


# MUSIC city COUNSELOR

## THANK YOU FOR YOUR PURCHASE!



 *laura sathout*

Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com) if you have questions, suggestions, or requests for resources! I am here for you!

## LET'S CONNECT!



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# TO ASSEMBLE THE LAP BOOK:

**Materials Needed:** file folder, hook and loop fastener dots, scissors, and printed pages

- I use a file folder and hook and loop fastener dots to make my lap books durable and easy-to-use.
- Please note that all pages of the lap book are included in full color and black/white, so please only print the pages that you need.
- Please glue the page that says, "Let's practice how to apologize!" to the front cover of your file folder.
- Next, please glue the page that says, "How to apologize" to the back cover of the file folder.
- Please open the file folder and glue the "I'm sorry that I...I see that I..." page to the top half of the file folder and the "Next time I will...Do you forgive me?" page to the bottom half of the file folder.
- Then, please cut out each of the little squares.
- Please adhere one side of the hook and loop fastener dot to the back of each little square. Please stick the other side of the hook and loop fastener dot on each blank square/pink "taped" note on the inside pages of the lap book.
- Then, please stick each of the little squares onto the blank squares in the inside of the file folder. Please see the sample on the next page for a guide!

# SAMPLE LAP BOOK:

## FRONT:

Let's practice how to  
**APOLOGIZE!**



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## BACK:

### How to **APOLOGIZE**

#### Step 1:



Say what you did wrong.

#### Step 2:



Share why your choice was hurtful.

#### Step 3:



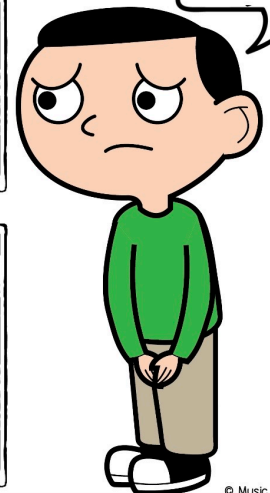
Explain what you will do differently.

#### Step 4:



Ask for forgiveness.

SORRY

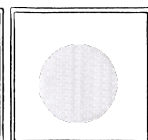
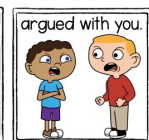
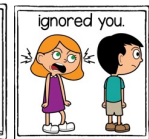


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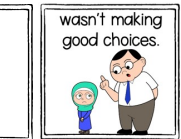
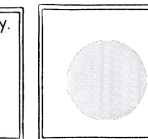
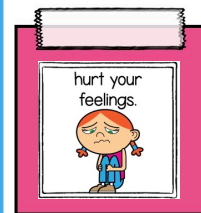
# SAMPLE LAP BOOK: INSIDE

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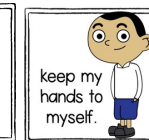
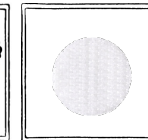
## I'm sorry that I...



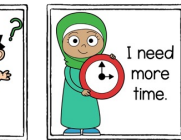
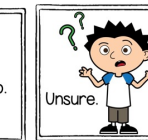
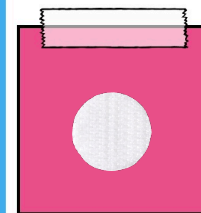
## I see that I...



## Next time I will...



## Do you forgive me?



# TO USE THE LAP BOOK:

This resource is perfect for teaching and practicing the 4-step apology. Students can also use it for in-the-moment support when they need to apologize to a peer. I love keeping a copy of it accessible in my space for students to grab as conflicts/issues arise.

- Please start by teaching the 4-step method on the back cover of the lap book.
- Please use the inside interactive pages for practice and/or for real-life scenarios that students need to resolve with a peer.
- To use the inside of the lap book, first please ask students to choose a behavior under the "I'm sorry that I..." section. Remember, this can be used simply for practice (so students can choose any option they'd like to practice) or to help students who actually do need to apologize to a friend (in this case they choose the options that best fit their situation). Students can place the behavior card on the hook-and-loop fastener dot on the pink "taped" note.
- Next, students can choose a corresponding square from the "I know that I..." section and place it on the sticky note to show the impact of their choice.
- Then, students can choose a square under the "Next time I will..." section to show what they will do differently next time and place it on the hook-and-loop fastener dot on the "taped" pink note.
- Finally, the other student involved (who is being apologized to) can choose whether or not they accept the apology/forgive the person. They can choose one of the squares under the "Do you forgive me?" section and place it on the hook-and-loop fastener dot on the "taped" pink note.
- Finally, students can read their apology aloud all together.

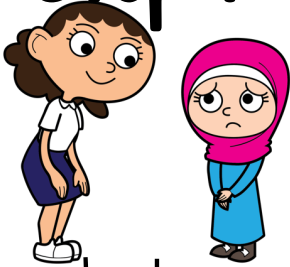
LAP BOOK  
MATERIALS

# Let's practice how to APOLOGIZE!



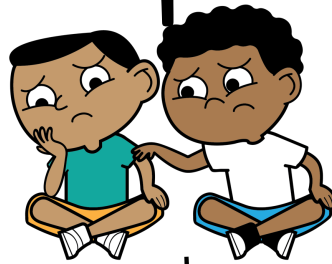
# How to APOLOGIZE

## Step 1:



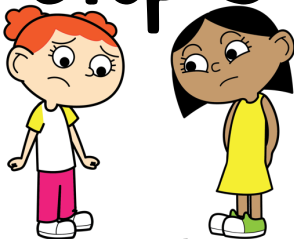
Say what you did wrong.

## Step 2:



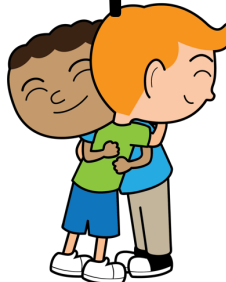
Share why your choice was hurtful.

## Step 3:



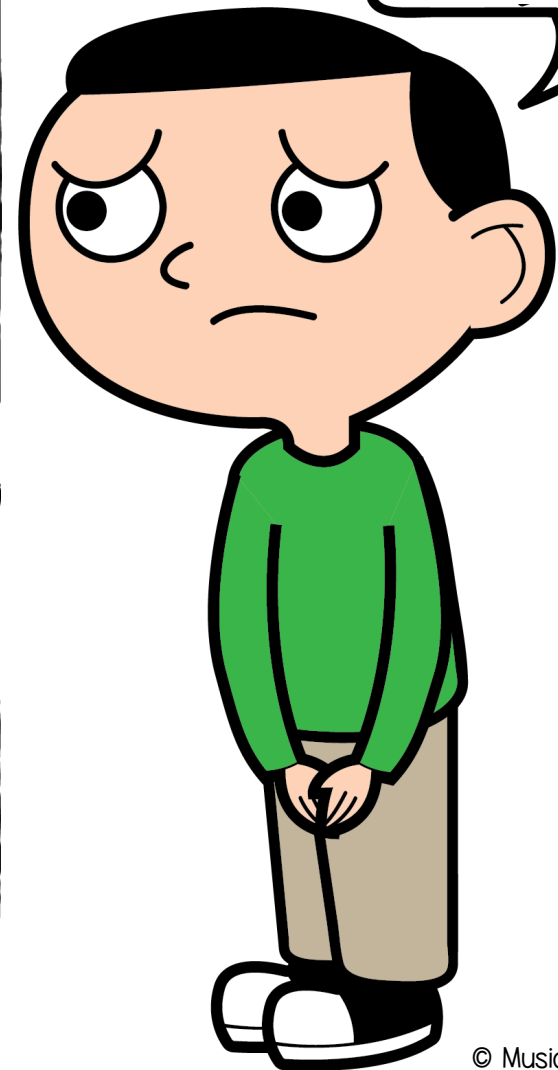
Explain what you will do differently.

## Step 4:

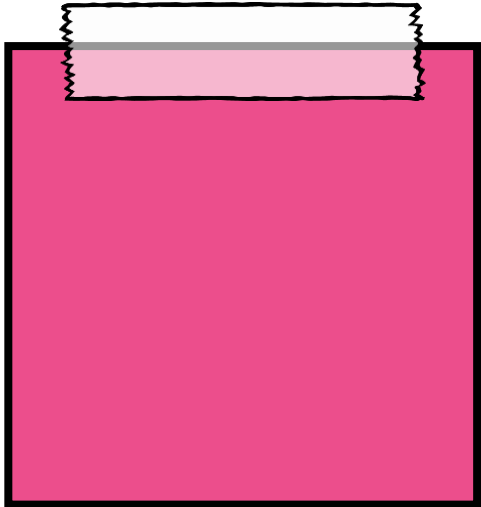


Ask for forgiveness.

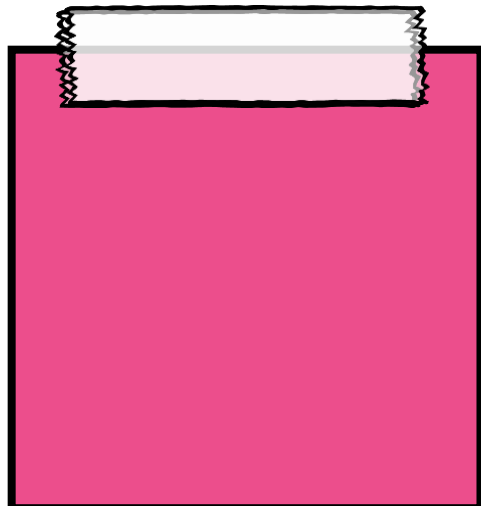
SORRY



# I'm sorry that I...

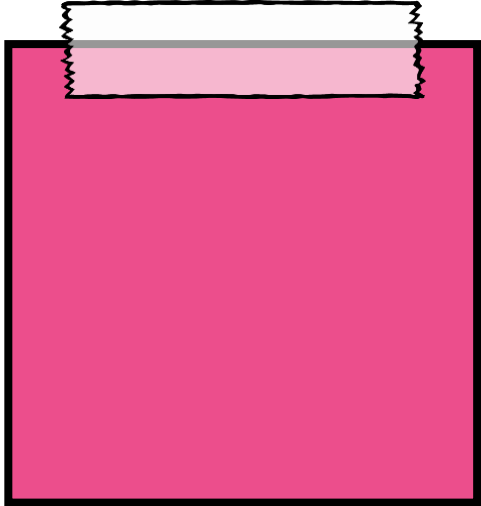



# I see that I...

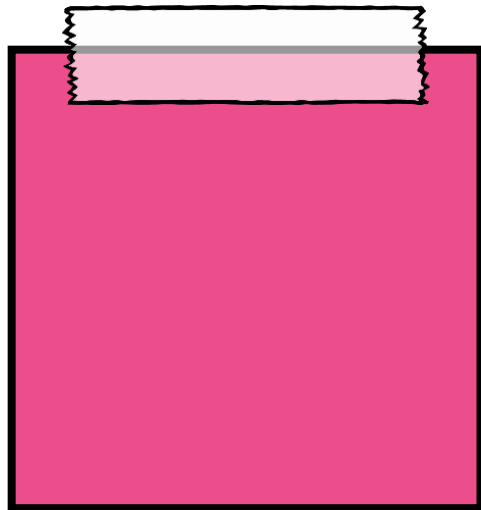


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# Next time I will...

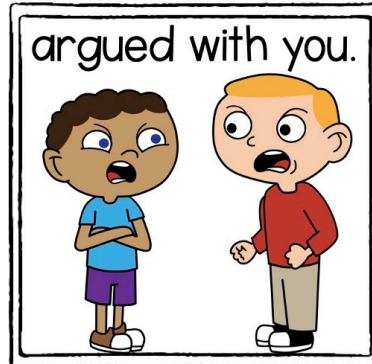
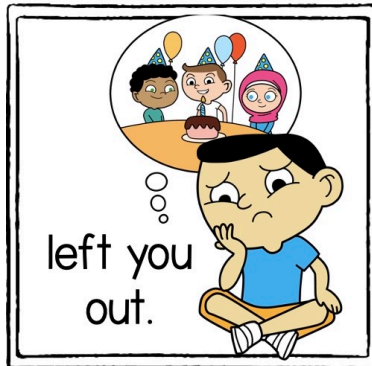
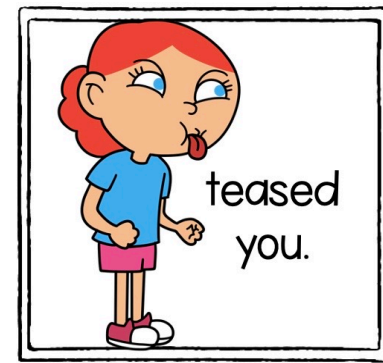
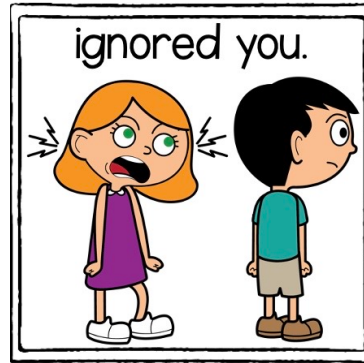



# Do you forgive me?

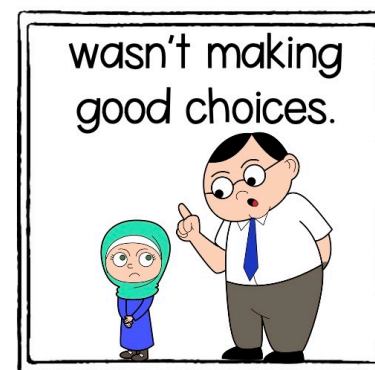


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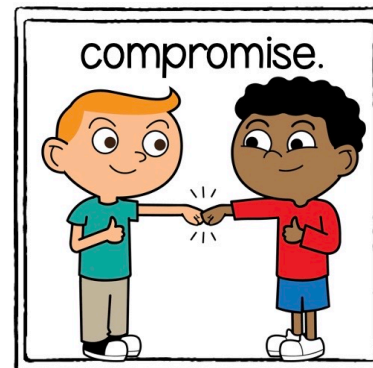
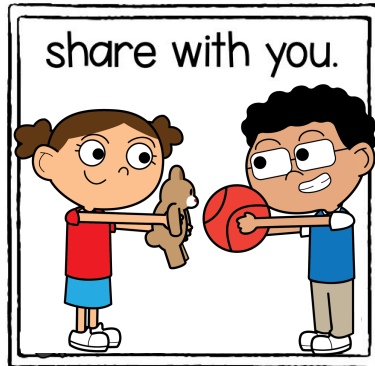
# I'm sorry that I...



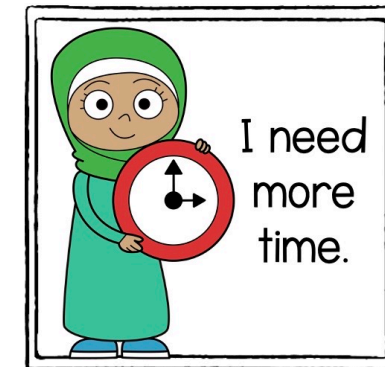
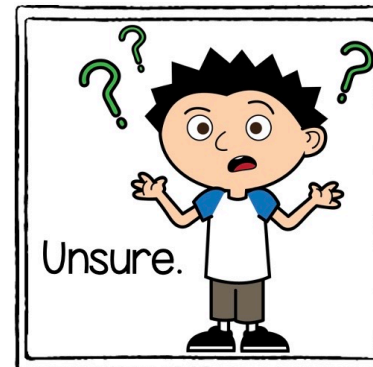
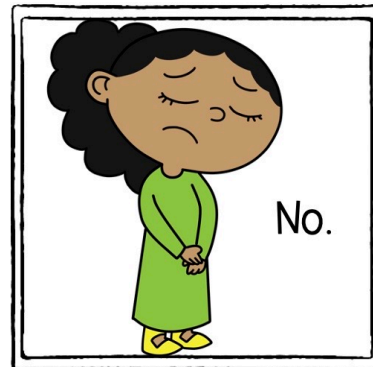
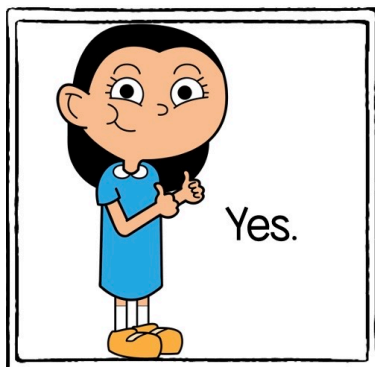
# I see that I...



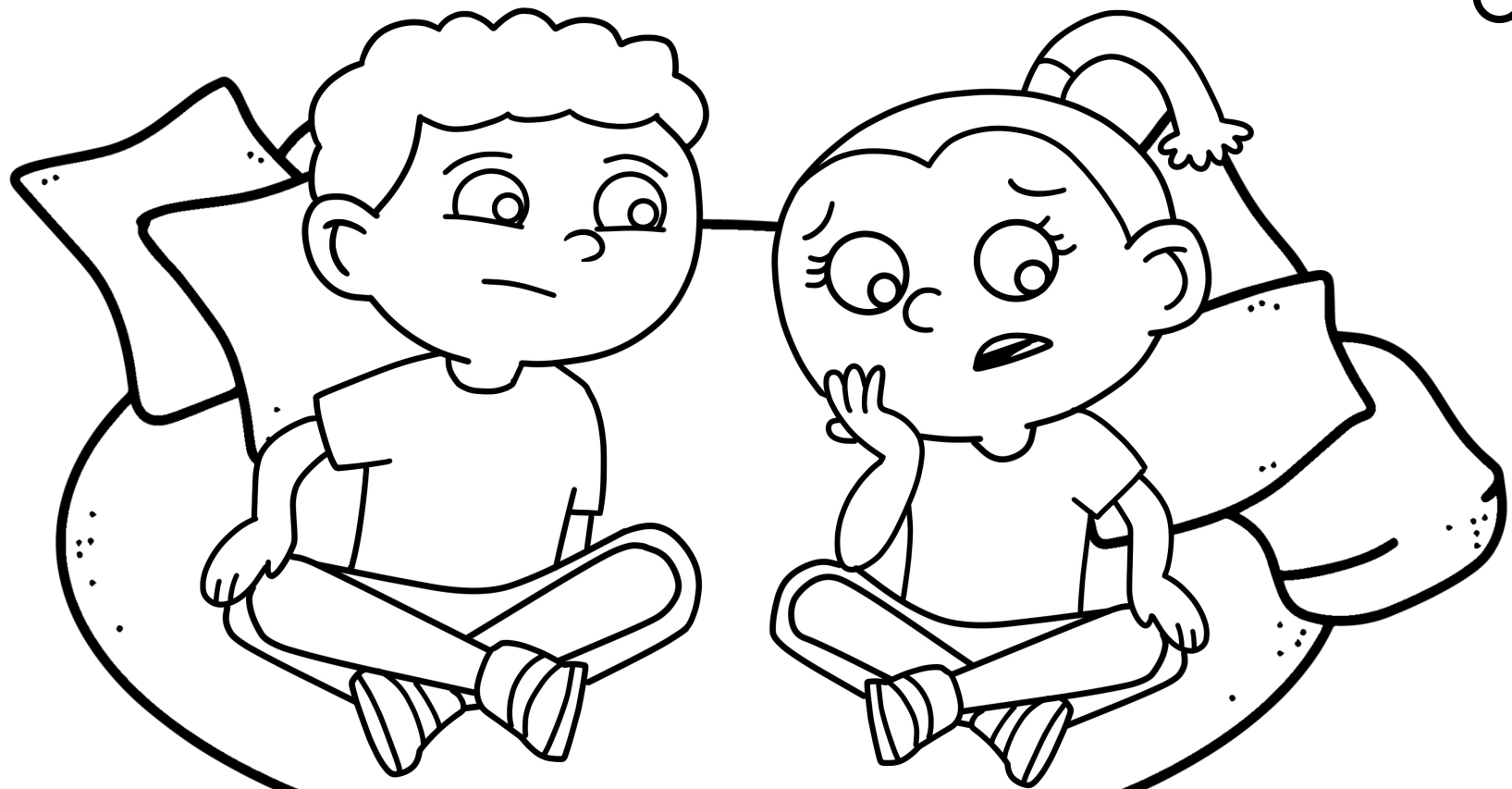
# Next time I will...



# Do you forgive me?

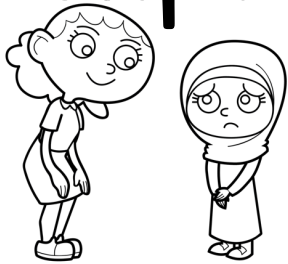


Let's practice how to  
**APOLOGIZE!**



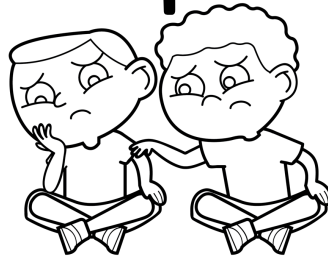
# How to APOLOGIZE

## Step 1:



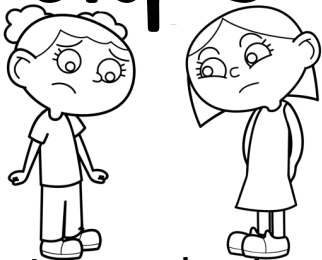
Say what you did wrong.

## Step 2:



Share why your choice was hurtful.

## Step 3:



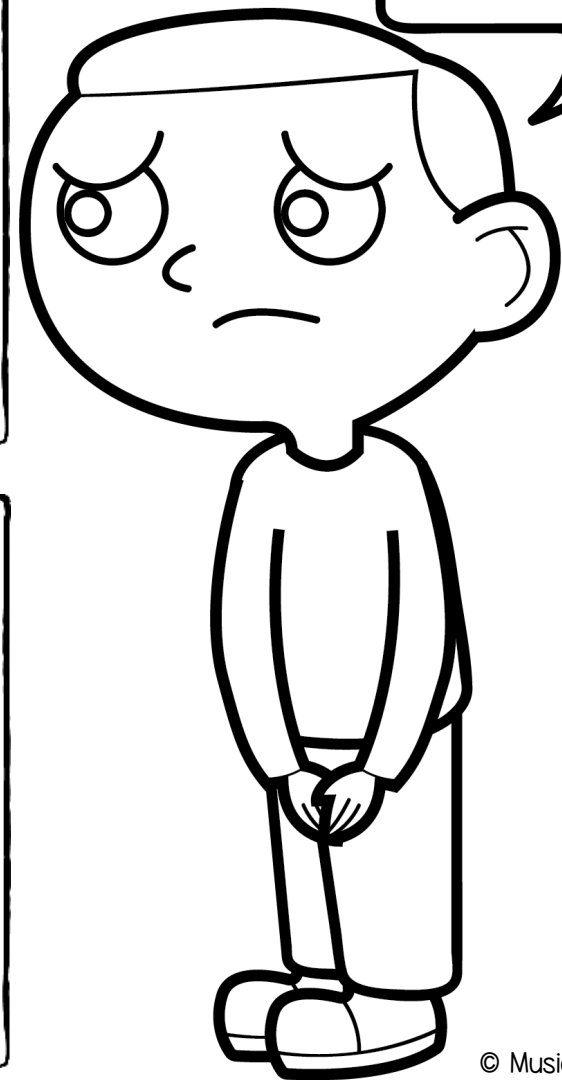
Explain what you will do differently.

## Step 4:

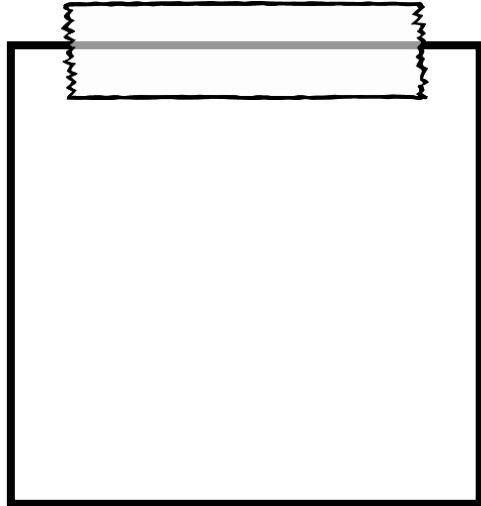


Ask for forgiveness.

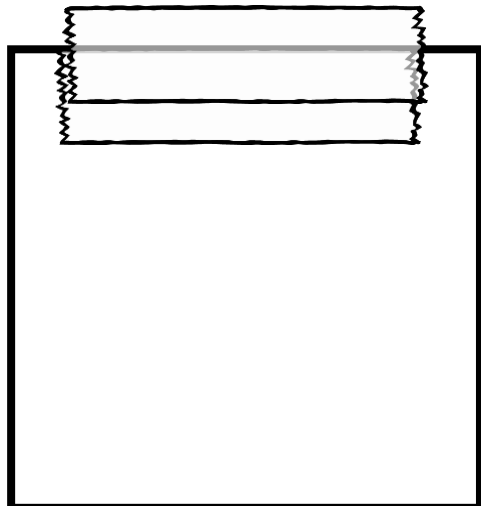
SORRY



# I'm sorry that I...

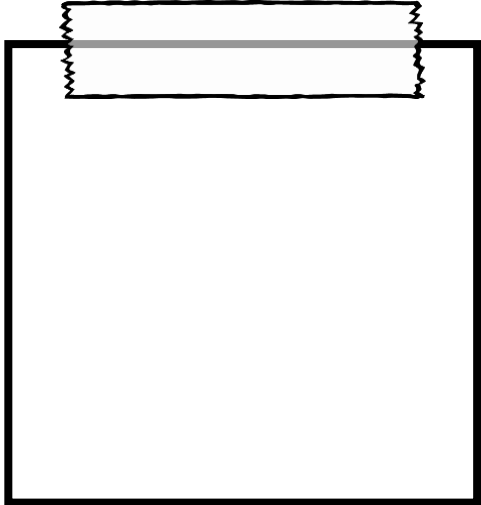



# I see that I...



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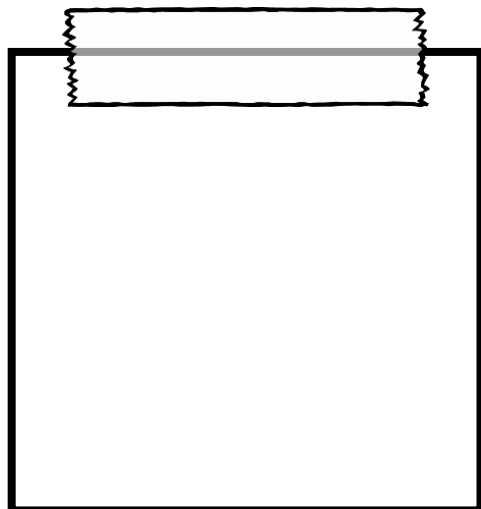
# Next time I will...



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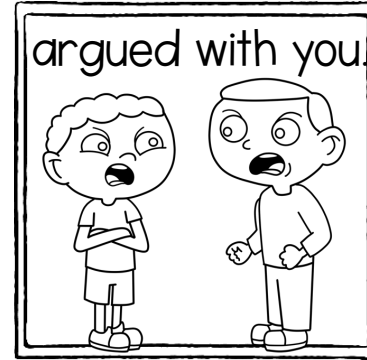
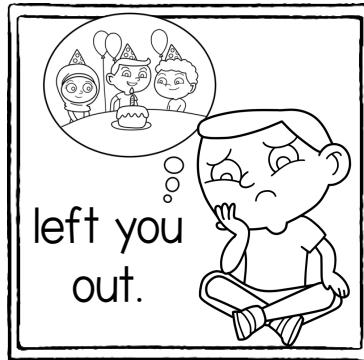
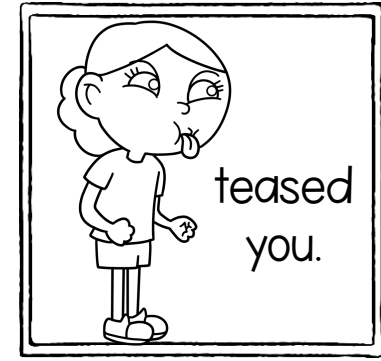
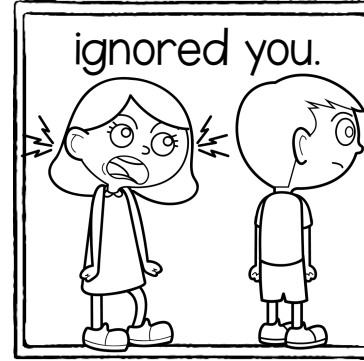
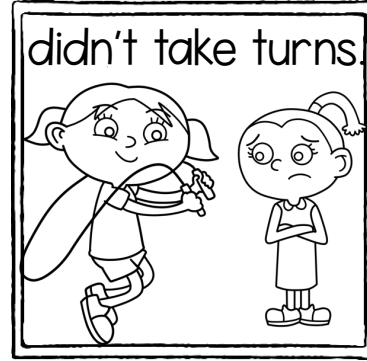
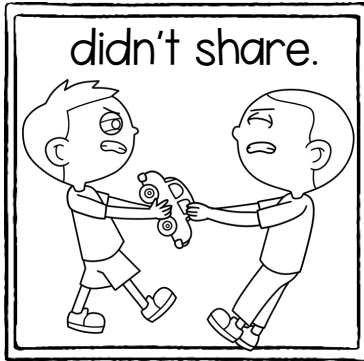
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# Do you forgive me?

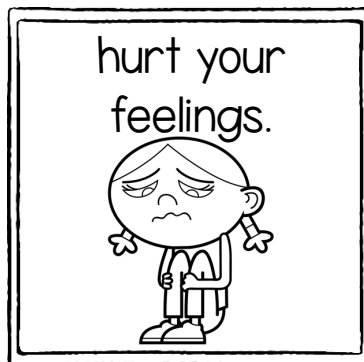


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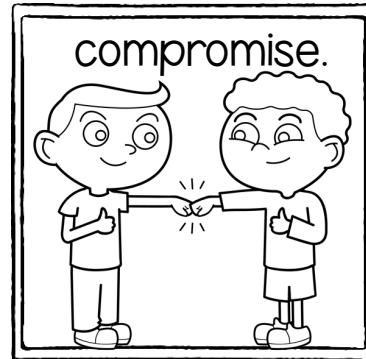
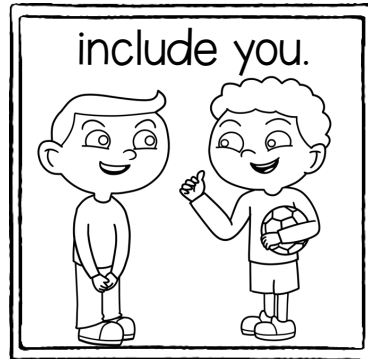
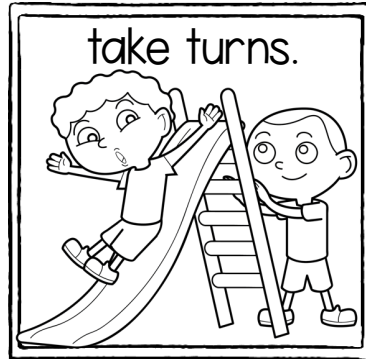
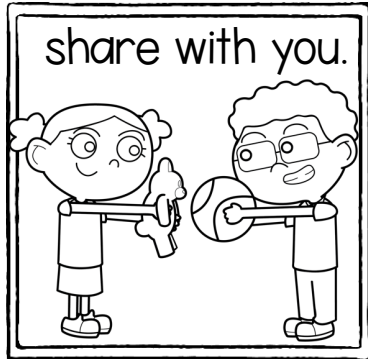
# I'm sorry that I...



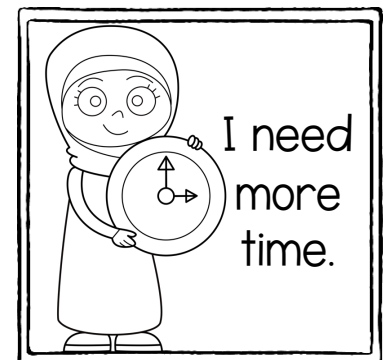
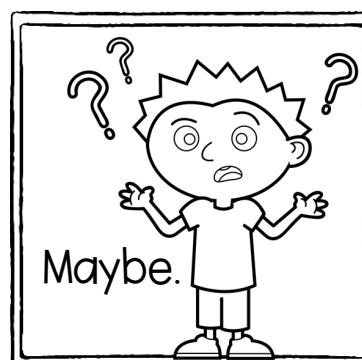
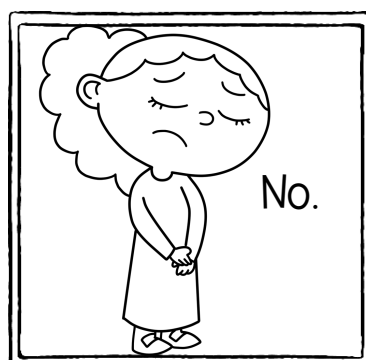
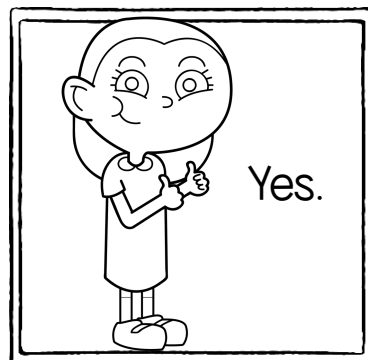
# I see that I...



# Next time I will...



# Do you forgive me?



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