

# Things that

# BUG ME



Things that **BUG ME**

Drag & Drop the bugs to the jar based on how you would feel.

Bugs Me		Does not Bug Me
	 When my brother/sister touch my stuff.	 When a classmate cuts me in line.
	 When someone interrupts me.	 When a classmate is using the computer and I want to use it.



# Things that BUG ME

## Session Objective:

- \*Students will identify actions that others do that bugs them.
- \*Students will work collaboratively to sort things that bother them and things that do not.

## Materials:

- \*Jars and Bugs pages cut out in advance.

## Guiding Questions:

- \*Why is it important to know what bothers us?
- \*Why is it important to understand what bothers others?

## ASCA Standards Alignment:

- \*Mindset: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being. (M 1)
- \*Behavior: Social Skills: Use effective collaboration and cooperation skills. (B-SS 6)

## SEL Competencies:

- \*Self-awareness: identifying emotions, accurate self-perception.
- \*Responsible decision-making: identifying problems

## Activity Details (about 30 minutes)

\*Say "Today we are going to talk about things that bug us. Have you ever been outside, and a bug keeps buzzing around you and keeps irritating you? Sometimes people do things that are just like that bug and can get on our nerves. Knowing what bothers us is part of being self-aware which helps us to be able to either prevent or minimize future problems."

Pass out the cut-out bugs, give a few to each group member. Put the jars page in the center of the table. "You each are getting a few bugs that have situations on them, when it's your turn read one of your bugs out loud to the group and place it on either the bugs me or does not bug me jar. Then, tell us why you chose that jar."

Ask engaging questions during each turn:

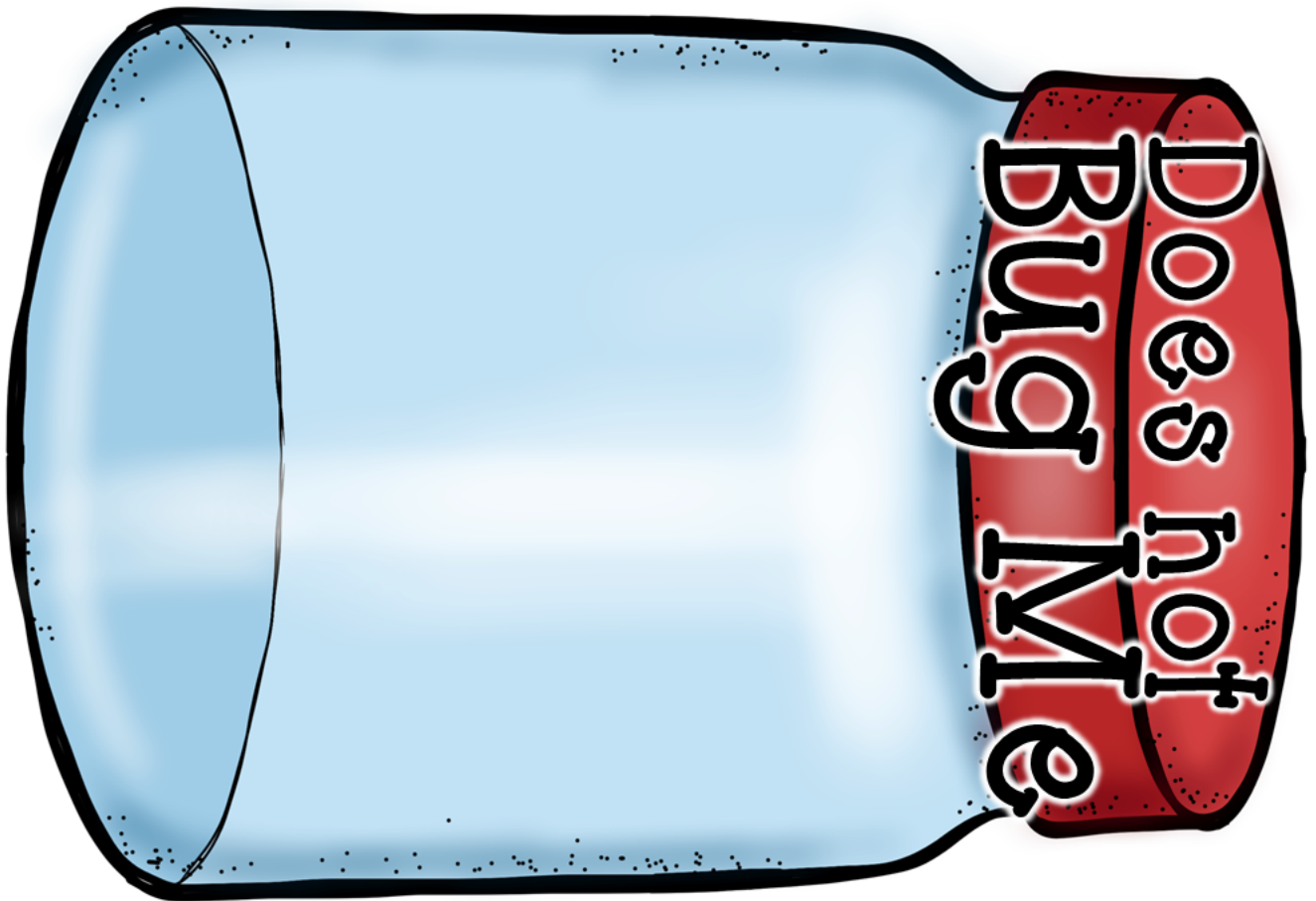
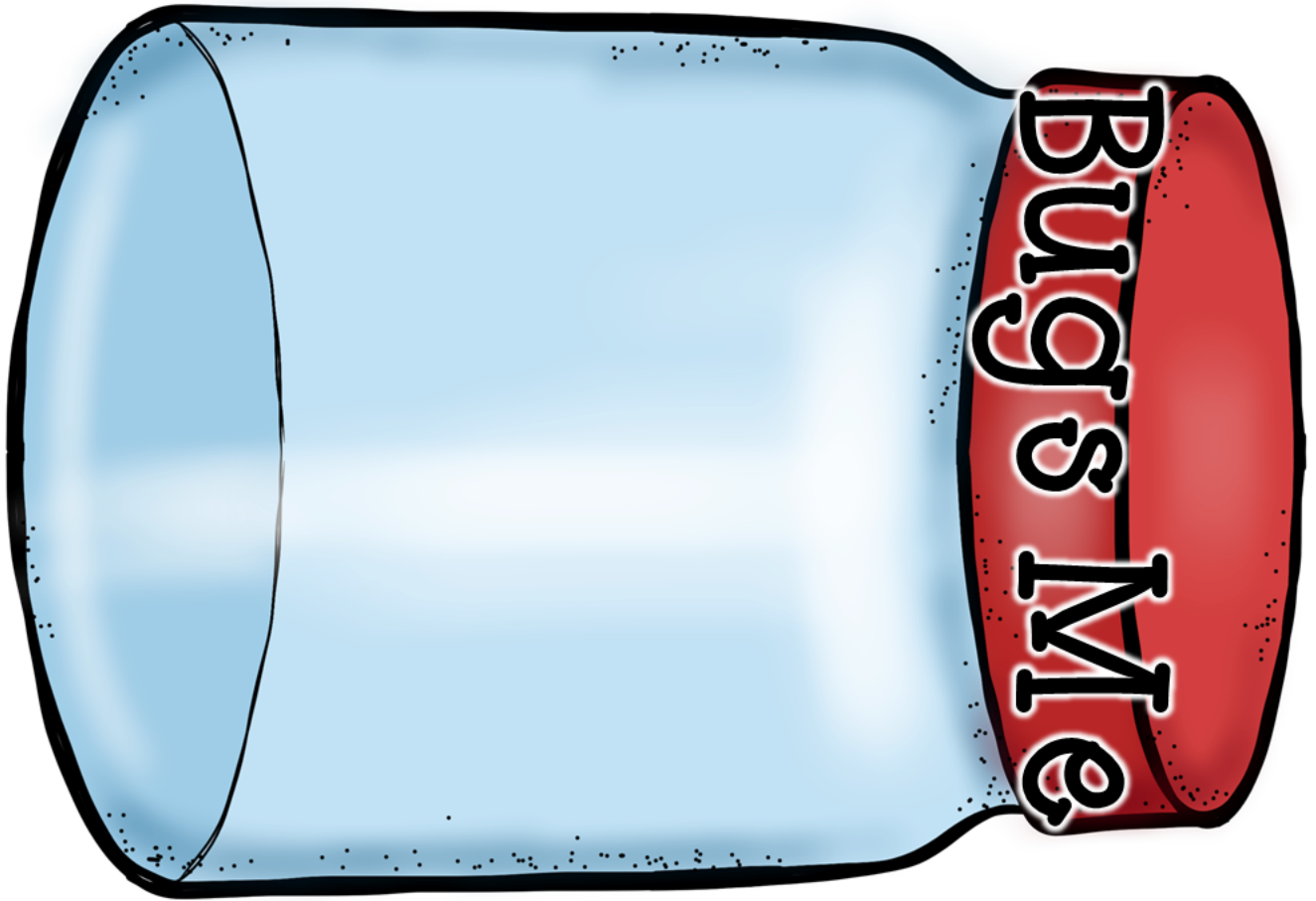
"Do you have an example of when that happened to you?"

"Why does that bug or not bug you?"

"Could something be done differently to change your answer to the other jar?"

"Does this situation bug anyone else in the group?"

"Is there anyone in the group that this does not bug? Why?"



# Things that **BUG ME**

What to do when something bugs you.

A large blue circle with horizontal stripes containing the text "Identify what is bugging you." The circle is surrounded by various colorful cartoon bugs, including caterpillars, beetles, and ladybugs, some of which are crawling on the circle's edge.

Identify  
what is  
bugging  
you.

A large pink circle with horizontal stripes containing the text "Think about why it is bugging you." The circle is surrounded by various colorful cartoon bugs, including caterpillars, beetles, and ladybugs, some of which are crawling on the circle's edge.

Think about  
why it is  
bugging you.

A large purple circle with horizontal stripes containing the text "Let it be or do something to change the situation." The circle is surrounded by various colorful cartoon bugs, including caterpillars, beetles, and ladybugs, some of which are crawling on the circle's edge.

Let it be or do  
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# Things that **BUG ME**

What to do when something bugs you.

What is bugging you:

Why it is bugging you?

What can you do?



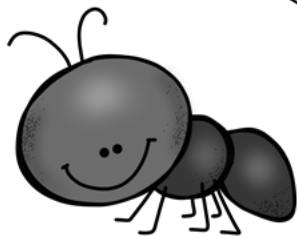
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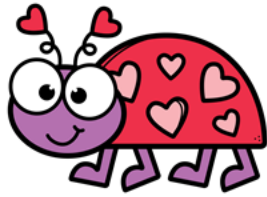


When someone  
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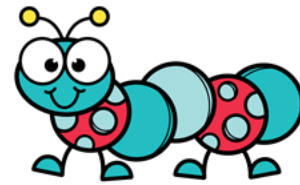


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When someone bumps into me in the hallway.

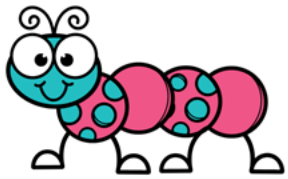


When someone tells me what to do.

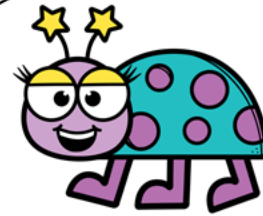


When I can not understand the work given in class.

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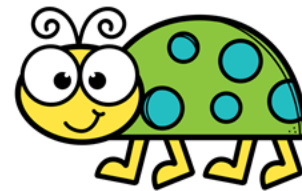
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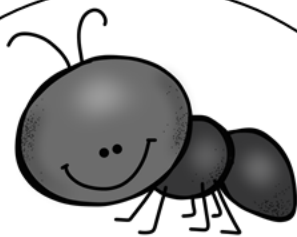
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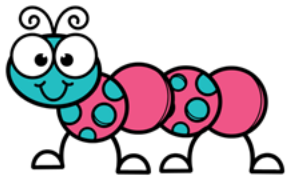


When someone  
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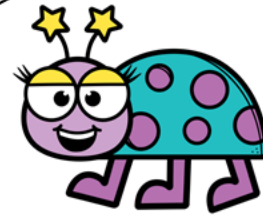


When people get  
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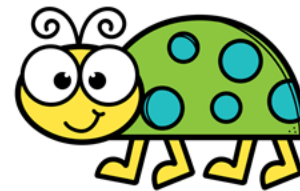
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When I am late  
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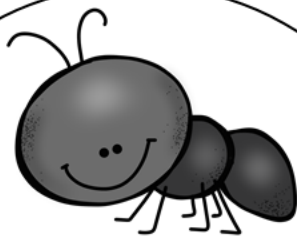
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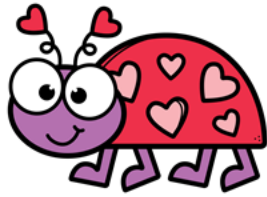


When someone  
gets something  
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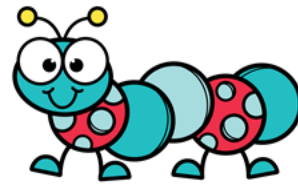


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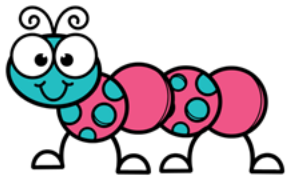


When my  
classmate won't  
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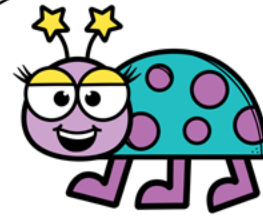


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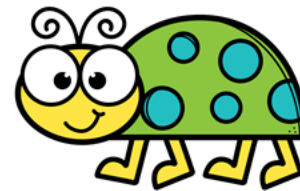
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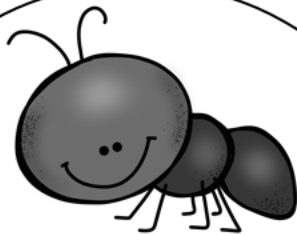
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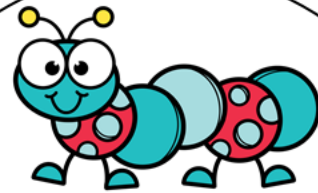
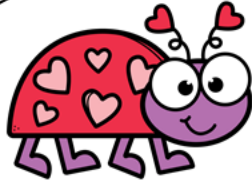
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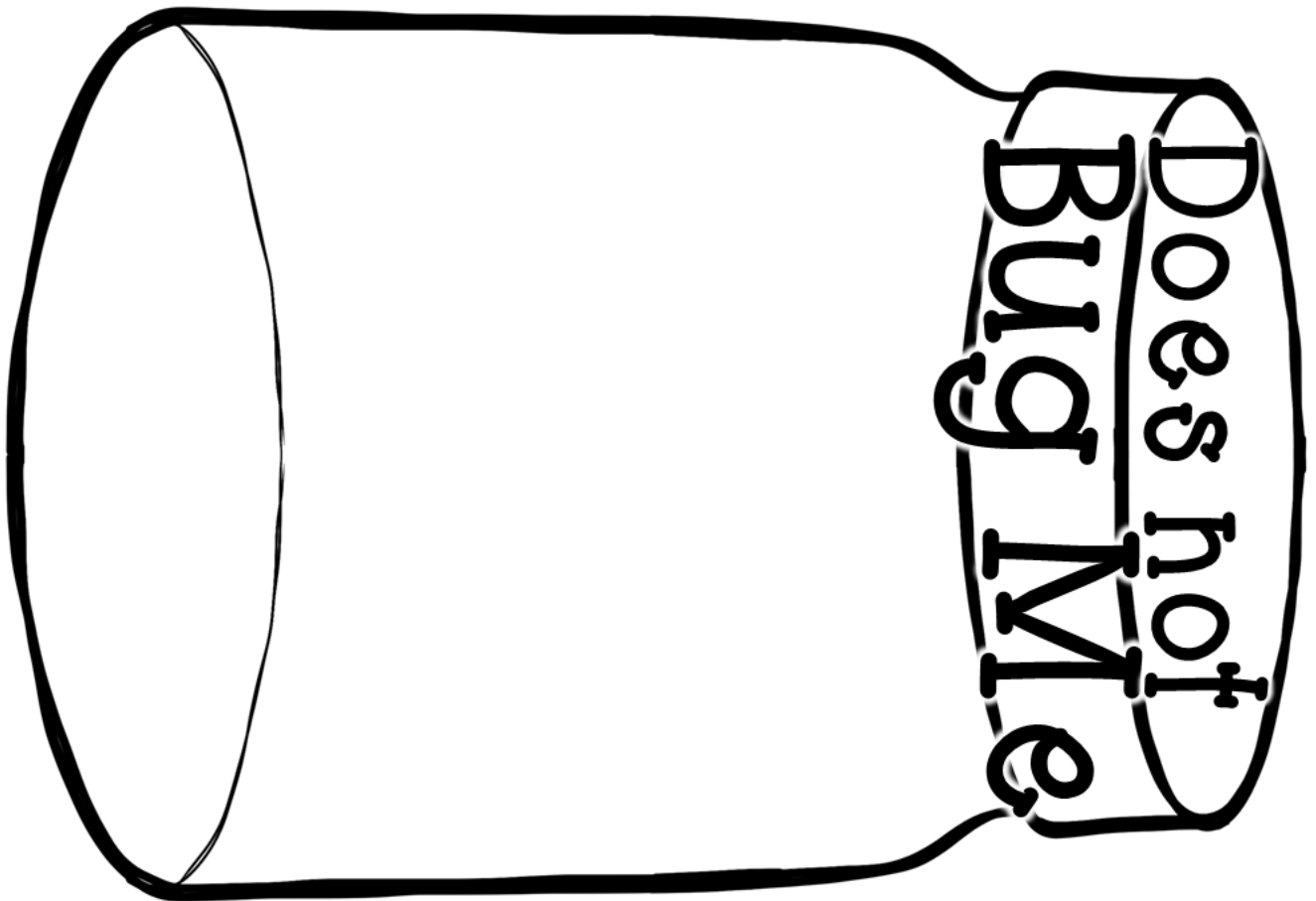
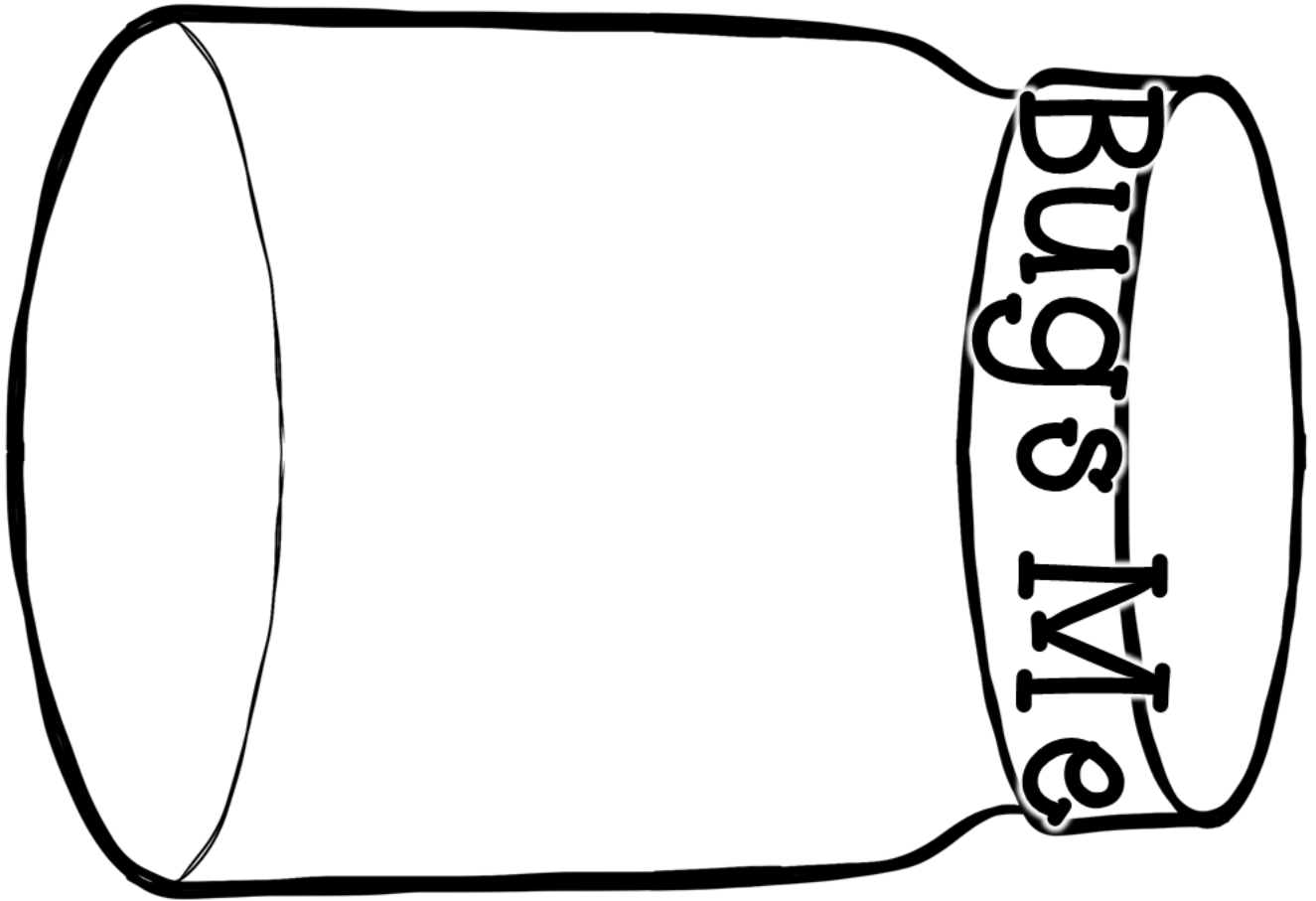
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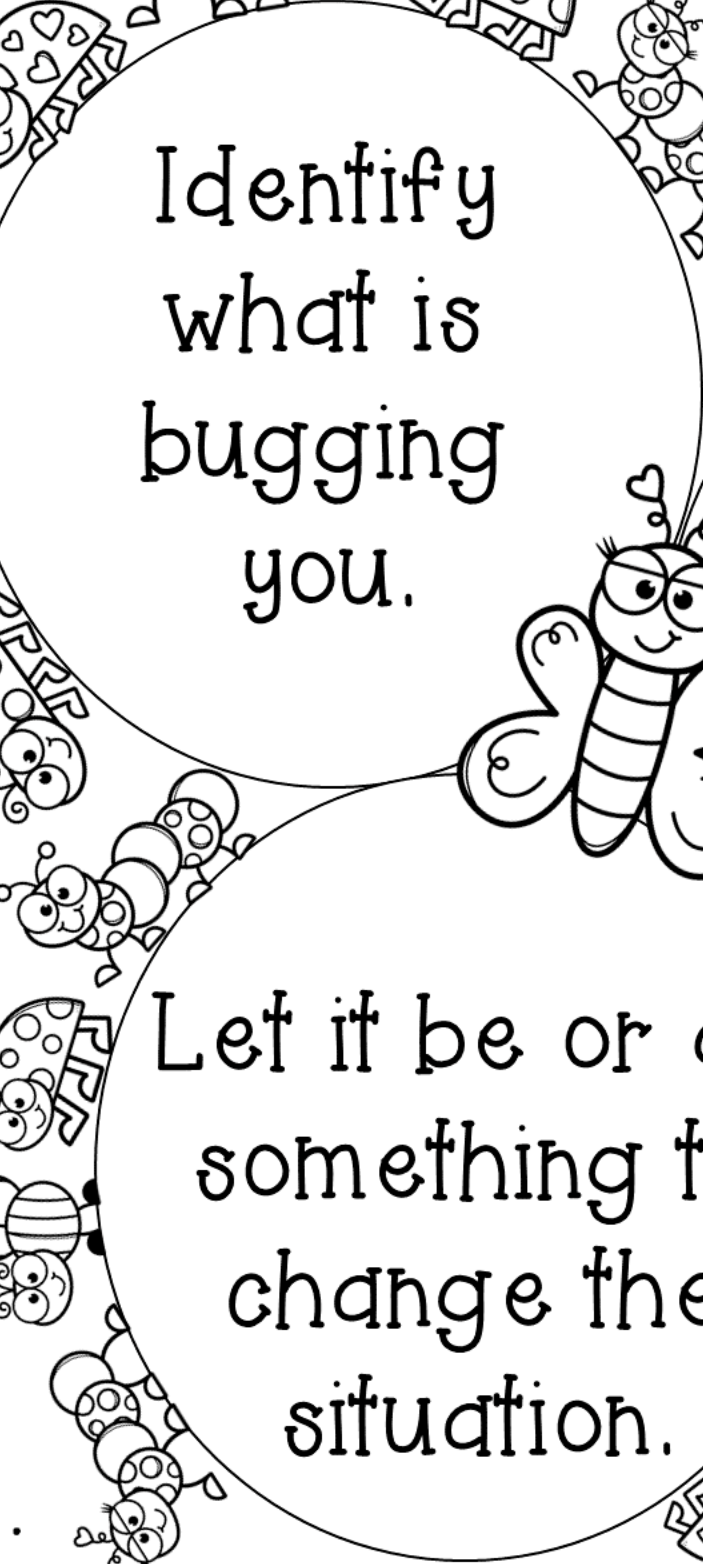
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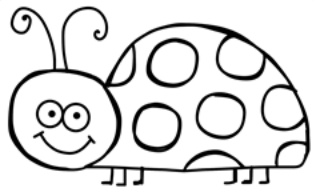
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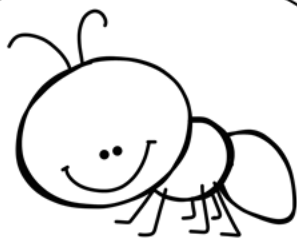
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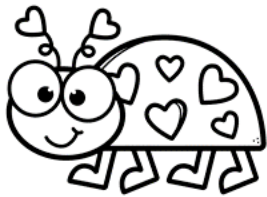


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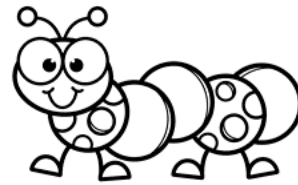


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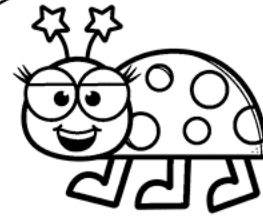


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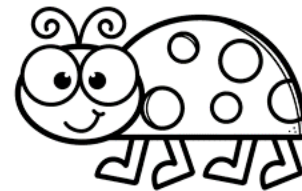
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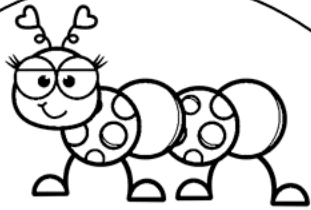


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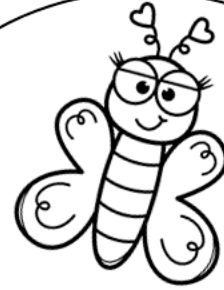


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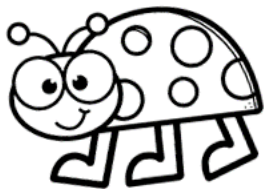
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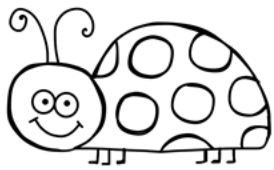


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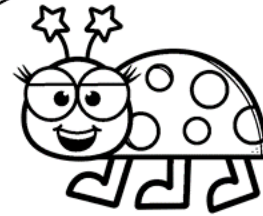


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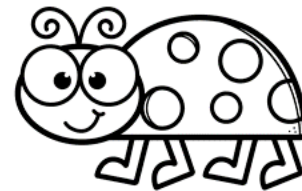
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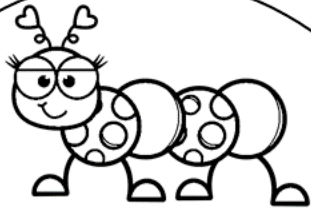


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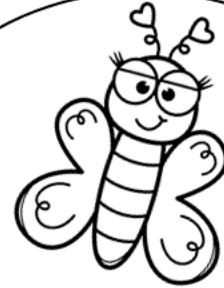


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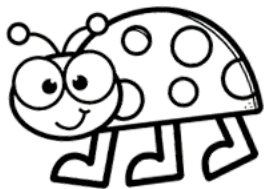
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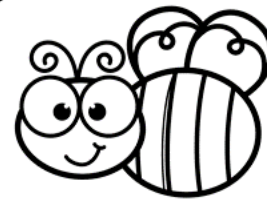
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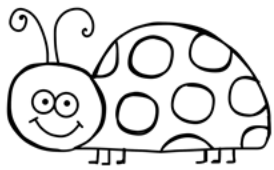


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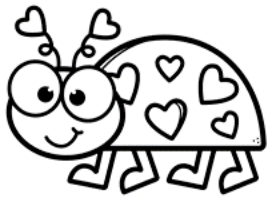


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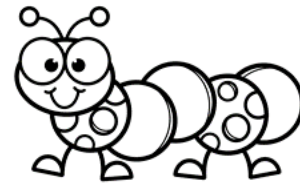


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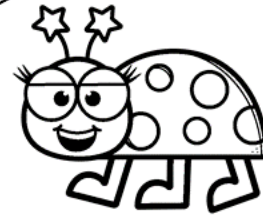


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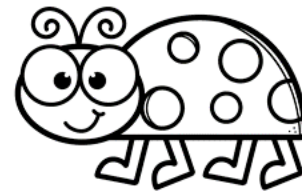
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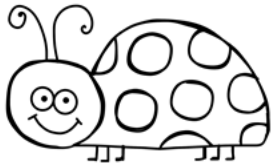
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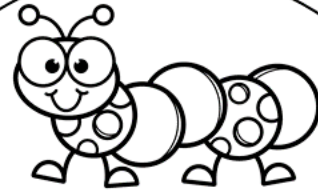
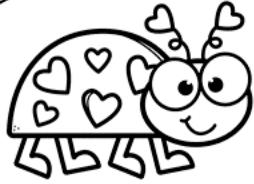
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# GOOGLE CLASSROOM

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource.

1 Click here → [Things that BUG me](#)

2 You will be prompted to make a copy of the resource. Click on the blue box that says “Make a copy” and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



3 Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

4 Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

5 From here, you should see a grey box that says “Students can view file.” Click the grey box. A dropdown menu should appear. Select, “Make a copy for each student.”

**YOU HAVE TO MAKE A COPY FOR EACH STUDENT!**

Otherwise they will all be editing the same file.

Click “Assign” in the top right corner if you’re ready to post!

This product is meant to be used in “edit” mode (not “presentation” mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

Helpful links for using Google Classroom:

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)



**Thank you for supporting my little shop!**

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

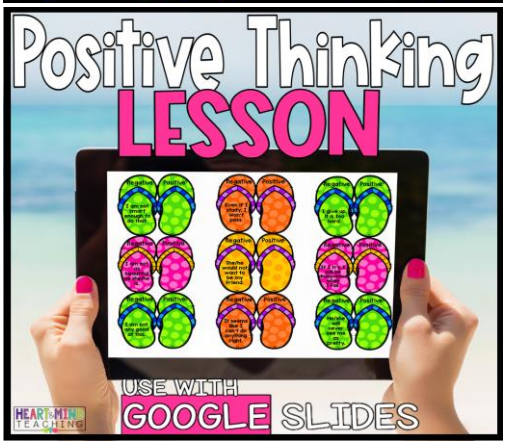
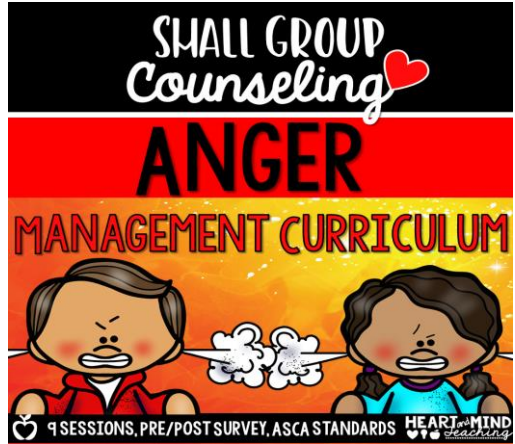
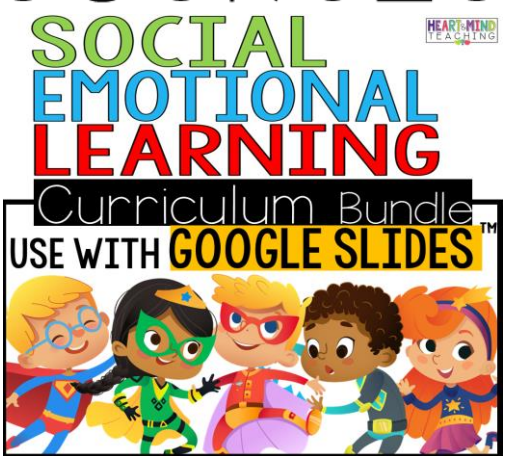
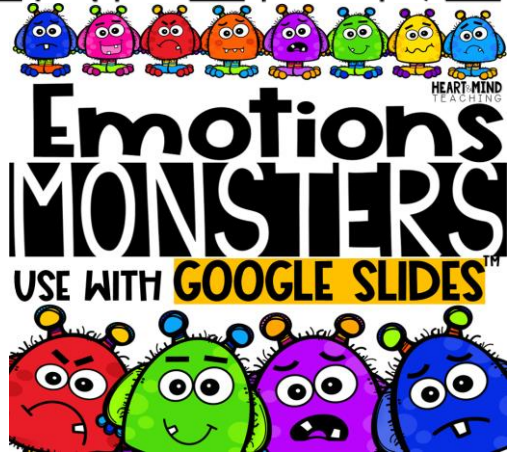
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➔ **CLICK HERE** ➔

# RECOMMENDED RESOURCES

This resource and 8 others are included in this Curriculum



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