

THANK YOU FOR YOUR PURCHASE!



Did you know that when you leave feedback on TPT you earn credits towards future purchases?

★★★★★ Extremely satisfied

I truly appreciate your feedback to help my little store grow.

LET'S BE FRIENDS

Access my
Freebie
Library



Stay updated on new product announcements (they are 50% off for the first 24 hrs posted!) by following me on TPT, checking out my website, and subscribing to my newsletter.



If you have any questions or concerns please email me at:

heartandmindteaching@gmail.com

♥
Ashley



STRONG

PEOPLE

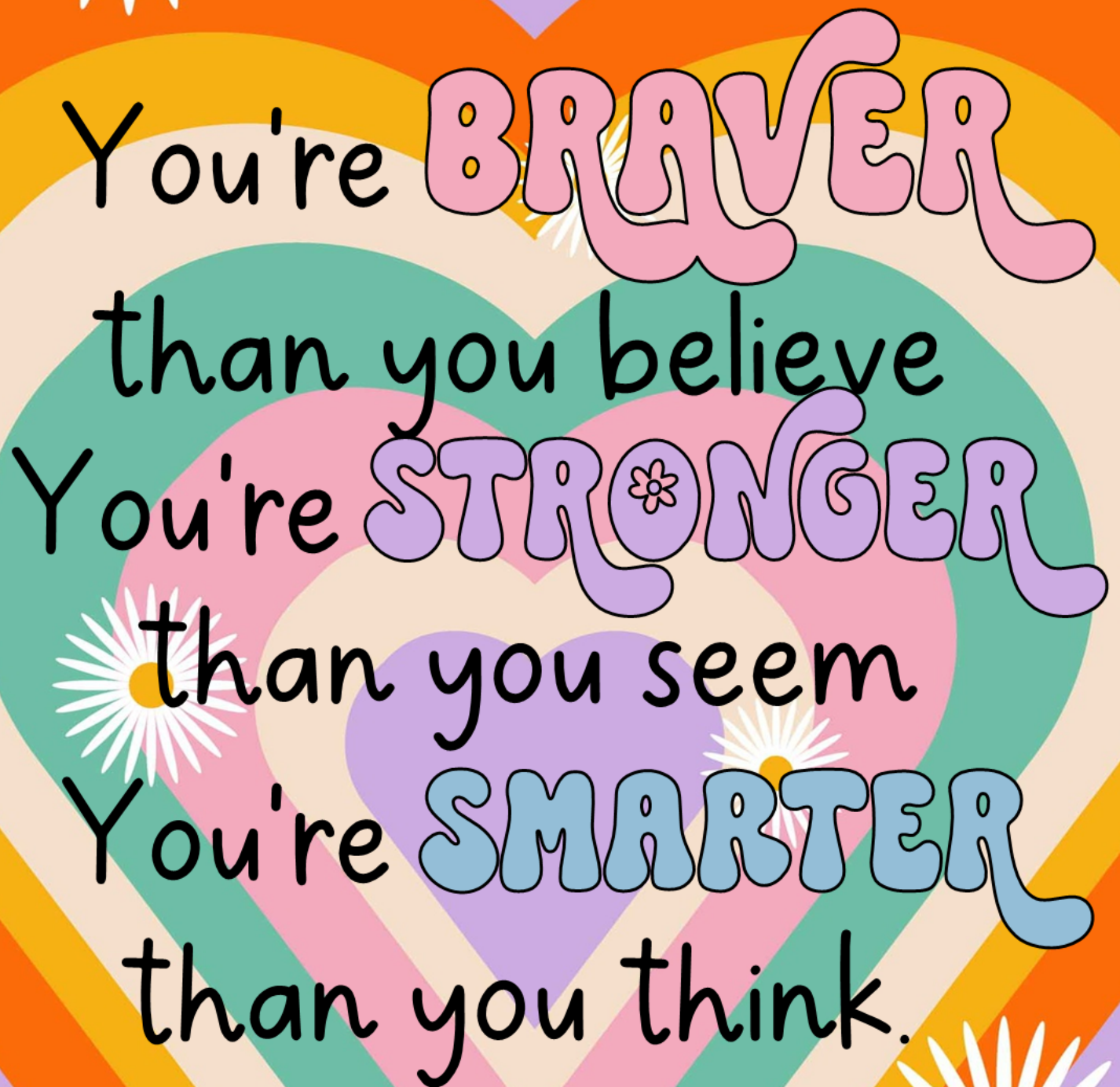
don't put others

DOWN

they lift them

UP.

-Michael P. Watson



You're **BRAVER**
than you believe
You're **STRONGER**
than you seem
You're **SMARTER**
than you think.

-A.A. Milne



Be
SOMEBODY
who makes
EVERYBODY
feel like a
SOMEBODY

-Kid President



They may forget
what you **SAID**
but they will never
forget how you
made them
FEEL.

-Maya Angelou

UNLESS


someone
like you

CARES

a whole awful lot
nothing is going
to get better

IT'S NOT.

-Dr. Seuss



I can't promise to **FIX**
all your
PROBLEMS
But I can promise you
won't have to
face them **ALONE.**



YOU ARE

SAFE

IN

THIS

SPACE.

It's nice to be
IMPORTANT

but it's more
important to be

NICE.



WELCOME

You belong here.

You are the
reason

I am here.



REMEMBER:



It's okay to have a bad day.



Not everyone has to like you.



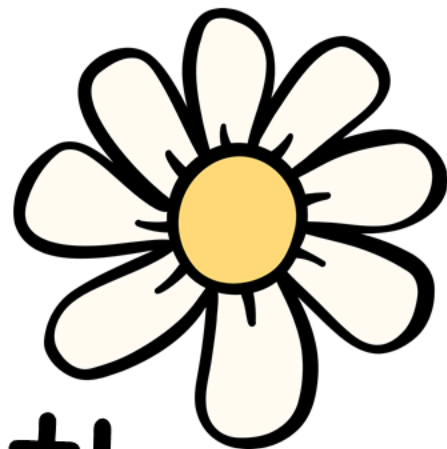
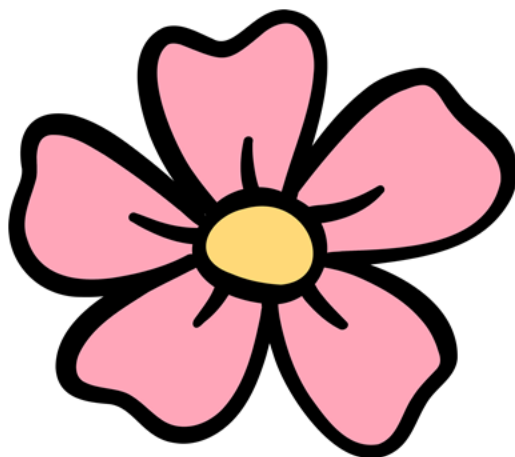
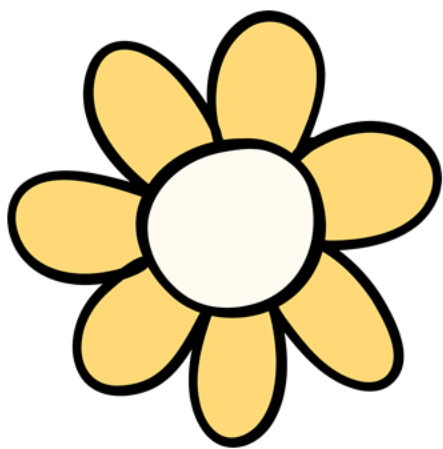
Mistakes don't define you.



It takes strength to
ask for help.



You are amazing just
the way you are.



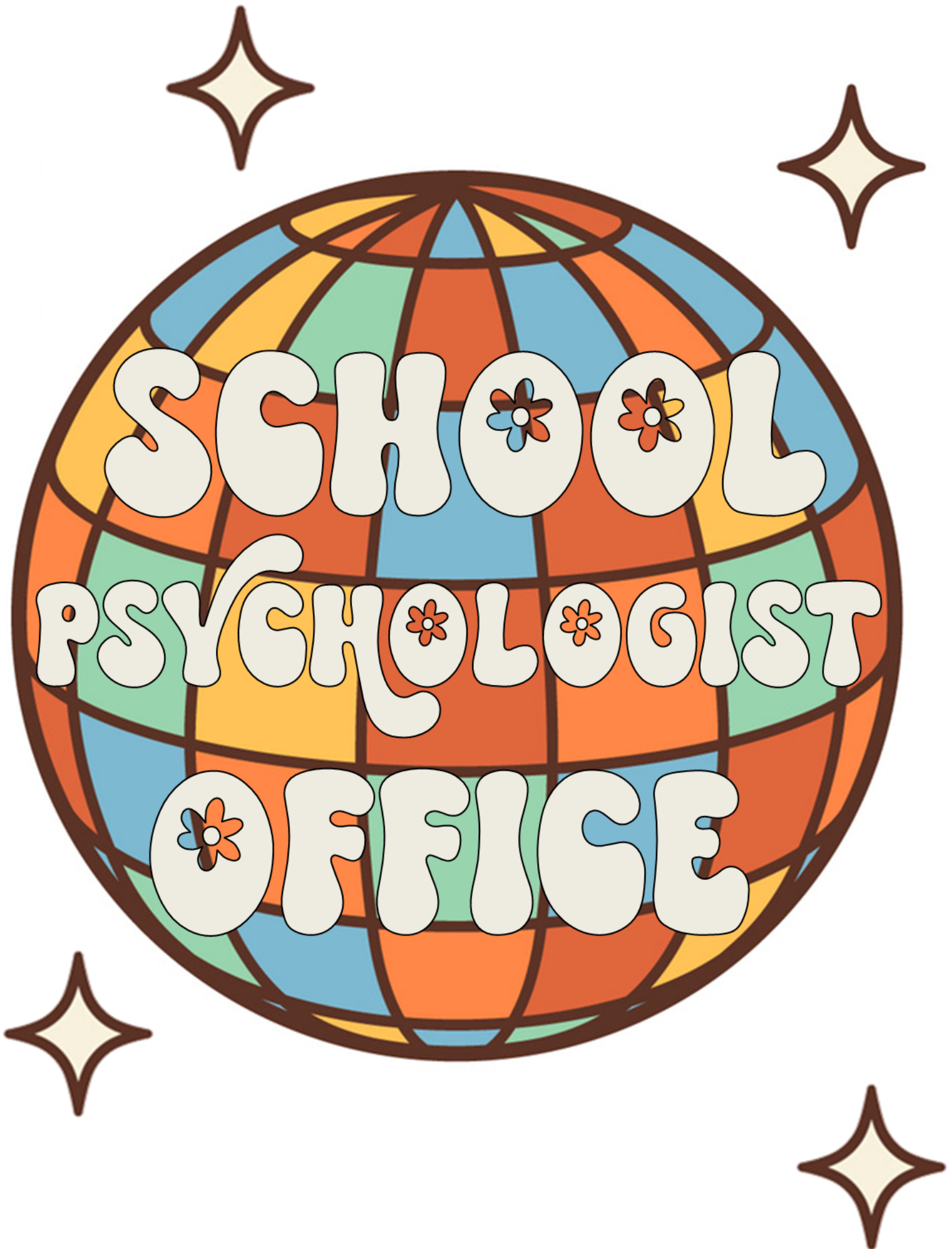
Welcome to the

SCHOOL

PSYCHOLOGIST

Office







SCHOOL

PSYCHOLOGIST

OFFICE





I MESSAGES

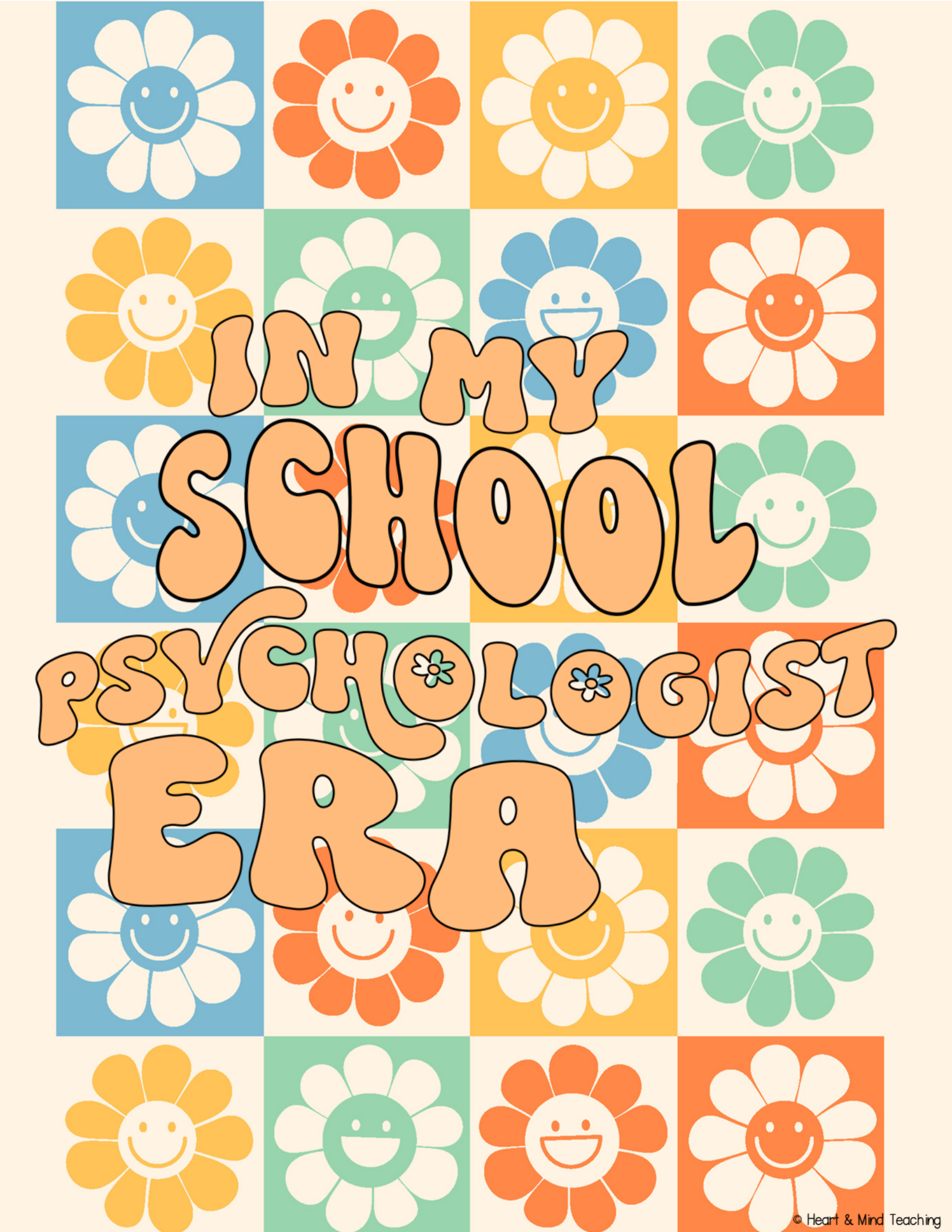
I feel _____

when you _____

because _____

can you please _____





IN MY
SCHOOL
PSYCHOLOGIST
ERA

It takes big
HEARTS
to shape little
MINDS.



WHAT YOU
SAY IN HERE
STAYS IN HERE
UNLESS:

Someone is hurting you.

You want to hurt someone.

You want to hurt yourself.

WHERE IS THE PSYCHOLOGIST?

Come on in!

With a student.

In a meeting.

In a classroom.

Out of the building.



I can not **CONTROL**
other People.

But I can **CONTROL**
My Words.
My Thoughts.
My Actions.

Before you say it,

THINK

T Is it true?

H Is it helpful?

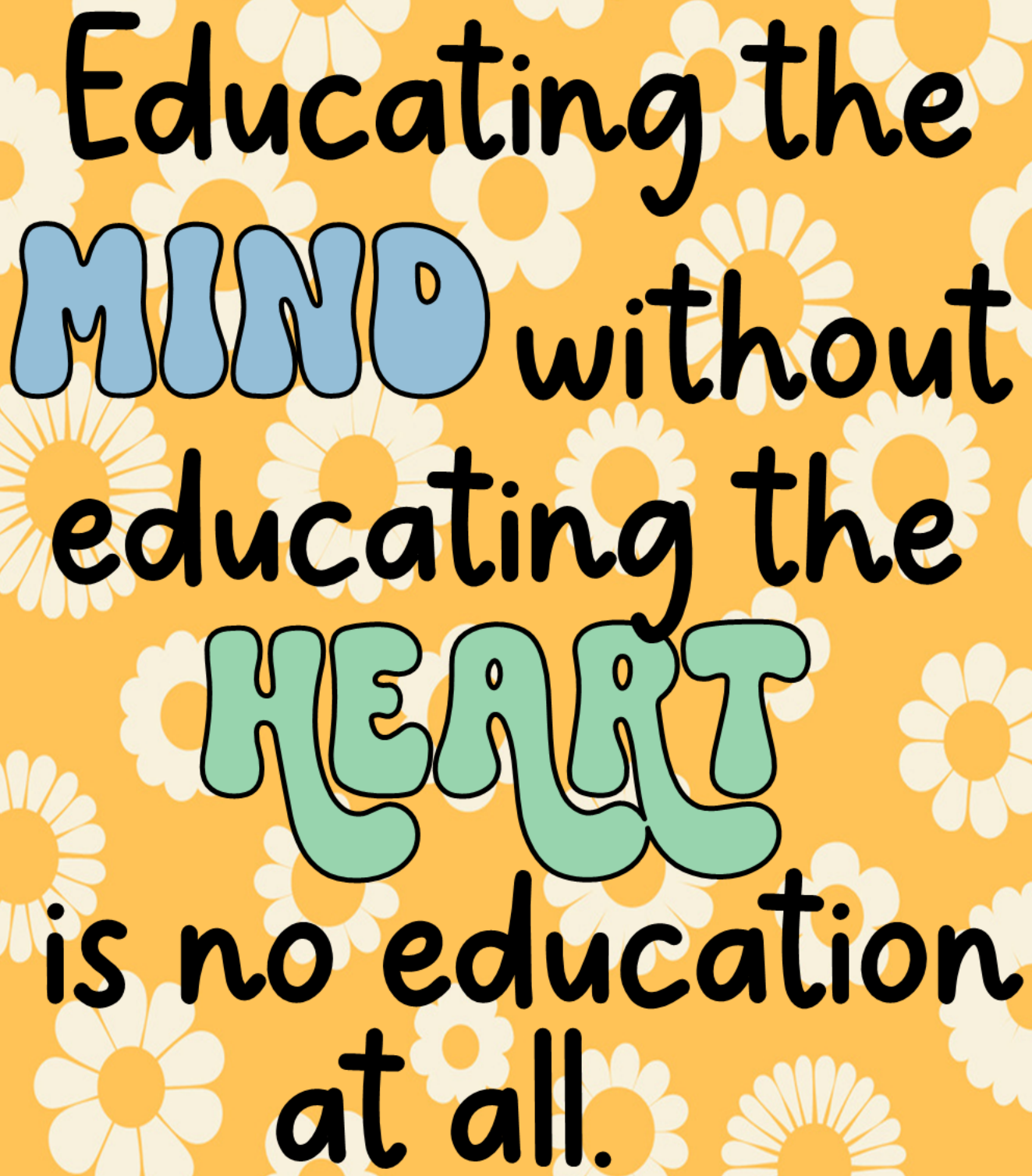
I Is it inspiring?

N Is it necessary?

K Is it kind?



EMPATHY
IS A
SUPERPOWER.



Educating the
MIND without
educating the
HEART
is no education
at all.



YOU
CAN DO

HARD

THINGS.






Children are
great imitators, so
give them something

GREAT

to imitate.

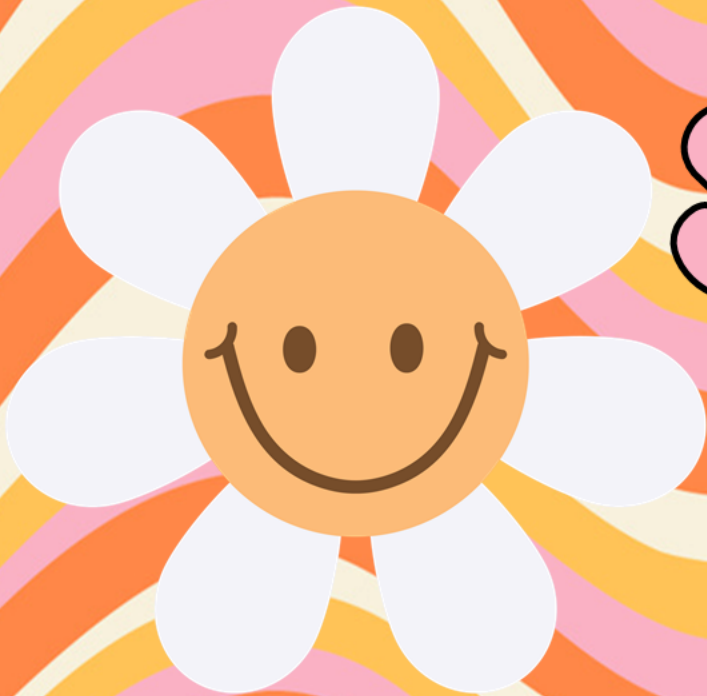


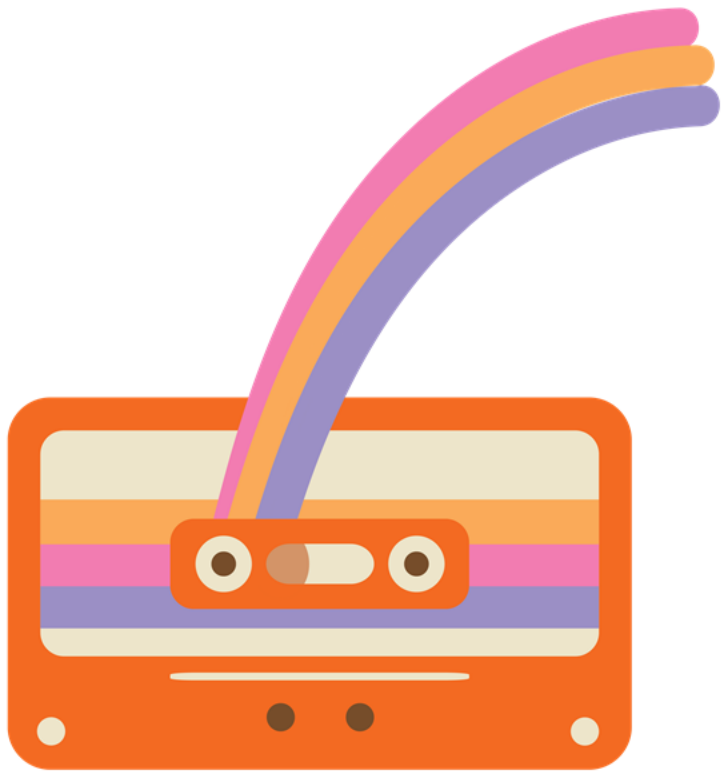
You can do
ANYTHING
But you can't do
EVERYTHING.

You have
survived
100%
of your
worst days.



You can
SURVIVE
this one.





Your
words

MATTER.

Choose
Wisely.



I'm a School

PSYCHOLOGIST

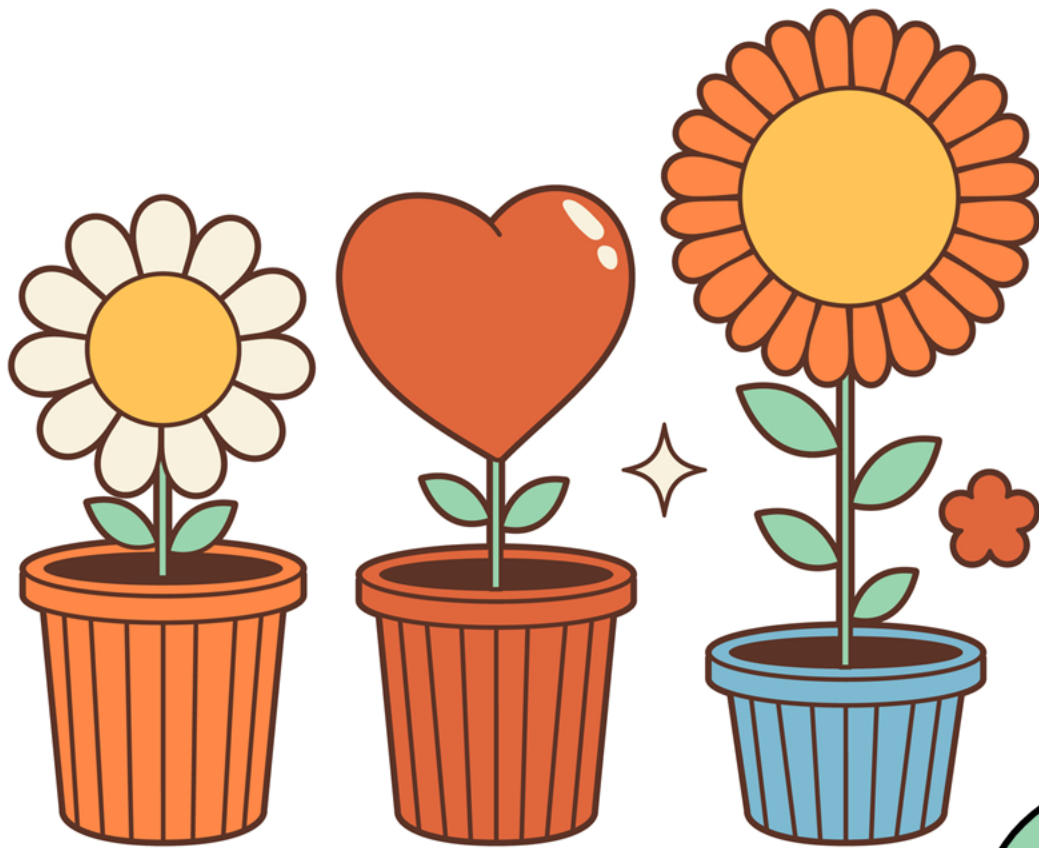
If you think my
hands are full
you should see my

HEART.



The kids who need
the most
LOVE
will ask for it in the
most unloving ways.





WORRYING

does not take away
tomorrow's troubles,
it takes away today's

PEACE.



When little people are
overwhelmed by

**BIG
EMOTIONS**

It's our job to share
our calm, not to
join their chaos.

-L.R. Knost

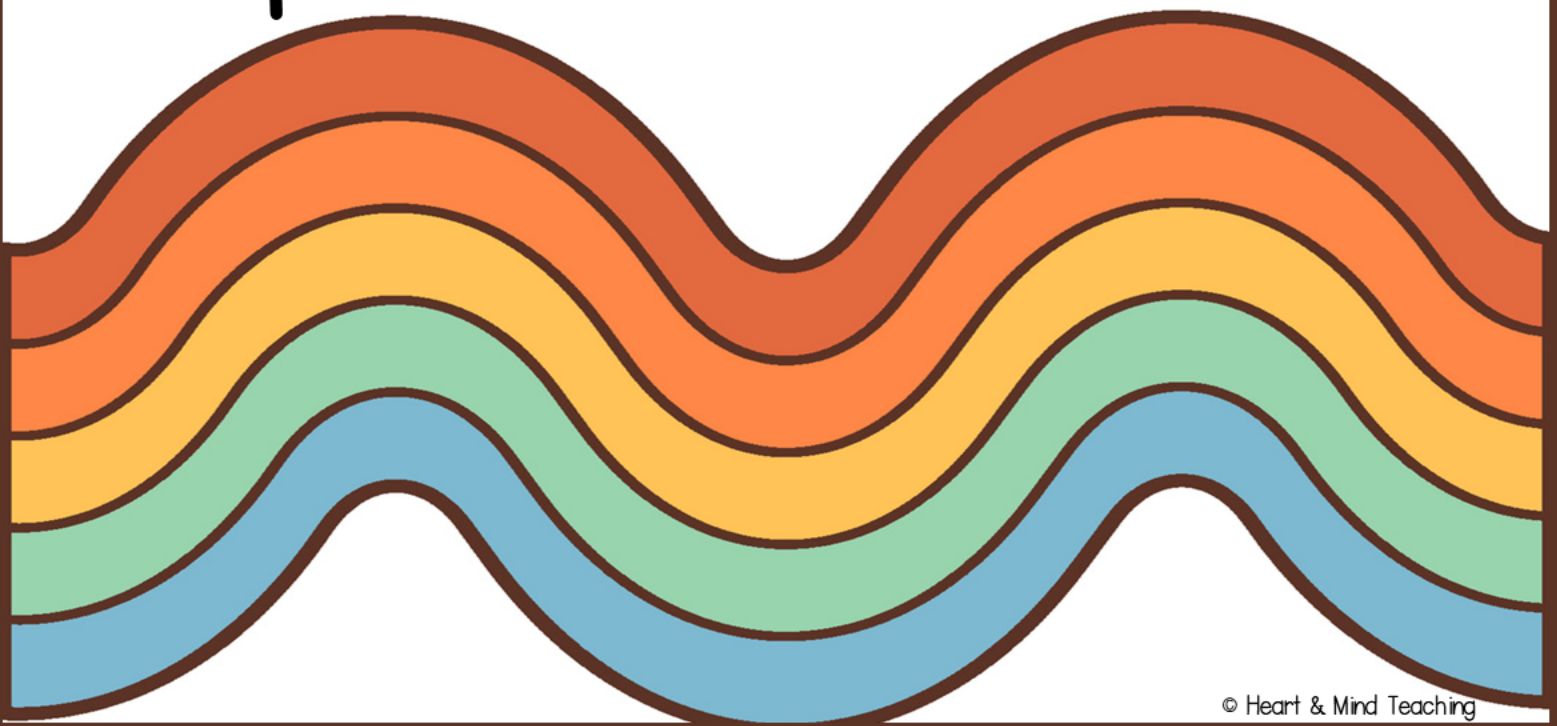
I am your

SCHOOL

PSYCHOLOGIST

I can't solve all your
problems,

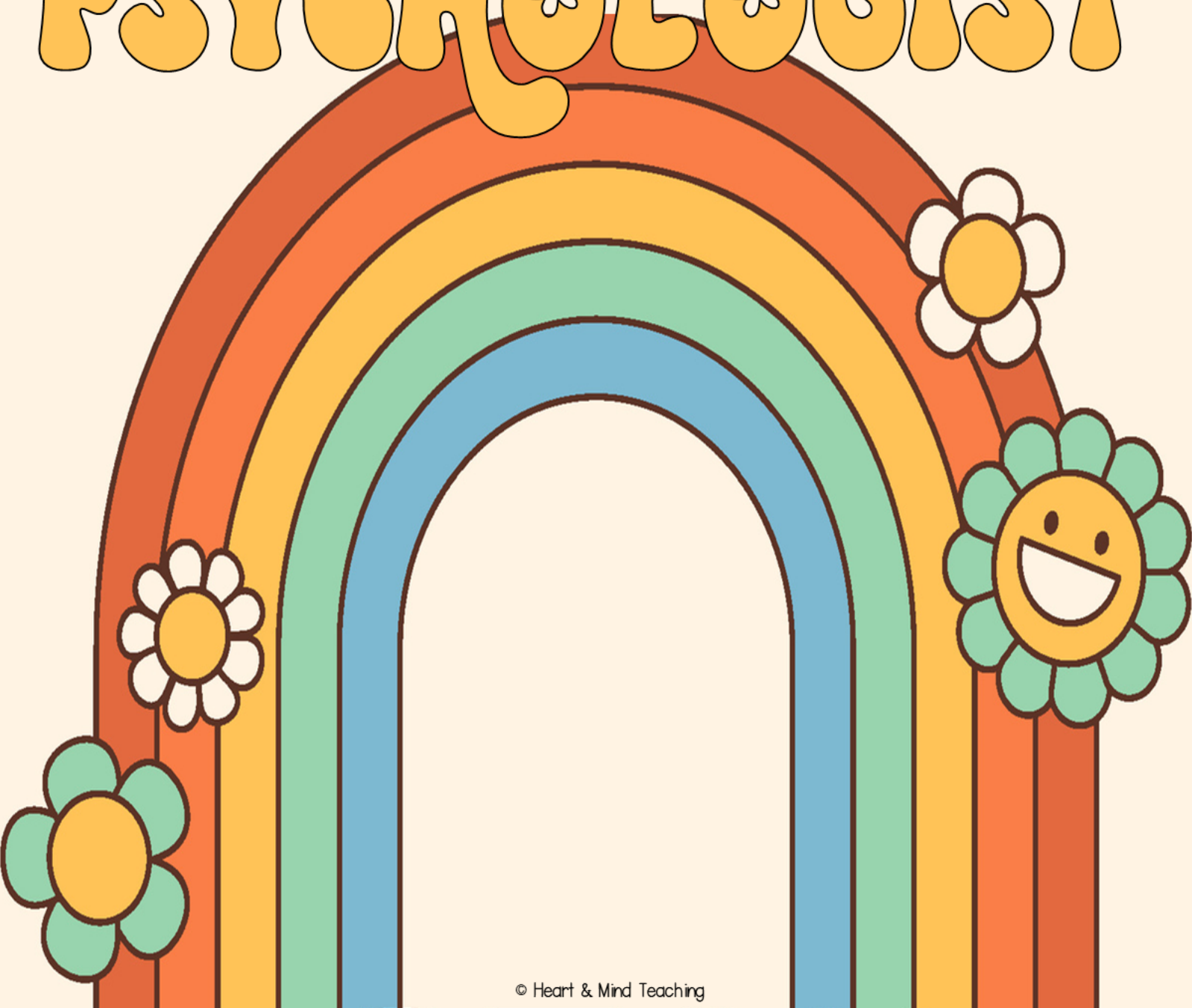
but I can listen with an
open mind and heart.



Every kid deserves a

SCHOOL

PSYCHOLOGIST



GOOD
VIBES
ONLY





FREE

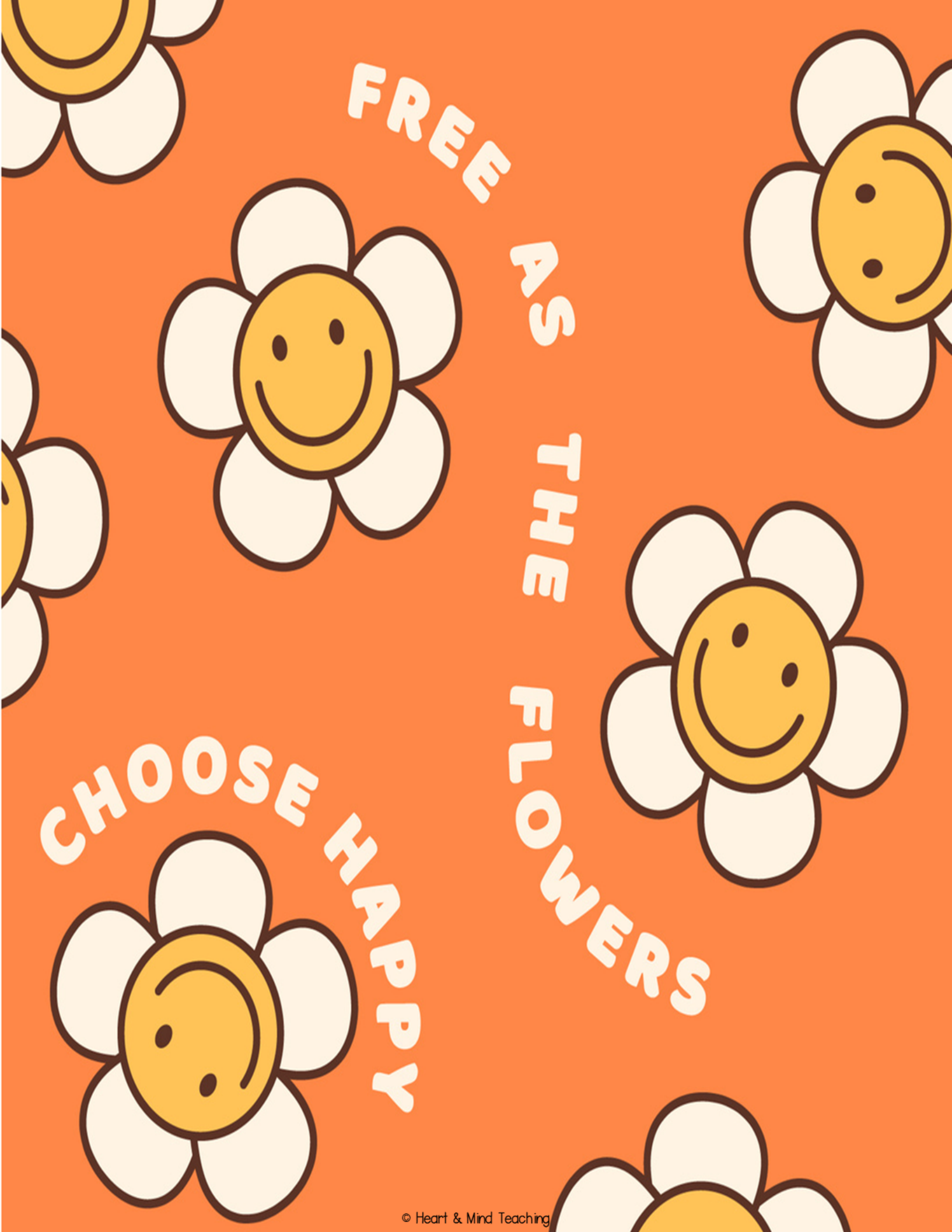
AS

THE

FLOWERS

CHOOSE

HAPPY

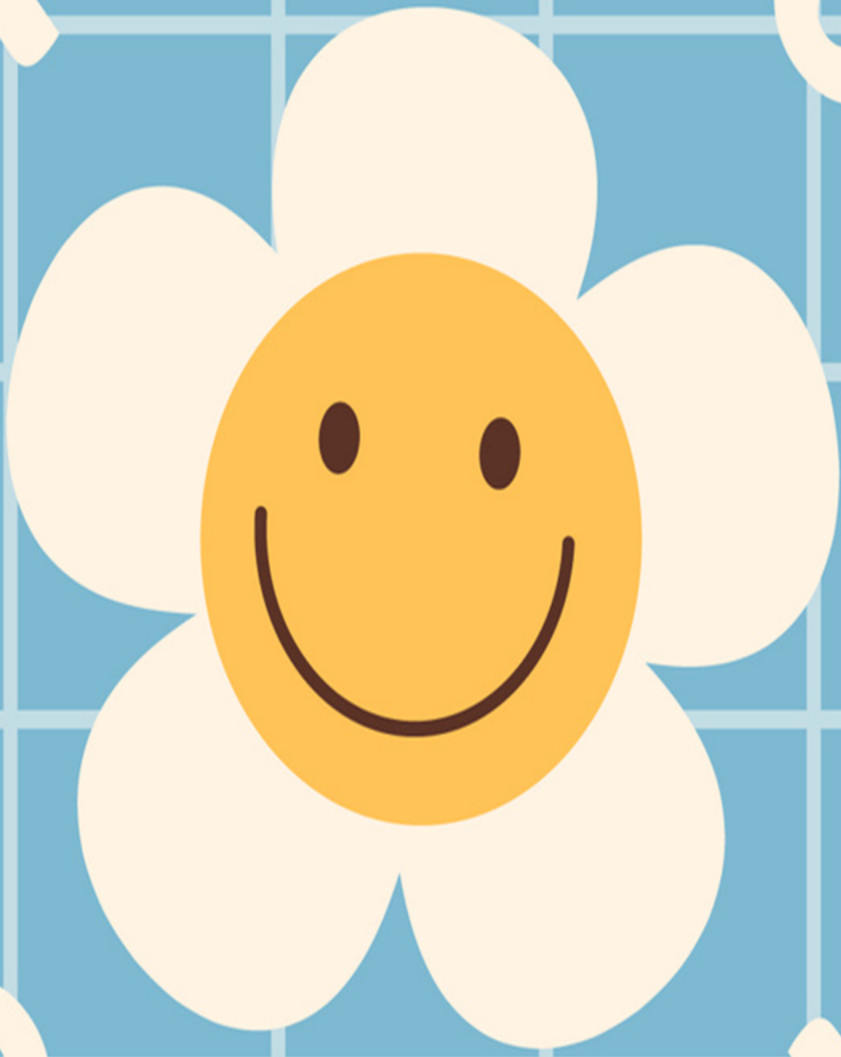


LOVE



RULES

SEE HAPPY CHOOSE HAPPY
CHOOSE HAPPY



B E

K I N D

T O

R A W

K I N D



BLOOM

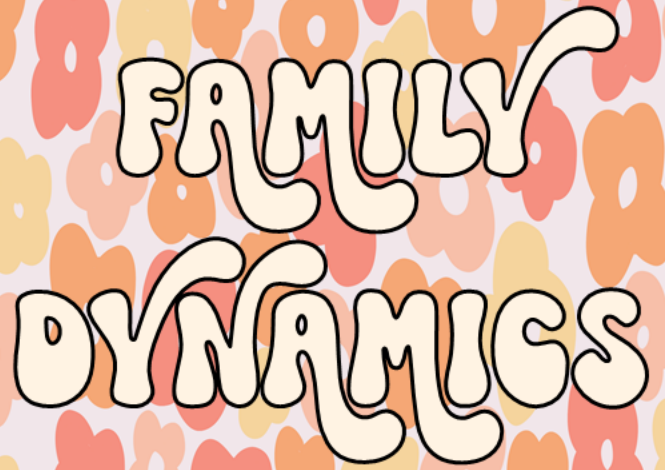
WHERE YOU

ARE PLANTED

SPREAD
KINDS
NESS

A rectangular card with a background of repeating stylized flowers in shades of orange, red, and yellow. The text "SOCIAL SKILLS" is written in a large, bubbly, white font with black outlines. The letter 'O' in "SOCIAL" contains a small black flower icon.

SOCIAL
SKILLS

A rectangular card with a background of repeating stylized flowers in shades of orange, red, and yellow. The text "FAMILY DYNAMICS" is written in a large, bubbly, white font with black outlines.

FAMILY
DYNAMICS

A rectangular card with a background of repeating stylized flowers in shades of orange, red, and yellow. The text "SELF ESTEEM" is written in a large, bubbly, white font with black outlines.

SELF
ESTEEM

A rectangular card with a background of repeating stylized flowers in shades of orange, red, and yellow. The text "CHARACTER EDUCATION" is written in a large, bubbly, white font with black outlines. The letter 'O' in "EDUCATION" contains a small black flower icon.

CHARACTER
EDUCATION

A rectangular card with a background of repeating stylized flowers in shades of orange, red, and yellow. The text "STRESS / ANXIETY" is written in a large, bubbly, white font with black outlines.

STRESS /
ANXIETY

A rectangular card with a background of repeating stylized flowers in shades of orange, red, and yellow. The text "BULLYING" is written in a large, bubbly, white font with black outlines.

BULLYING

GROWTH
MINDSET

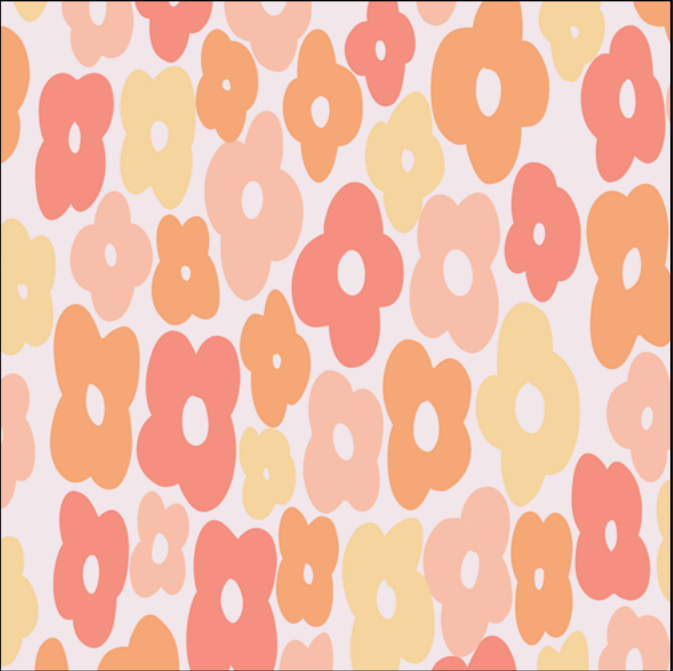
GRIEF

BEHAVIOR

ANGER

MINDFULNESS

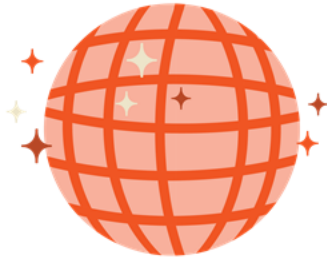
SUCCESS
SKILLS



Make your own



Pass to see the PSYCHOLOGIST



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the PSYCHOLOGIST



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the PSYCHOLOGIST



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the PSYCHOLOGIST



Student Name: _____

Teacher: _____

Date: _____ Time: _____

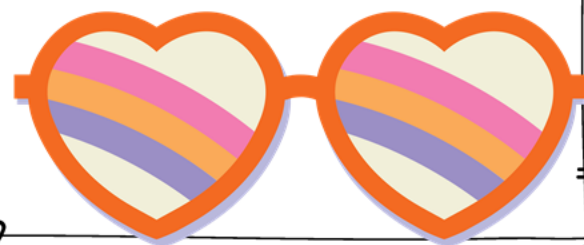
Signed: _____



Note from the
PSYCHOLOGIST



Note from the
PSYCHOLOGIST



Note from the
PSYCHOLOGIST

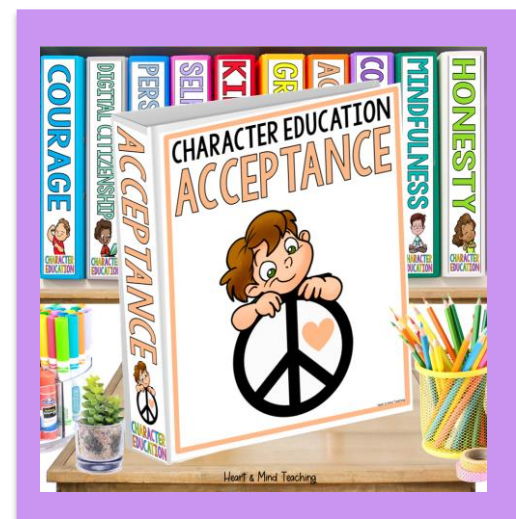
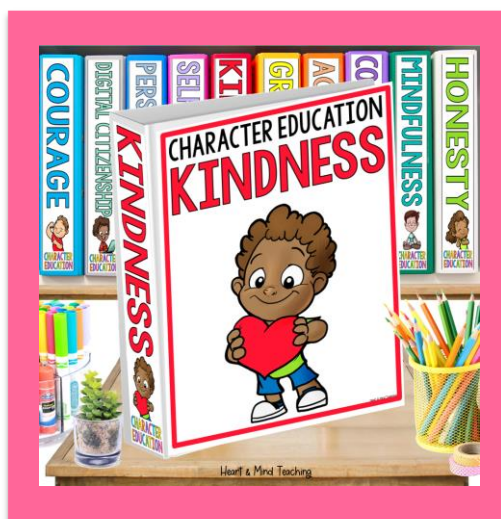
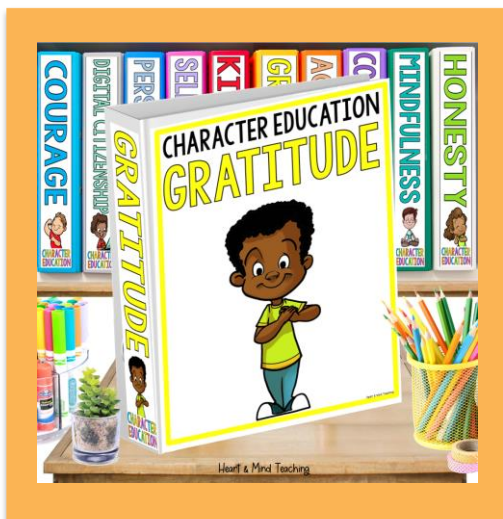
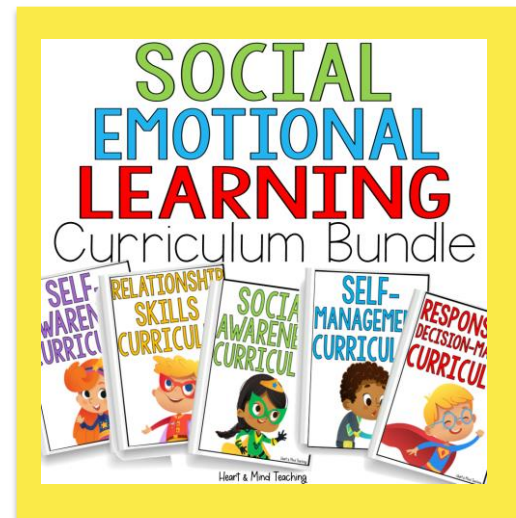
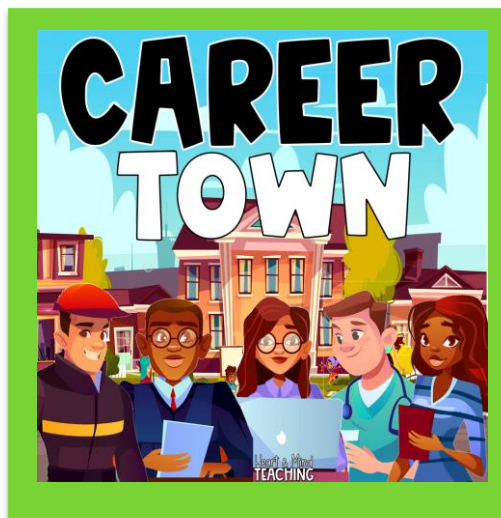


Note from the
PSYCHOLOGIST



CHECK THESE OUT

CLICK ON THE PICTURES TO GET A CLOSER LOOK.



COUNSELOR Collab

with Laura & Ashley

Would you like to spend less time browsing for resources and lesson planning, and more time serving students? Let Laura from [Music City Counselor](#) and Ashley from [Heart and Mind Teaching](#) do the work for you!

CLICK TO COLLAB

MEMBER Perks

- ♥ Data-driven resources by theme.
- ♥ \$35+ value of ready-to-use materials.
- ♥ Lessons, group curriculums, forms, & activities.
- ♥ Tier 1, 2, and 3 research-based resources.
- ♥ No contracts, cancel anytime.

HEART + MIND
TEACHING



THANK YOU

FOR SUPPORTING MY LITTLE SHOP.

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

LET'S BE FRIENDS

Ashley

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heartandmindteaching@gmail.com

CREDITS

