



# DECOR COUNSELOR

## Farmhouse Florals



**STRONG**  
People  
DON'T PUT OTHERS  
DOWN  
THEY LIFT  
THEM  
UP

You're BRAVER  
than you believe  
You're STRONGER  
than you seem  
You're SMARTER  
than you think

BE Somebody  
WHO MAKES Everybody  
FEEL LIKE A Somebody

THROW  
Kindness  
AROUND LIKE  
Confetti

THROW  
Kindness Without  
AROUND LIKE RAIN THERE  
Confetti NEVER BE WOULD  
Rainbows BUT IT'S MORE  
IMPORTANT TO BE  
Nice

IT'S NICE TO BE  
Important  
BUT IT'S MORE  
IMPORTANT TO BE  
Nice

EDUCATING  
THE MIND  
without  
EDUCATING  
THE HEART  
Is no Education  
at all.

Always  
BELIEVE THAT  
SOMETHING  
Wonderful  
IS ABOUT  
TO HAPPEN

THINK  
① IS IT TRUE?  
② IS IT HELPFUL?  
③ IS IT INSPIRING?  
④ IS IT NECESSARY?  
⑤ IS IT WORTH IT?

SEEK Respect  
NOT Attention  
IT TAKES LONGER

IT'S NEVER  
too late  
TO BE  
whoever  
YOU WANT to be

KEEP CALM  
I'M A  
COUNSELOR  
I can NOT Control  
Other People  
But I can Control

MY WORDS  
MY THOUGHTS  
MY ACTIONS  
YOU DON'T NEED  
A CAPE TO BE A  
Hero  
YOU JUST NEED TO  
Be

HEART and MIND  
Teaching  
♥️🍏



**STRONG**  
People  
DON'T PUT OTHERS  
down  
THEY LIFT  
THEM  
**UP**

-Michael P. Watson



You're BRAVED  
than you believe  
You're STRONGER  
than you seem  
You're SMARTER  
than you think

-A.A. Milne





It's all in  
HOW YOU

: ) :

LOOK  
at things

They may forget

WHAT YOU

SAID

But they will  
never forget

HOW YOU MADE THEM

FEEL

-Maya Angelou



YOU WILL NEVER LOOK  
LIKE THE GIRL IN THE



Magazine

THE GIRL IN THE



Magazine

DOES NOT EVEN  
LOOK LIKE THE GIRL IN THE



Magazine

BE Somebody  
WHO MAKES Everybody  
FEEL LIKE A Somebody


-Kid President



IT'S NEVER  
too late  
TO BE  
whoever  
YOU WANT to be

-Benjamin Button





Learn  
FROM YESTERDAY

Live

FOR TODAY

Hope

FOR TOMORROW



**UNLESS**

Someone like you

**CARES** A WHOLE AWFUL LOT

**NOTHING**

is going to get better

**IT'S NOT.**

-Dr. Seuss

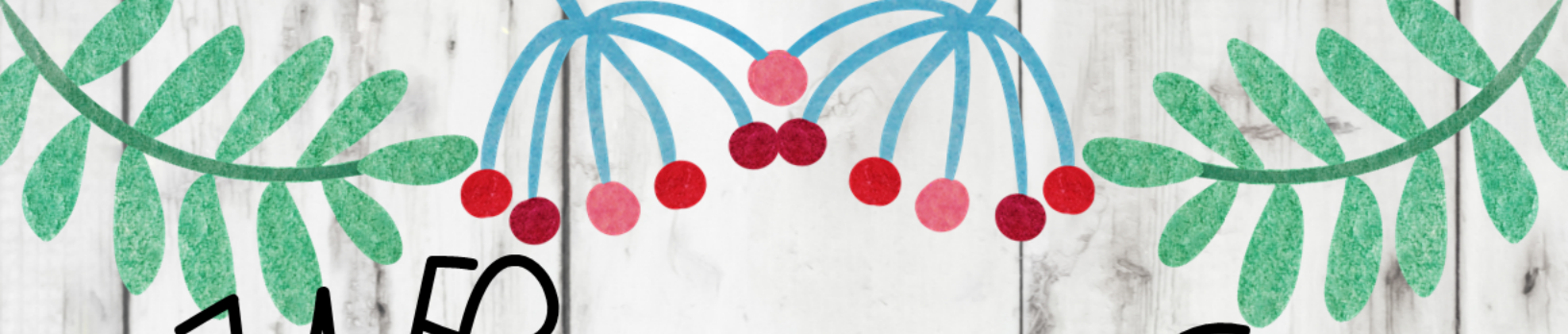




**START**  
where you are

**USE**  
what you have

**DO**  
what you can



Wherever  
you are,

BE ALL



There



IF YOU CHANGE

Nothing,



Nothing

WILL CHANGE.

I'm Not

BEAUTIFUL

Like you



I'm

BEAUTIFUL



Like Me



SEEK *Respect*

NOT *Attention*

IT LASTS LONGER





A Smart person

KNOWS WHAT TO



**SAY**



A Wise person

KNOWS WHETHER OR NOT



**TO SAY IT**



Always  
BELIEVE THAT  
SOMETHING  
Wonderful  
IS ABOUT  
TO HAPPEN





TEACH

Encourage



INSPIRE



Mentor

INFLUENCE



Praise

GUIDE



EDUCATING

THE MIND

without

EDUCATING

THE HEART

is no Education

at all

• -Aristotle



THROW  
Kindness

AROUND LIKE  
Confetti



Without <sup>THE</sup>



**RAIN**

**THERE  
WOULD**

**NEVER BE**

**Rainbows**



Before you  
Speak,

**THINK**



IS IT TRUE?



IS IT HELPFUL?



IS IT INSPIRING?



IS IT NECESSARY?



IS IT KIND?

I can NOT Control  
Other People  
But I can Control

MY WORDS  
MY THOUGHTS  
MY ACTIONS

IN THIS OFFICE

you are...  
AMAZING Smart

Important Loved

Brave Unique

Respected Special

SAFE Understood

Strong Kind



**You are  
SAFE  
In this  
SPACE**

I CAN'T PROMISE TO

Fix ALL YOUR



Problems



BUT I CAN PROMISE

YOU WON'T HAVE TO

FACE THEM



Alone





IT'S NICE TO BE  
Important  
BUT IT'S MORE  
IMPORTANT TO BE  
Nice



YOU DON'T NEED

A CAPE TO BE A

*Hero*

YOU JUST NEED TO

*Care*



WELCOME



YOU BELONG HERE.

I believe in you.

YOU ARE THE  
REASON I AM HERE.

We are in this  
together.



# THINGS TO REMEMBER:



IT'S OKAY TO HAVE A  
BAD DAY.



NOT EVERYONE HAS TO  
LIKE YOU.



MISTAKES DON'T DEFINE YOU.



IT TAKES STRENGTH TO  
ASK FOR HELP.



YOU ARE AMAZING JUST  
THE WAY YOU ARE.



**KEEP  
CALM  
I'M A  
SCHOOL  
COUNSELOR**



**KEEP  
CALM  
I'M A  
COUNSELOR**



WHAT YOU SAY  
in here

STAYS IN HERE

Unless :



SOMEONE IS HURTING YOU.



YOU WANT TO HURT SOMEONE.



YOU WANT TO HURT YOURSELF.

# WHERE IS THE Counselor?



HELPING A STUDENT



IN A CLASSROOM



IN A MEETING



OUT OF THE BUILDING



AVAILABLE - COME IN!

#♡♡  
PASS TO SEE THE  
Counselor



STUDENT NAME: \_\_\_\_\_

TEACHER: \_\_\_\_\_

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

SIGNED: \_\_\_\_\_



#♡♡  
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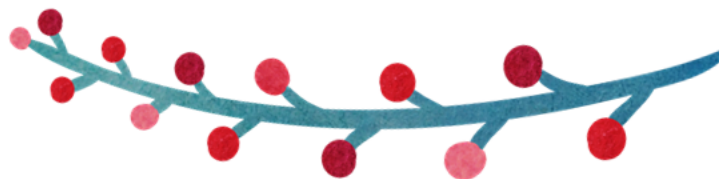
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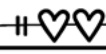
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NOTE FROM THE  
Counselor



NOTE FROM THE  
Counselor



NOTE FROM THE  
Counselor



NOTE FROM THE  
Counselor



THIS CERTIFICATE IS AWARDED TO

---

FOR SHOWING KINDNESS



SIGNATURE

---

DATE

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THIS CERTIFICATE IS AWARDED TO

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FOR  
BEING A LEADER



---

SIGNATURE

---

DATE

THIS CERTIFICATE IS AWARDED TO

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FOR  
BEING A GOOD FRIEND



---

SIGNATURE

---

DATE

THIS CERTIFICATE IS AWARDED TO

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FOR  
NEVER GIVING UP



---

SIGNATURE

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THIS CERTIFICATE IS AWARDED TO

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FOR  
GOOD ATTENDANCE



---

SIGNATURE

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THIS CERTIFICATE IS AWARDED TO \_\_\_\_\_

FOR

BEING ON TIME TO SCHOOL



\_\_\_\_\_  
SIGNATURE

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FOR

AWESOME IMPROVEMENT



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FOR  
MAKING GOOD CHOICES



---

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FOR

RESOLVING CONFLICTS PEACEFULLY



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FOR  
BEING RESPECTFUL

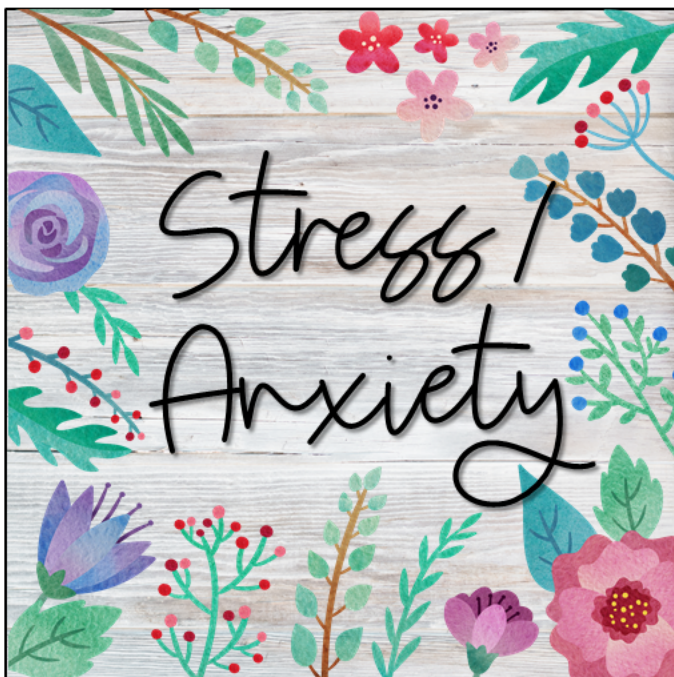
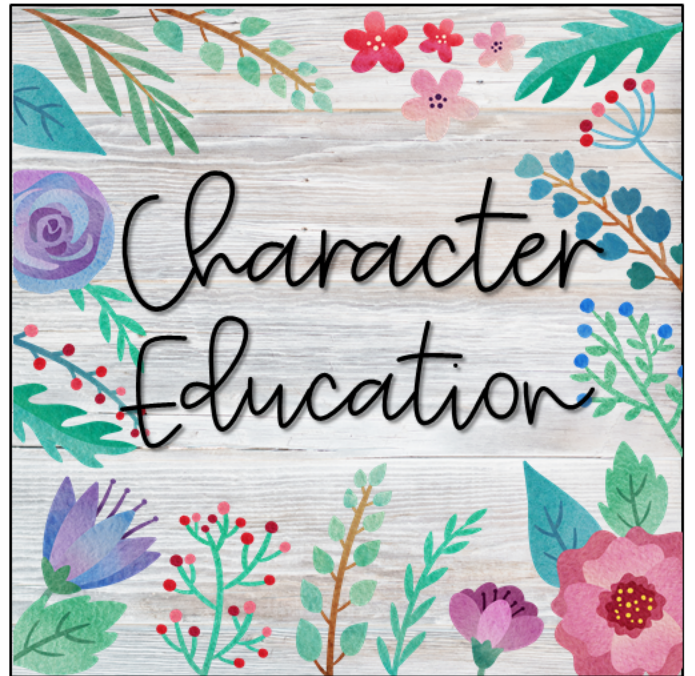


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DATE





Growth  
Mindset



Grief



Behavior



Anger



Mindfulness



Success  
Skills







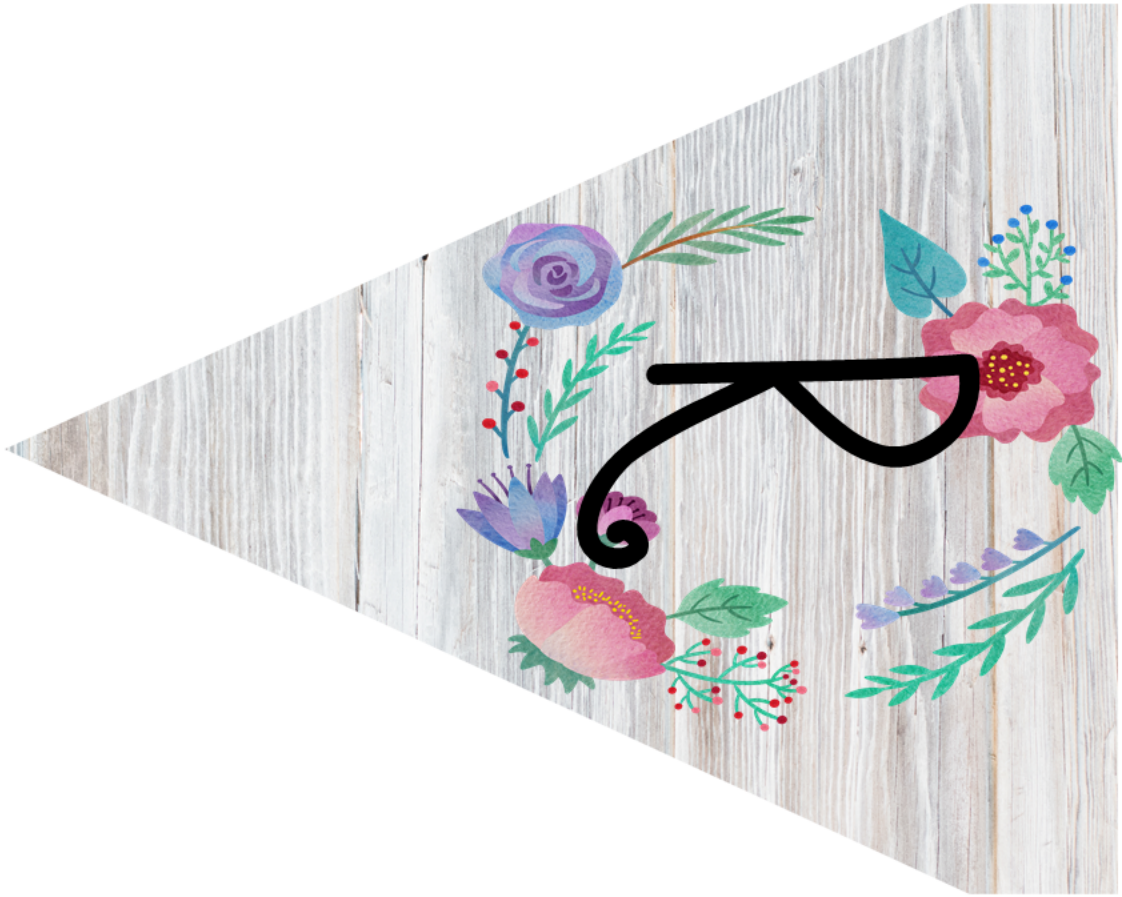




























**STRONG**

People

DON'T PUT OTHERS

down

THEY LIFT

THEM

**UP**

-Michael P. Watson

You're BRAVED  
than you believe  
You're STRONGER  
than you seem  
You're SMARTER  
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-A.A. Milne

It's all in  
HOW YOU  
:) :  
LOOK  
at things

They may forget

WHAT YOU  
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But they will  
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HOW YOU MADE THEM  
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THE GIRL IN THE

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-Kid President

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Learn  
FROM YESTERDAY

Live  
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Hope  
FOR TOMORROW

**UNLESS**  
Someone like you  
**CARES** A WHOLE AWFUL LOT  
**NOTHING**  
is going to get better  
**IT'S NOT.**

-Dr. Seuss

START

where you are

USE

what you have

DO

what you can

-Arthur Ashe

Wherever  
you are,  
I **BE** **ALL**  
There

IF YOU CHANGE  
Nothing,  
Nothing  
WILL CHANGE.

I'm Not

BEAUTIFUL

Like you

I'm

BEAUTIFUL

Like Me

SEEK Respect

NOT Attention

IT LASTS LONGER

A Smart person  
KNOWS WHAT TO  
**SAY**

A Wise person  
KNOWS WHETHER OR NOT  
**TO SAY IT**

Always  
BELIEVE THAT  
SOMETHING  
Wonderful  
IS ABOUT  
TO HAPPEN

TEACH  
Encourage  
INSPIRE  
Mentor  
INFLUENCE  
praise  
GUIDE

EDUCATING

THE MIND

without

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THE HEART

Is no Education  
at all.

-Aristotle

THROW  
Kindness  
AROUND LIKE  
Confetti

Without <sup>THE</sup>  
RAIN

THERE WOULD

NEVER BE

Rainbows

# Before you Speak, **THINK**

**T**

IS IT TRUE?

**H**

IS IT HELPFUL?

**I**

IS IT INSPIRING?

**N**

IS IT NECESSARY?

**K**

IS IT KIND?

I can NOT Control  
Other People  
But I can Control

MY WORDS  
MY THOUGHTS  
MY ACTIONS

IN THIS OFFICE

*you are...*

AMAZING Smart

Important Loved

Brave Unique

Respected Special

SAFE Understood

Strong Kind

**You are**

**SAFE**

**in this**

**SPACE**

I CAN'T PROMISE TO  
*Fix* ALL YOUR  
*Problems*  
BUT I CAN PROMISE  
YOU WON'T HAVE TO  
FACE THEM *Alone.*

IT'S NICE TO BE  
Important  
BUT IT'S MORE  
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Nice

YOU DON'T NEED

A CAPE TO BE A

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YOU JUST NEED TO

*Care*

WELCOME

YOU BELONG HERE.

I believe in you.

YOU ARE THE  
REASON I AM HERE.

We are in this  
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# THINGS TO REMEMBER:

IT'S OKAY TO HAVE A  
BAD DAY.

NOT EVERYONE HAS TO  
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MISTAKES DON'T DEFINE YOU.

IT TAKES STRENGTH TO  
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**KEEP  
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**KEEP  
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WHAT YOU SAY  
in here  
STAYS IN HERE

Unless:

SOMEONE IS HURTING YOU.

YOU WANT TO HURT SOMEONE.

YOU WANT TO HURT YOURSELF.

# WHERE IS THE Counselor?

HELPING A STUDENT

IN A CLASSROOM

IN A MEETING

OUT OF THE BUILDING

AVAILABLE - COME IN!



PASS TO SEE THE  
Counselor

STUDENT NAME: \_\_\_\_\_

TEACHER: \_\_\_\_\_

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

SIGNED: \_\_\_\_\_



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SIGNED: \_\_\_\_\_



NOTE FROM THE  
Counselor

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Counselor

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Counselor

THIS CERTIFICATE IS AWARDED TO

---

FOR SHOWING KINDNESS



\_\_\_\_\_  
SIGNATURE

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FOR  
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FOR  
NEVER GIVING UP



\_\_\_\_\_  
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FOR  
GOOD ATTENDANCE



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BEING ON TIME TO SCHOOL



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HELPING OTHERS



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\_\_\_\_\_

FOR  
GOOD CHARACTER



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FOR  
MAKING GOOD CHOICES



\_\_\_\_\_  
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FOR

RESOLVING CONFLICTS PEACEFULLY



\_\_\_\_\_  
SIGNATURE

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FOR  
BEING RESPECTFUL



\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

Social  
Skills

Family  
Dynamics

Self  
Esteem

Character  
Education

Stress /  
Anxiety

Bullying

Growth  
Mindset

Grief

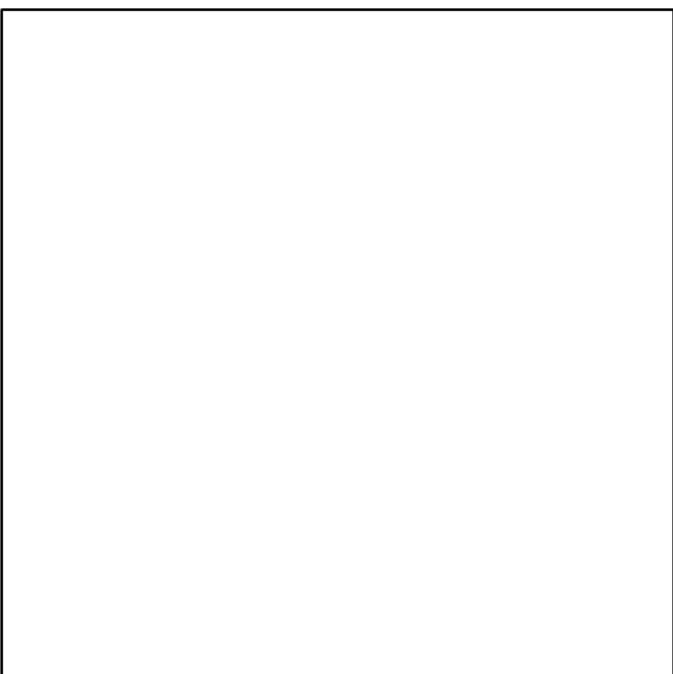
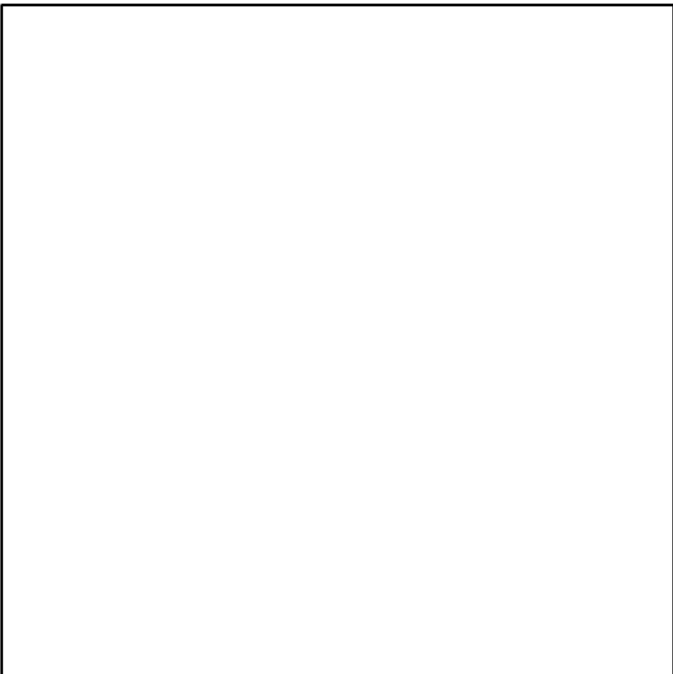
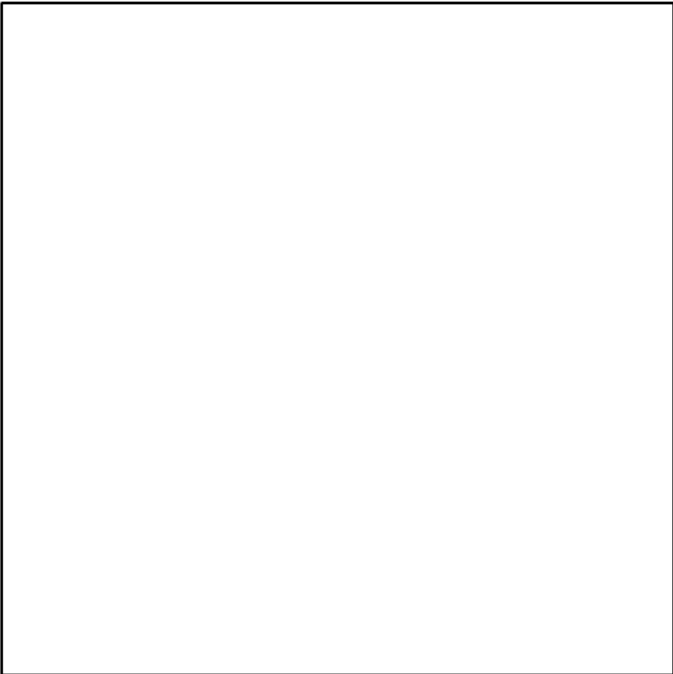
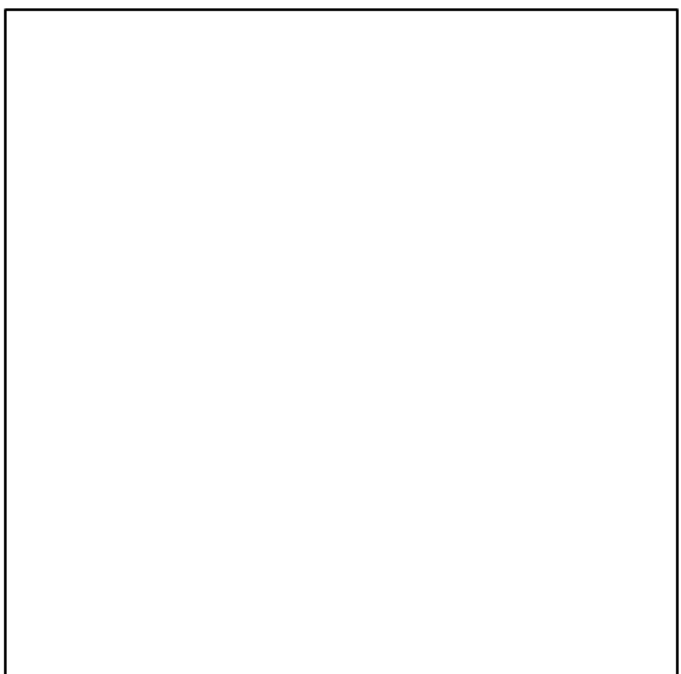
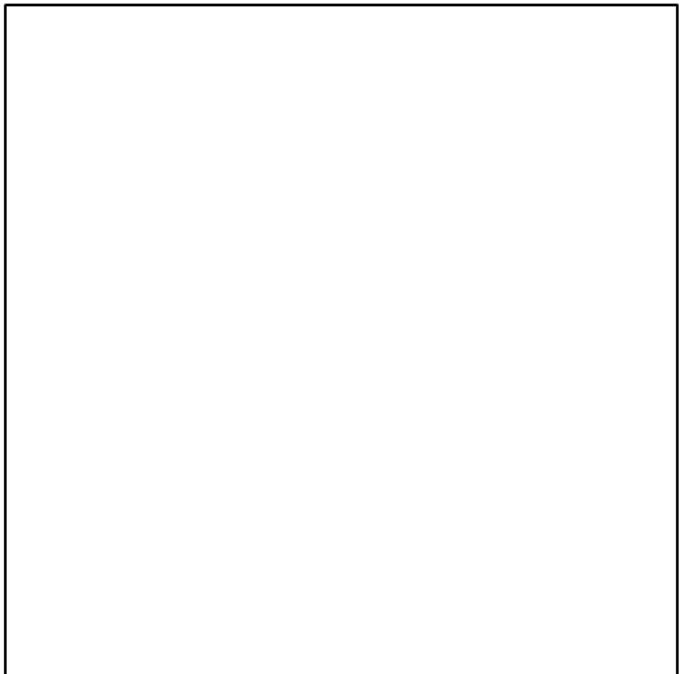
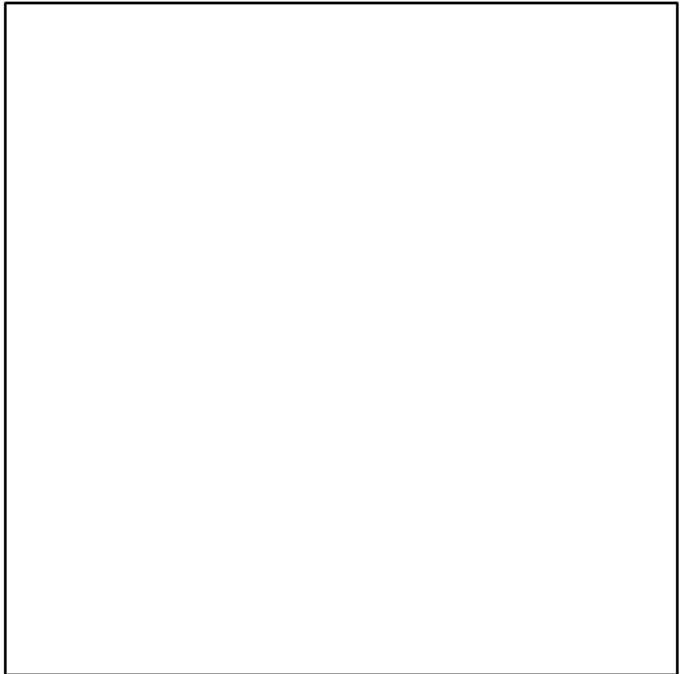
Behavior

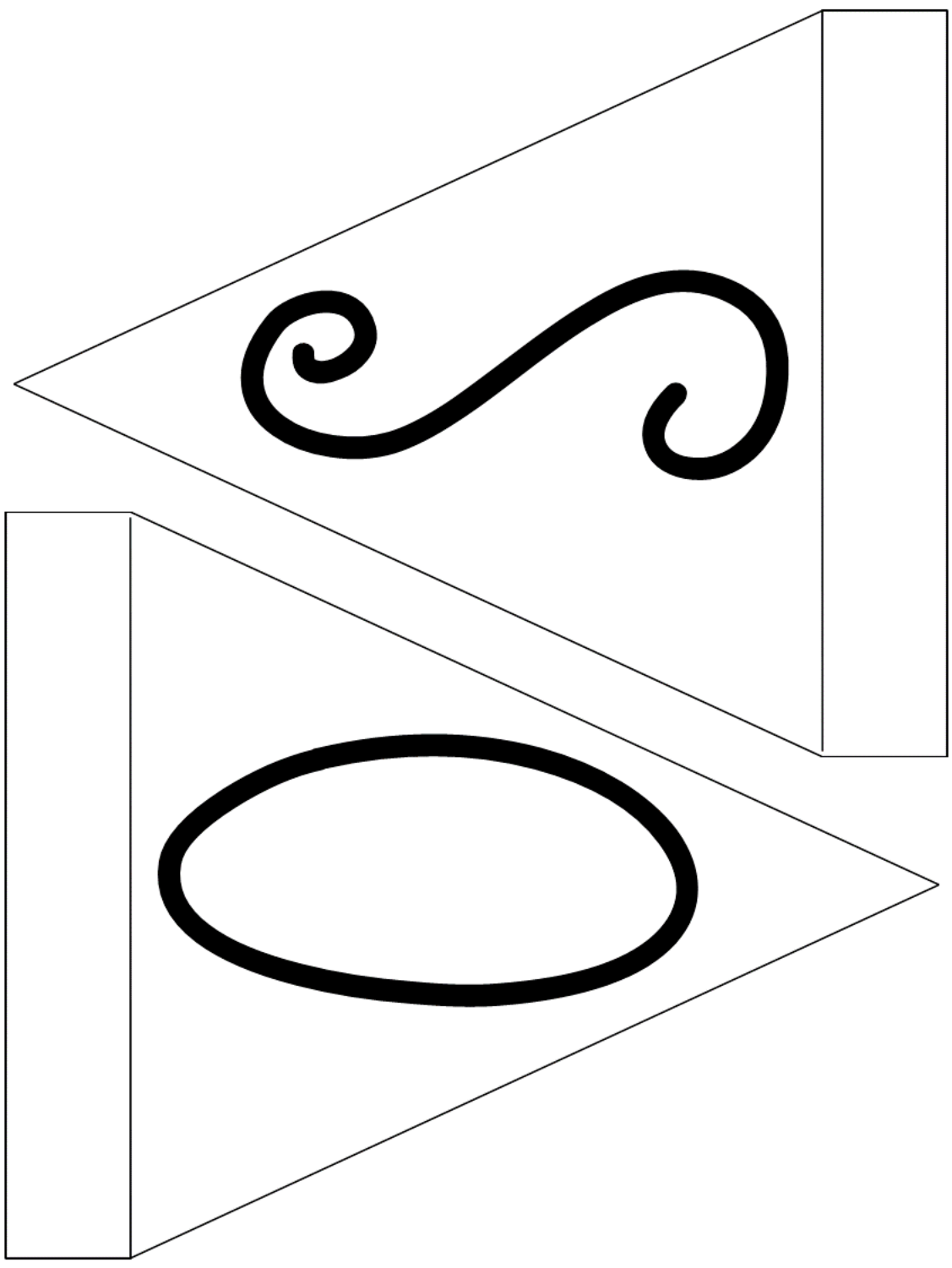
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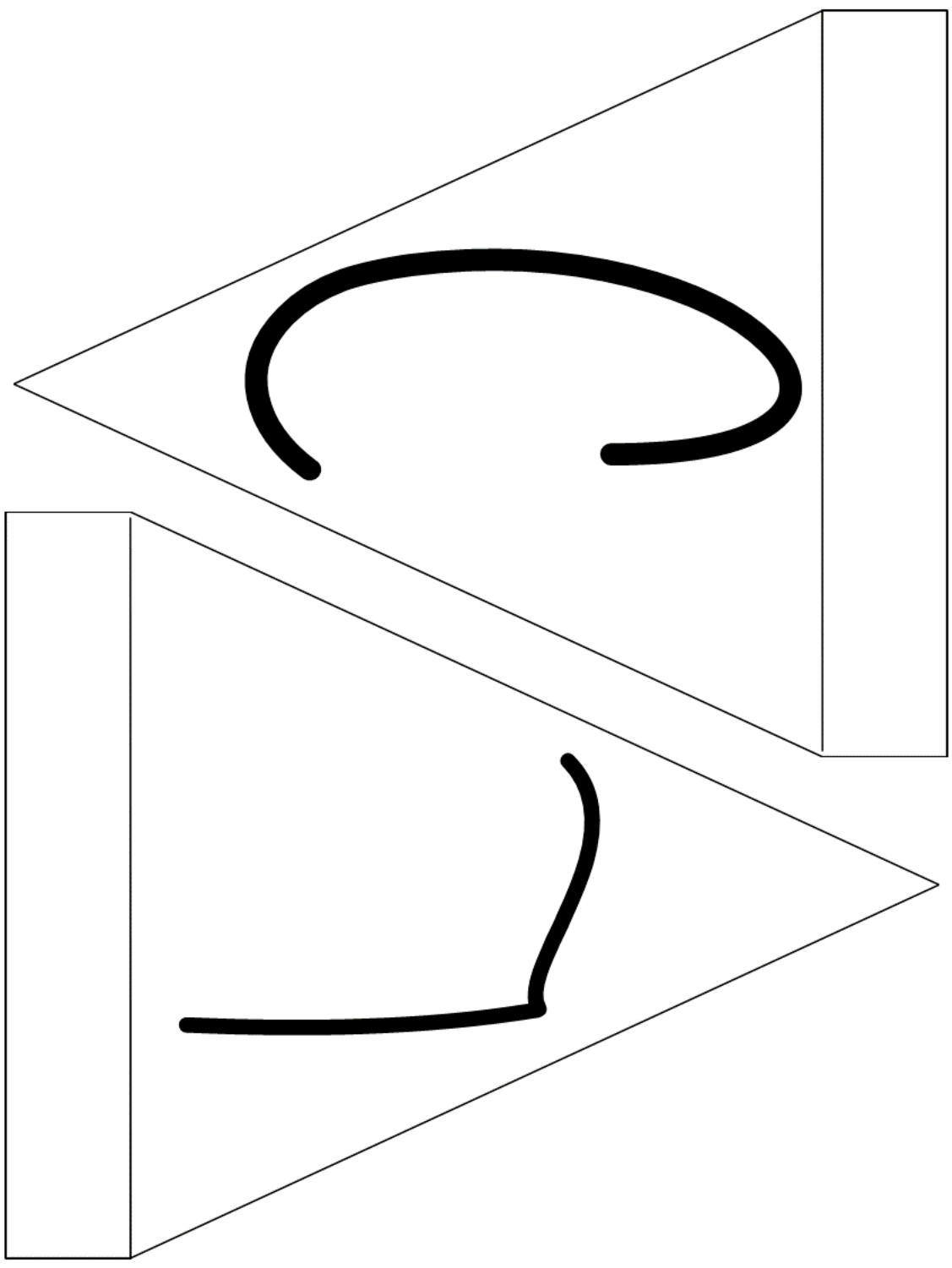
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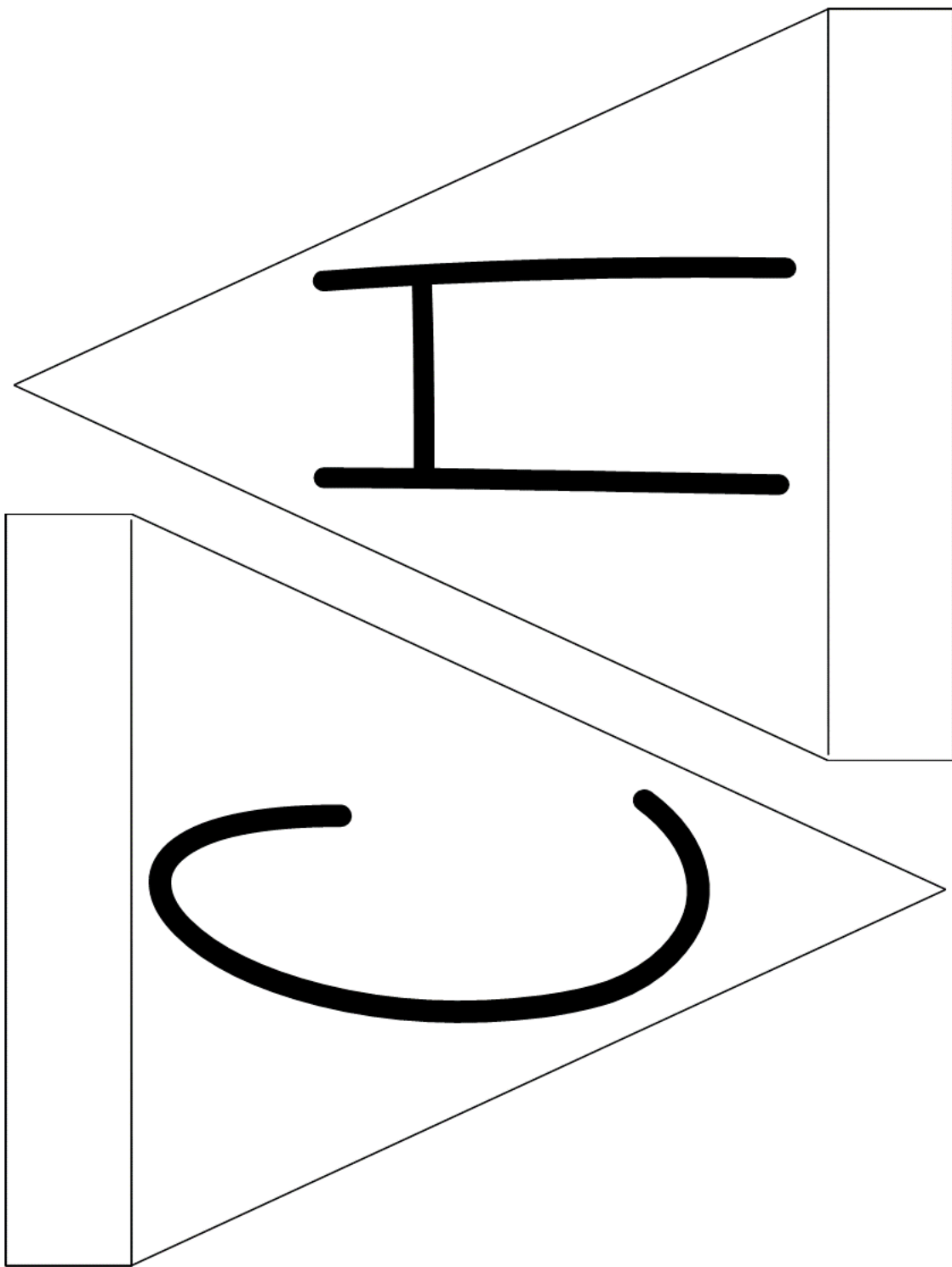
Success  
Skills

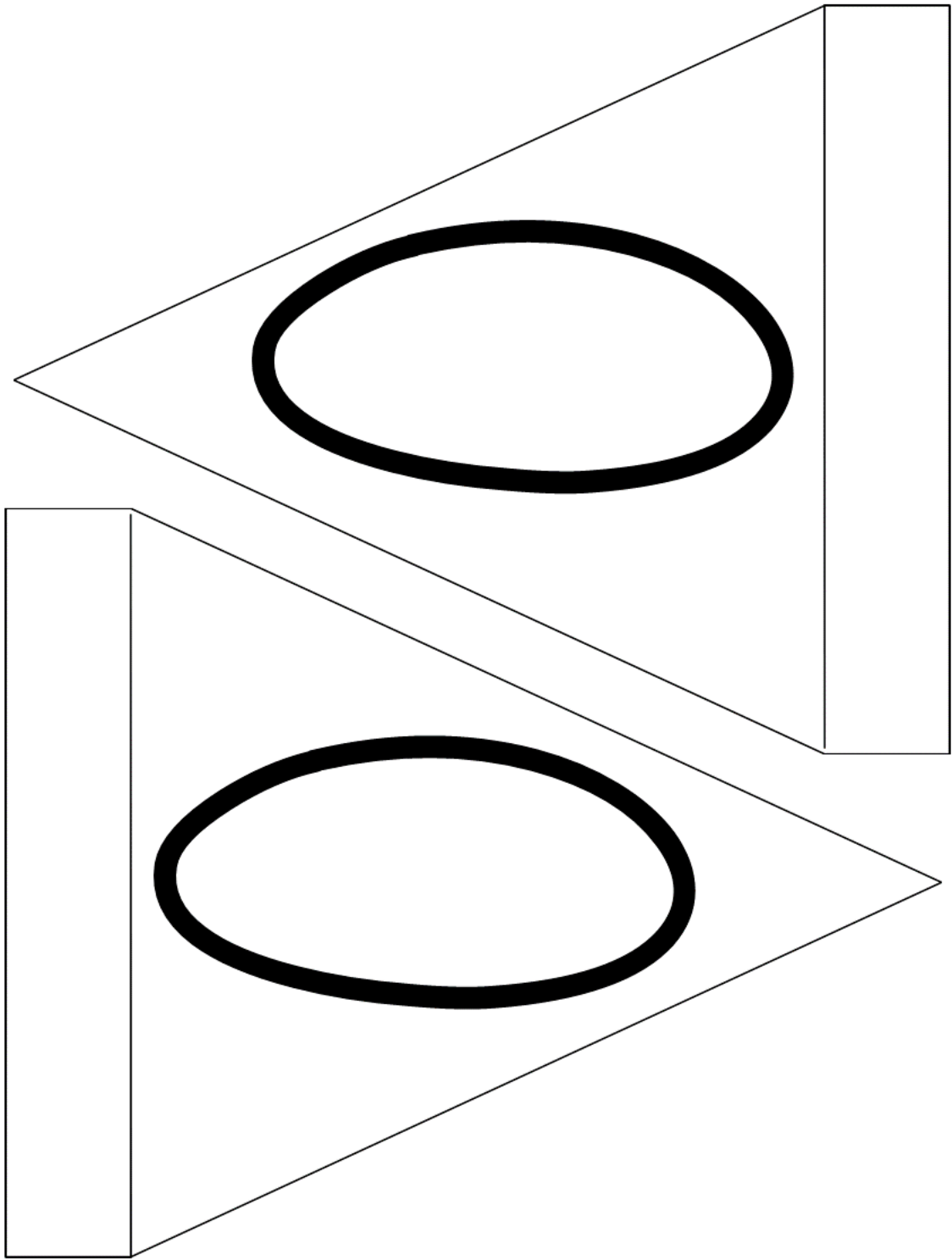
# Make your own



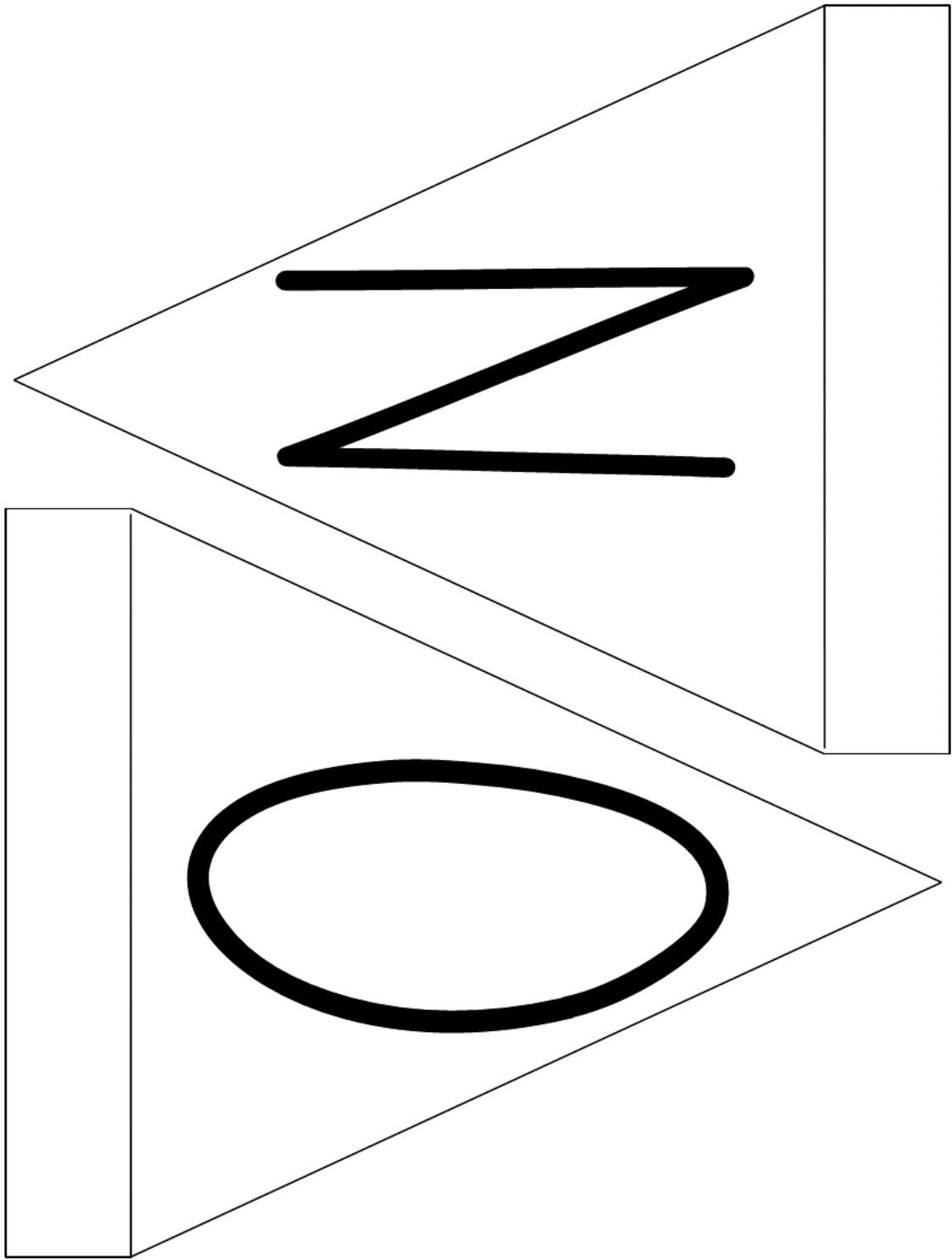


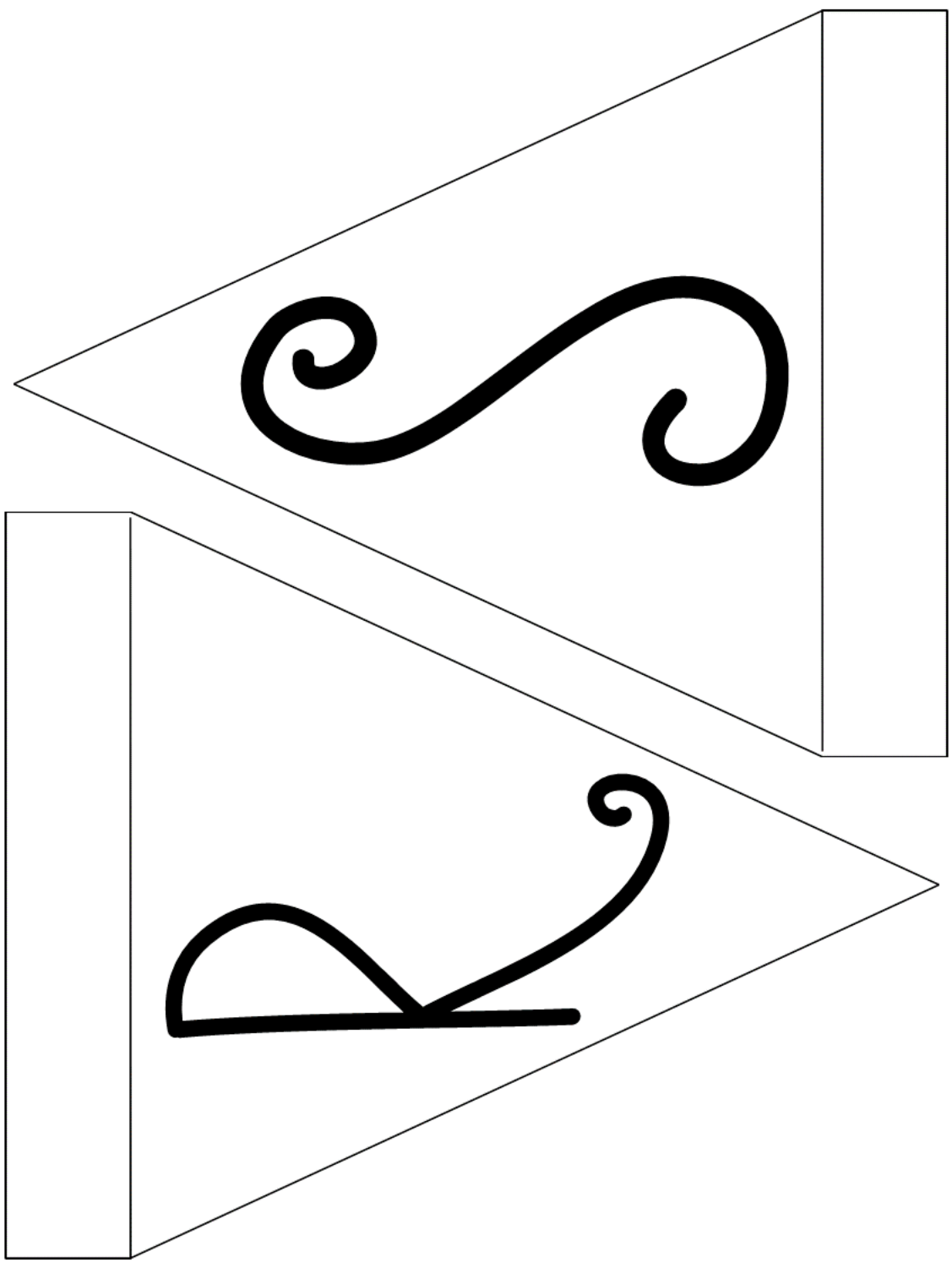


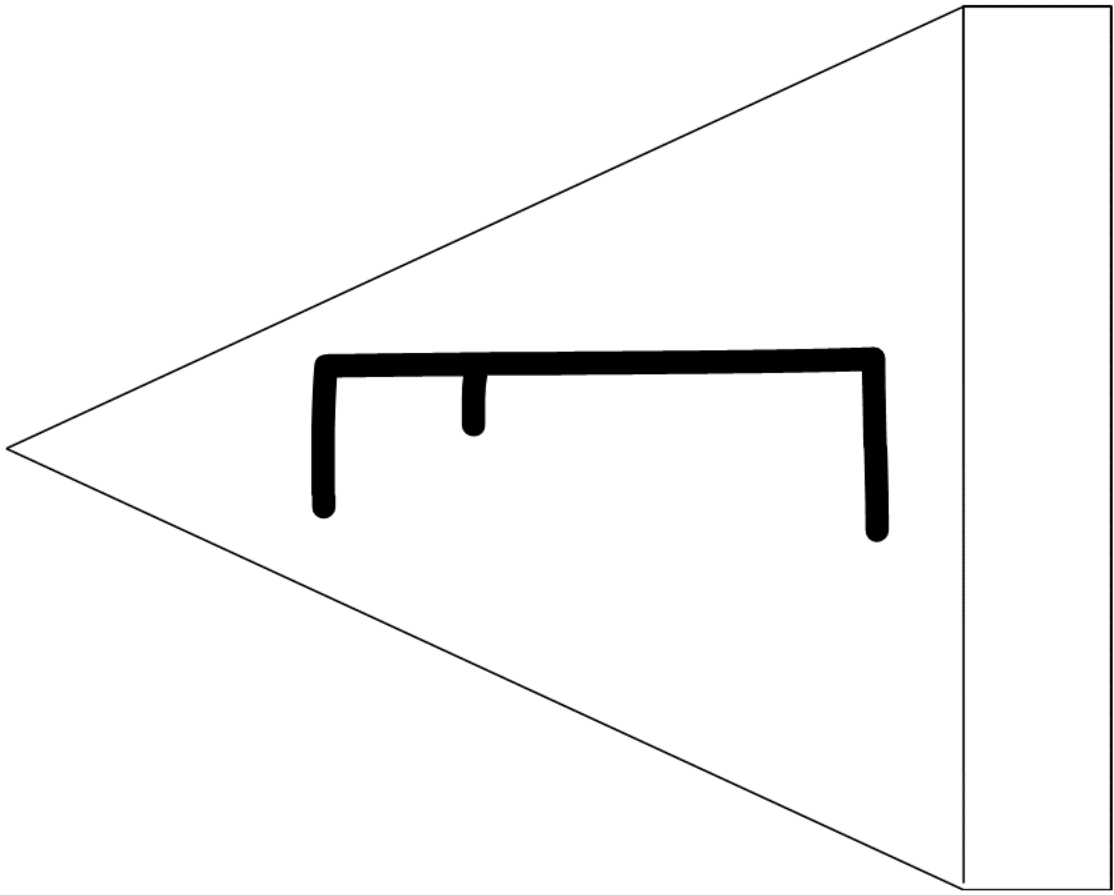


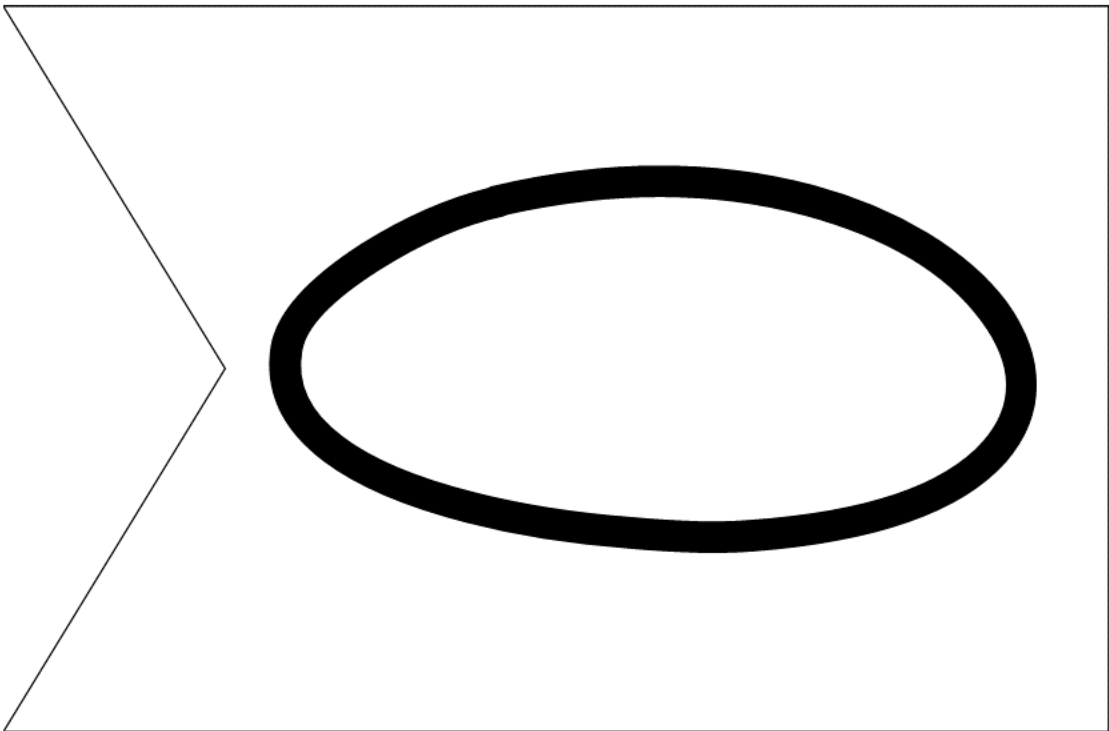
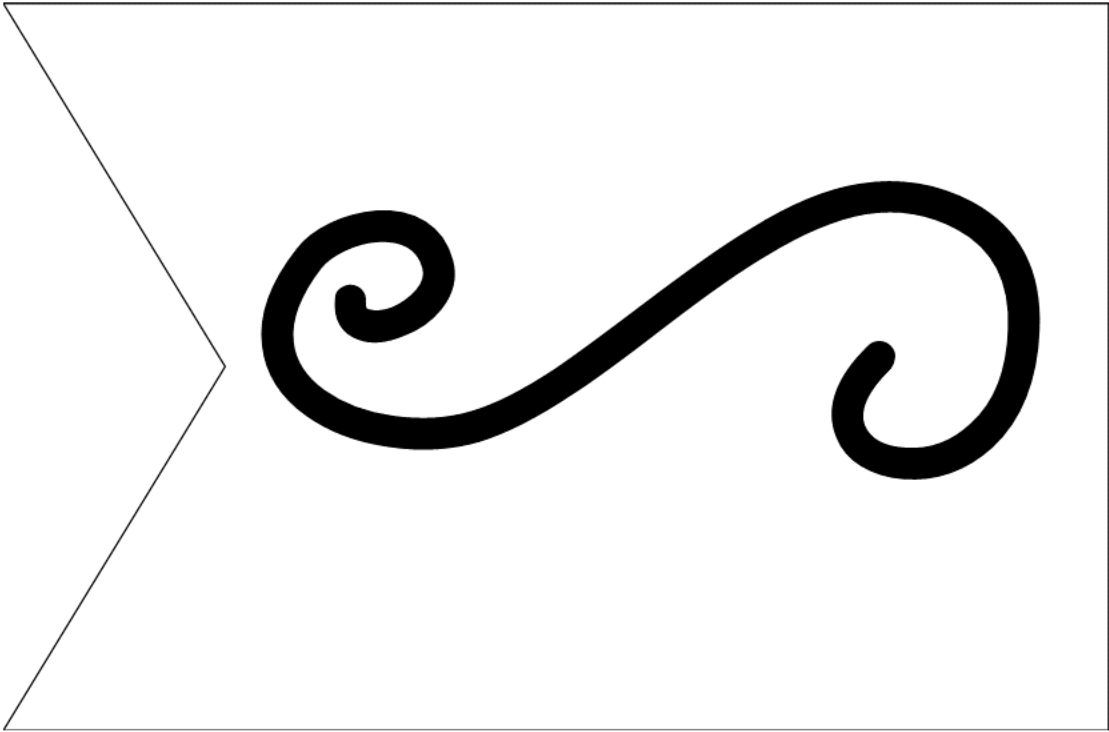


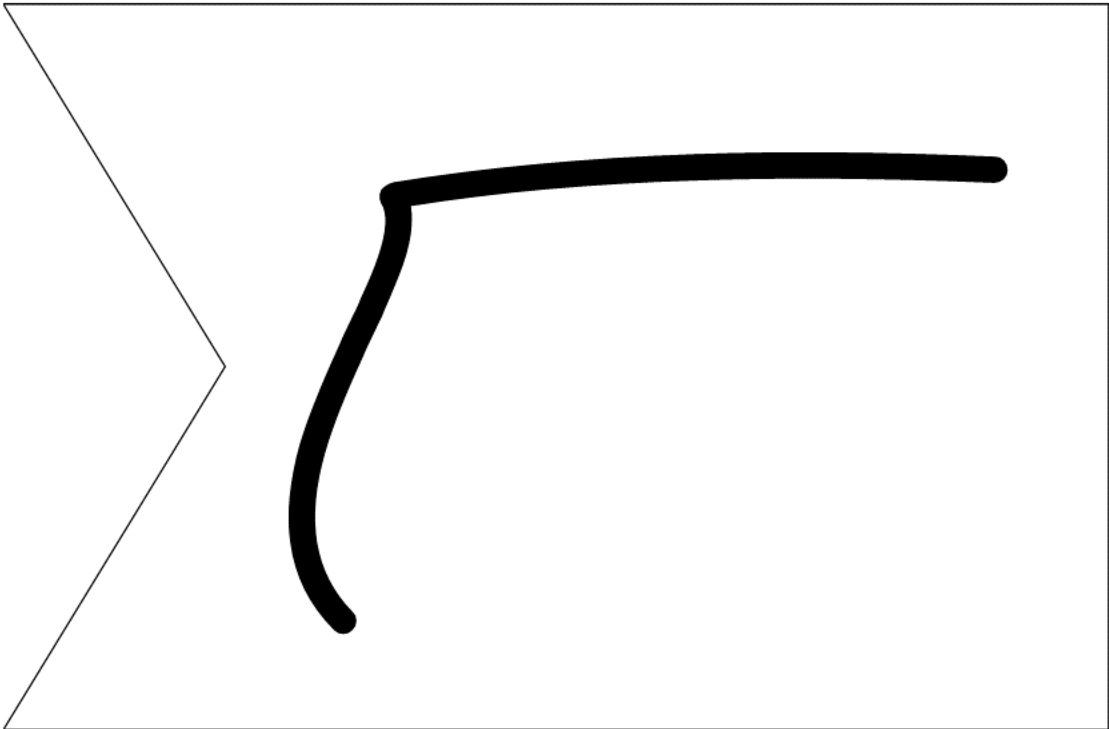
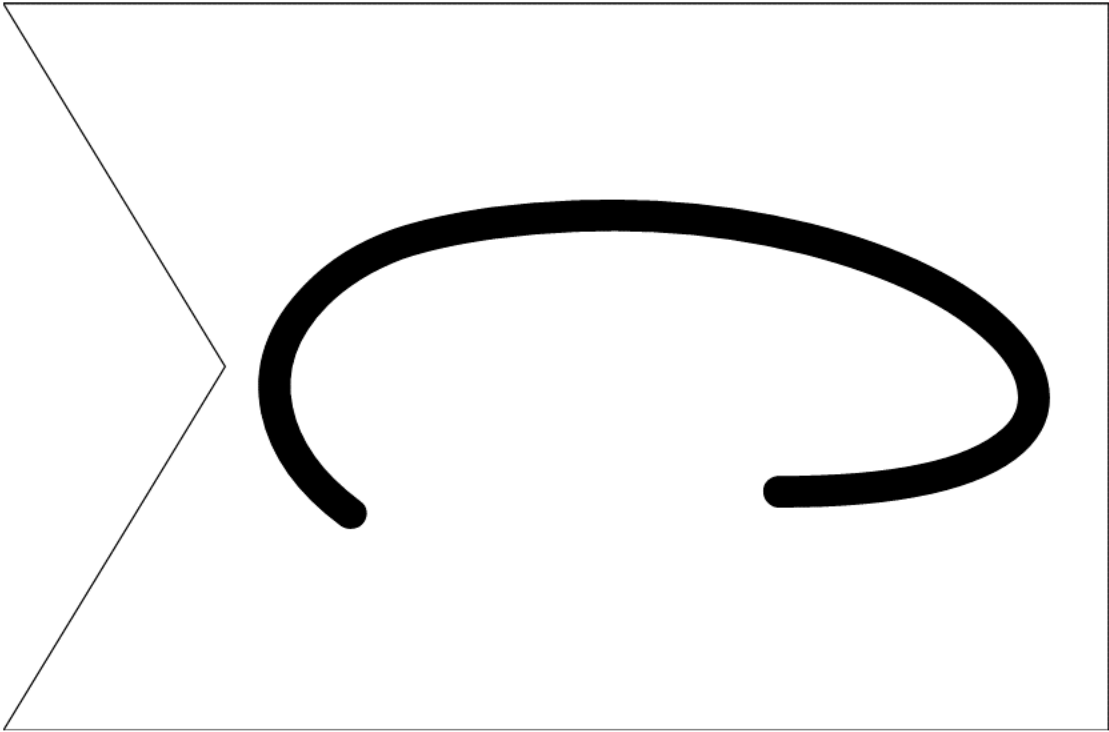


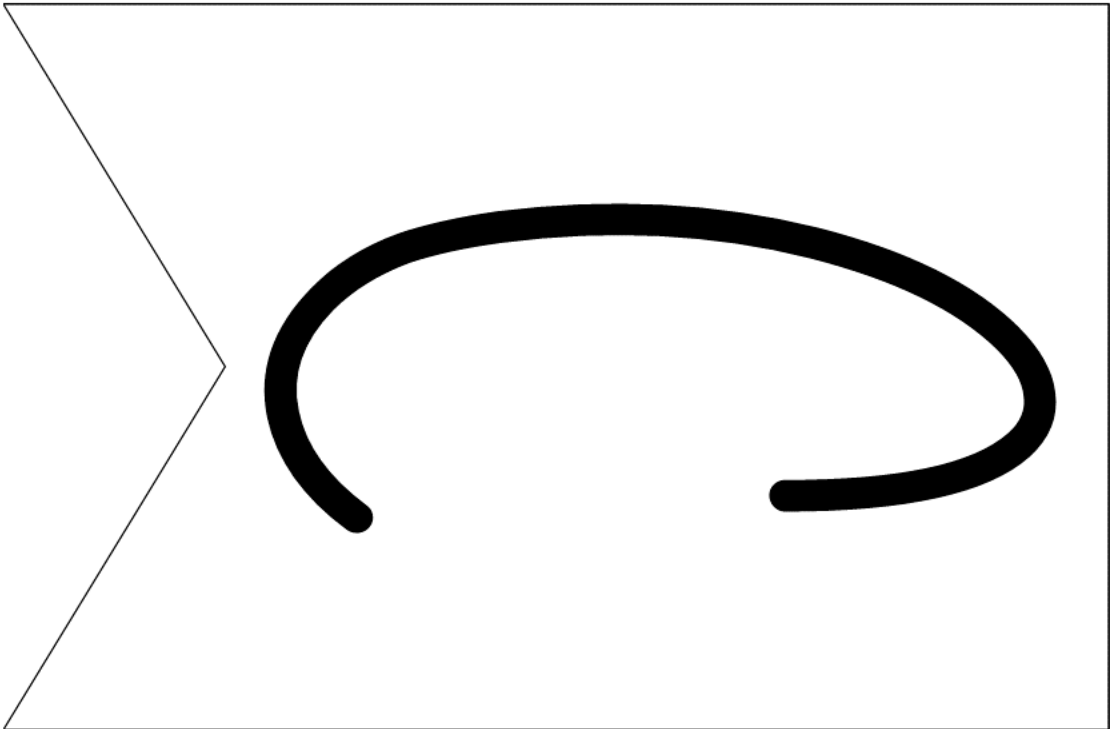
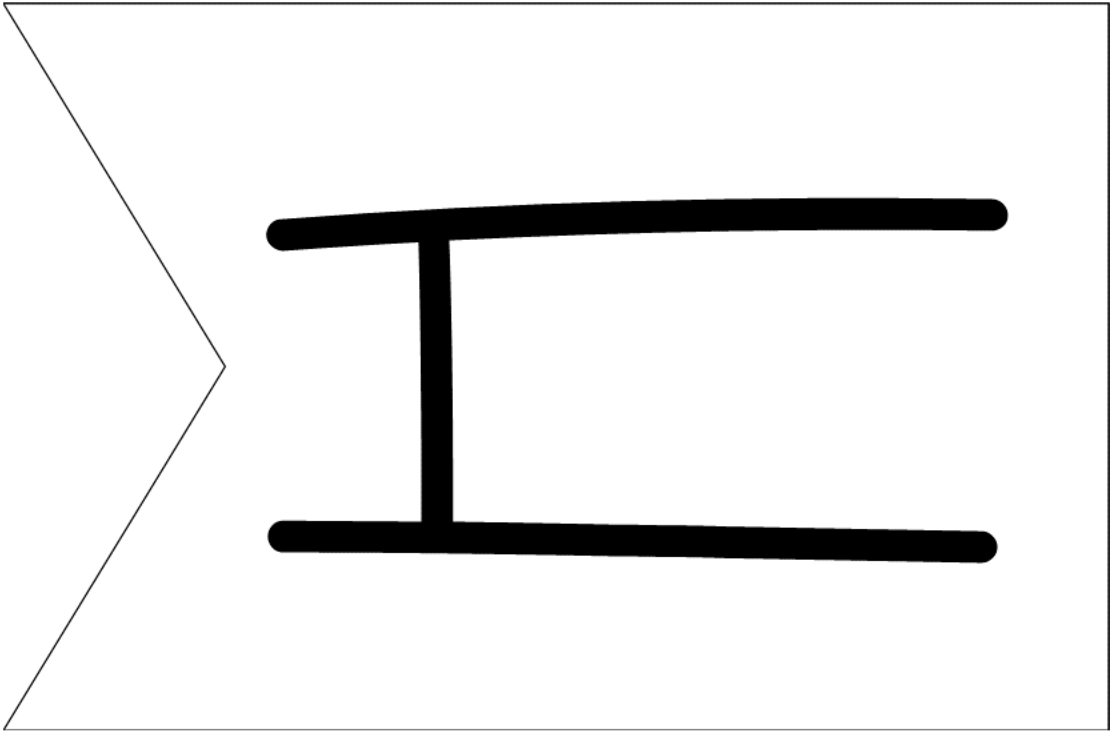


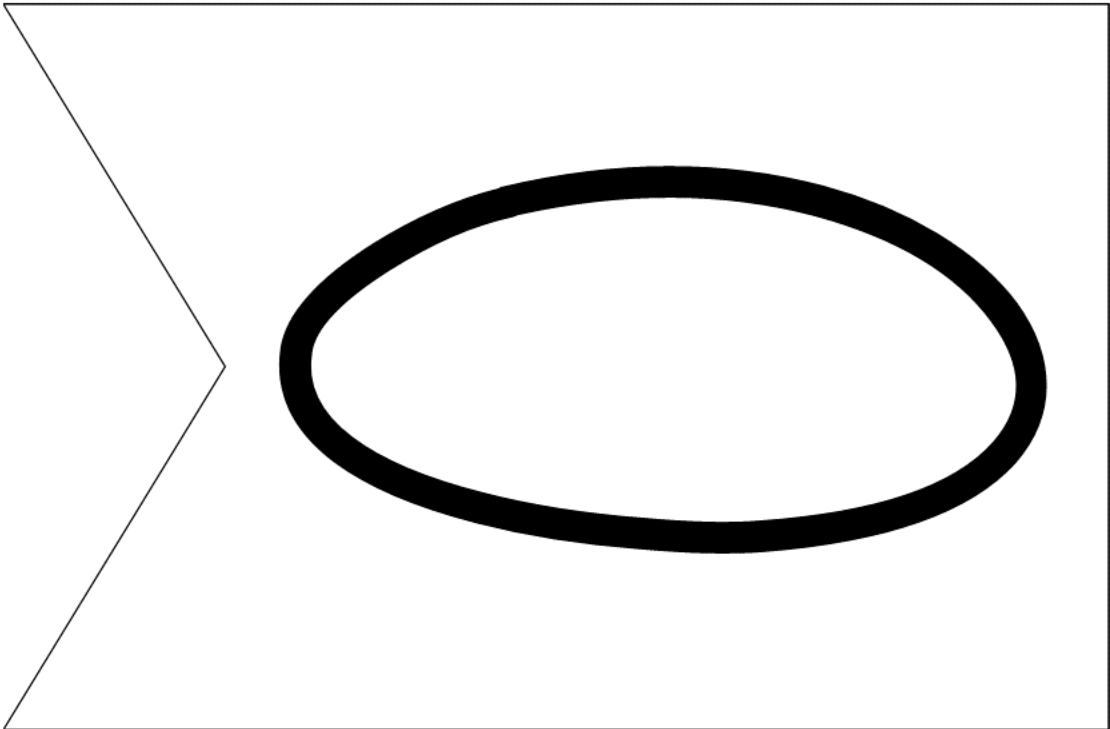
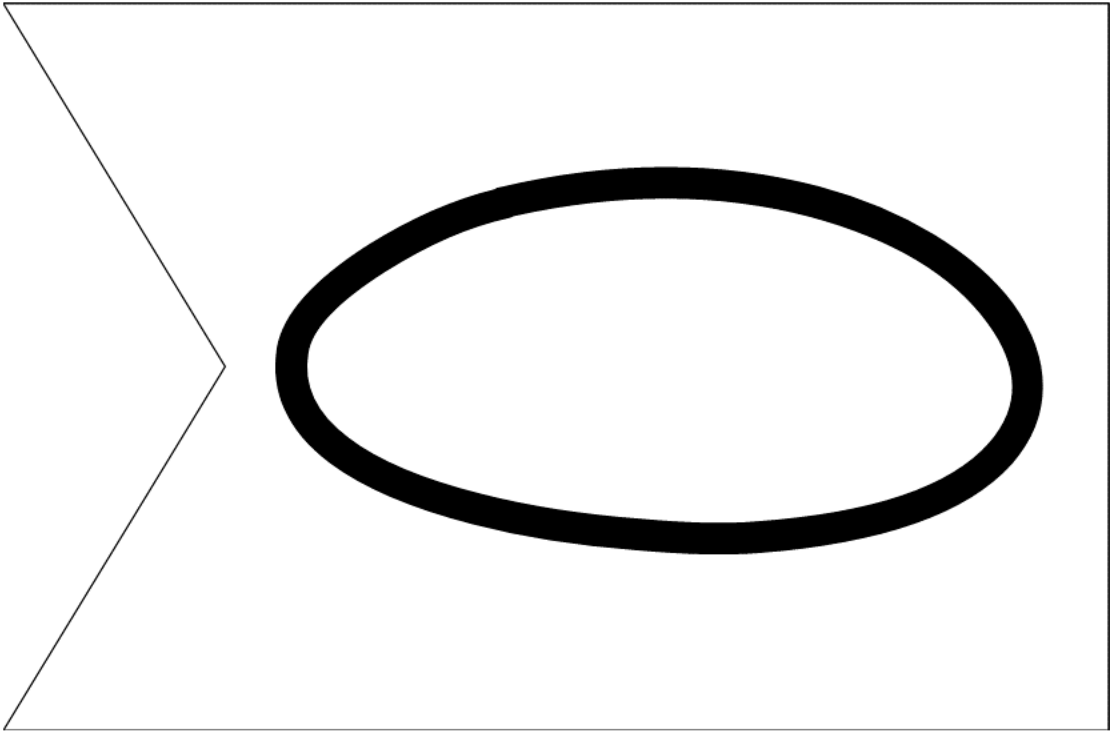


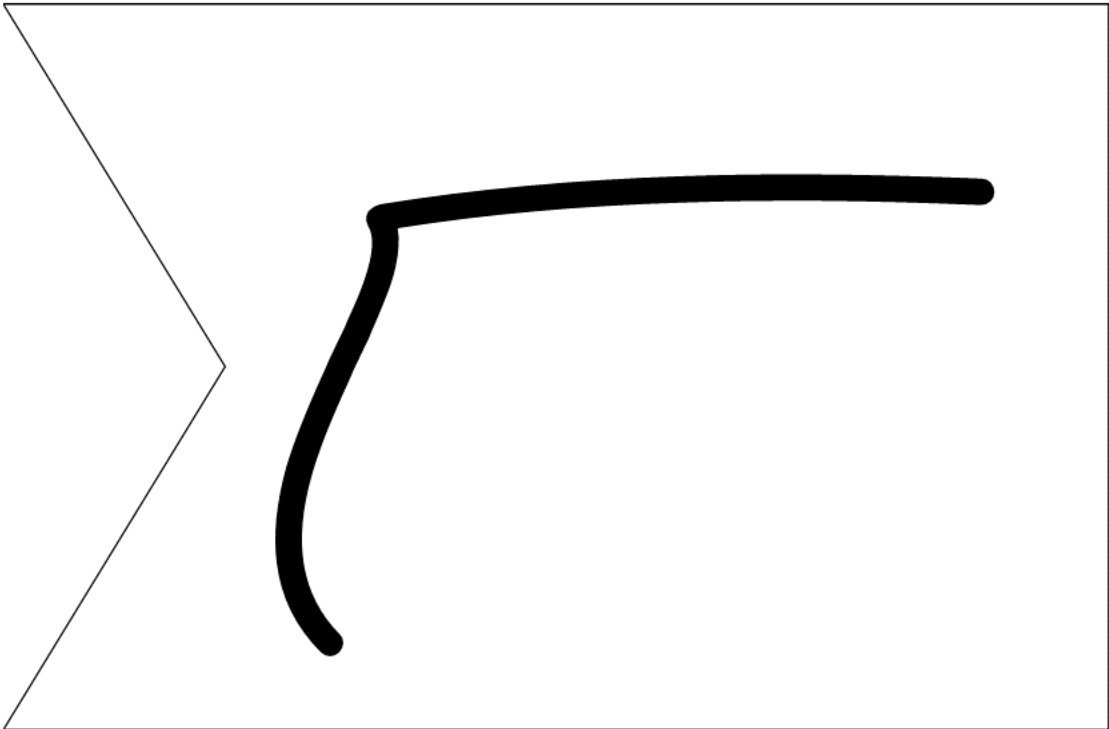
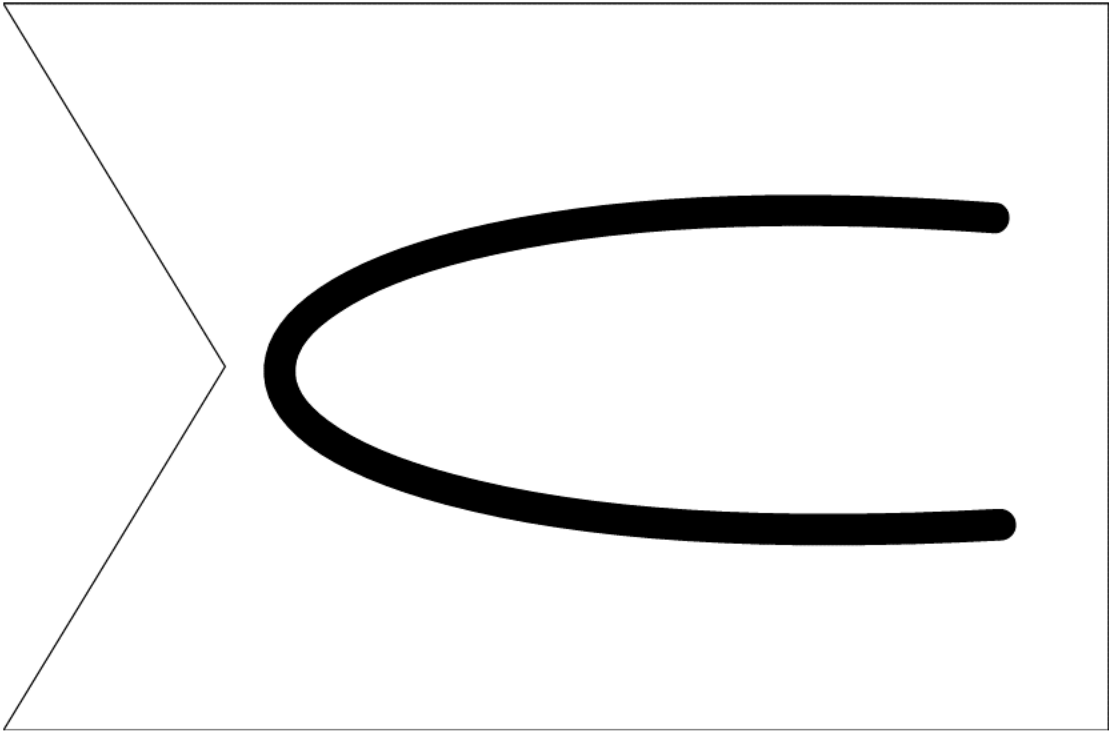


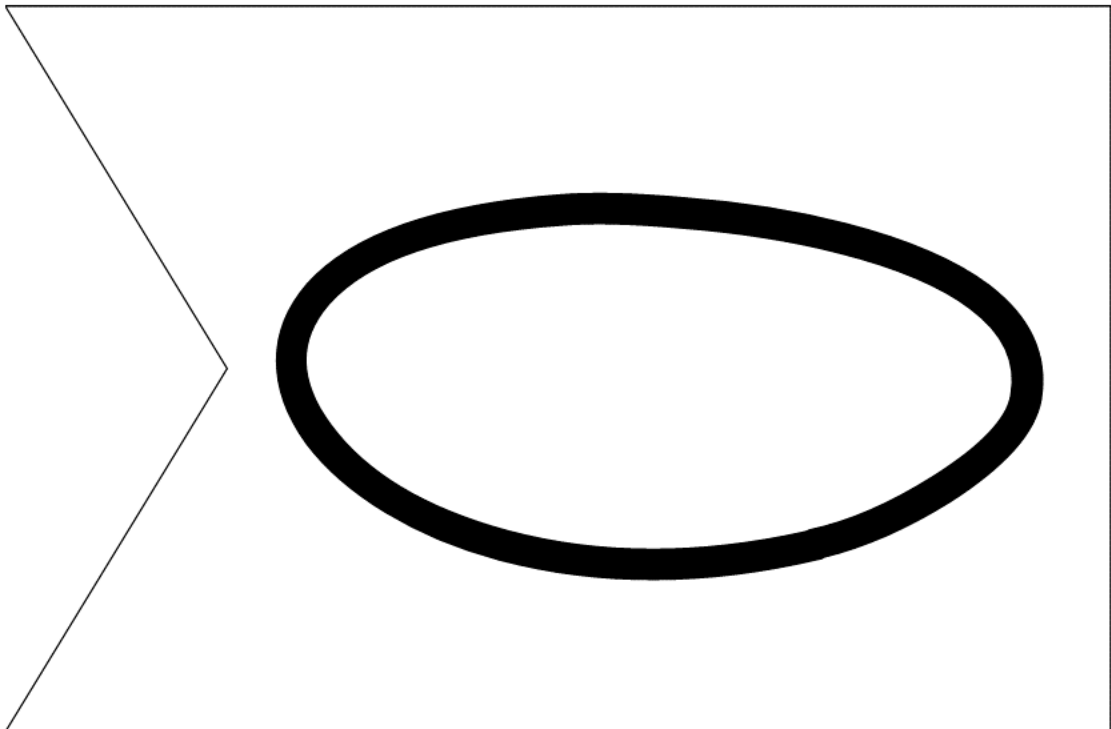
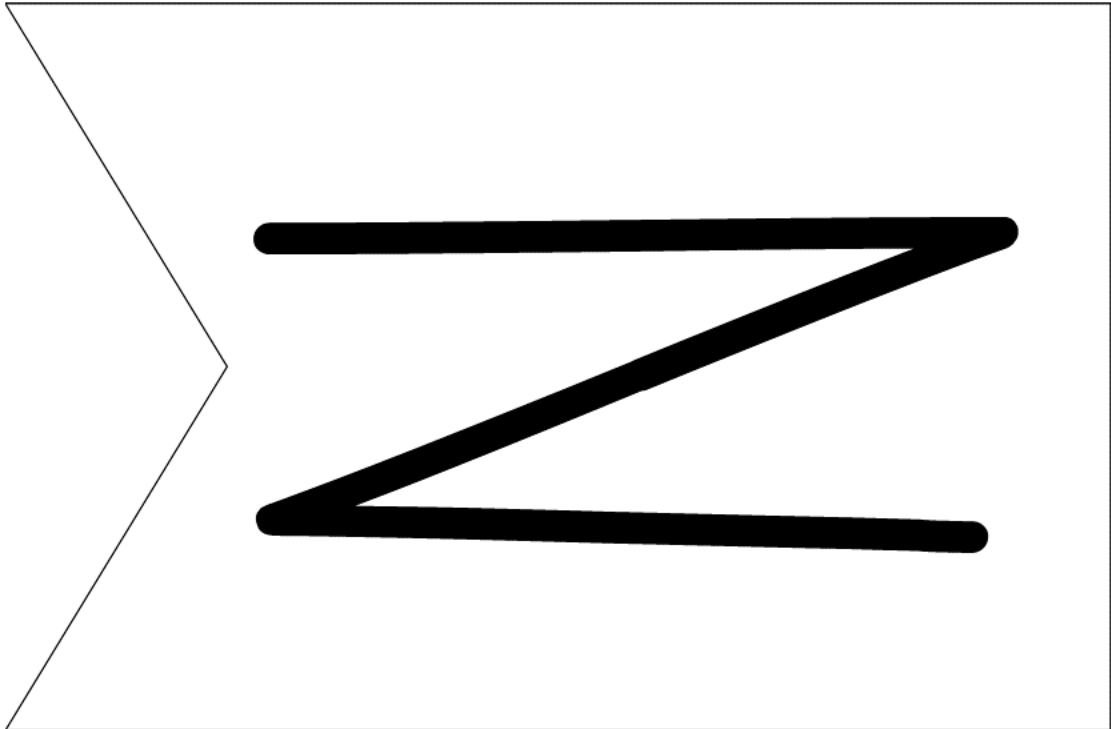


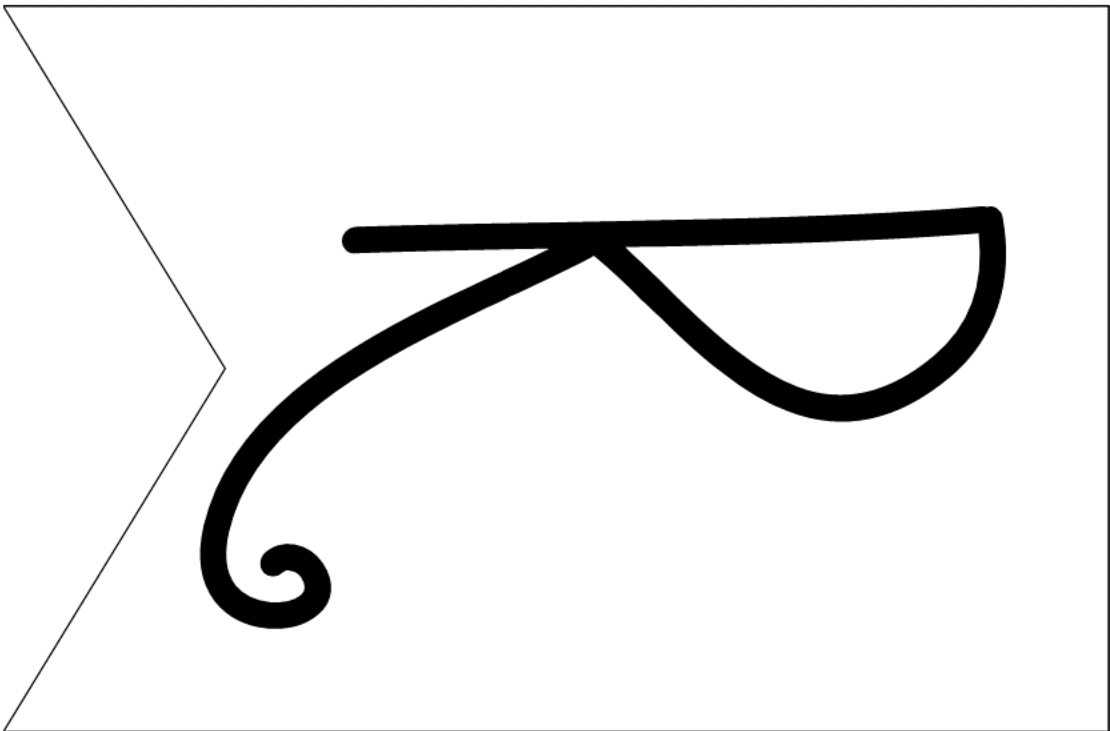
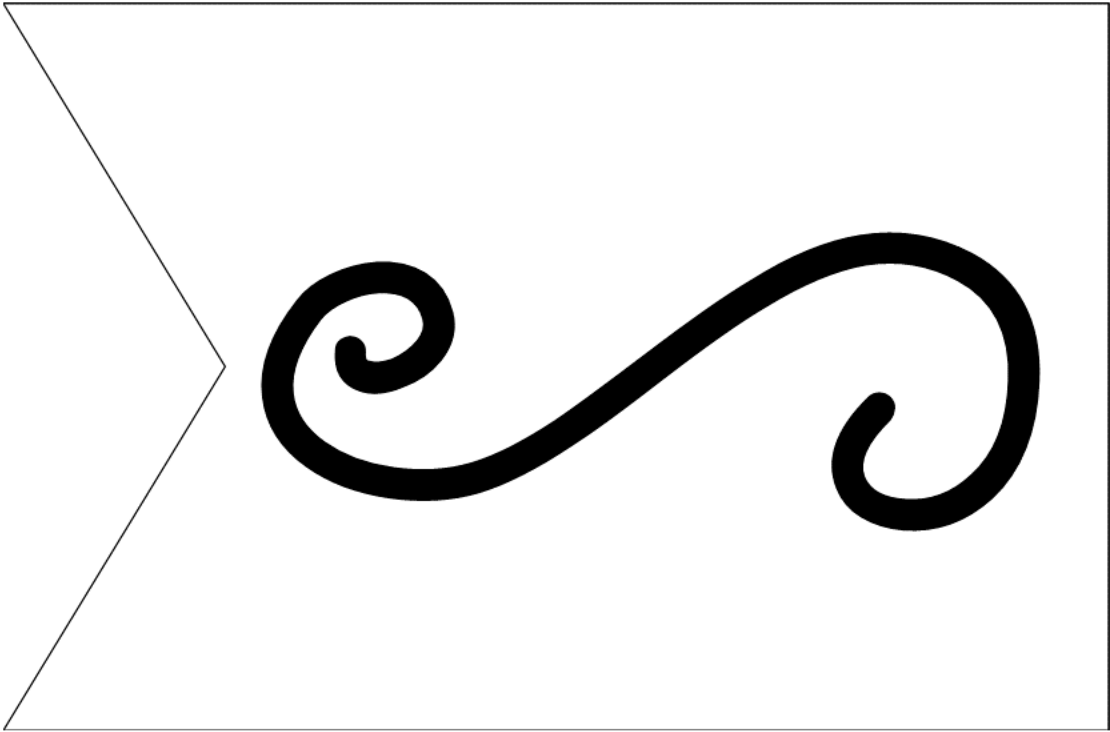


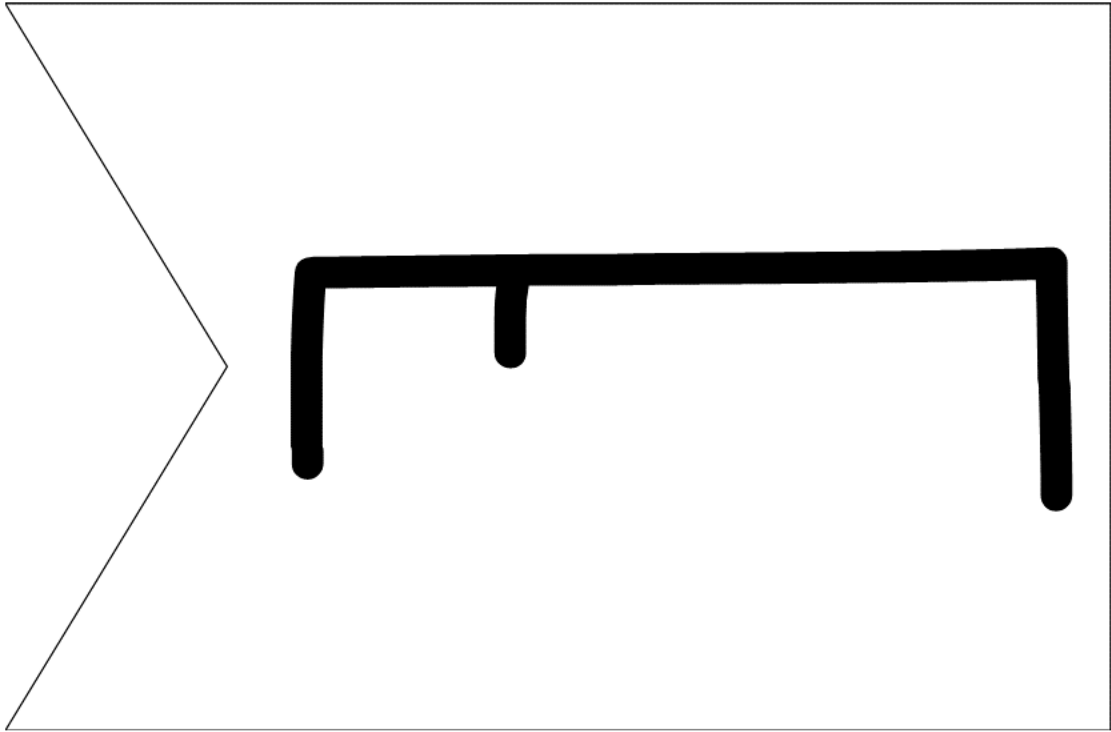


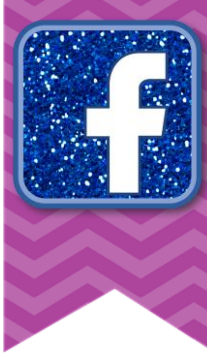












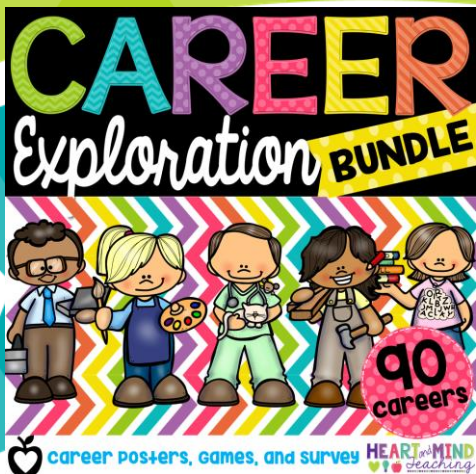
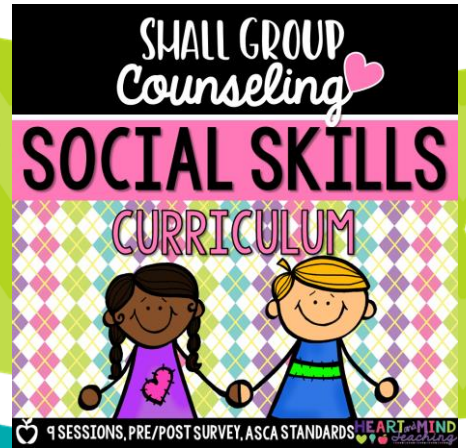
# HEART and MIND Teaching

Hi there, my name is Ashley, I'm an Elementary School Counselor. I strive to create fun and engaging resources for Counseling and Social Emotional Learning. Check out my website: <https://heartandmindteaching.com/>

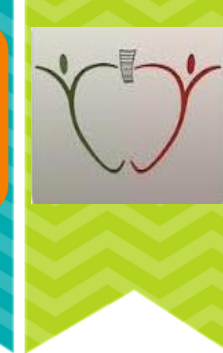
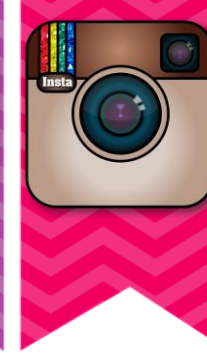
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## RECOMMENDED RESOURCES

9 LESSONS, PRE/POST SURVEY, ASCA STANDARDS, PLUS ALL THE FORMS YOU NEED FOR SMALL GROUP



EXPLORE 90 DIFFERENT CAREERS WITH CAREER POSTERS, GAMES, & A SURVEY



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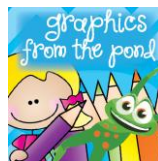
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