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Stay updated on new product announcements (they are 50% off for the first 24 hrs posted!) by following me on TPT, checking out my website, and subscribing to my newsletter.



If you have any questions or concerns please email me at:

heartandmindteaching@gmail.com

♥
Ashley

GOOGLE SLIDES

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource.

1 Click here  [Tree of Grief](#)

2 You will be prompted to make a copy of the resource. Click on the blue box that says “Make a copy” and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



3 Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

4 Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

5 From here, you should see a grey box that says “Students can view file.” Click the grey box. A dropdown menu should appear. Select, “Make a copy for each student.”

YOU HAVE TO MAKE A COPY FOR EACH STUDENT!

Otherwise they will all be editing the same file.

Click “Assign” in the top right corner if you’re ready to post!

This product is meant to be used in “edit” mode (not “presentation” mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

[Helpful links for using Google Classroom:](#)

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)



Session Objective:

*Students will identify ways to remember and honor someone who has died.

Materials:

*Handouts, scissors, glue, pencils
*Cut/paste version: p. 6-8 or shorter version: p. 4-5

Guiding Questions:

*What are some ways you can remember someone who died?
*How can memories and honoring the dead help us grieve?

ASCA Standards Alignment:

*Mindset: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being. (M 1)
*Behavior: Self-Management: Effective Coping Skills. (B-SMS 7)
*Behavior: Ability to manage transitions and adapt to change. (B-SMS-10)

SEL Competencies:

*Self-Management: Stress Management.
*Responsible decision-making: analyzing situations, evaluating, reflecting.













Session Details

Say "When someone dies, we miss them so much. It helps to write down memories and things about the person/pet so that you can remember them. Remembering them, let's them live on through you." Give each student a tree of grief and the leaves (p.6-8). Have the students write their memories/responses on the leaves. (alternative option: page 4-5 the tree is already completed). It's okay if they do not complete one or two. Then have them cut out the leaves they wrote on and have them glue it to the tree, leaving enough space to be able to read what is on each leaf. Have each student share what they put on their tree of grief and why. Next, have each student pick a character with leaf to complete (p. 9-16). Say "You may not be able to see your loved one anymore, but they are with you always. Not just in your memories, but with what they have taught you and how they have shaped your life. Let's be the things we loved most in the loved ones we lost. Let their light shine and live on through us, that way a piece of them remains. Write on the leaf ways that your loved one lives on through you. This can be something they taught you, ways that you are changed either before or after the loss, or something you want to do, accomplish, or be more like because of them." Have each student share what they wrote. Encourage the students to keep both the tree of grief and their remembrance leaf paper and to pull it out when they are missing their loved one. Give them the parent and student tips paper to take home.



TREE OF GRIEF

Complete the leaves with these memories about the person/ pet who died:

-  Something that reminds you of them.
-  Something they always said.
-  I loved this about them.
-  They loved this about me.
-  Something they always did.
-  Something they were really good at.
-  I loved to do this with them.
-  They always called me this.
-  One of their favorite things was.
-  A happy memory I have of them is.
-  Something they taught me is.
-  Something they loved.



Complete the leaves and cut them out. Paste them onto the tree of Grief.

Something they always said:



Something they always did:



Something that reminds you of them:



Something they were really good at:



I loved this about them:



They loved this about me:



Complete the leaves and cut them out. Paste them onto the tree of Grief.

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TIPS FOR PARENTS

Helping children navigate through grief requires sensitivity, understanding, and support. Here are some tips for supporting kids going through grief:

- 🍃 **Open Communication:** Create a safe space for the child to express their feelings. Let them know it's okay to feel sad, angry, confused, or any other emotion. Understand that grief manifests differently in each child. Some may express emotions openly, while others may be more reserved.
- 🍃 **Be Truthful:** Answer any questions the child may have about the loss honestly and age-appropriately. Avoid euphemisms that may confuse them. (Ex.- Do not tell them the person is "sleeping" or went on a "journey".)
- 🍃 **Celebrate the Loved One:** Encourage the child to share memories and stories about the person or pet they've lost. Create rituals or activities to honor and remember them.
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- 🍃 **Offer Creative Outlets:** Encourage expressive activities like drawing, painting, or play. These creative outlets can help children process emotions when verbalizing may be challenging.
- 🍃 **Seek Therapeutic Support:** If the child is struggling to cope, consider seeking the help of a professional counselor or therapist with experience in grief counseling for children.



Remember that grieving is a unique process for each child, and they may need ongoing support. Creating an environment where they feel heard, supported, and understood can make a significant difference in their ability to navigate through grief.

TIPS FOR KIDS

Navigating through grief requires sensitivity, understanding, and support. Here are some tips for going through grief:

- 🍃 **Open Communication:** Talk to someone that you trust about the loss. Express your emotions, knowing that any and ALL emotions are okay to feel.
- 🍃 **Memory Sharing:** Write down or tell stories about the person/pet who died. Keep it in a journal to reflect on later. You can also create a Memory Box by collecting and storing items that remind them of the person or pet you've lost. This could include photos, drawings, or small mementos.
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- 🍃 **Seek out others who are also grieving:** Having someone to talk to who understands what grief feels like can help us feel understood and less alone. This helps us cope better.



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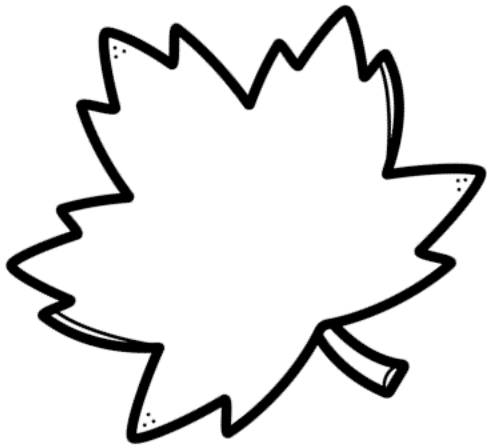
Say "When someone dies, we miss them so much. It helps to write down memories and things about the person/pet so that you can remember them. Remembering them, let's them live on through you." Give each student a tree of grief and the leaves (p.4-6). Have the students write their memories/responses on the leaves. It's okay if they do not complete one or two. Then have them cut out the leaves they wrote on and have them glue it to the tree, leaving enough space to be able to read what is on each leaf. Have each student share what they put on their tree of grief and why. Next, have each student pick a character with leaf to complete (p. 7-14). Say "You may not be able to see your loved one anymore, but they are with you always. Not just in your memories, but with what they have taught you and how they have shaped your life. Let's be the things we loved most in the loved ones we lost. Let their light shine and live on through us, that way a piece of them remains. Write on the leaf ways that your loved one lives on through you. This can be something they taught you, ways that you are changed either before or after the loss, or something you want to do, accomplish, or be more like because of them." Have each student share what they wrote. Encourage the students to keep both the tree of grief and their remembrance leaf paper and to pull it out when they are missing their loved one.



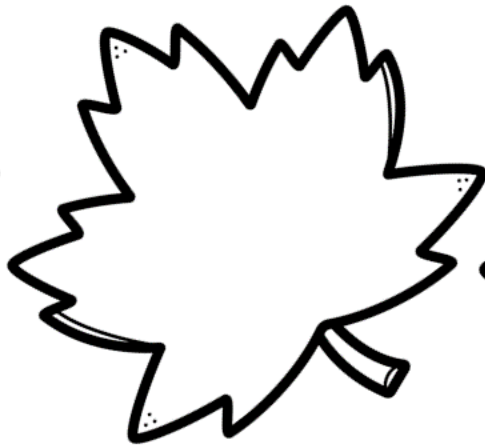
TREE OF GRIEF

Complete the leaves and cut them out. Paste them onto the tree of Grief.

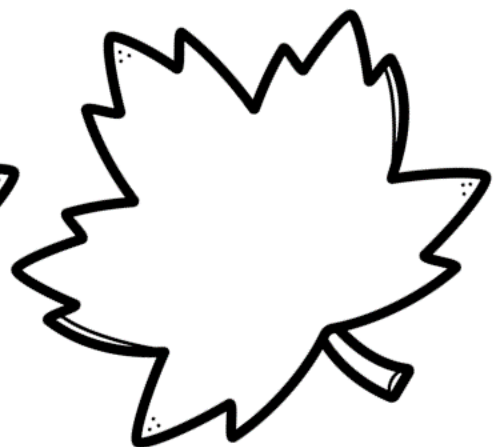
Something they always said:



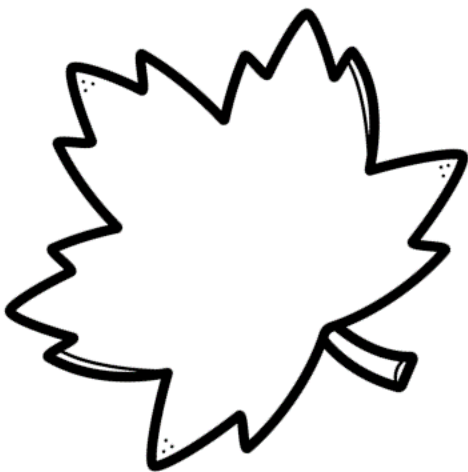
Something they always did:



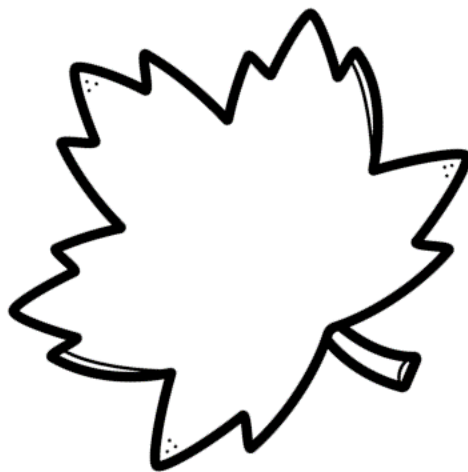
Something that reminds you of them:



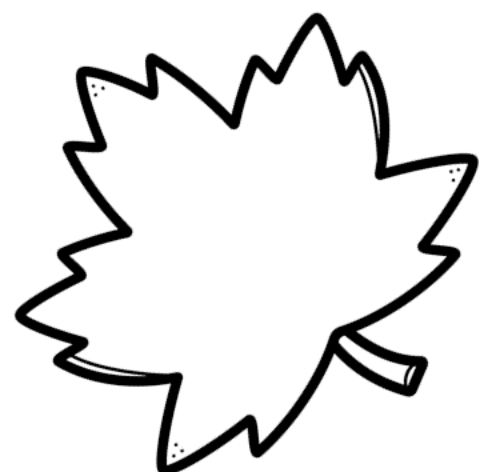
Something they were really good at:



I loved this about them:



They loved this about me:

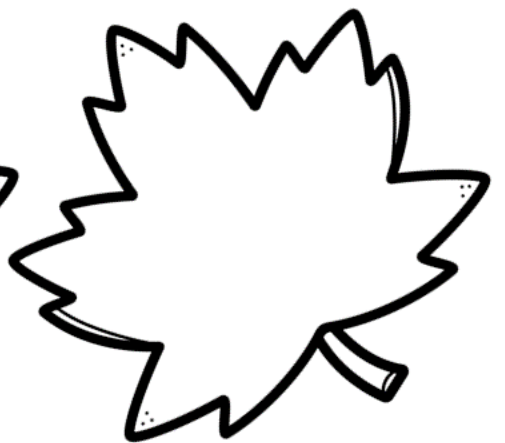
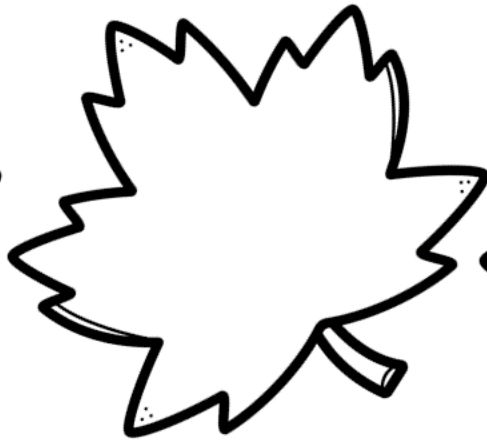
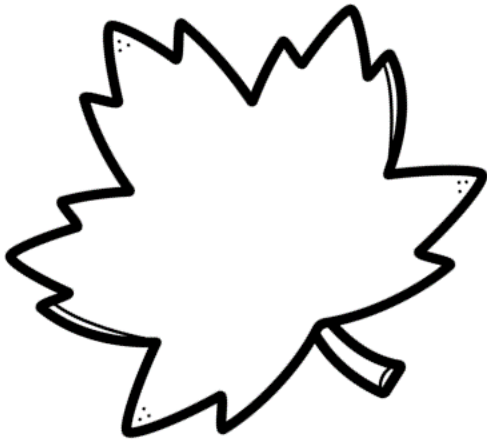


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I loved to do this
with them:

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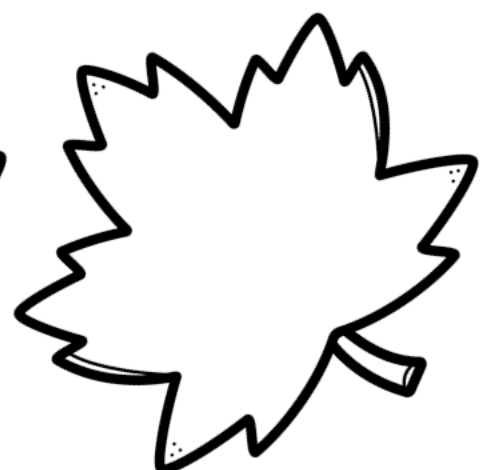
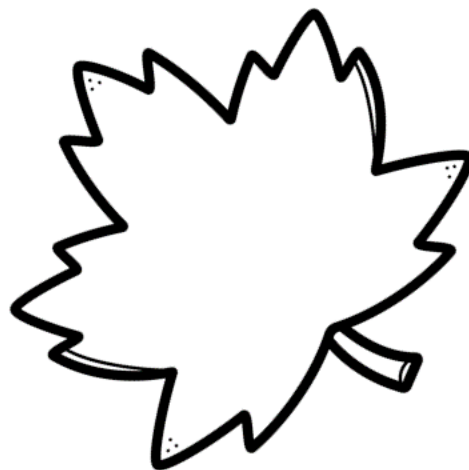
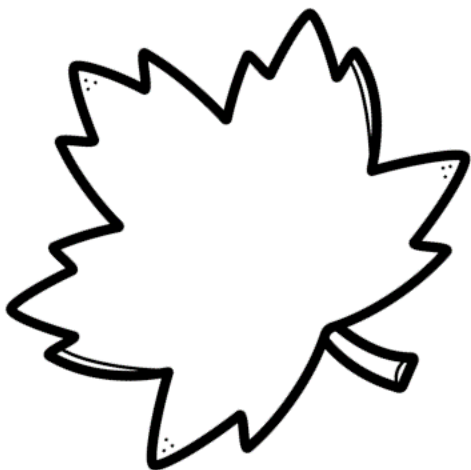
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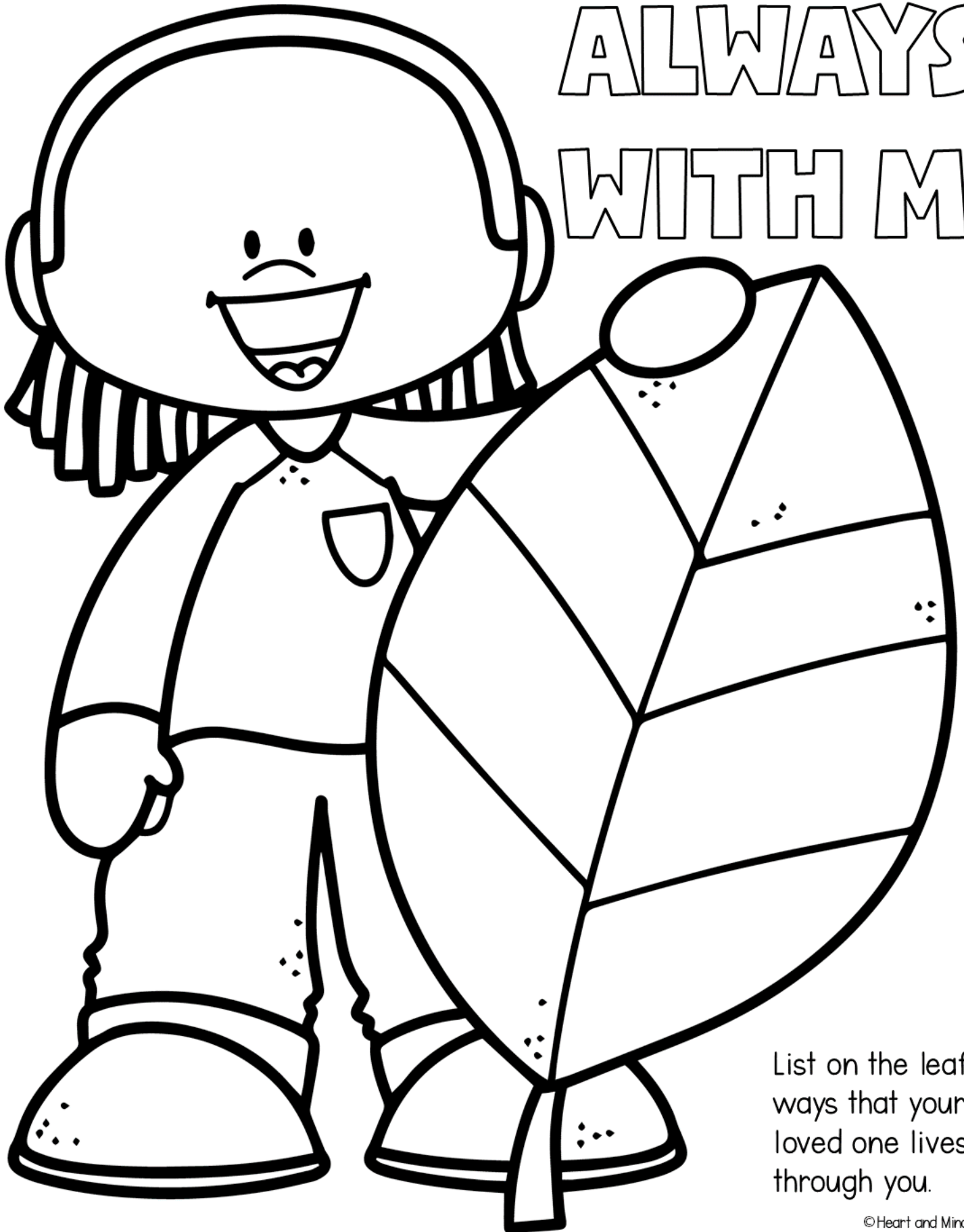
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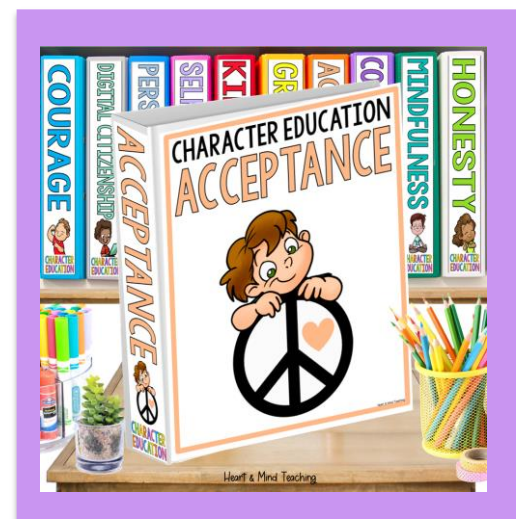
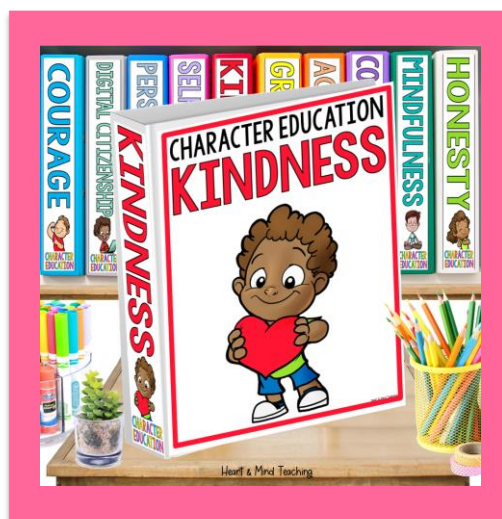
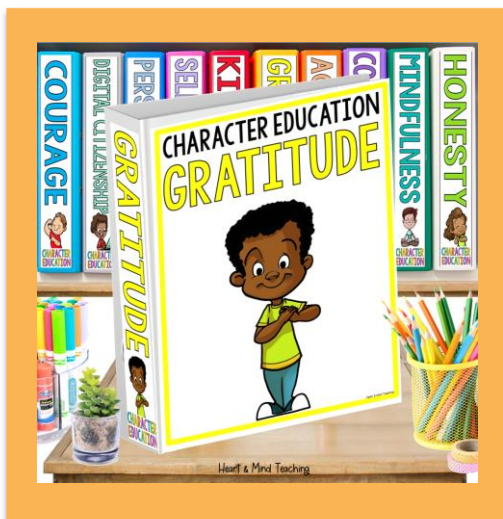
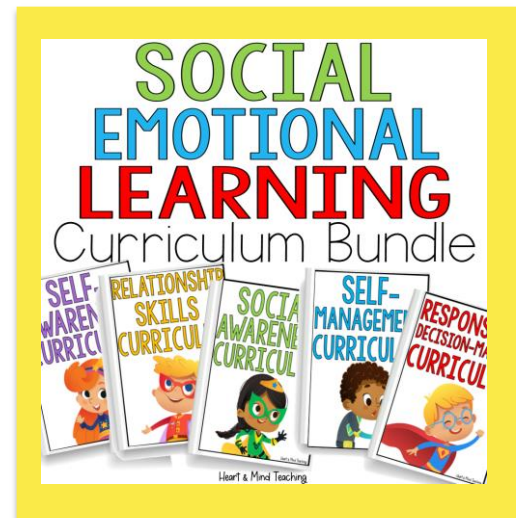
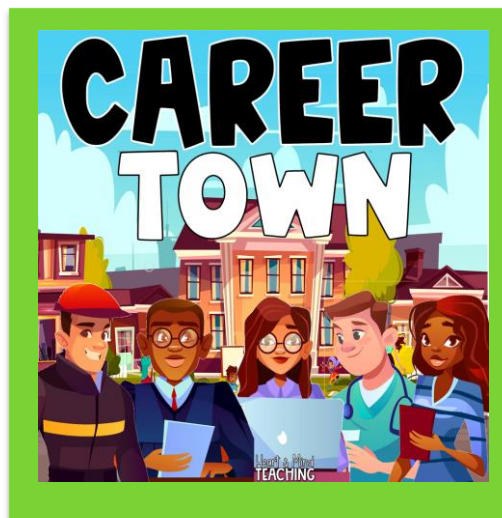
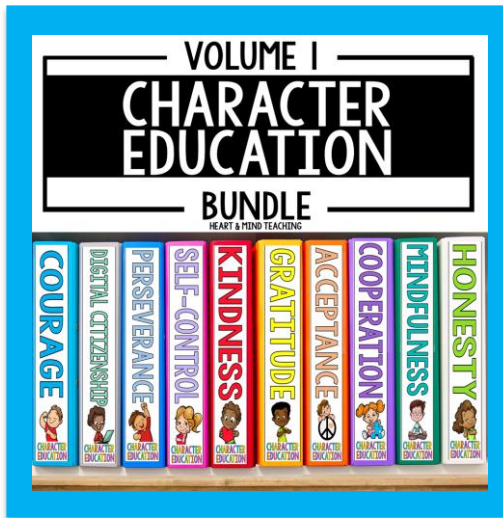
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CHECK THESE OUT

CLICK ON THE PICTURES TO GET A CLOSER LOOK.



COUNSELOR Collab

with Laura & Ashley



Would you like to spend less time browsing for resources and lesson planning, and more time serving students? Let Laura from [Music City Counselor](#) and Ashley from [Heart and Mind Teaching](#) do the work for you!

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- ♥ \$35+ value of ready-to-use materials.
- ♥ Lessons, group curriculums, forms, & activities.
- ♥ Tier 1, 2, and 3 research-based resources.
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HEART + MIND
TEACHING



THANK YOU

FOR SUPPORTING MY LITTLE SHOP.

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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Ashley

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If you have any questions or concerns please email me at:

heartandmindteaching@gmail.com

CREDITS

