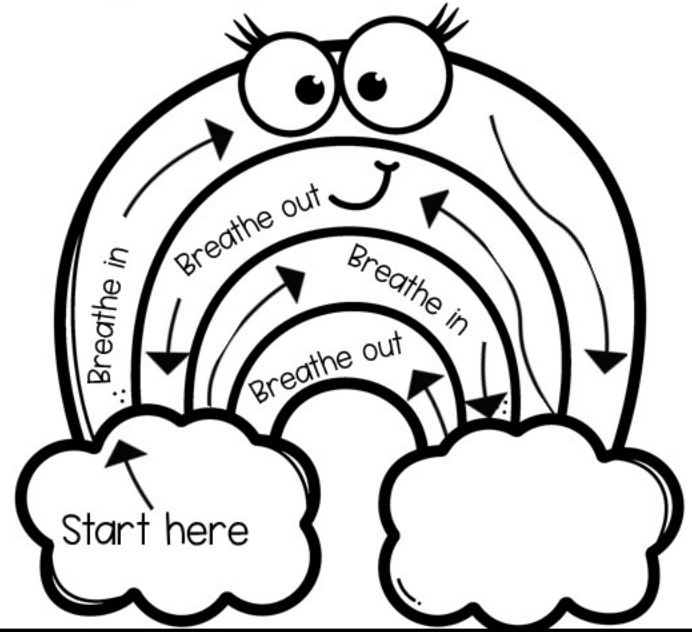
♥ STAR BREATHING

Trace the lines of the star with your finger as you breathe in and out.



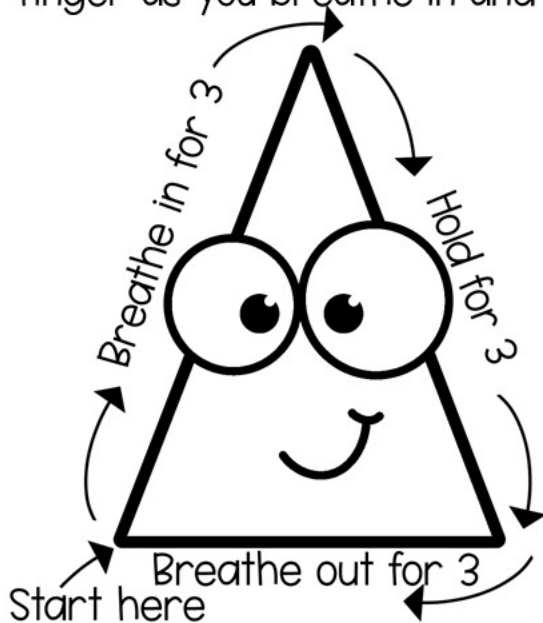
♥ RAINBOW BREATHING

Trace the lines of the rainbow with your finger as you breathe in and out.



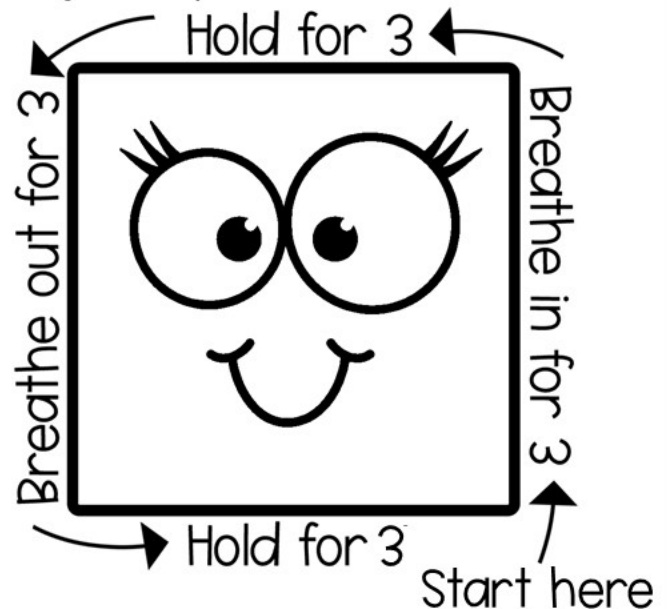
♥ TRIANGLE BREATHING

Trace the lines of the triangle with your finger as you breathe in and out.

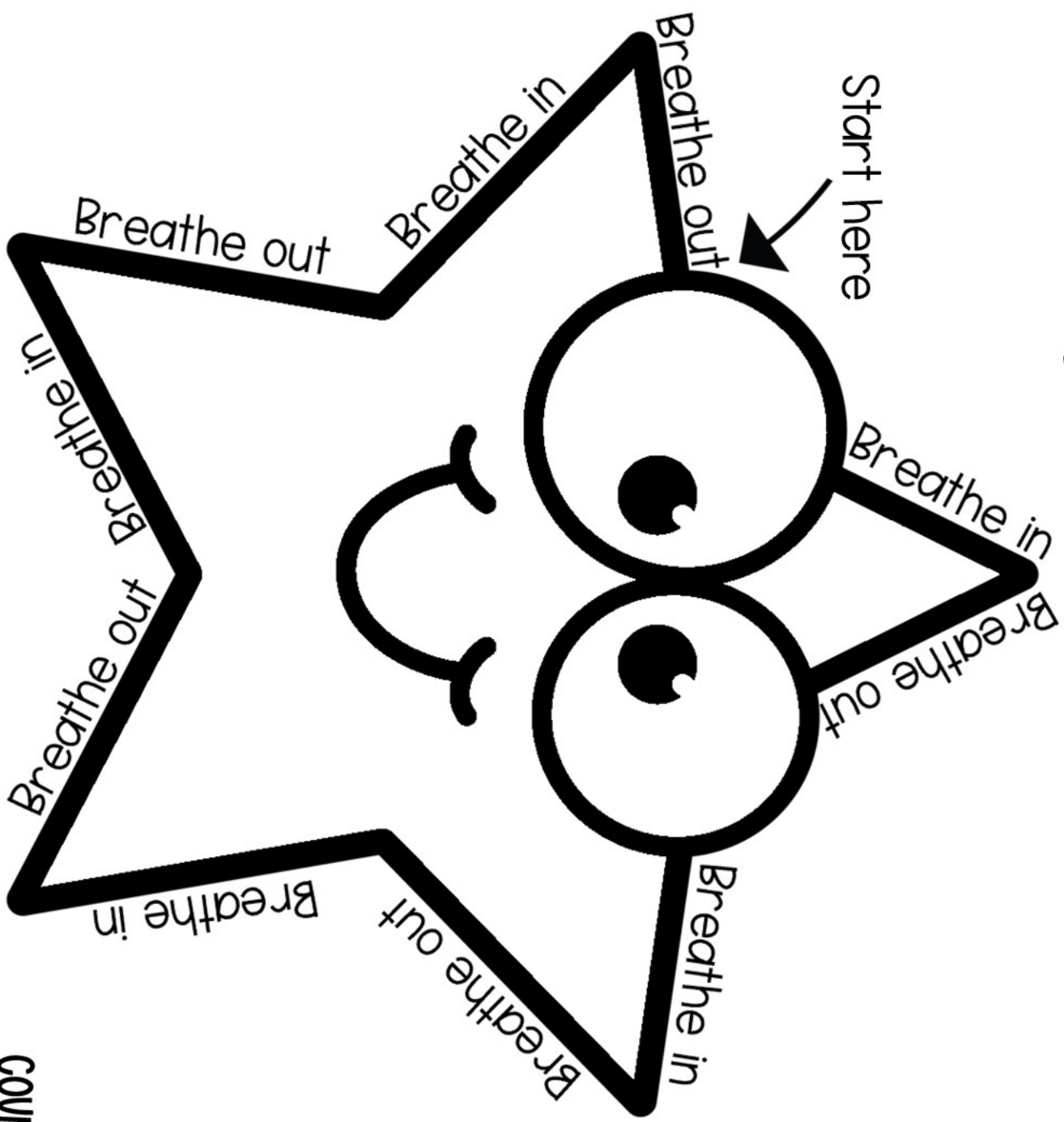


♥ BOX BREATHING

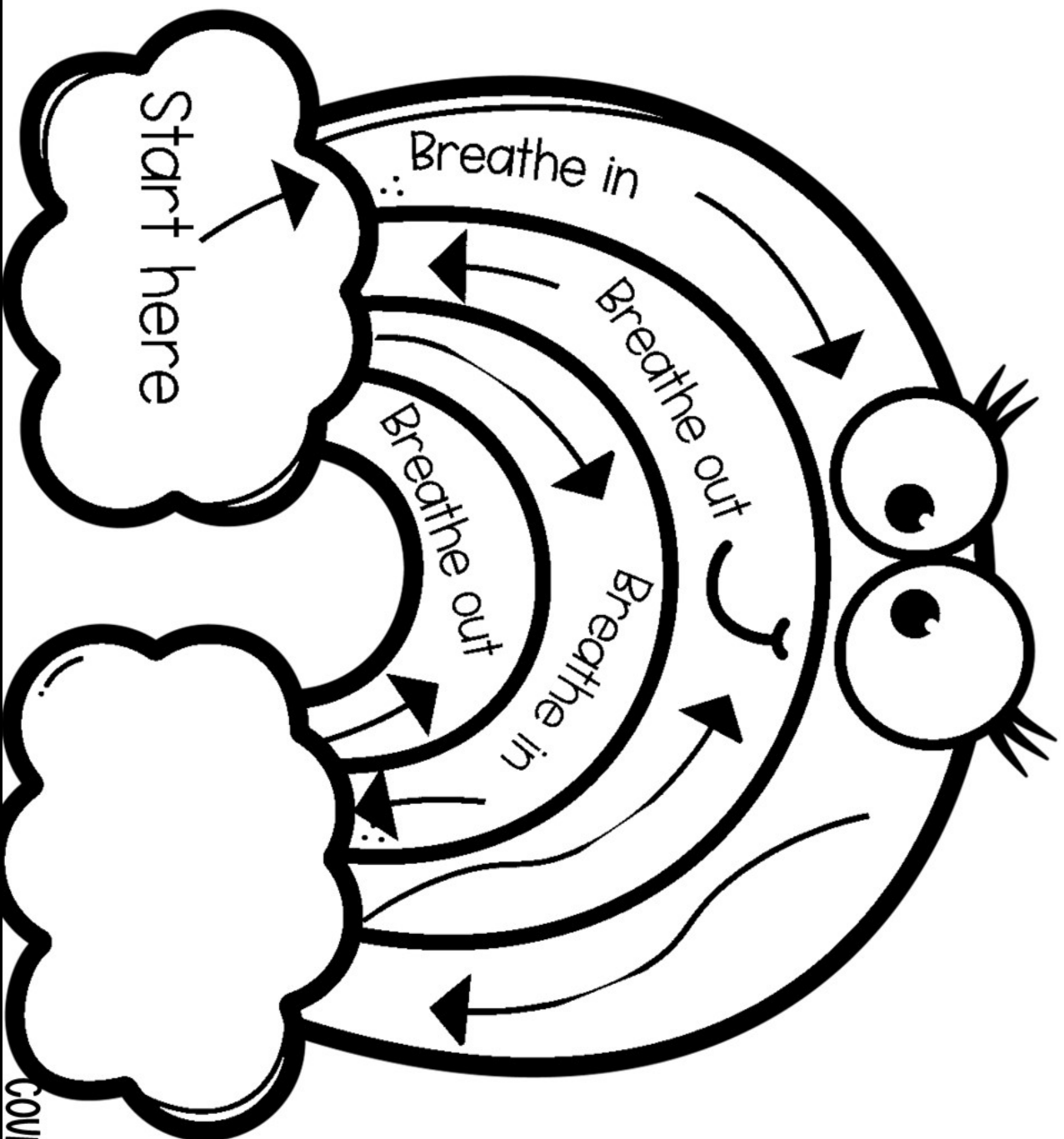
Trace the lines of the box with your finger as you breathe in and out.



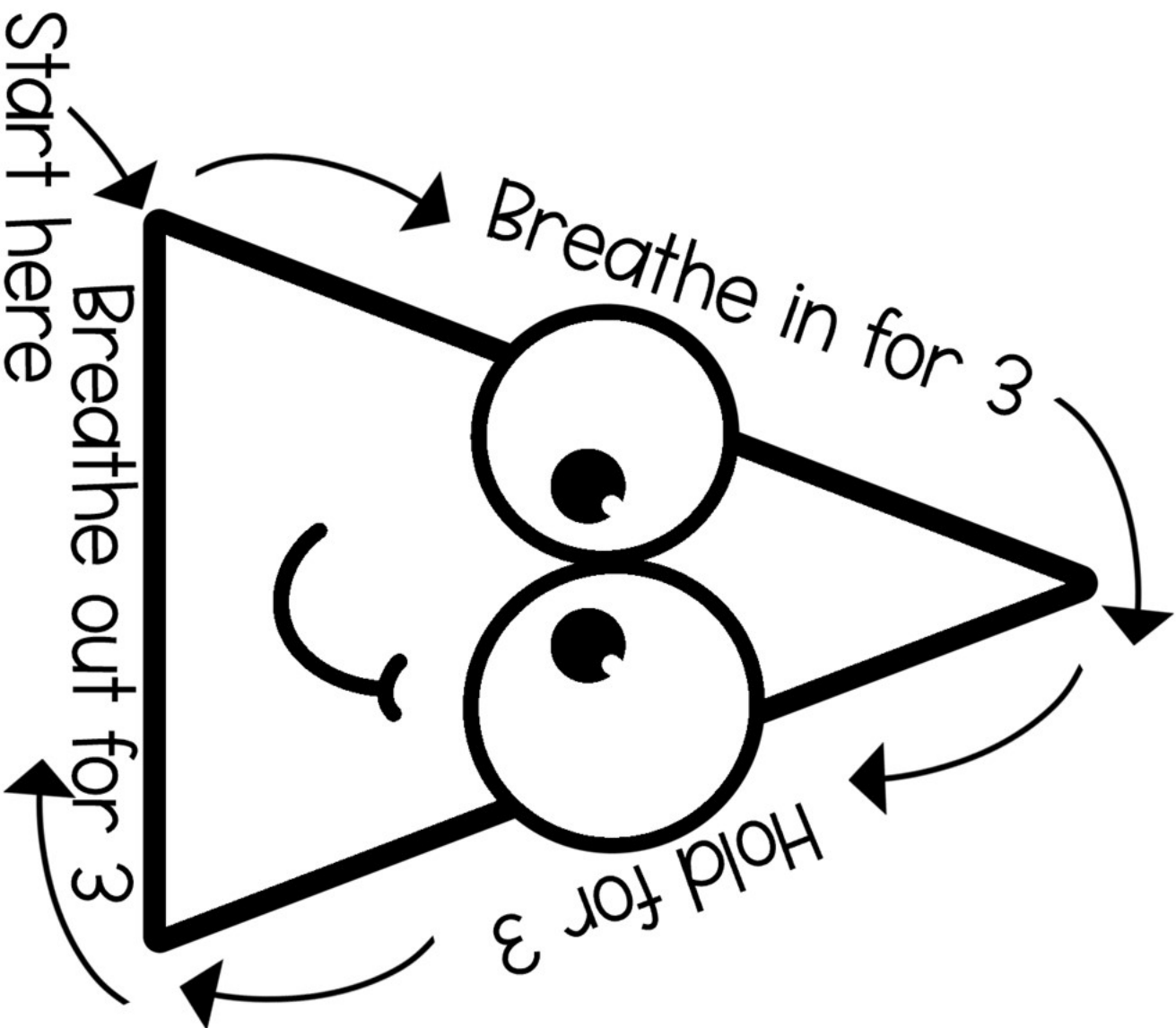
♡ STAR BREATHING



RAINBOW BREATHING



♥ TRIANGLE BREATHING



♡ BOX BREATHING

