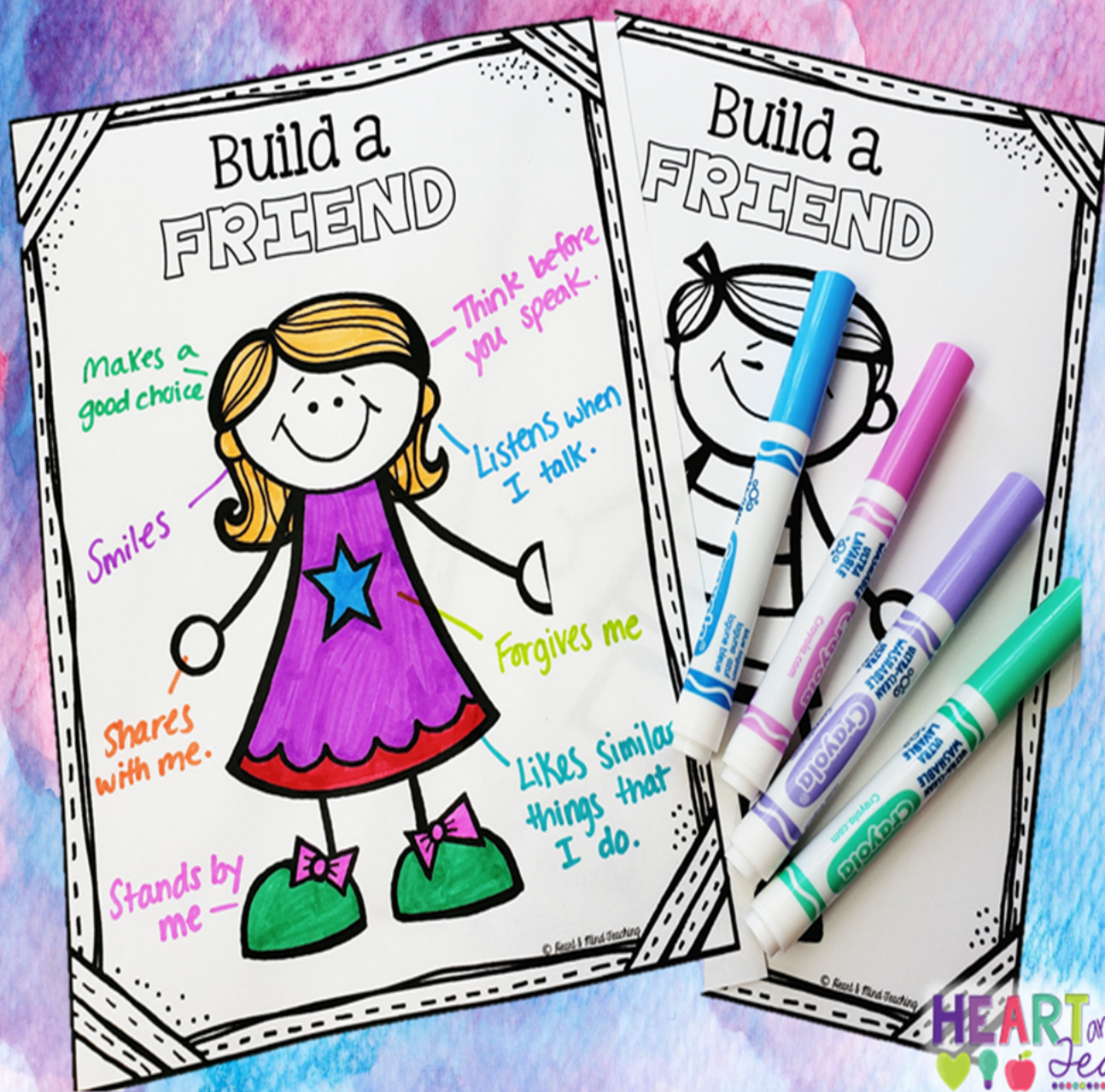


BUILD a FRIEND



Build a FRIEND



Session Objective:

- *Students will be able to identify traits that they value in a friend.
- *Students will participate and work together.
- *Students will self-reflect on their own traits.

Materials:

- *Build a Friend Activity
- *Pencils, Crayons

Guiding Questions:

- *What are some traits that are valued in a friend?
- *What traits are not valued in a friend?

ASCA Standards Alignment:

- *Mindset: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being. (M 1)
- * Behavior: Social Skills: Use effective oral and written communication skills and listening skills. (B-SS 1)
- *Behavior: Social Skills: Create positive and supportive relationships with other students. (B-SS 2)

SEL Competencies:

- *Self-awareness: recognizing strengths, accurate self-perception.
- *Relationship skills: relationship building, communication, social engagement.
- *Social-awareness: Respect for others, appreciating diversity.

Activity Details (about 30 min):

*Build a friend activity: Students will each get a copy of one of the Build a Friend girl or boy page (let them choose which one they want). Explain to them using the sample provided, how the page will look when it is complete. Start at the top of the picture, ask "What would you want your friend to use their brain to do?" Allow students to participate and give responses. Have the students write down the responses they liked and would want their friend to have. Next move to the eyes, ask "What is something that a good friend does with their eyes." Again have the students provide responses and encourage them to write down on their "friend" the ones they like. Move to the following body parts: mouth, ears, hands, heart, feet, and ask for other general qualities they value in a friend.

*Once there are a good amount of friendship qualities listed, let the students color their "friend". While they are coloring, engage a discussion with questions such as:

"Why was it important for you to have a friend who you can trust?"

"Which is the most important quality for you out of all of the ones you chose?"

Point out similarities/differences that the group members chose.

Ask "Are the traits you put down on your "friend" all traits that you have?"

Are there any traits that you are working on and would like to get better at?"

Build a FRIEND



Build a FRIEND



Build a FRIEND



Why is it important for you to know what traits you value in a friend?

A large, empty rectangular box with a black outline, intended for writing an answer. In the top right corner of the box, there is a small orange heart icon.

Which quality is the most important one to you?

A large, empty rectangular box with a black outline, intended for writing an answer. In the top right corner of the box, there is a small purple heart icon.

Are the traits you put down on your "friend", traits that you have?

A large, empty rectangular box with a black border, intended for writing. A pink heart is positioned in the top right corner of the box.

Are there any traits that you are working on and would like to get better at as a friend?

A large, empty rectangular box with a black border, intended for writing. A blue heart is positioned in the top right corner of the box.

Build a FRIEND



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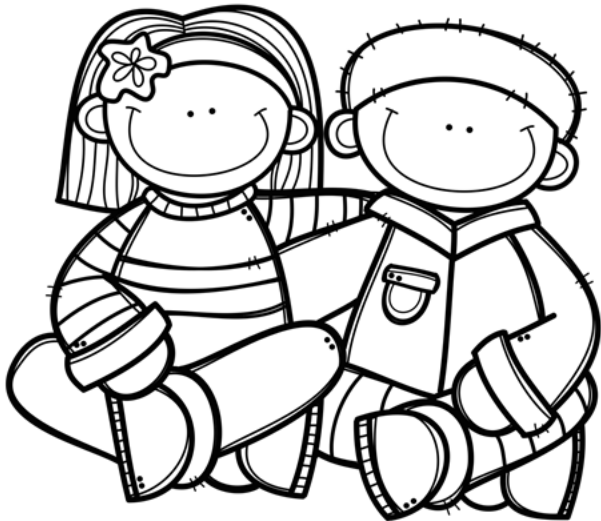
Why is it important for you to know what traits you value in a friend?

A large, empty rectangular box with a double-line border. In the top right corner, there is a simple line drawing of a heart. This box is intended for the student to write their answer to the question above.

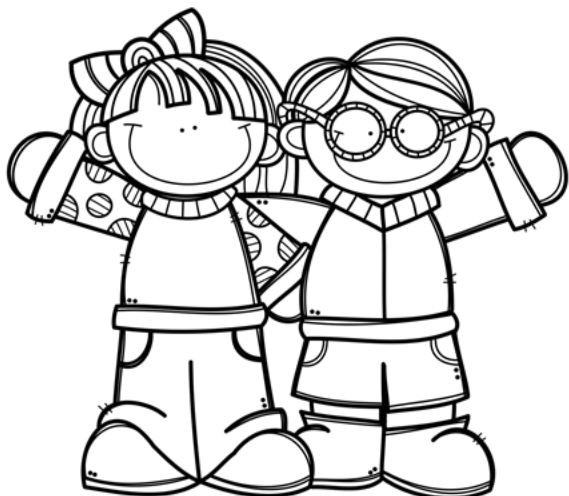
Which quality is the most important one to you?

A large, empty rectangular box with a double-line border. In the top right corner, there is a simple line drawing of a heart. This box is intended for the student to write their answer to the question above.

Are the traits you put down on your "friend", traits that you have?

A large, empty rectangular box with a double-line border. In the top right corner, there is a simple outline of a heart.

Are there any traits that you are working on and would like to get better at as a friend?

A large, empty rectangular box with a double-line border. In the top right corner, there is a simple outline of a heart.

GOOGLE CLASSROOM

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource into your Google Drive.

1 Click here  [Build a Friend](#)

2 You will be prompted to make a copy of the resource. Click on the blue box that says "Make a copy" and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



3 Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

4 Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

5 From here, you should see a grey box that says "Students can view file." Click the grey box. A dropdown menu should appear. Select, "Make a copy for each student."

YOU HAVE TO MAKE A COPY FOR EACH STUDENT!

Otherwise they will all be editing the same file.

Click "Assign" in the top right corner if you're ready to post!

Helpful links for using Google Classroom:

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)

ABOUT THE AUTHOR



I'M ASHLEY

an Elementary School Counselor.

I have a B.A. in Psychology and an M.A. in School Counseling. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning. I am a wife, and mother to 2 young boys. Thank you for supporting my little shop.

Click the icons to connect with me



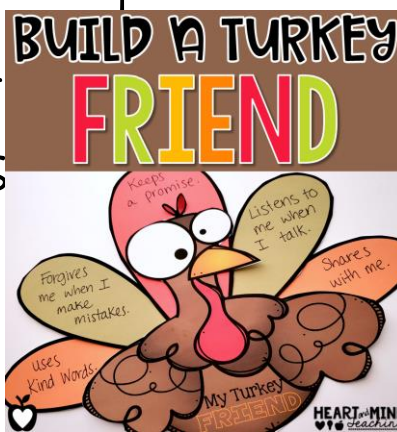
Access my **freebie library** by subscribing to my newsletter, [click here](#)

RECOMMENDED RESOURCES

Click the pictures to get a closer look.



This product and 8 others are included in this curriculum



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