

DECOR

PSYCHOLOGIST

Watercolor



STRONG

People

DON'T put others

down 

they lift them


UP 

-Michael P. Watson

You're **Braver**
than you believe
You're **Stronger**
than you seem
You're **Smarter**
than you think

-A.A. Milne





It's all in
how you

:):

look
at things



They may forget

what you
said



But they will never forget
how you made them

feel



-Maya Angelou

You will never look
like the girl

In the
MAGAZINE

The girl in the

~~in the~~ In the ~~in the~~

MAGAZINE

Does not even

look like the girl

In the **MAGAZINE**

Be
Somebody
who makes
EVERYBODY
feel like a

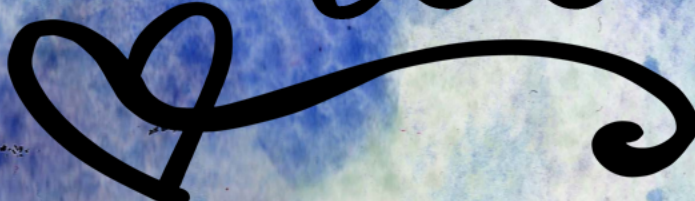
Somebody



-Kid President



It's never
too late
to be
whoever
you want to be



-Benjamin Button



Learn

From Yesterday

Live

For Today

HOPE

For Tomorrow

UNLESS ← 

Someone like you

CARES 

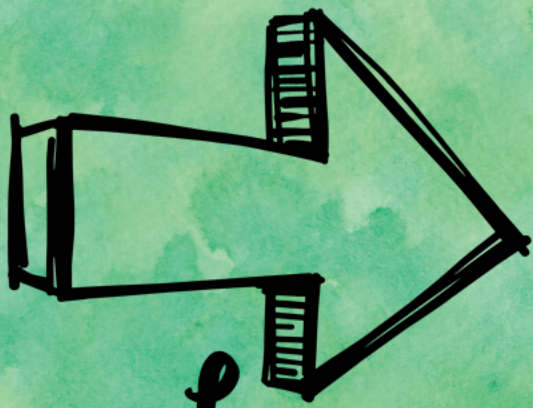
a whole awful lot

n o t h i n g

is going to get better

 It's not. 


-Dr. Seuss



START

where you are

USE

what you have

DO

what you can

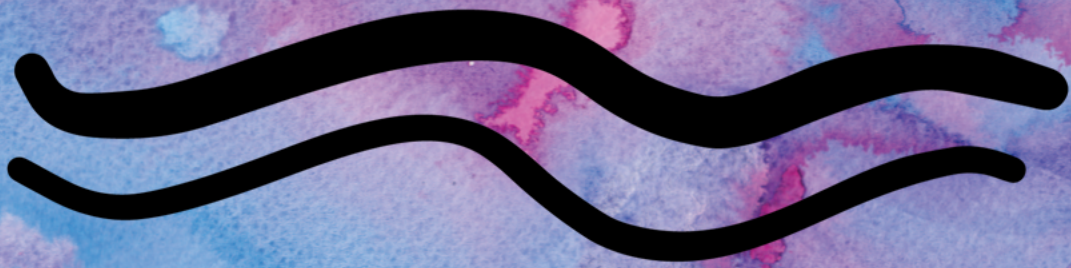
Wherever
you are,

BE ALL
AT There



If you change

Nothing,



Nothing

will change.

I'm Not
Beautiful
Like you 

 I'm 

Beautiful
 Like Me

SEEK RESPECT
NOT Attention
It lasts longer





A Smart person
knows what to

SAY

A Wise Person
knows whether or not

TO say it

Always
believe that
something
Wonderful
is about
to happen





TEACH

Encourage


inspire

Mentor

praise

influence

guide

Educating
the mind 
without

 Educating
the heart

IS NO EDUCATION

 at all.

-Aristotle

© Heart & Mind Teaching



Throw
Kindness

around like 

Confetti



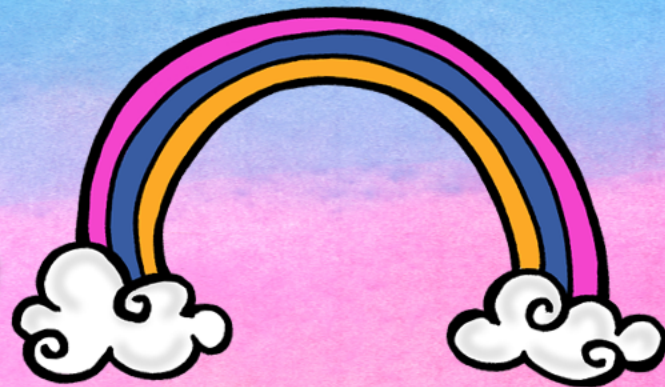
Without the



there

would

NEVER be



RAINBOWS



Before you
Speak,

Think

T

Is it true?

H

Is it Helpful?

I

Is it Inspiring?

N

Is it Necessary?

K

Is it Kind?

I can NOT Control
Other People
BUT I CAN CONTROL

My Words
My Thoughts
My Actions



**You are
SAFE
in this
SPACE**

I can't promise to
Fix all your
Problems
But I can promise
you won't have to
face them Alone.



It's nice to be
Important
but it's more 
important to be
Nice


You don't need
a cape to be a

 **HERO** 

you just need to

 **CARE** 

WELCOME



You belong here.

I believe in you.

You are the reason

I am here.

We are in this

together.

THINGS TO REMEMBER:

☀️-It's okay to have a bad day.

☀️-Not everyone has to like you.

☀️-Mistakes don't define you.

☀️-It takes strength to ask for help.

☀️-You are amazing just the way you are.



**KEEP
CALM
I'M A
PSYCHOLOGIST**

In this Office
YOU ARE...

AMAZING **SMART**

IMPORTANT **LOVED**

BRAVE **UNIQUE**

RESPECTED **SPECIAL**

SAFE **UNDERSTOOD**

STRONG **KIND**

What you say
in here
STAYS IN HERE

UNLESS:



- © Someone is hurting you.
- © you want to hurt someone.
- © you want to hurt yourself.

Where is the Psychologist?



Helping a student
in a classroom
in a meeting
out of the building
Available - come in!



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



#♡♡
Note from the
Psychologist



#♡♡
Note from the
Psychologist



#♡♡
Note from the
Psychologist



#♡♡
Note from the
Psychologist



This certificate is awarded to



FOR

Showing Kindness



Signature

Date



This certificate is awarded to



FOR
Being a Leader



Signature

Date

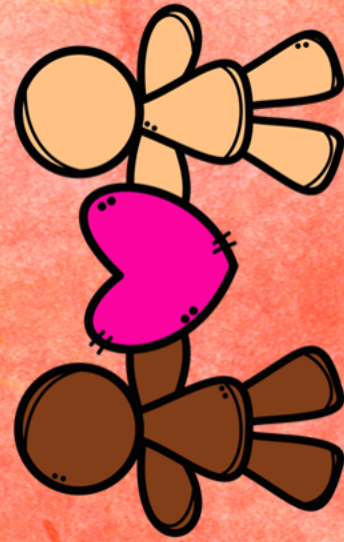


This certificate is awarded to



FOR

Being a Good Friend



Signature

Date

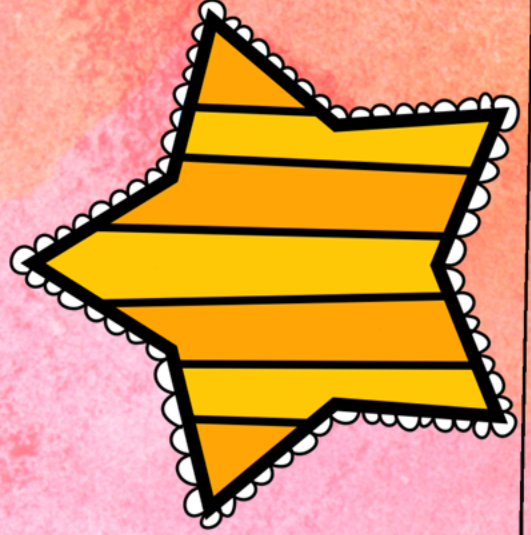


This certificate is awarded to



FOR

Never Giving Up



Signature

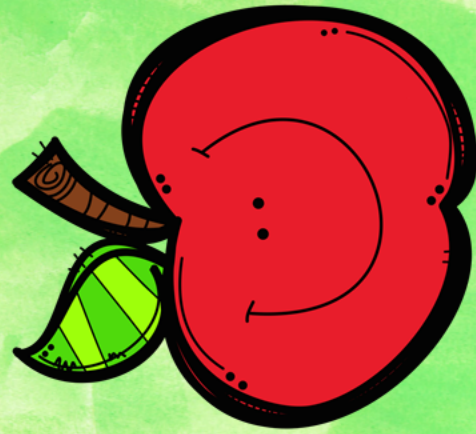
Date



This certificate is awarded to _____

FOR

Good Attendance



Signature

Date



This certificate is awarded to



FOR

Being on time to School



Signature

Date



This certificate is awarded to



FOR

Awesome Improvement



Signature

Date



This certificate is awarded to



FOR

Helping others



Signature

Date

This certificate is awarded to



FOR

Good Character



Signature

Date

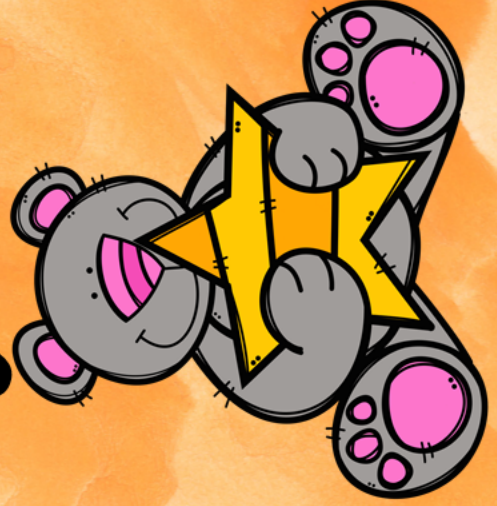


This certificate is awarded to



for

Making good choices



Signature

Date



This certificate is awarded to



FOR

Resolving Conflicts Peacefully



Signature

Date

This certificate is awarded to



for

Being Respectful




Signature

Date





**Social
Skills**



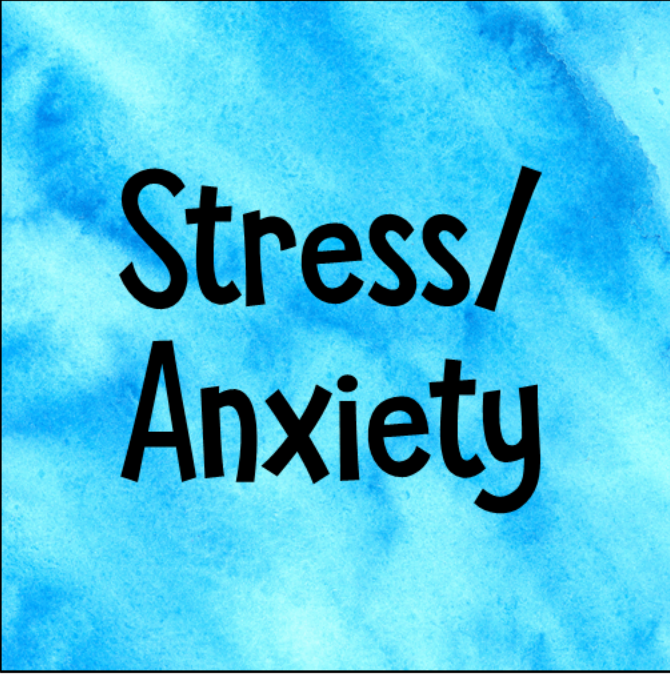
**Family
Dynamics**



**Self
Esteem**



**Character
Education**



**Stress/
Anxiety**



Bullying



**Growth
Mindset**



Grief



Behavior



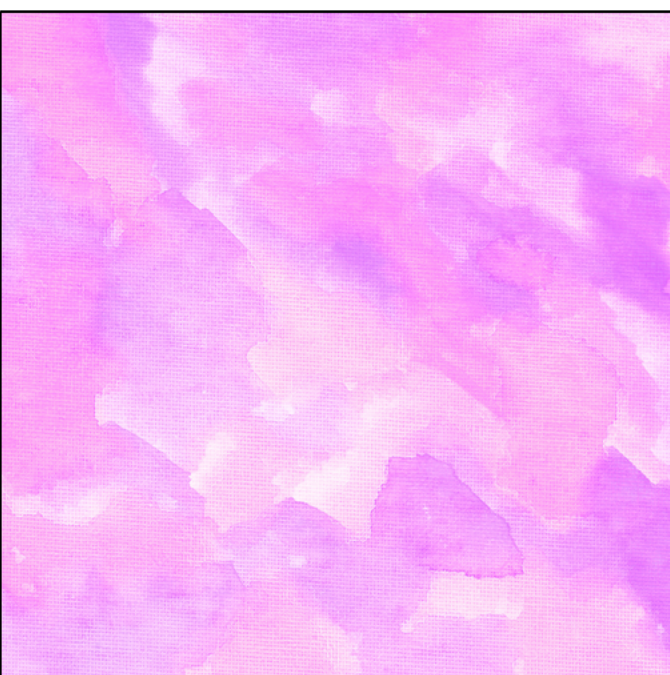
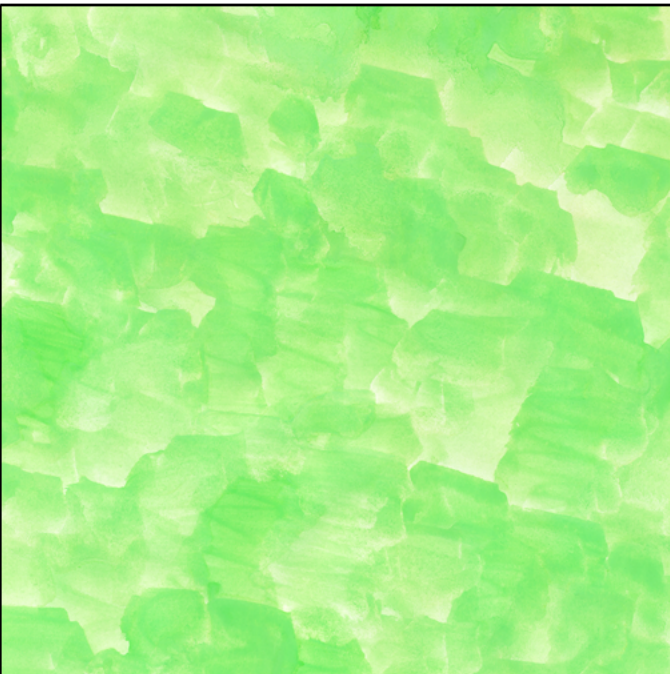
Anger



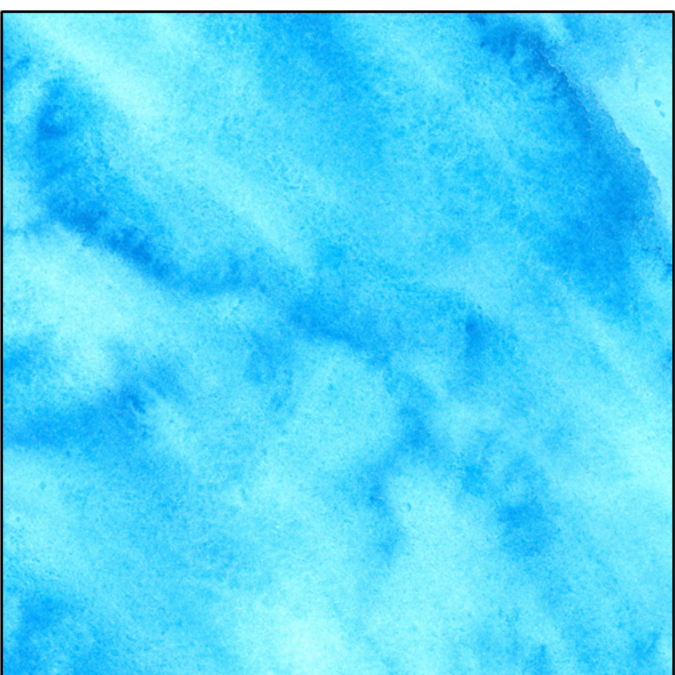
Mindfulness



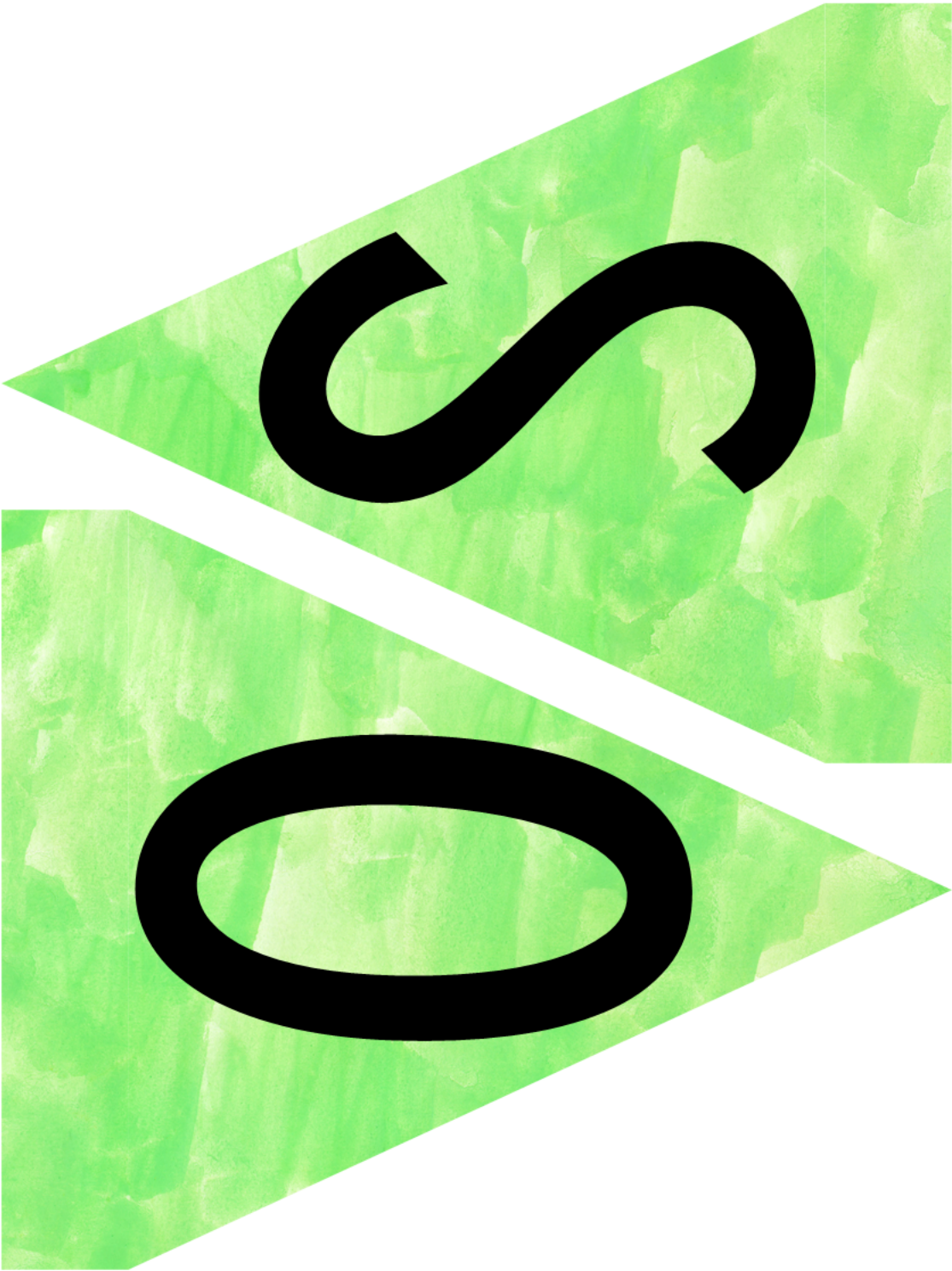
**Success
Skills**

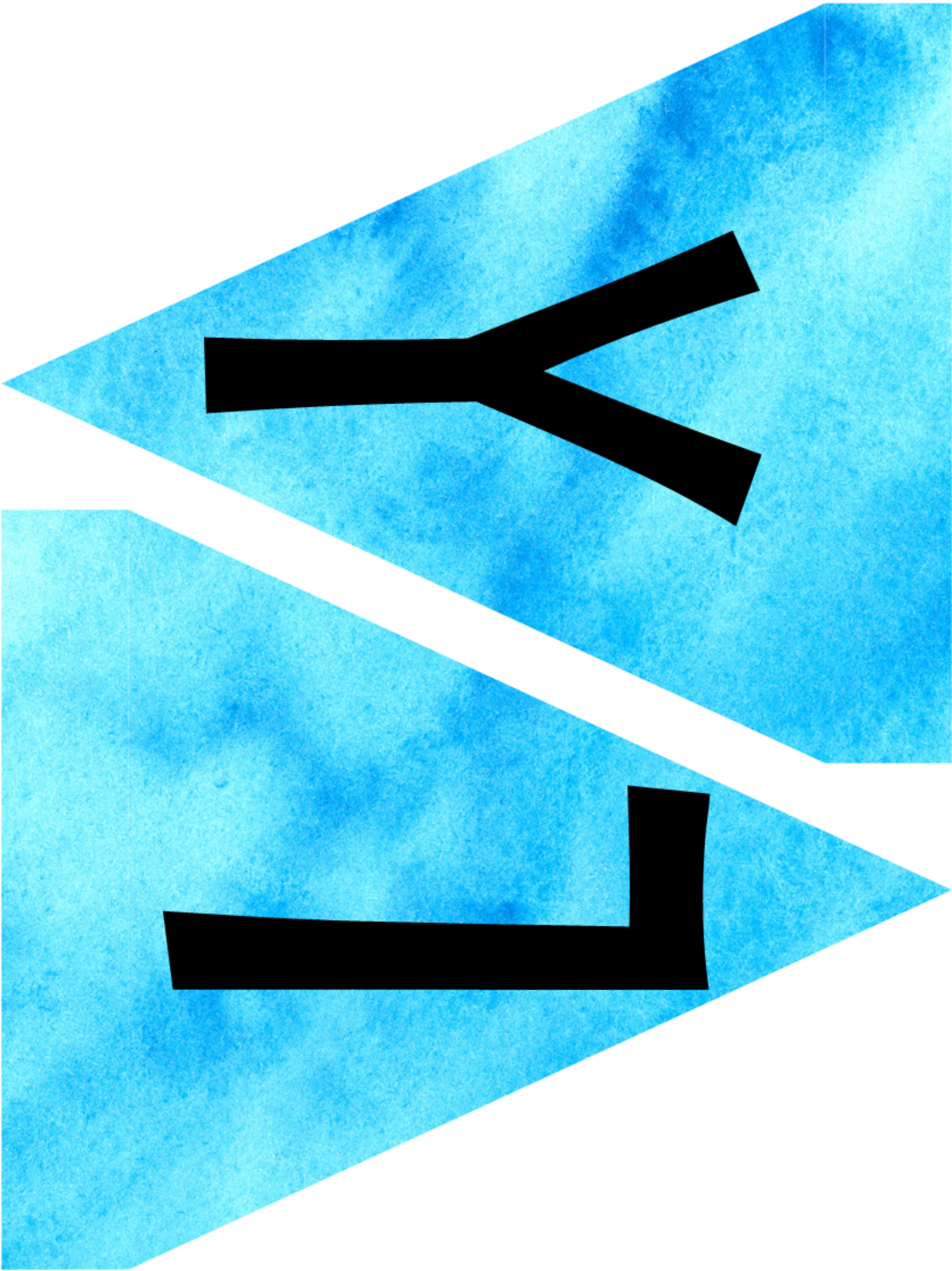


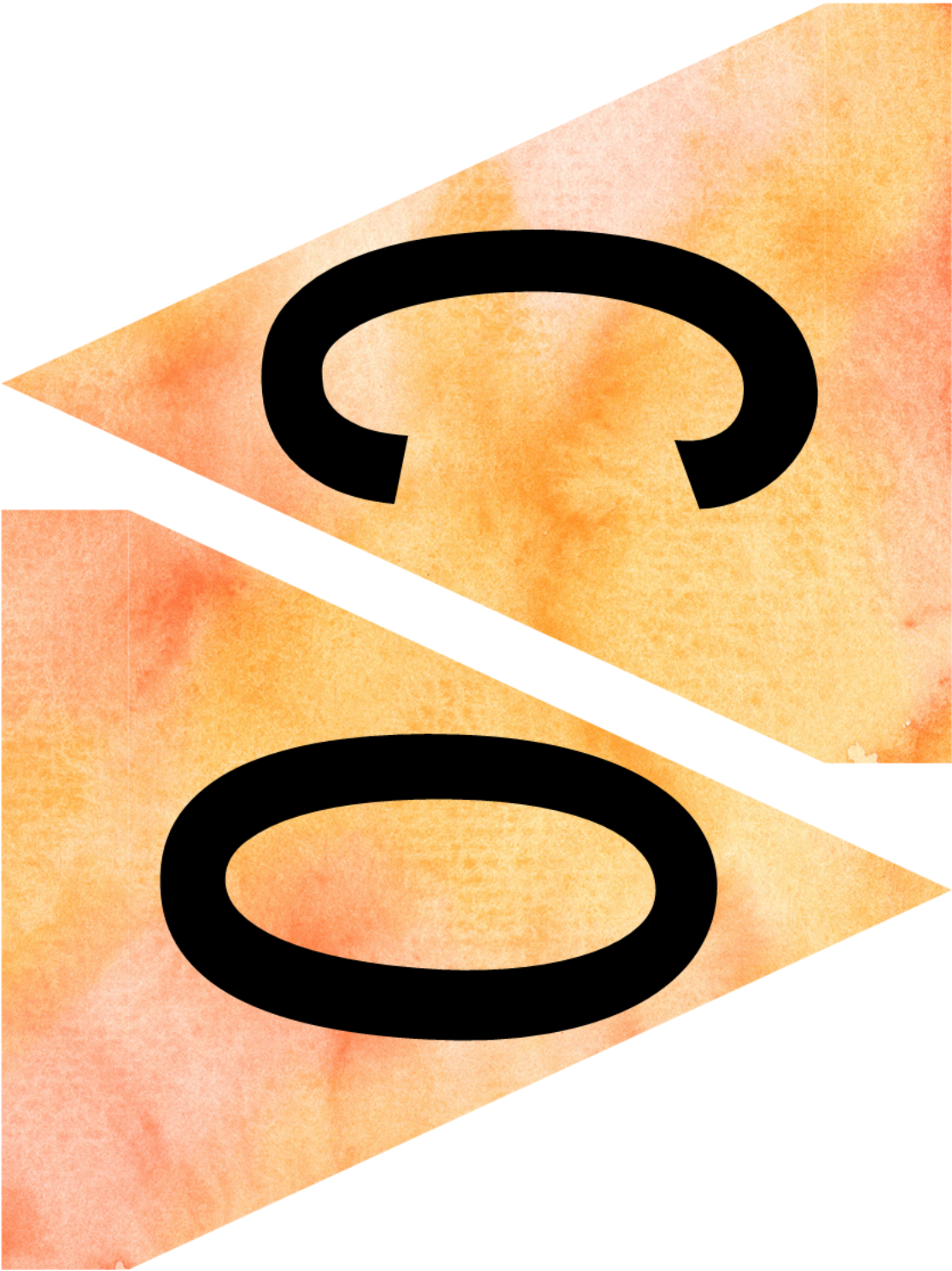
Make your own

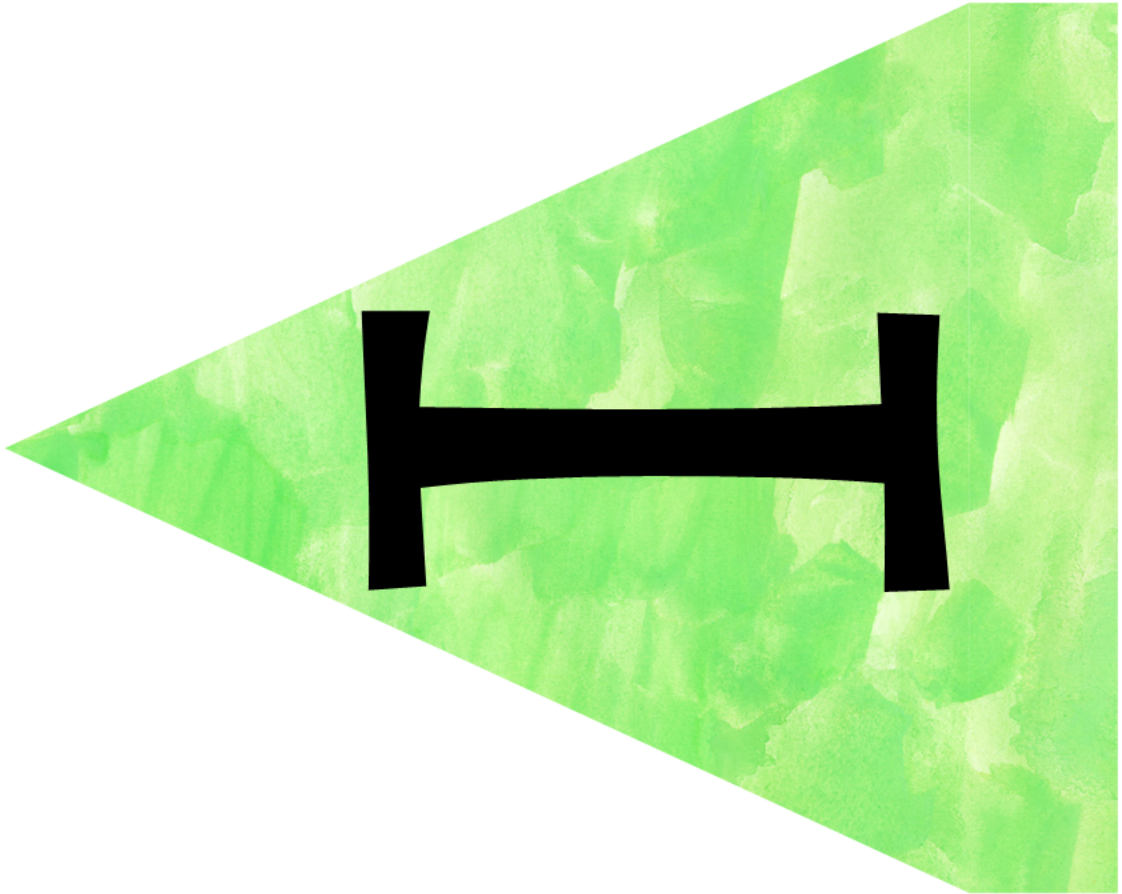
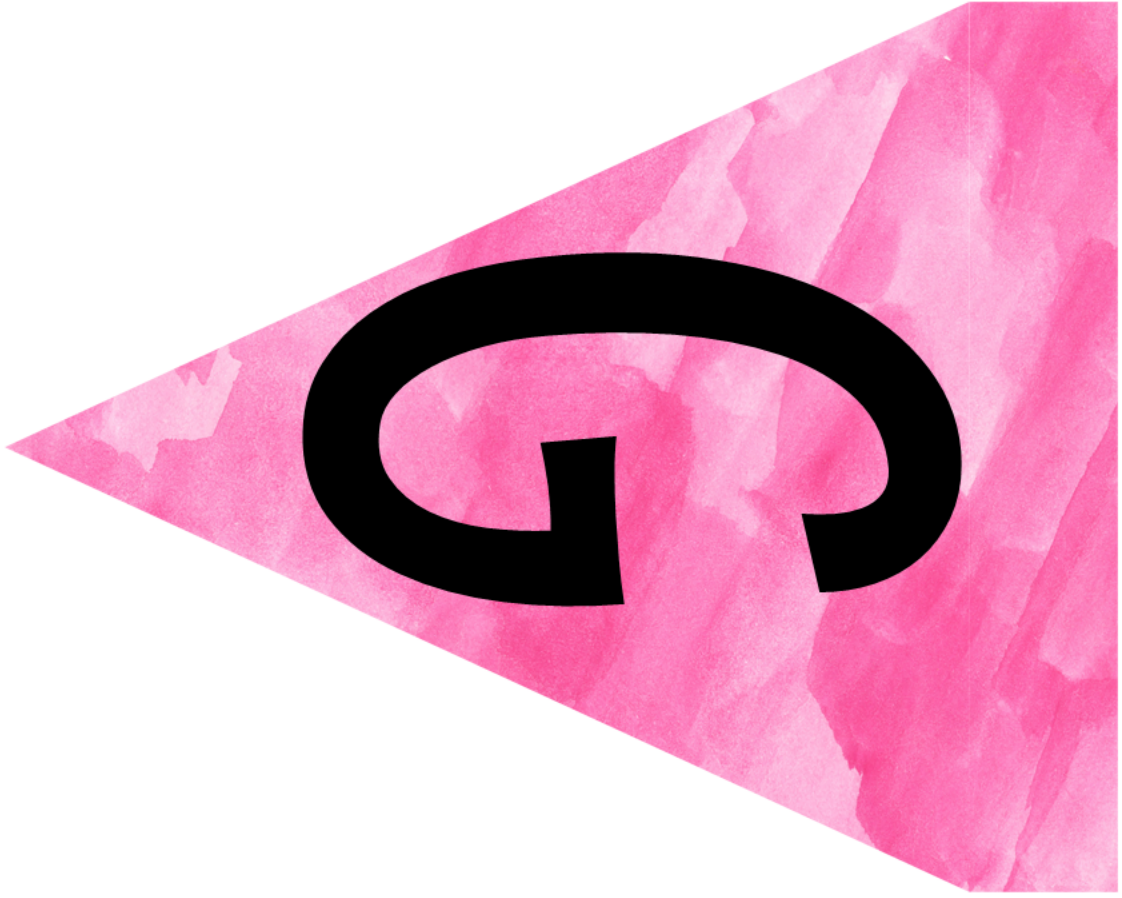


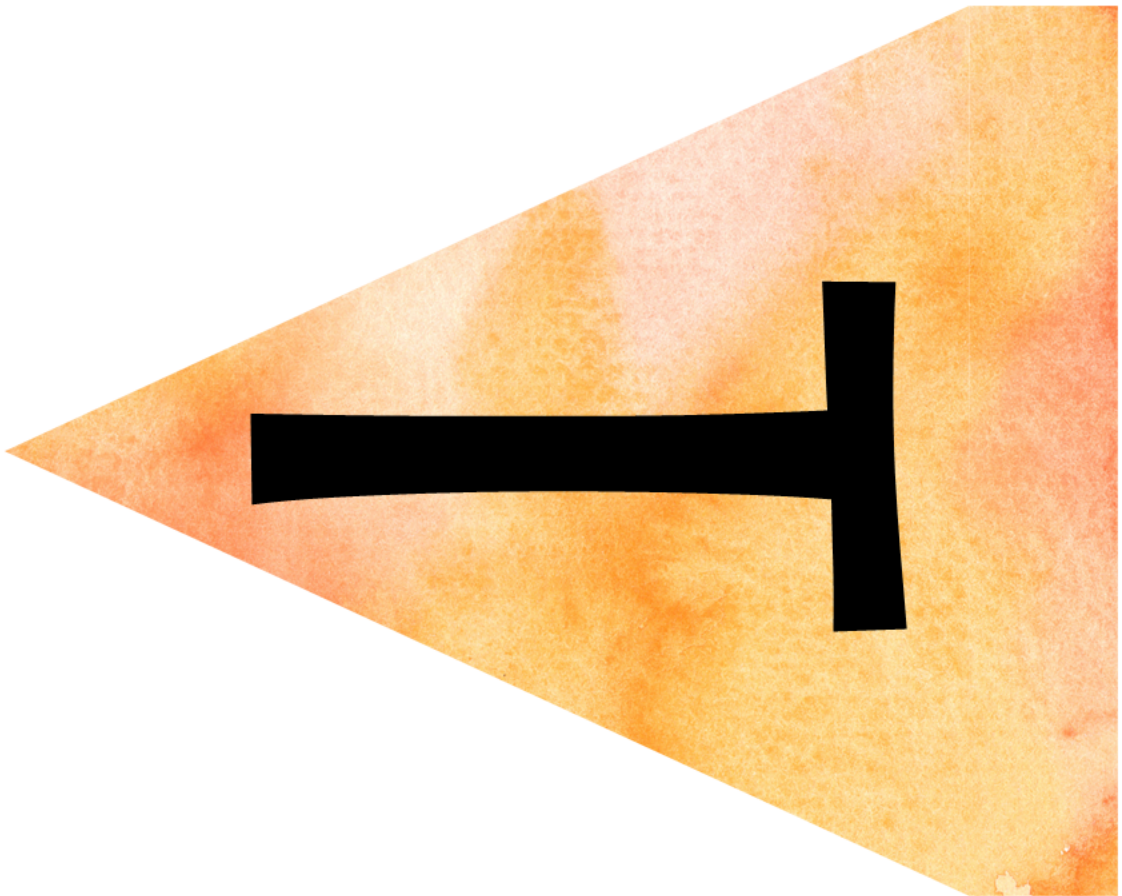
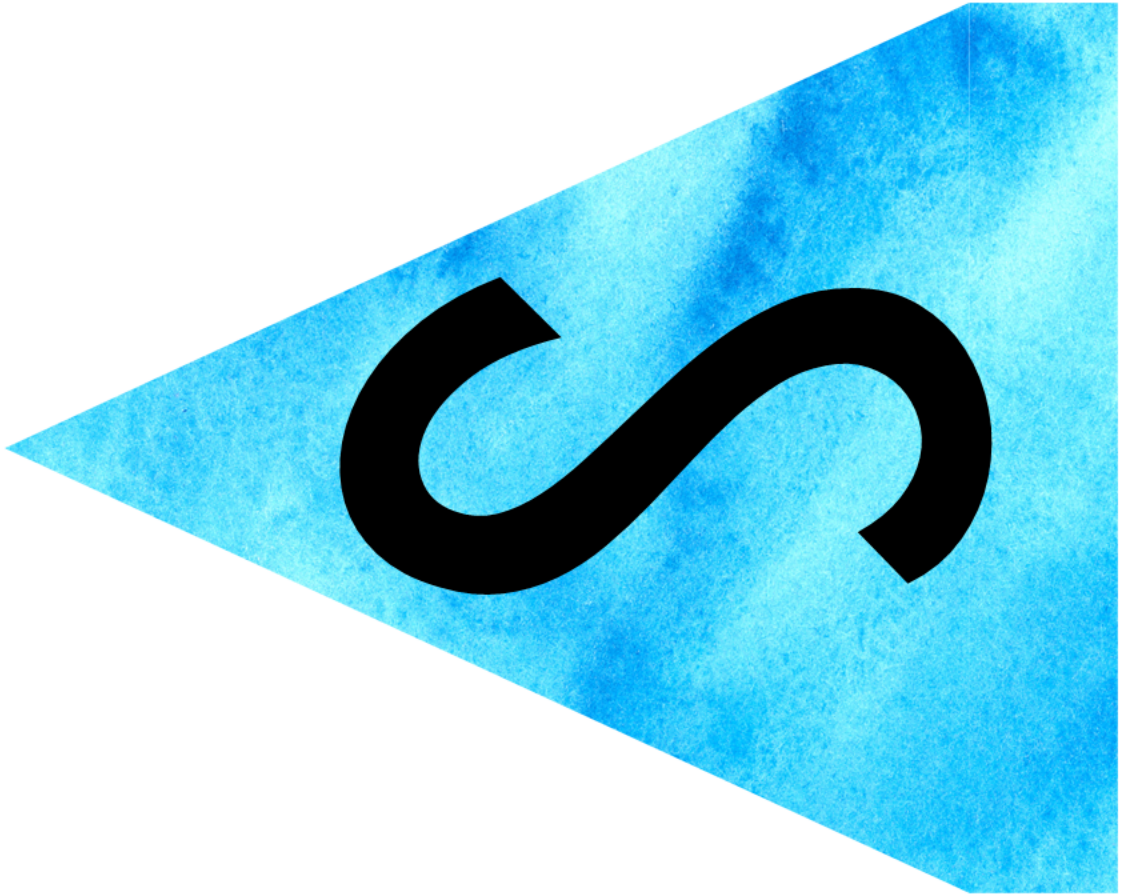


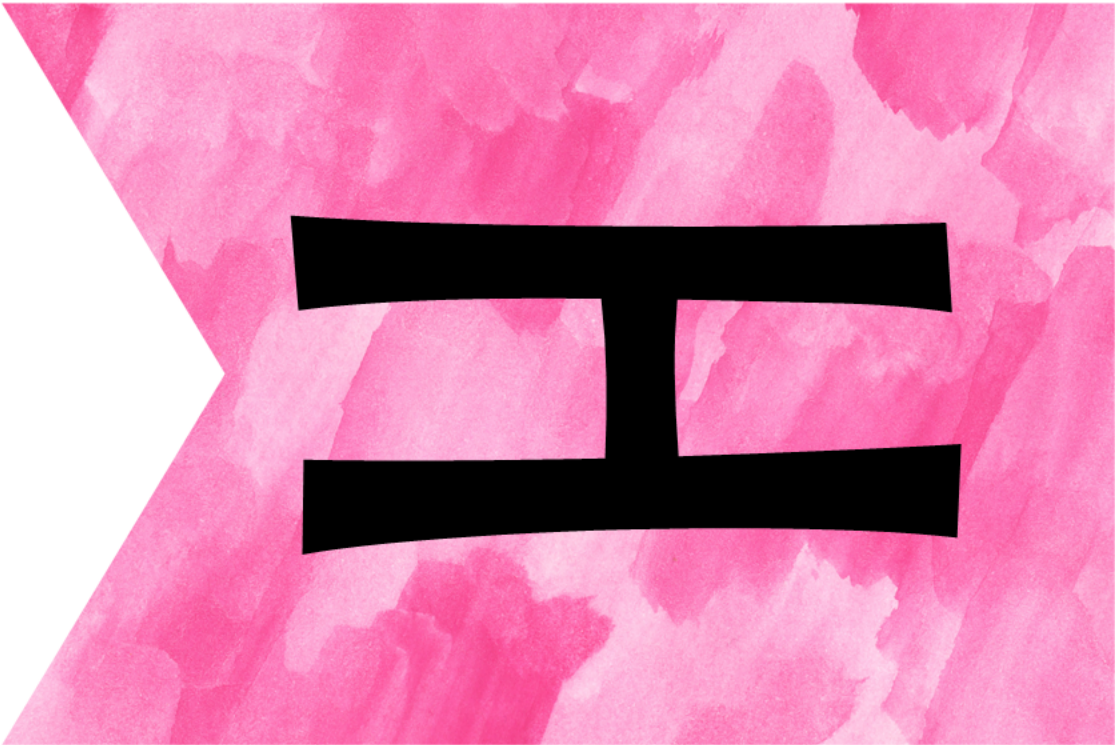
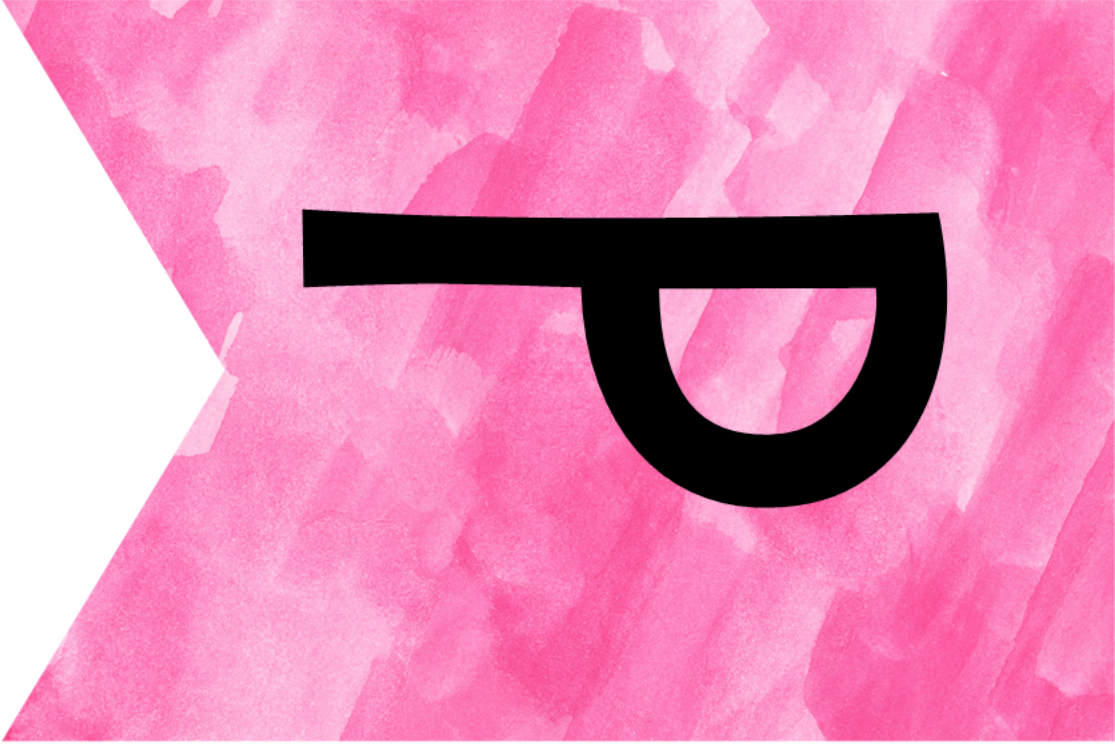


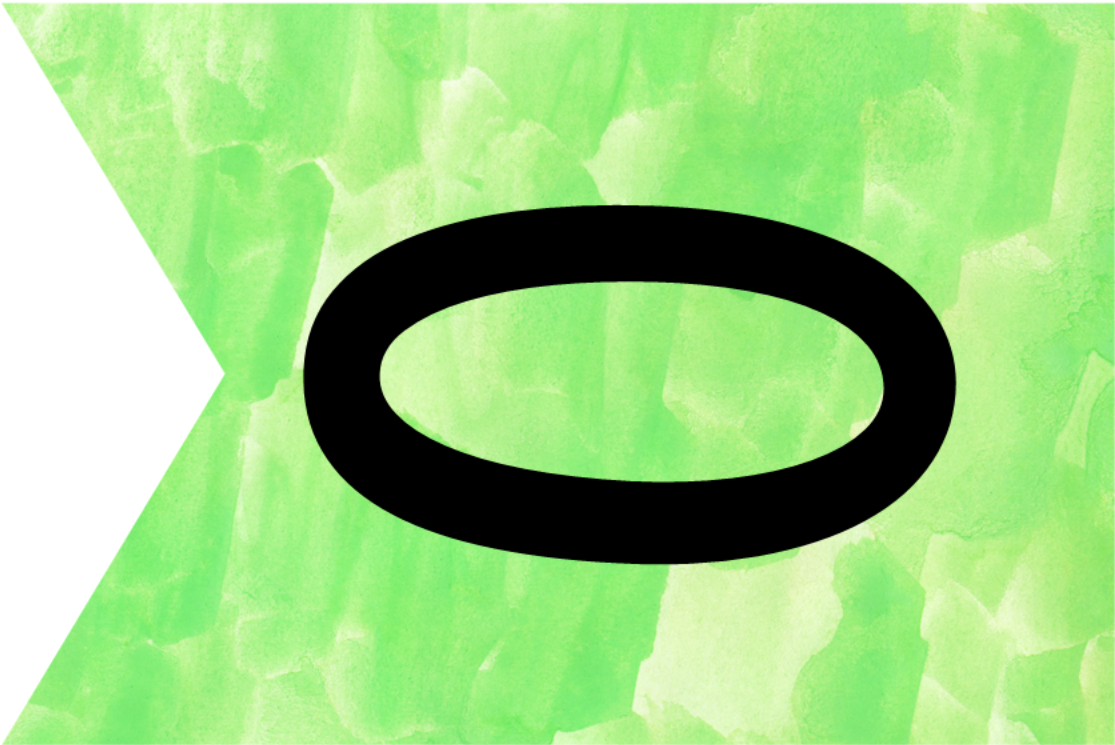
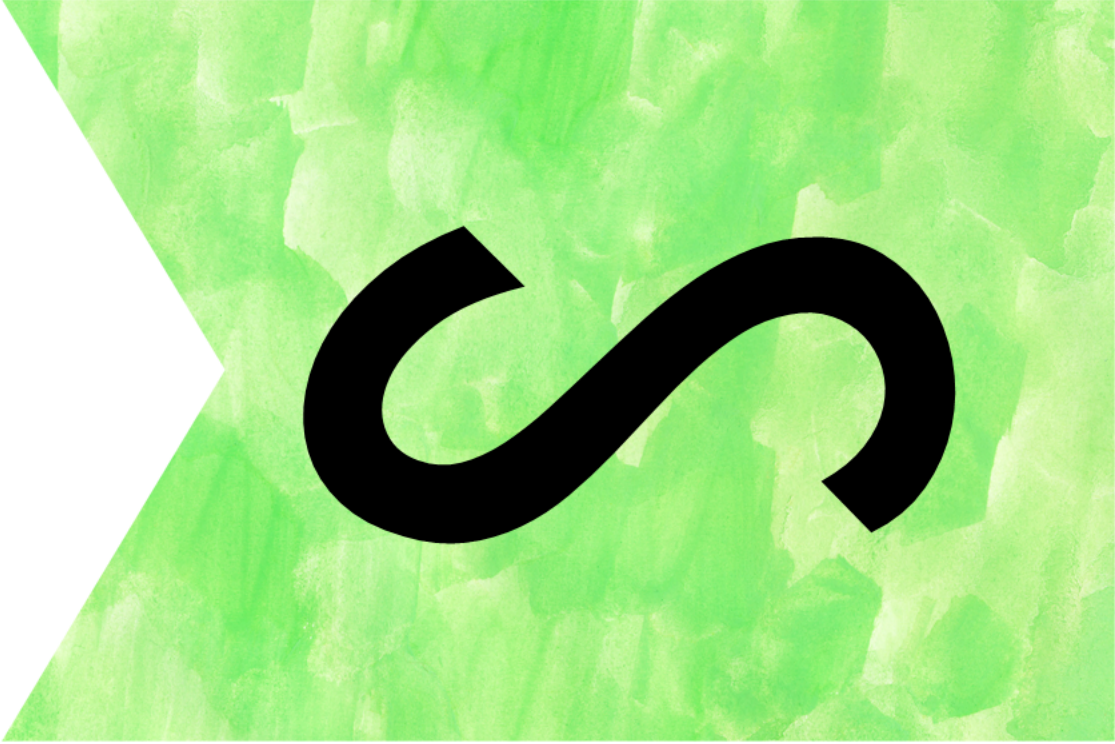


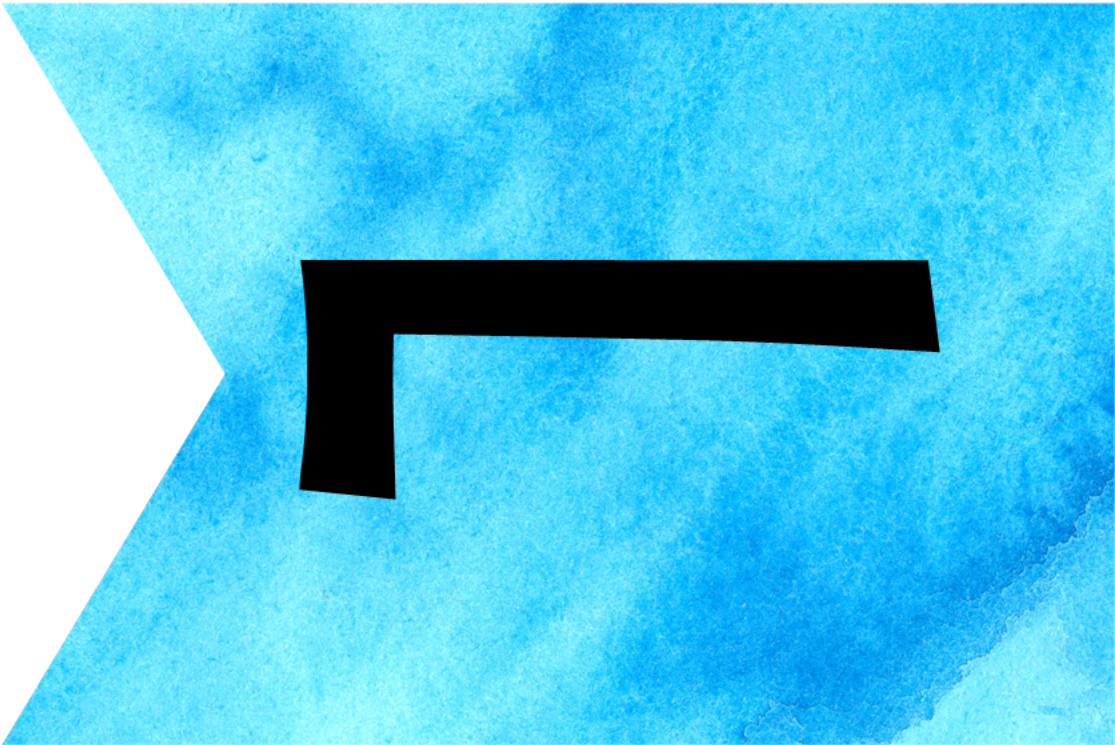
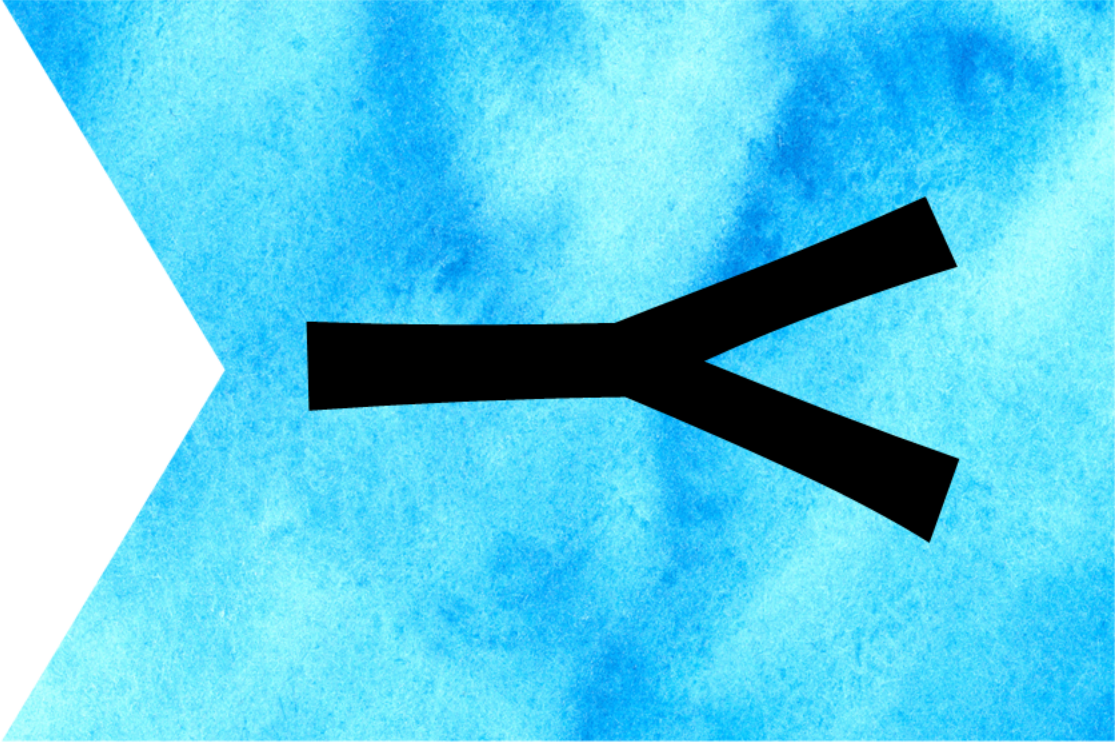


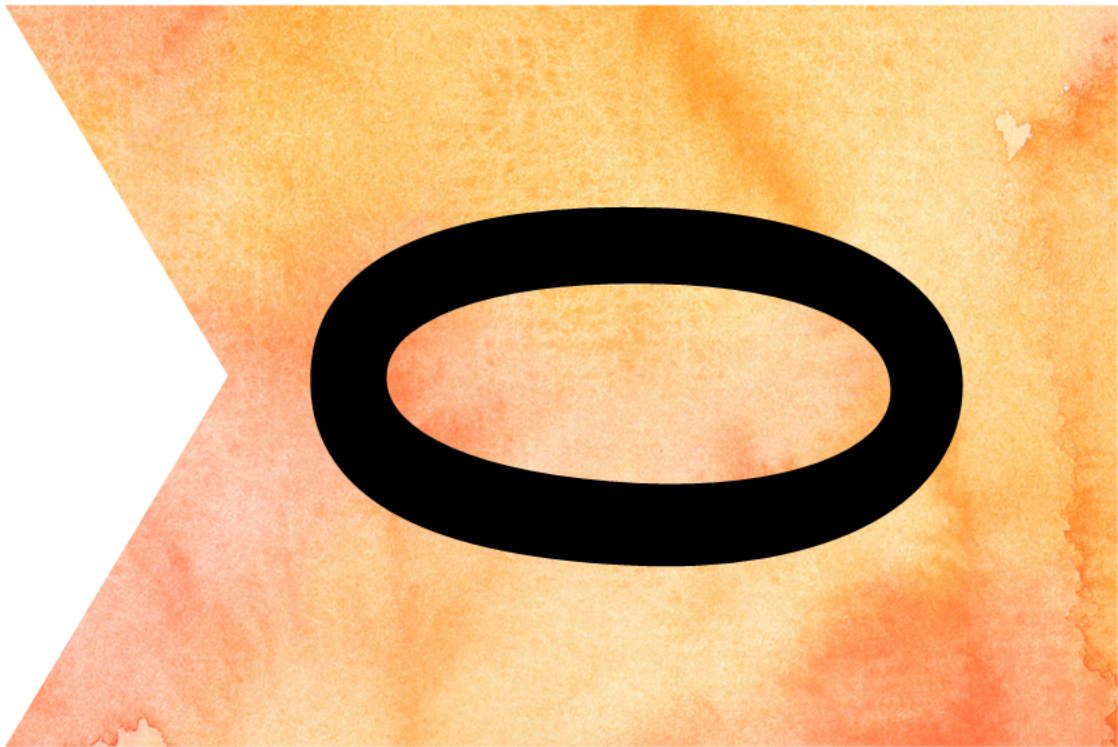


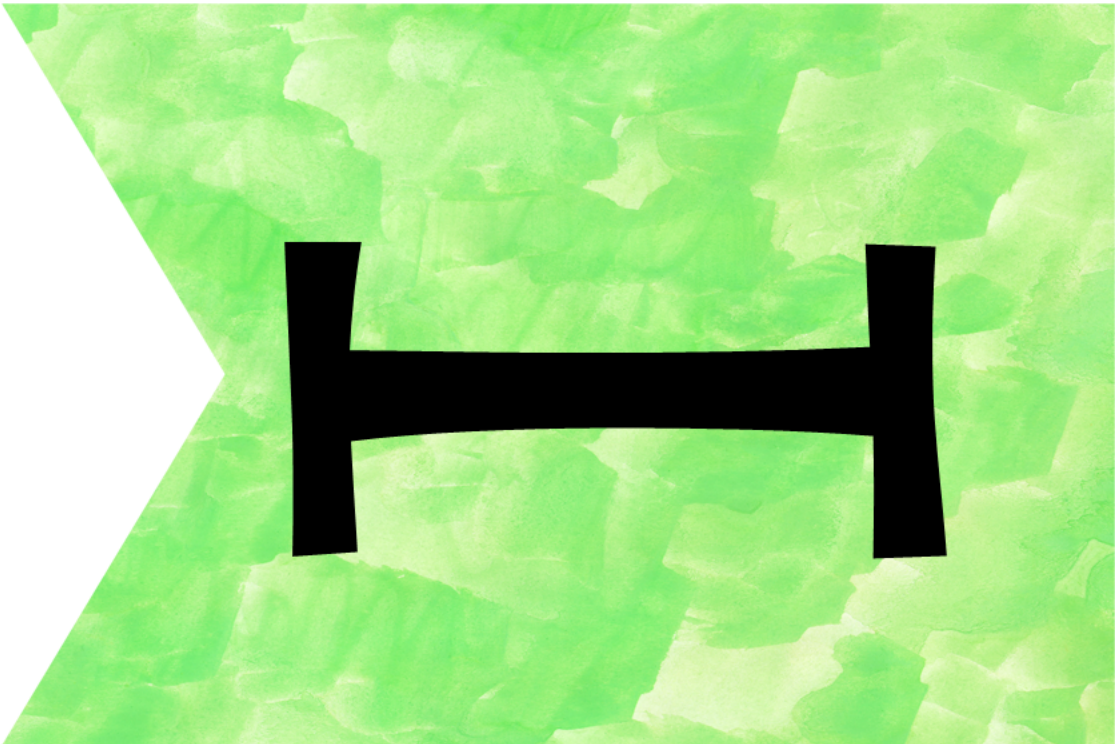


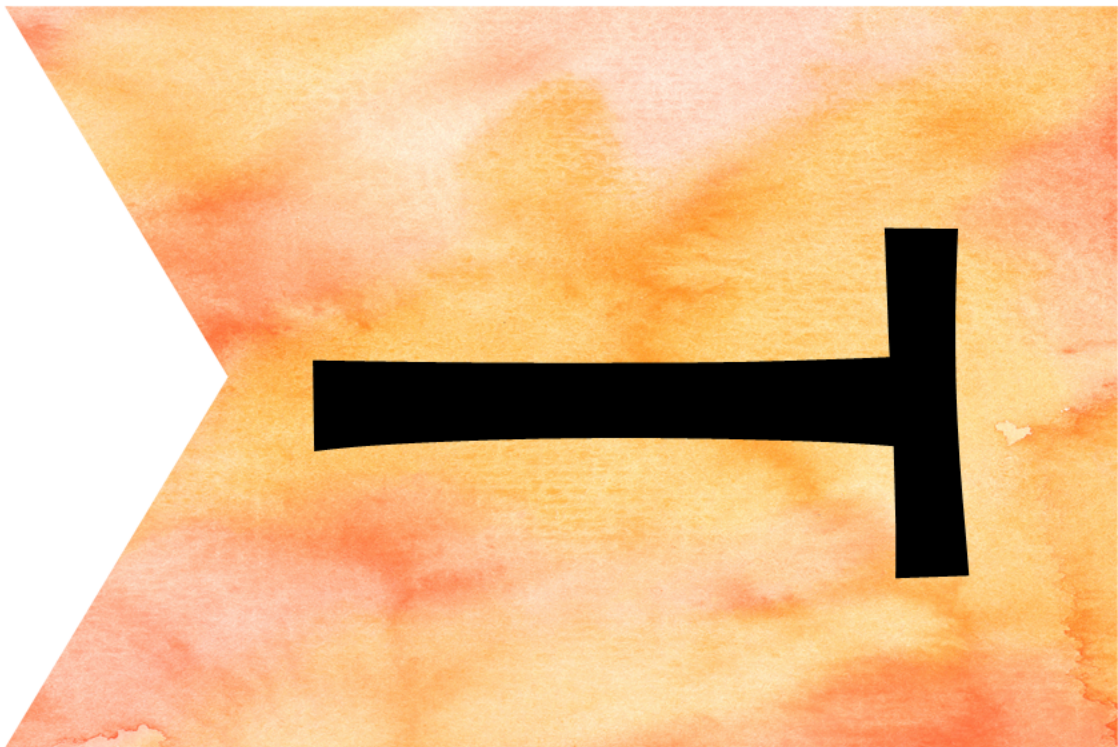
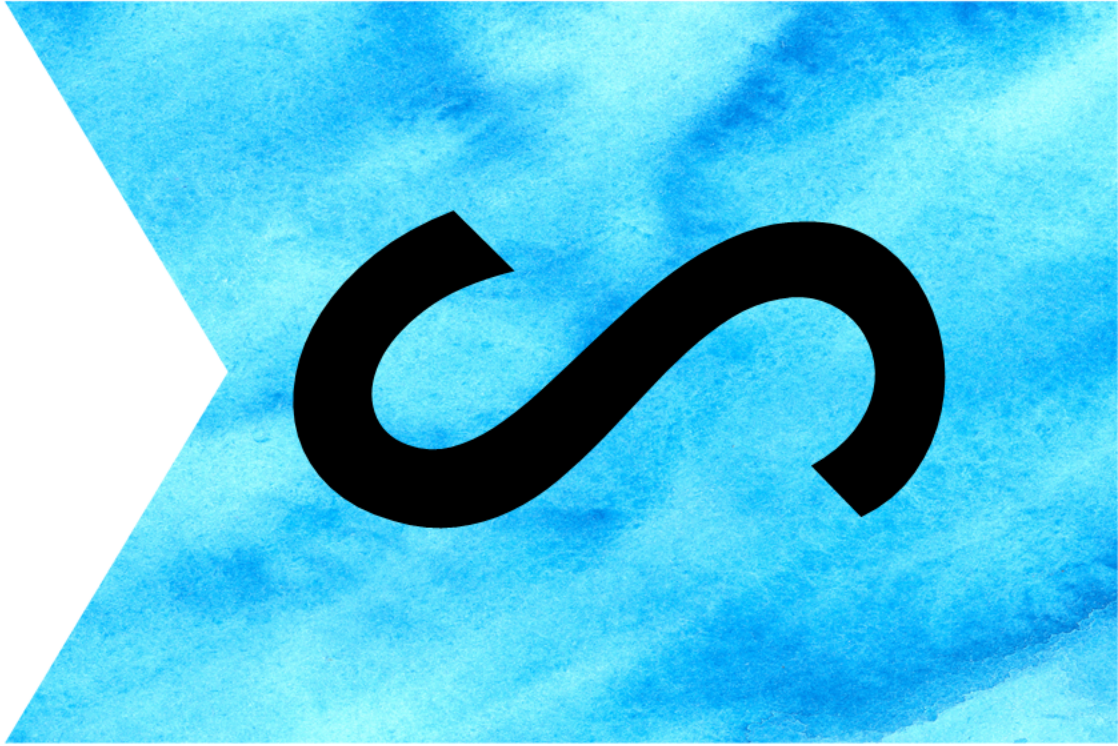












STRONG

People

DON'T put others

down 

they lift them

UP 

-Michael P. Watson

You're **Braver**
than you believe
You're **Stronger**
than you seem
You're **Smarter**
than you think

-A.A. Milne






It's all in
how you


:):

look
at things





They may forget
what you
said



But they will never forget
how you made them
feel



-Maya Angelou

You will never look
like the girl

In the
MAGAZINE

The girl in the

~~in the~~ In the ~~in the~~

MAGAZINE

DOES NOT EVEN


look like the girl

In the MAGAZINE


Be
SOMEbody
who makes
EVERYbody
feel like a
Somebody



-Kid President



It's never
too late
to be
whoever
you want to be



-Benjamin Button



Learn

From Yesterday

Live

For Today

HOPE

For Tomorrow

UNLESS



Someone like you

CARES

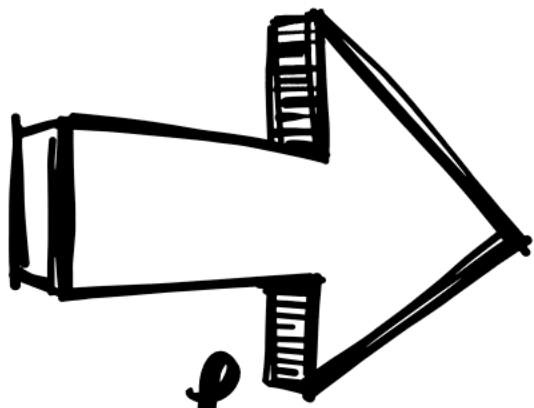
a whole awful lot

n o t h i n g

is going to get better

 It's not. 

-Dr. Seuss

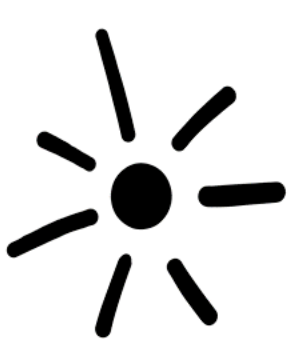


START

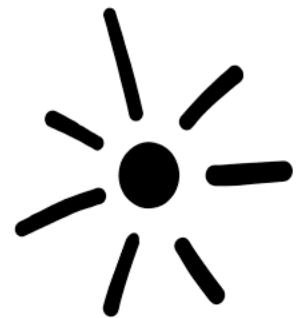
where you are

WISE

what you have



DO

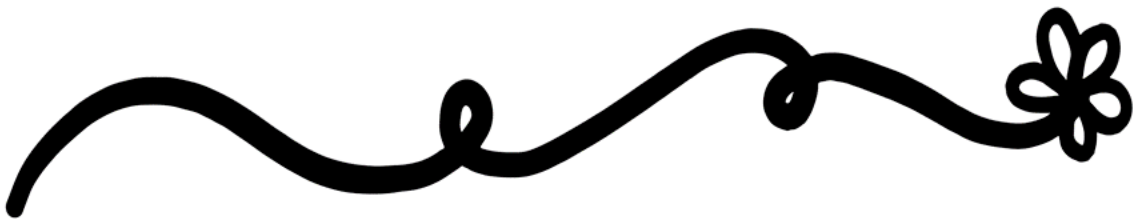


what you can

Wherever
you are,

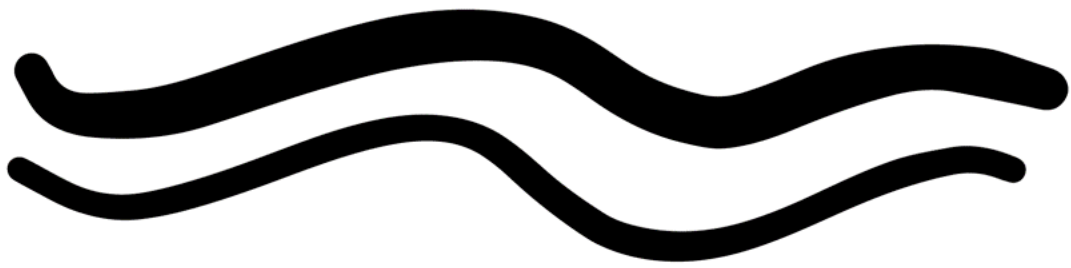
BE  ALL

 There



If you change

Nothing,



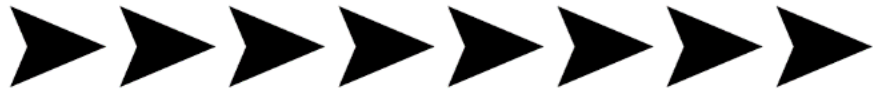
Nothing

will change.

I'm Not
Beautiful
Like you 

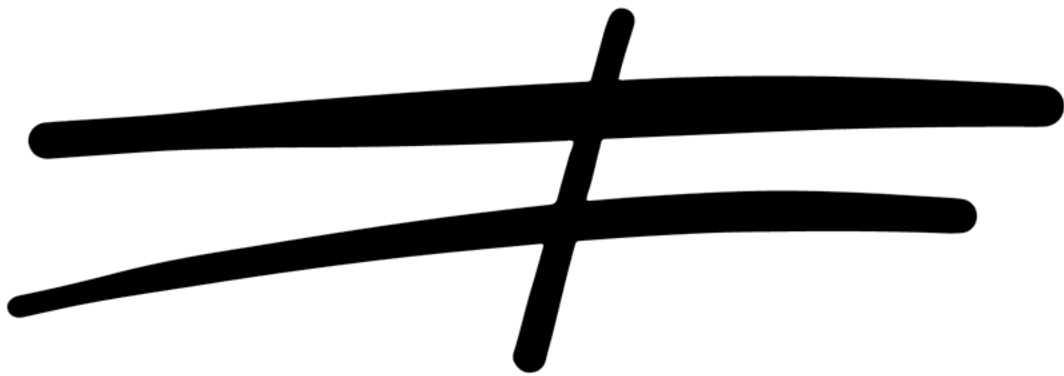
I'm
Beautiful
 Like Me

SEEK RESPECT



NOT Attention

It lasts longer





A Smart person
knows what to

SAY

A Wise Person
knows whether or not

TO say it

Always
believe that
something
Wonderful
is about
to happen

TEACH

Encourage



Inspire

Mentor

praise

influence

Guide

Educating
the mind 
without 

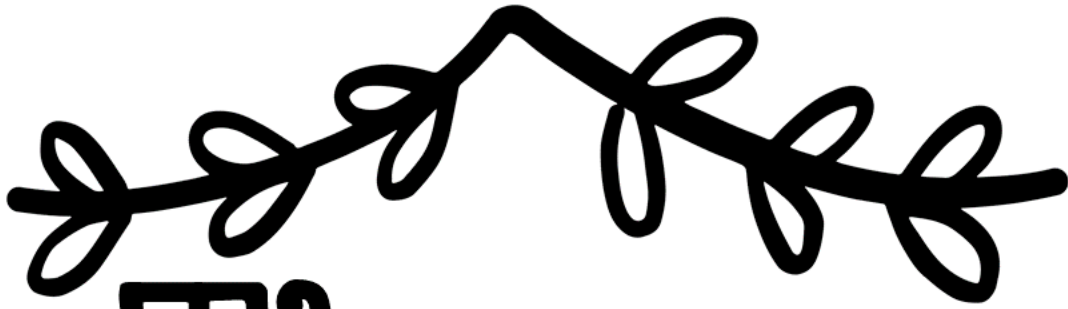
Educating
the heart

IS NO EDUCATION

 at all.

-Aristotle

© Heart & Mind Teaching



Throw
Kindness

around like 

Confetti



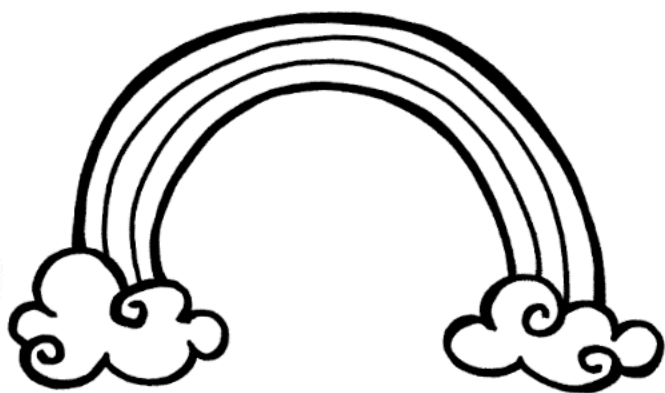
Without the



there

would

NEVER be



RAINBOWS



Before you
Speak,

Think

T

Is it true?

H

Is it Helpful?

I

Is it Inspiring?

N

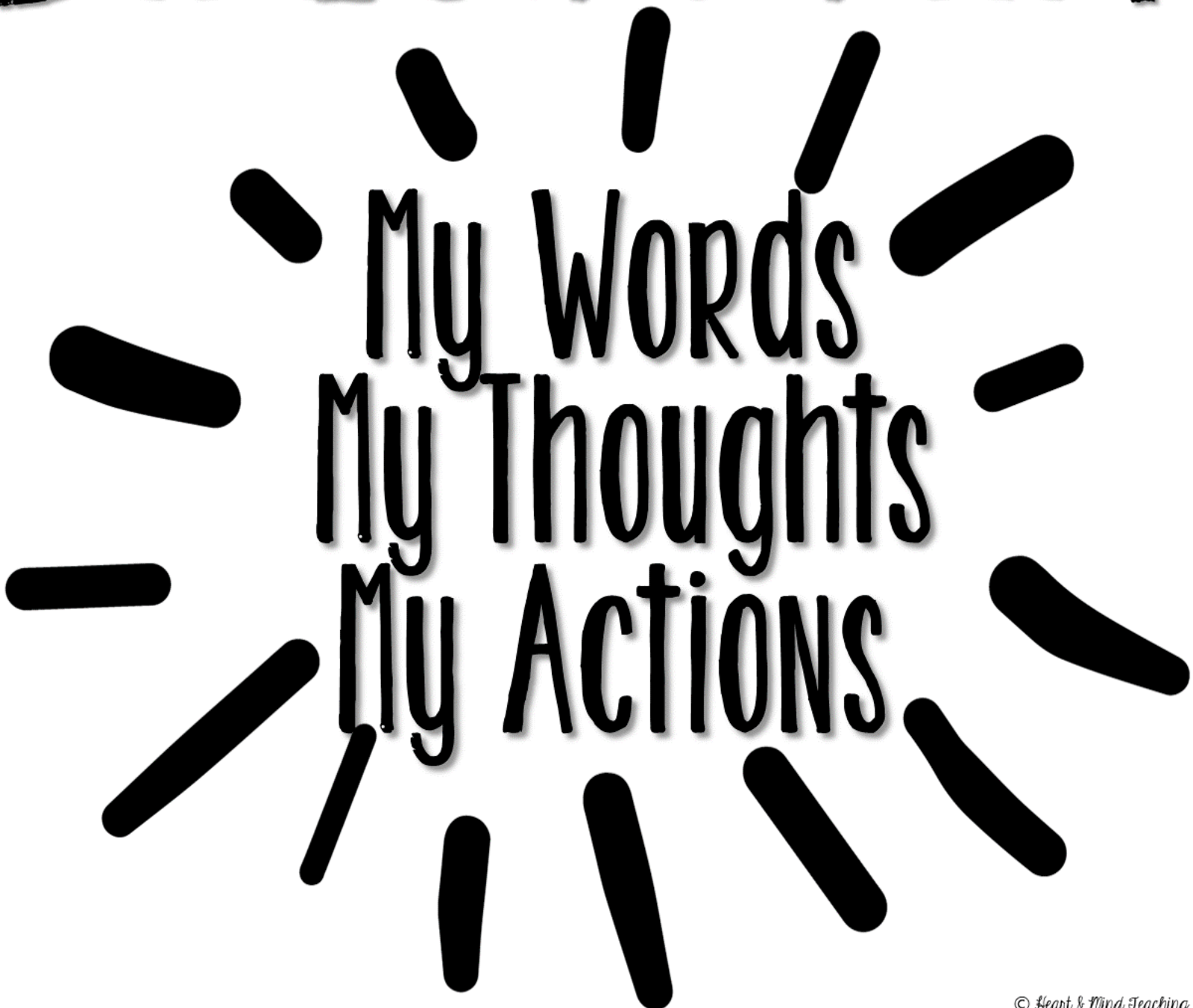
Is it Necessary?

K

Is it Kind?

I can NOT Control
Other People

BUT I CAN CONTROL





You are

SAFE

in this

SPACE



I can't promise to
Fix all your
Problems
But I can promise
you won't have to
face them Alone.



It's nice to be
Important
but it's more 
important to be
Nice


You don't need
a cape to be a

 HERO 

you just need to

 CARE 

WELCOME



You belong here.

I believe in you.

You are the reason

I am here.

We are in this

together.

THINGS TO REMEMBER:

- ☀️-It's okay to have a bad day.
- ☀️-Not everyone has to like you.
- ☀️ Mistakes don't define you.
- ☀️-It takes strength to ask for help.
- ☀️-You are amazing just the way you are.



**KEEP
CALM
I'M A
PSYCHOLOGIST**

In this Office
YOU are...

AMAZING Smart

Important Loved

Brave Unique

Respected Special

SAFE Understood

Strong Kind

What you say
in here
STAYS IN HERE
UNLESS:
~~_____~~

- ◎ Someone is hurting you.
- ◎ you want to hurt someone.
- ◎ you want to hurt yourself.

Where is the Psychologist?



Helping a student

In a classroom

In a meeting

Out of the building

Available- come in!



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



Pass to see the Psychologist



Student Name: _____

Teacher: _____

Date: _____ Time: _____

Signed: _____



#♡♡
Note from the
Psychologist



#♡♡
Note from the
Psychologist



#♡♡
Note from the
Psychologist



#♡♡
Note from the
Psychologist

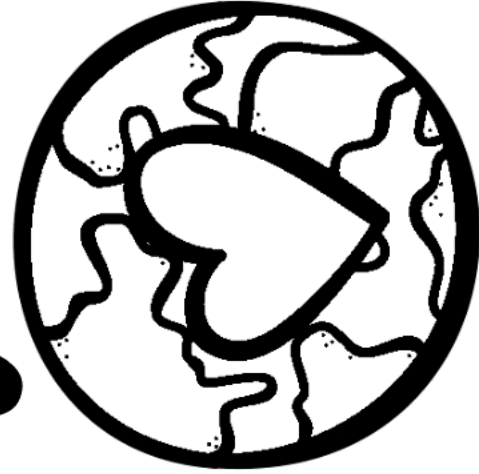


This certificate is awarded to



FOR

Showing Kindness



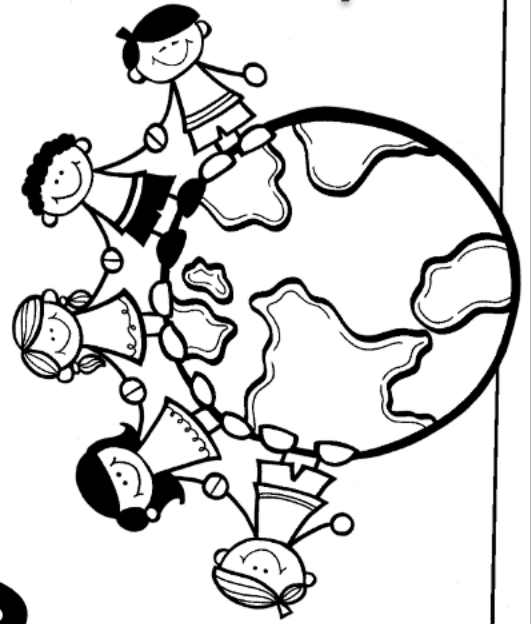
Signature

Date

This certificate is awarded to



FOR
Being a Leader



Signature

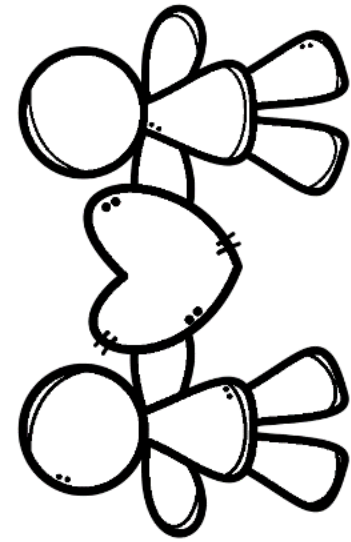
Date

This certificate is awarded to



FOR

Being a Good Friend



Signature

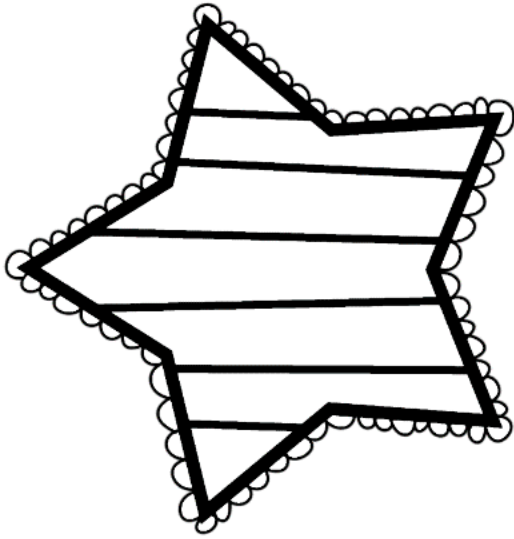
Date

This certificate is awarded to



FOR

Never Giving Up



Signature

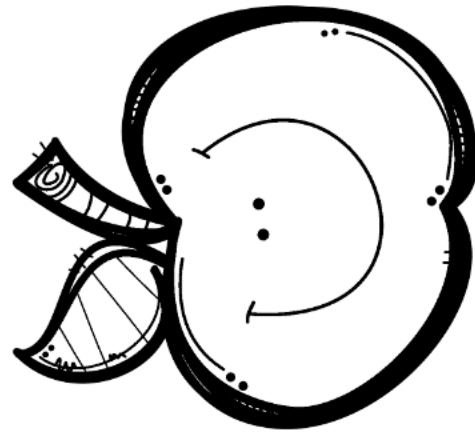
Date

This certificate is awarded to



FOR

Good Attendance



Signature

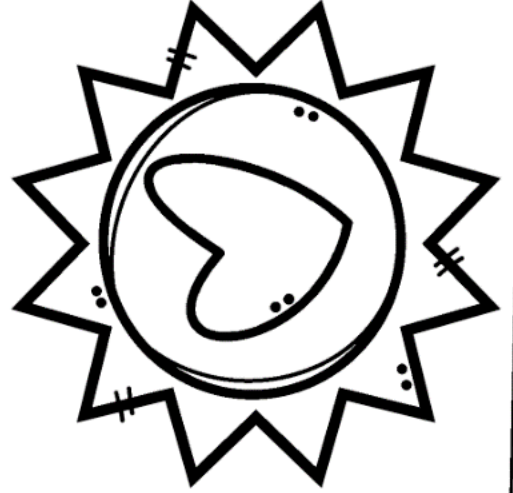
Date

This certificate is awarded to



FOR

Being on time to School



Signature

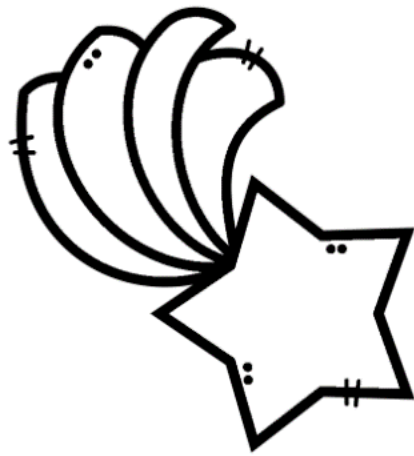
Date

This certificate is awarded to



FOR

Awesome Improvement



Signature

Date

This certificate is awarded to



FOR

Helping others



Signature

Date

This certificate is awarded to



FOR

Good Character



Signature

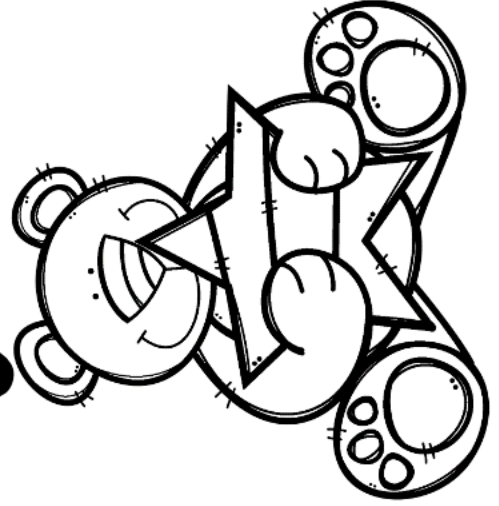
Date

This certificate is awarded to



FOR

Making good choices



Signature

Date

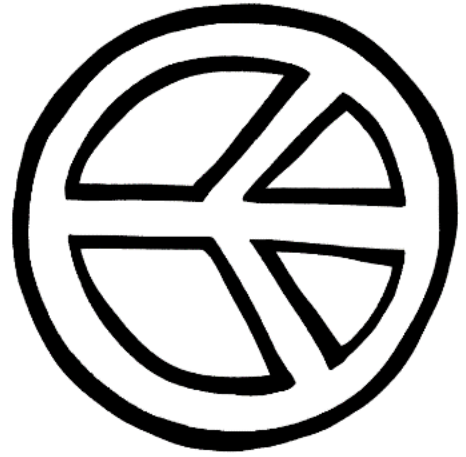


This certificate is awarded to



FOR

Resolving Conflicts Peacefully



Signature

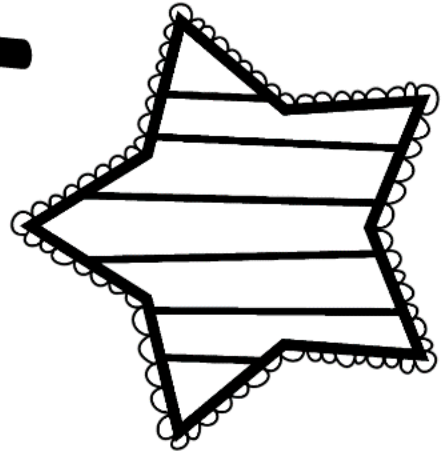
Date

This certificate is awarded to



FOR

Being Respectful



Signature

Date



**Social
Skills**

**Family
Dynamics**

**Self
Esteem**

**Character
Education**

**Stress/
Anxiety**

Bullying

**Growth
Mindset**

Grief

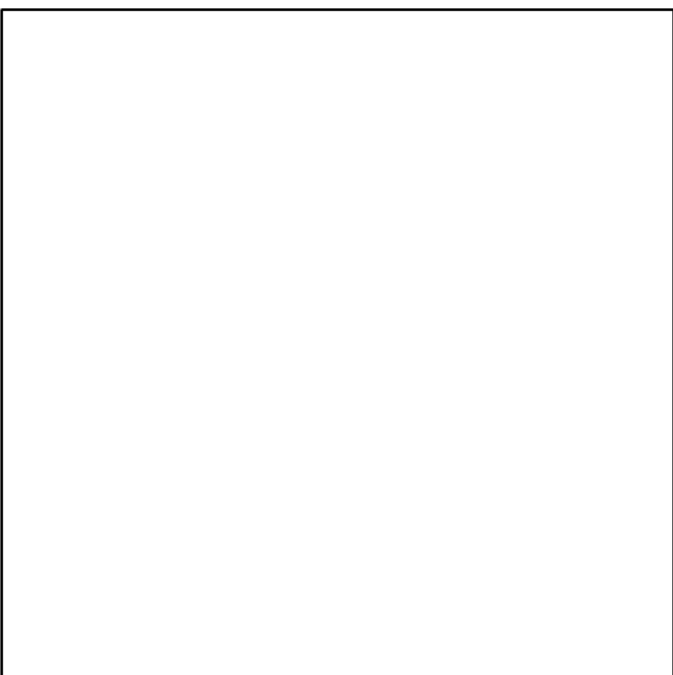
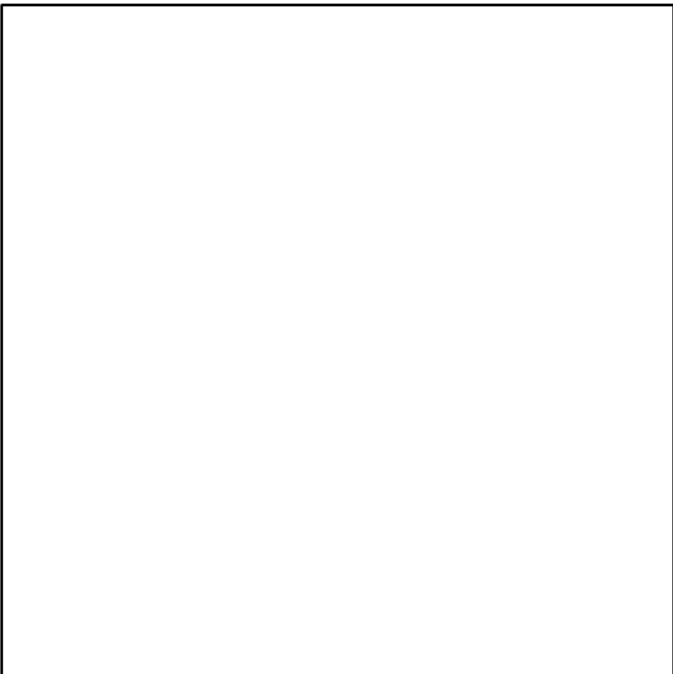
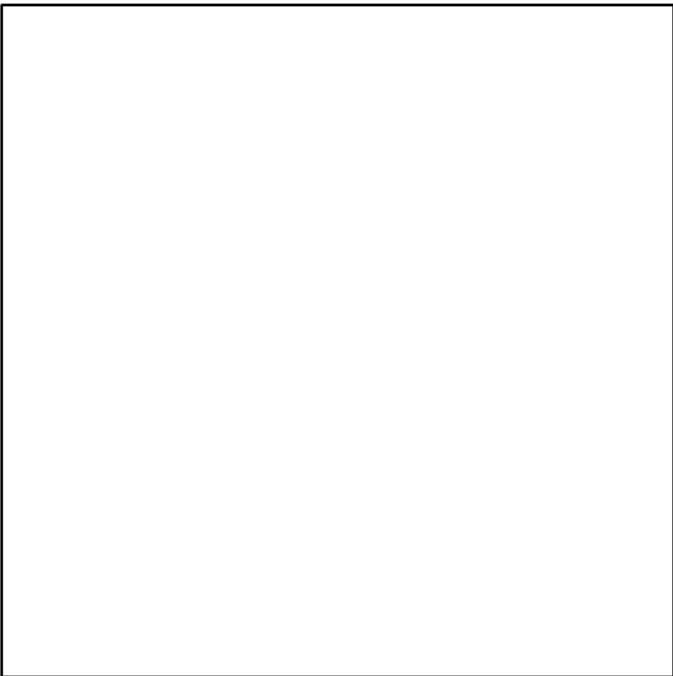
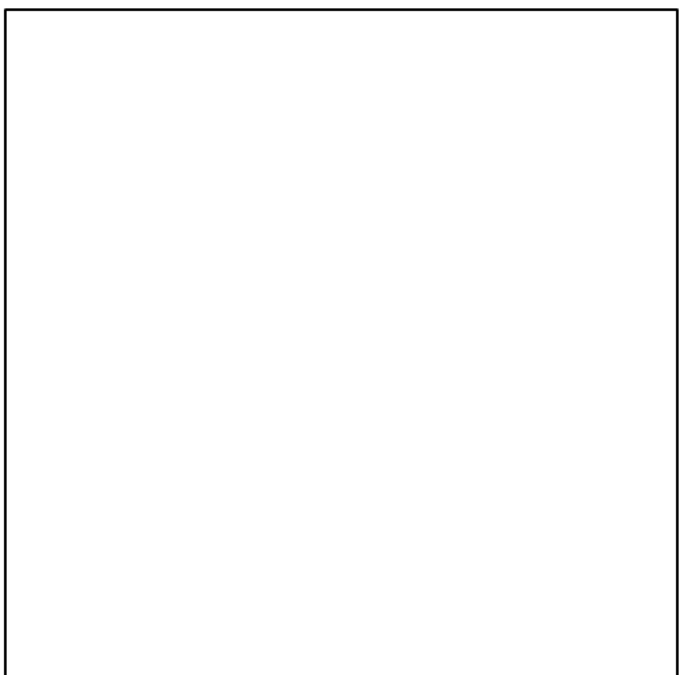
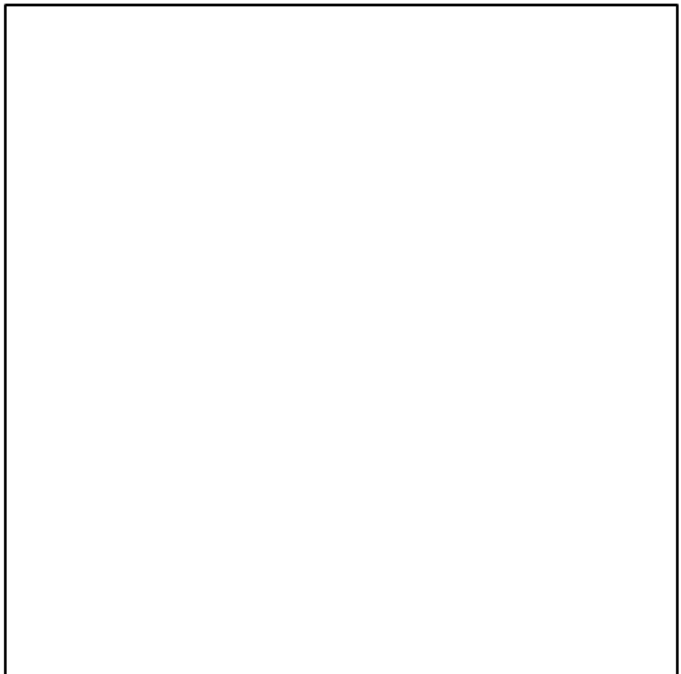
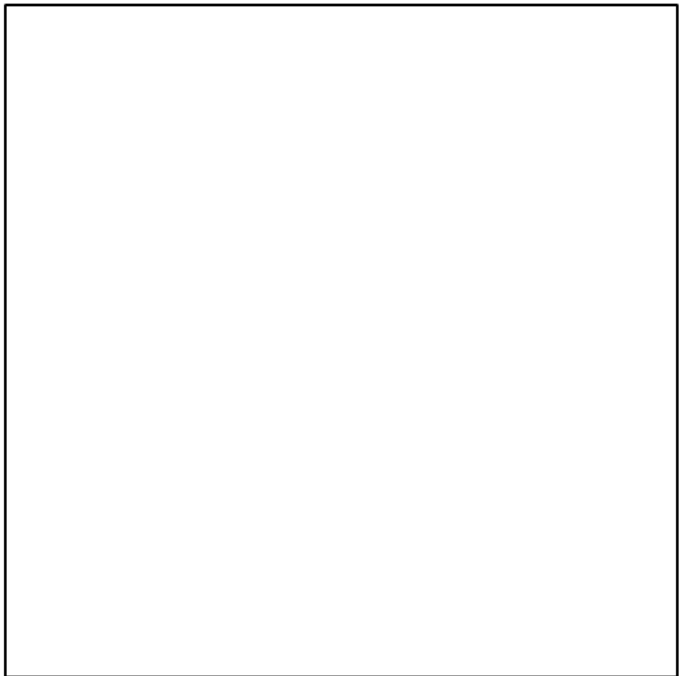
Behavior

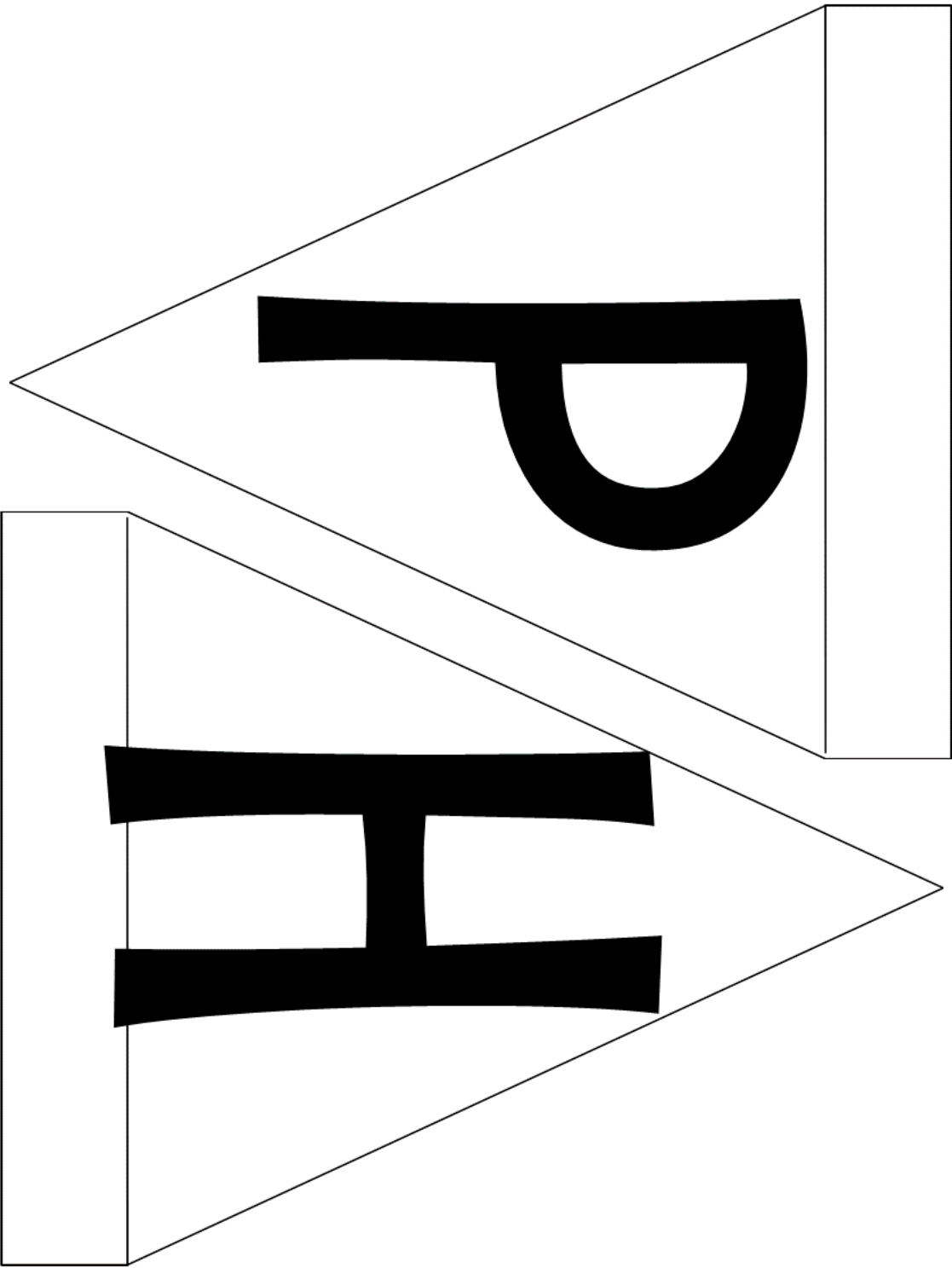
Anger

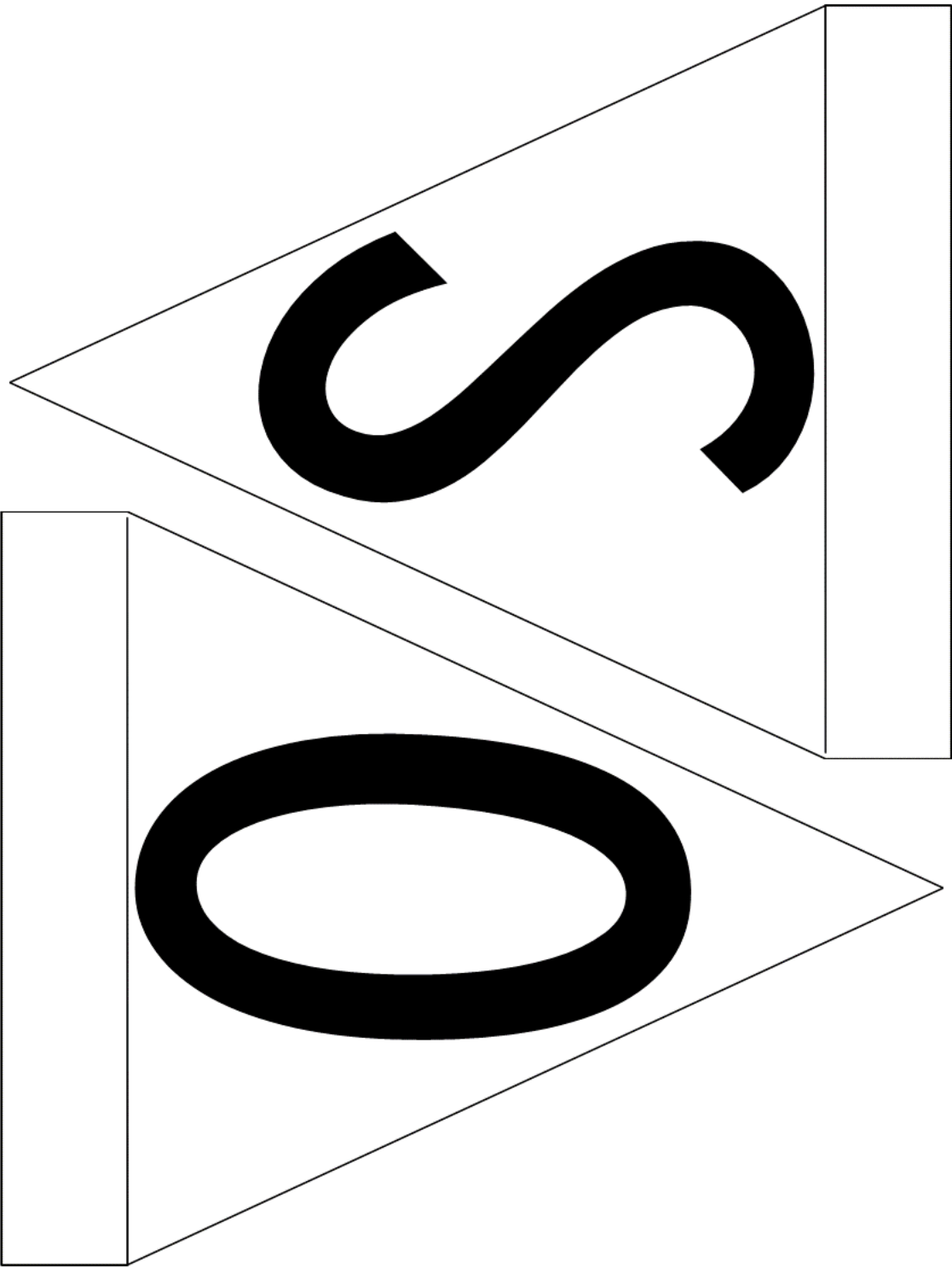
Mindfulness

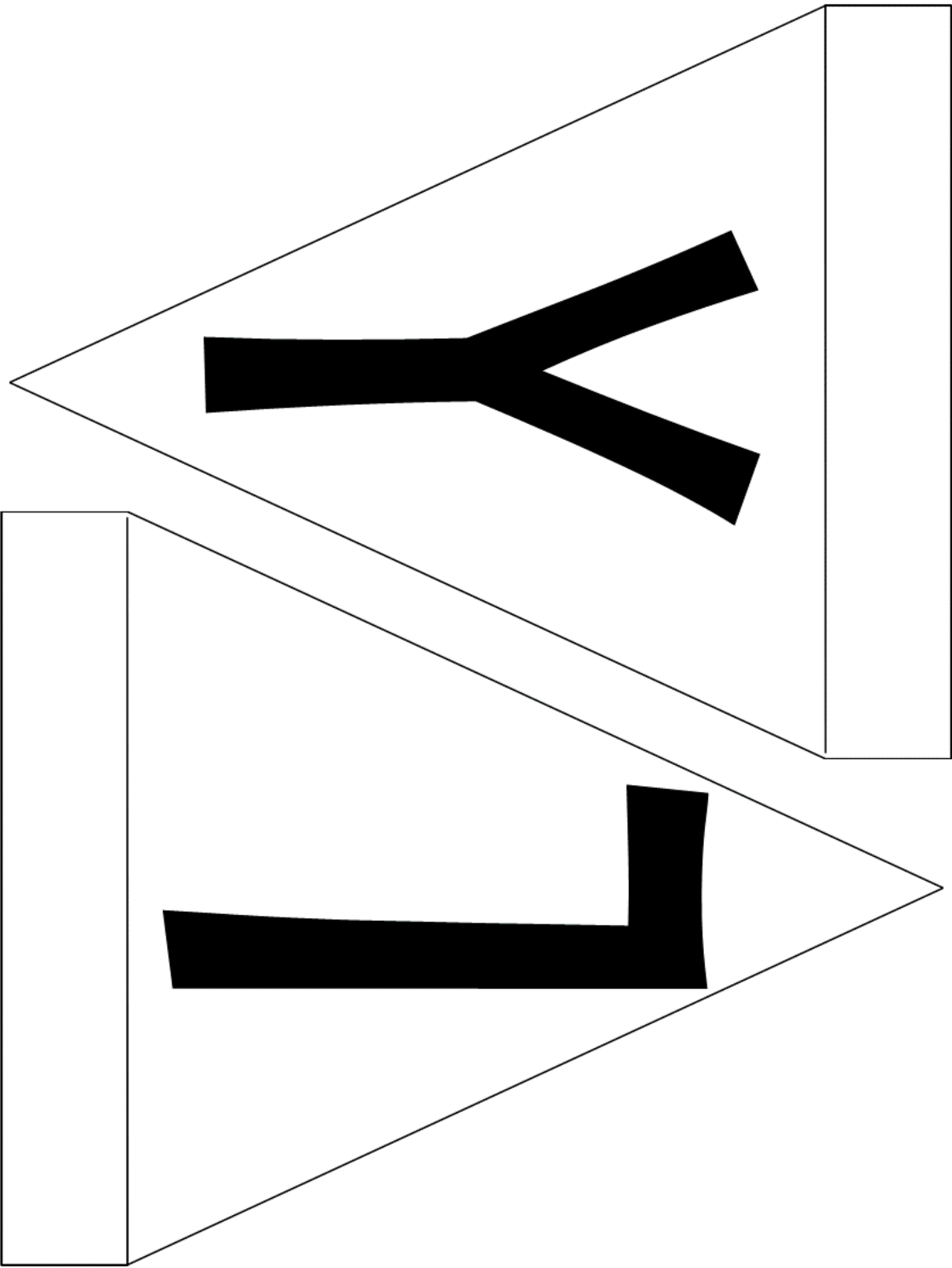
**Success
Skills**

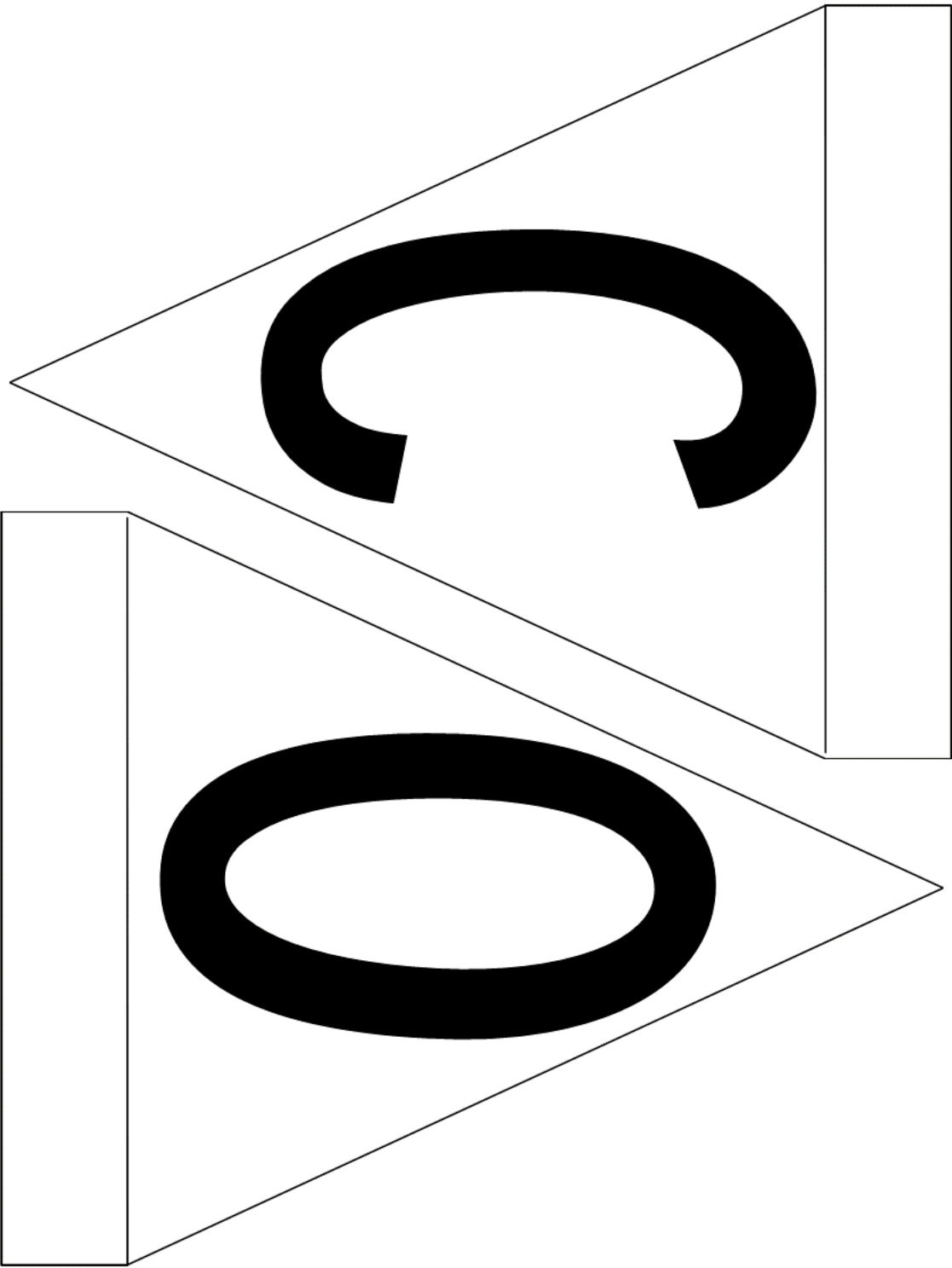
Make your own

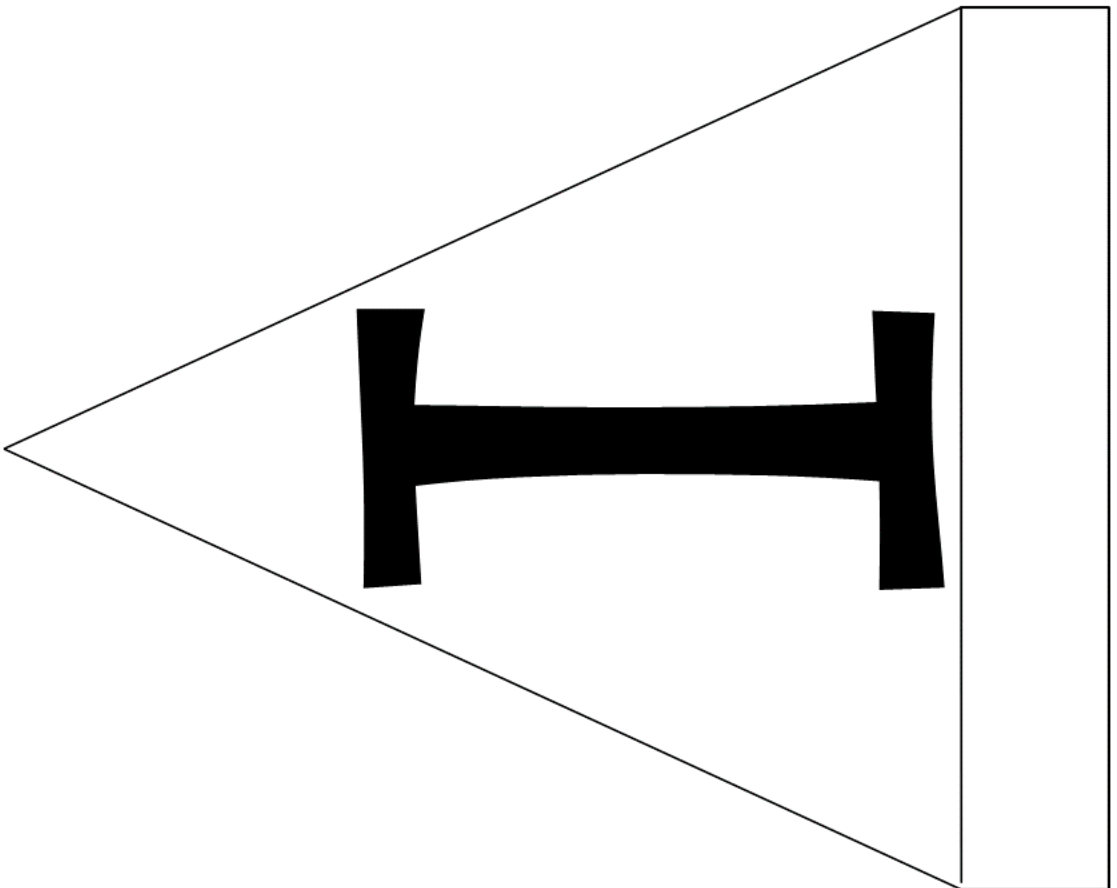
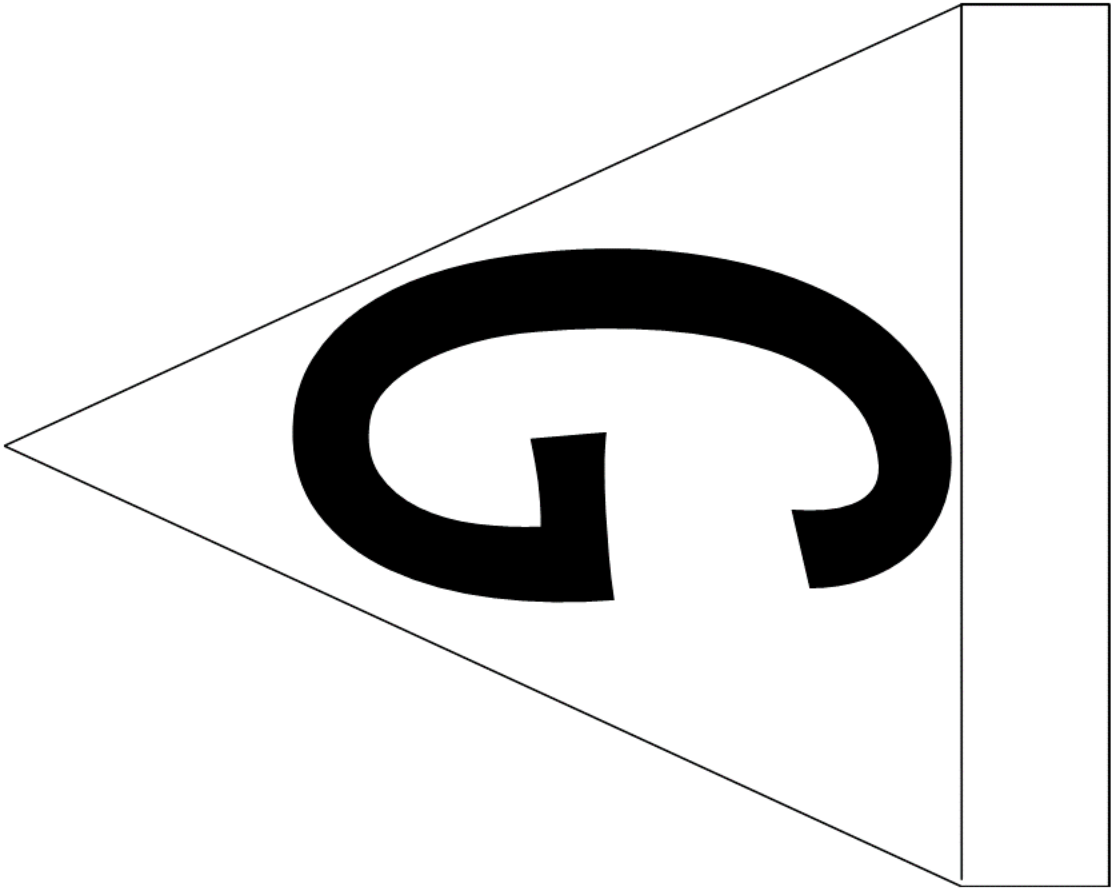


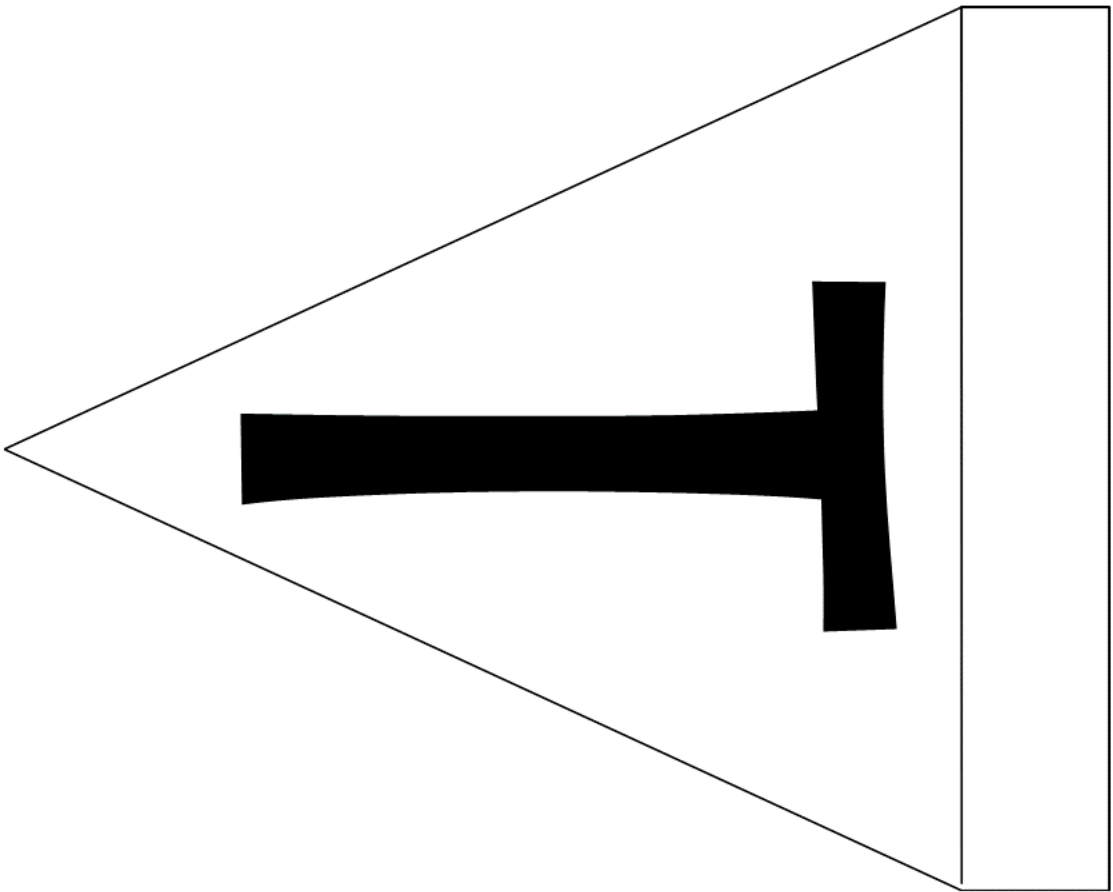
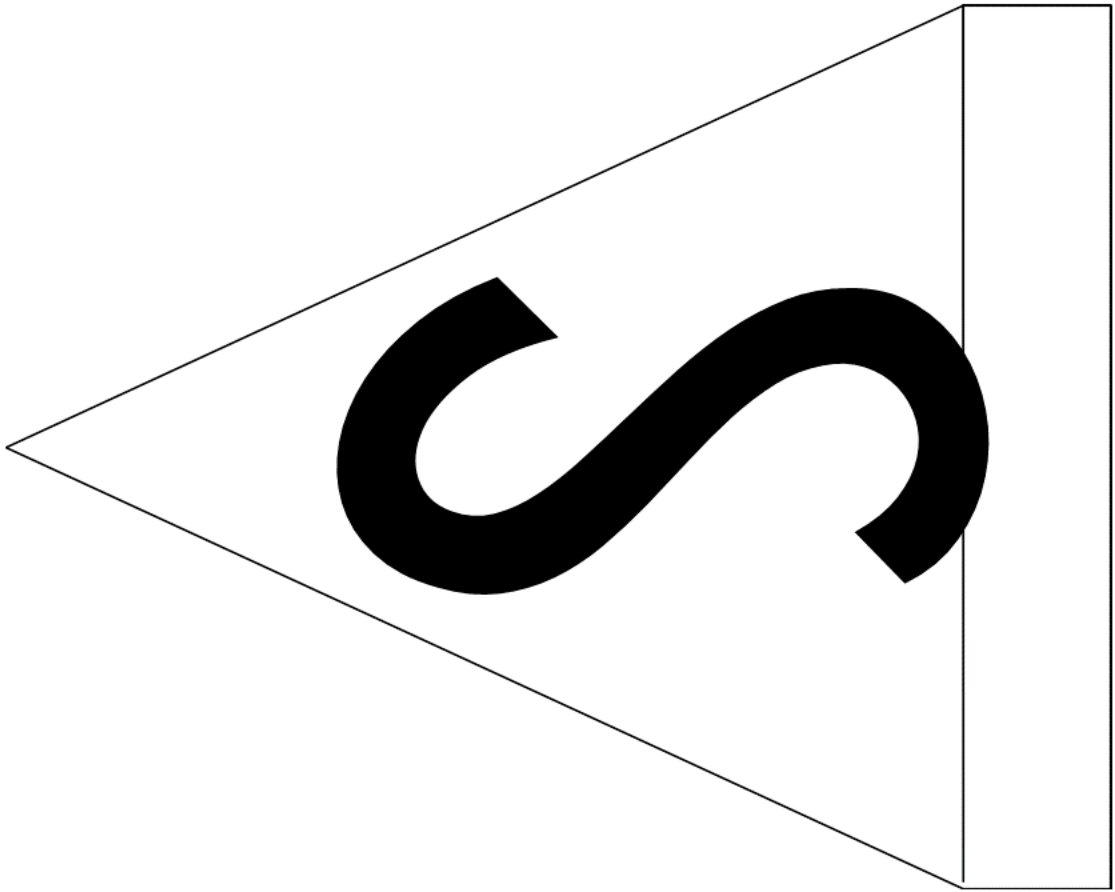


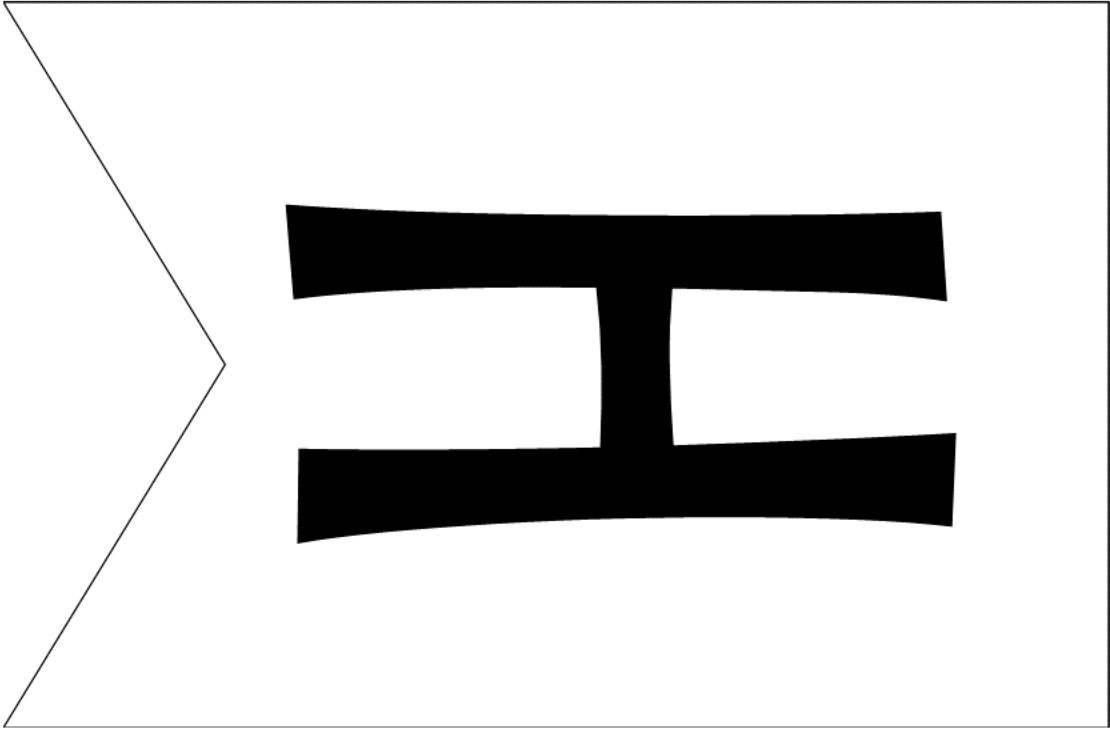
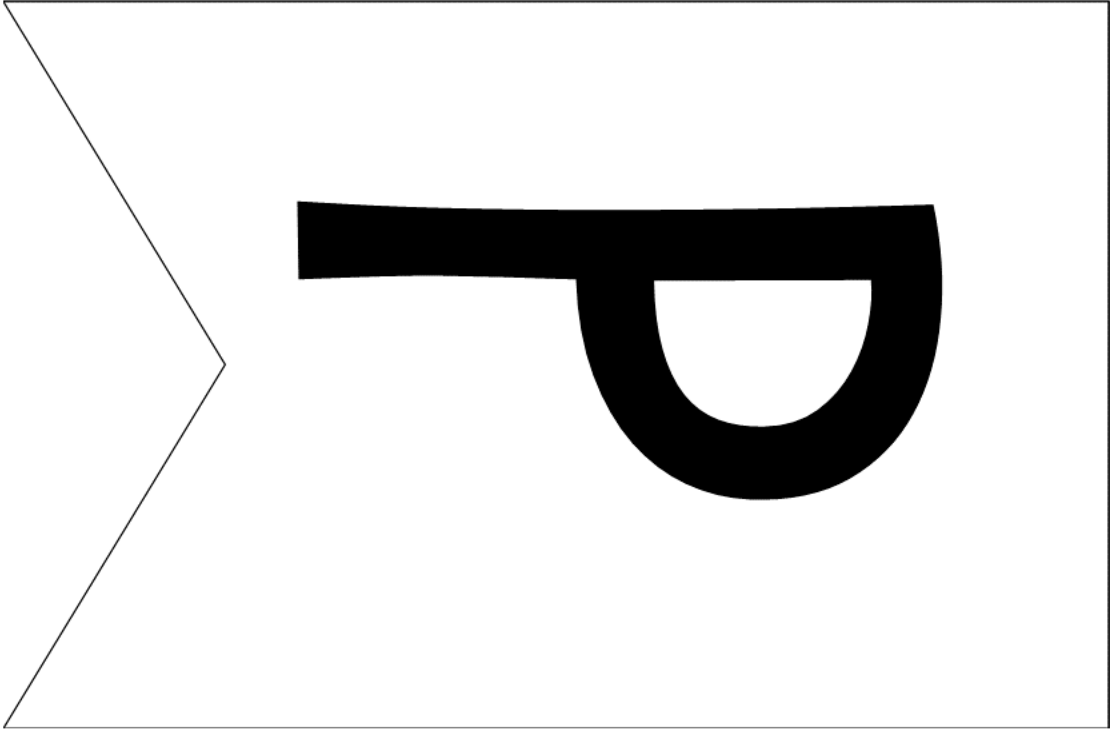


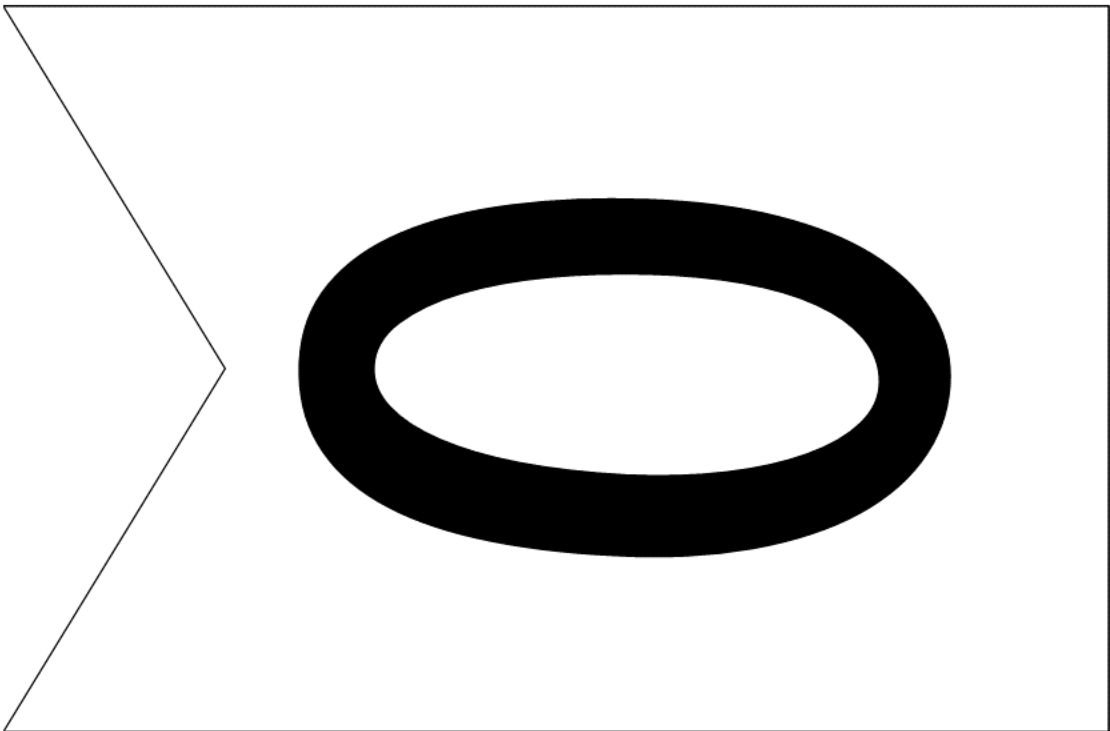
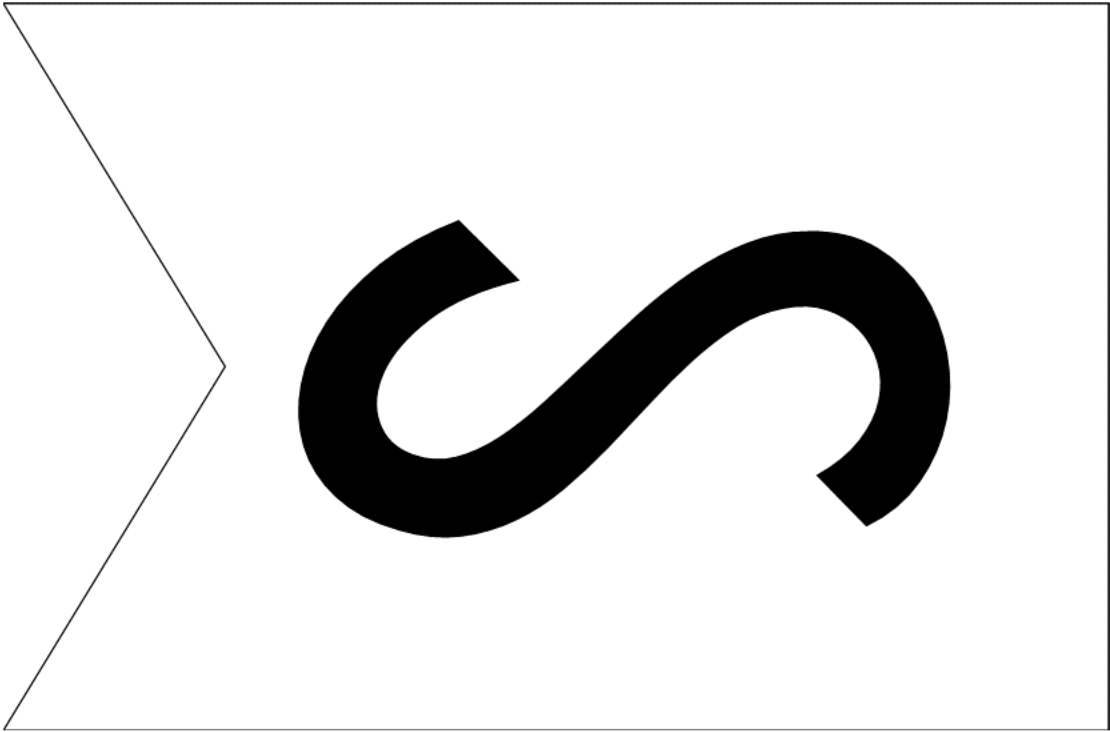


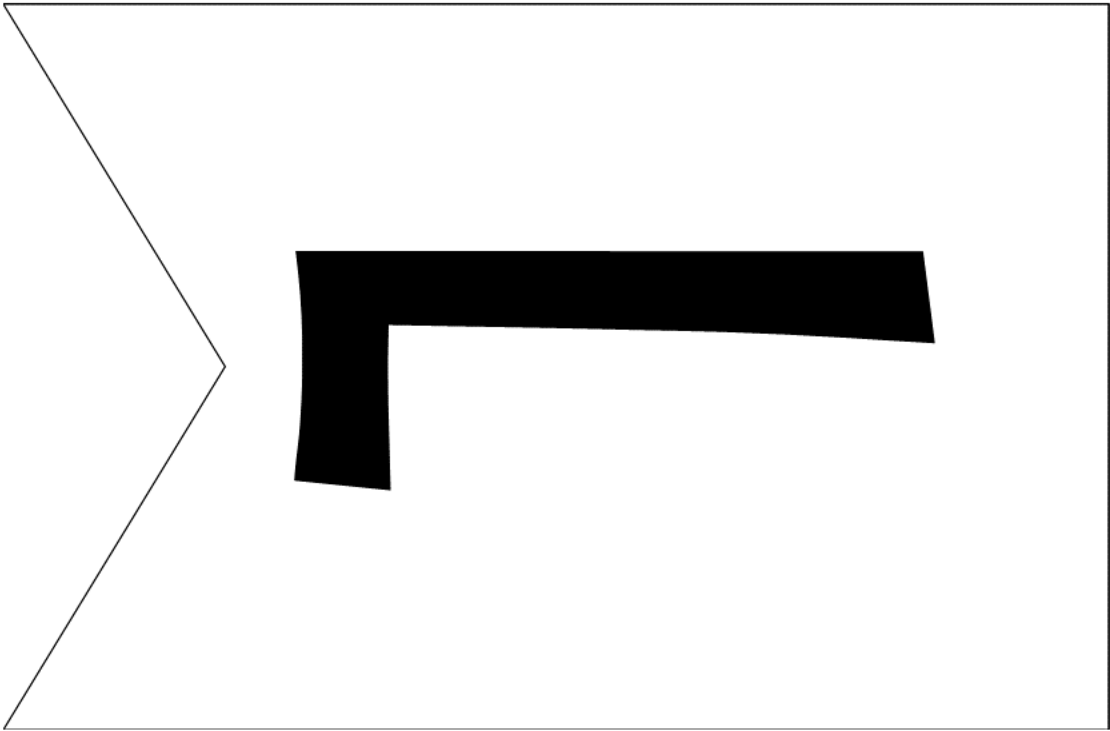
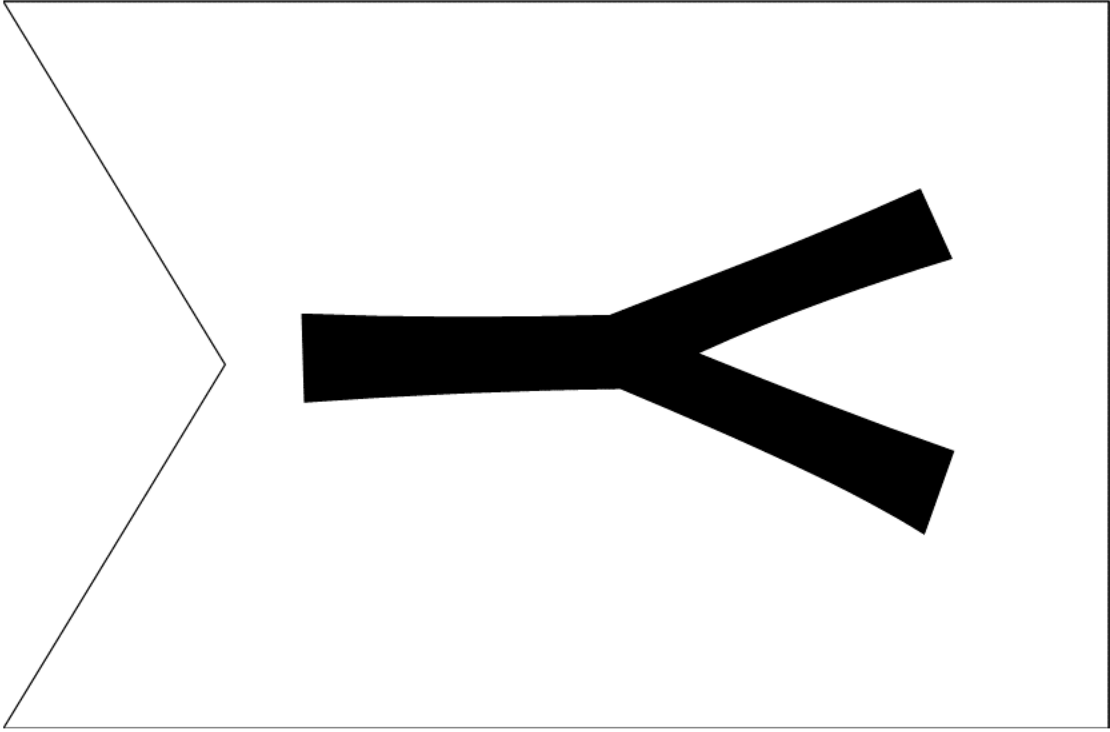


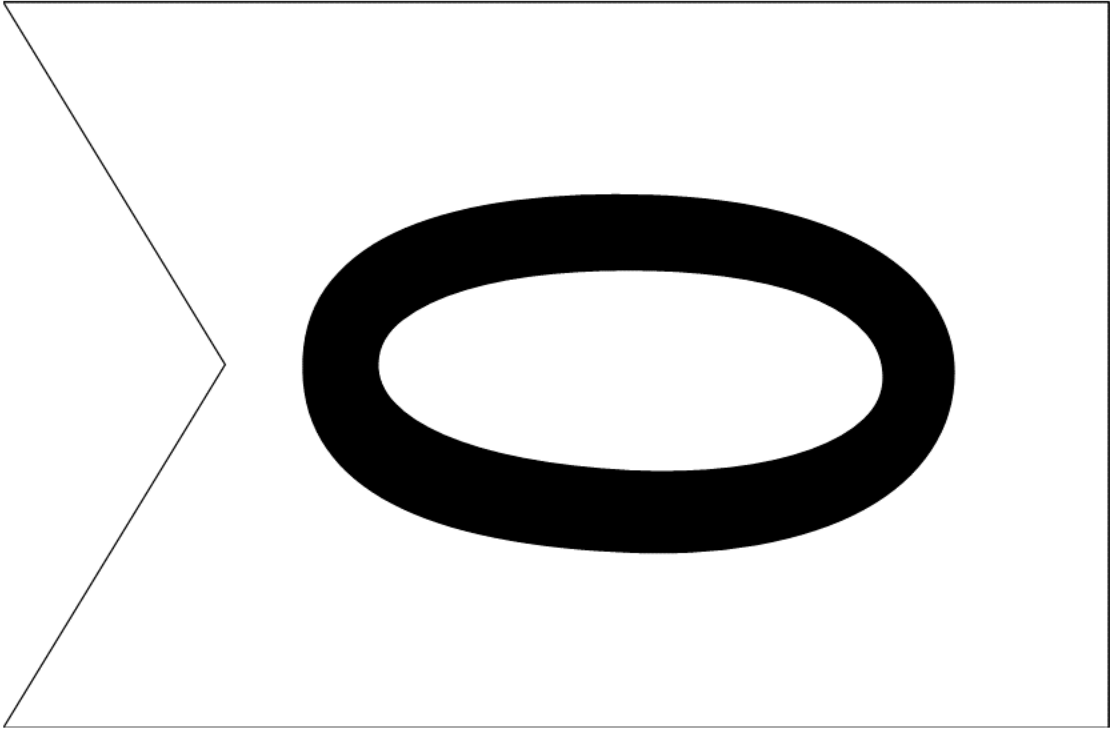
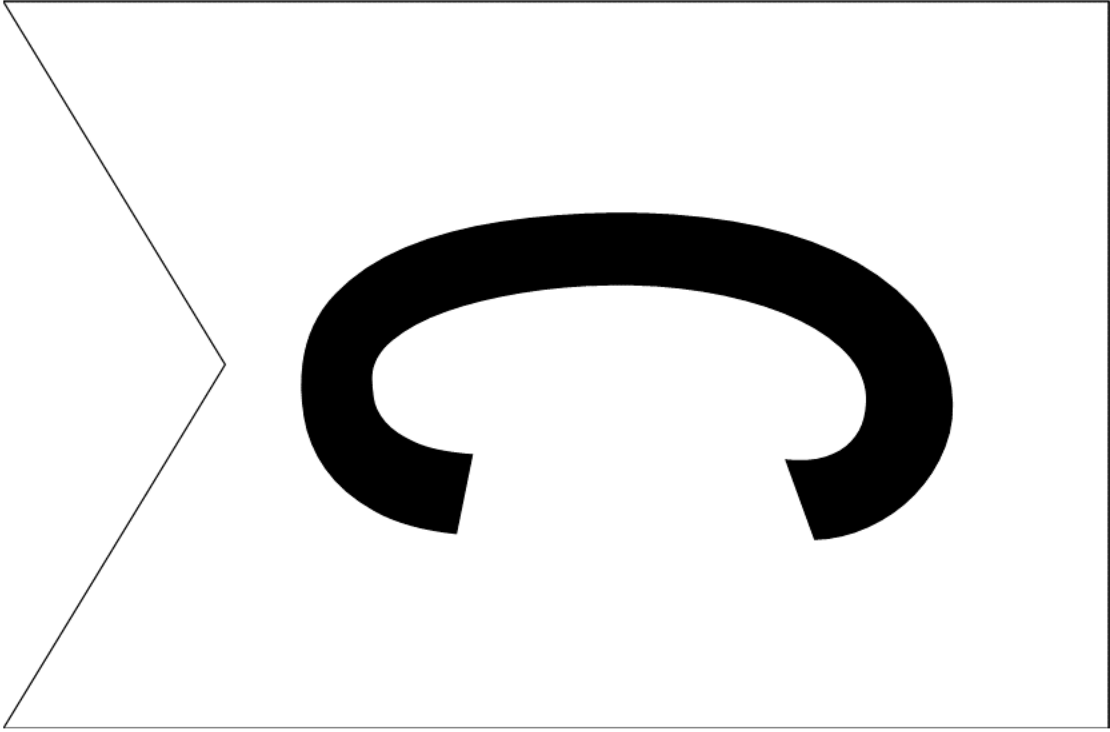


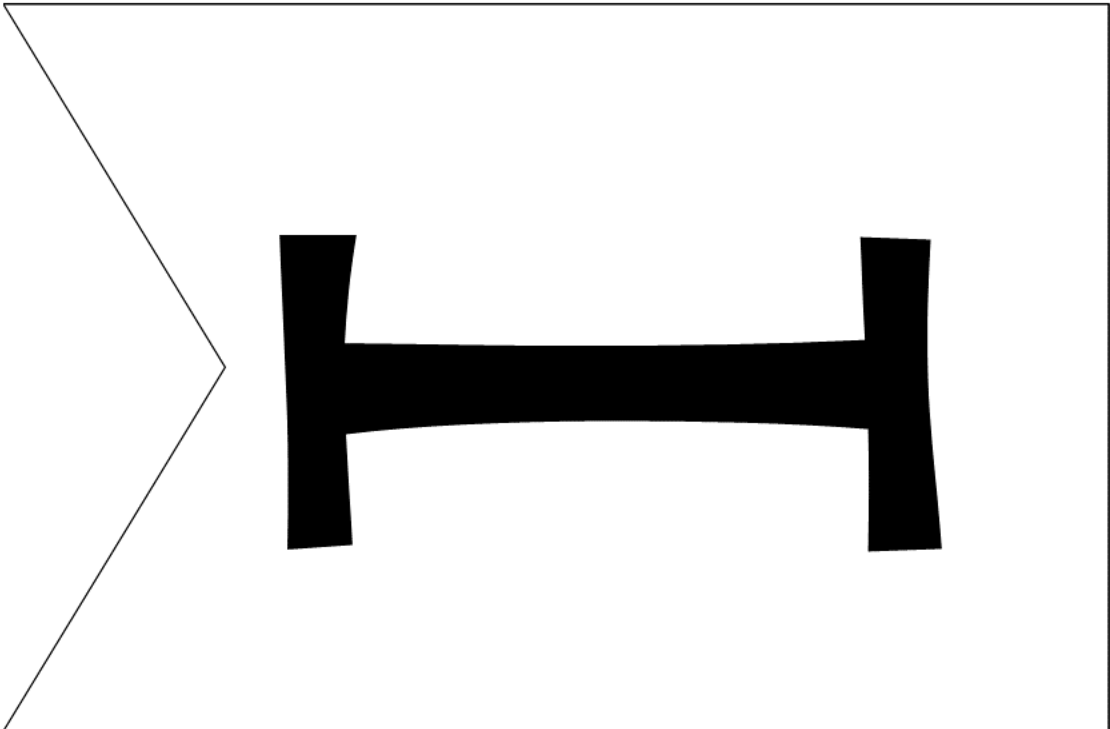
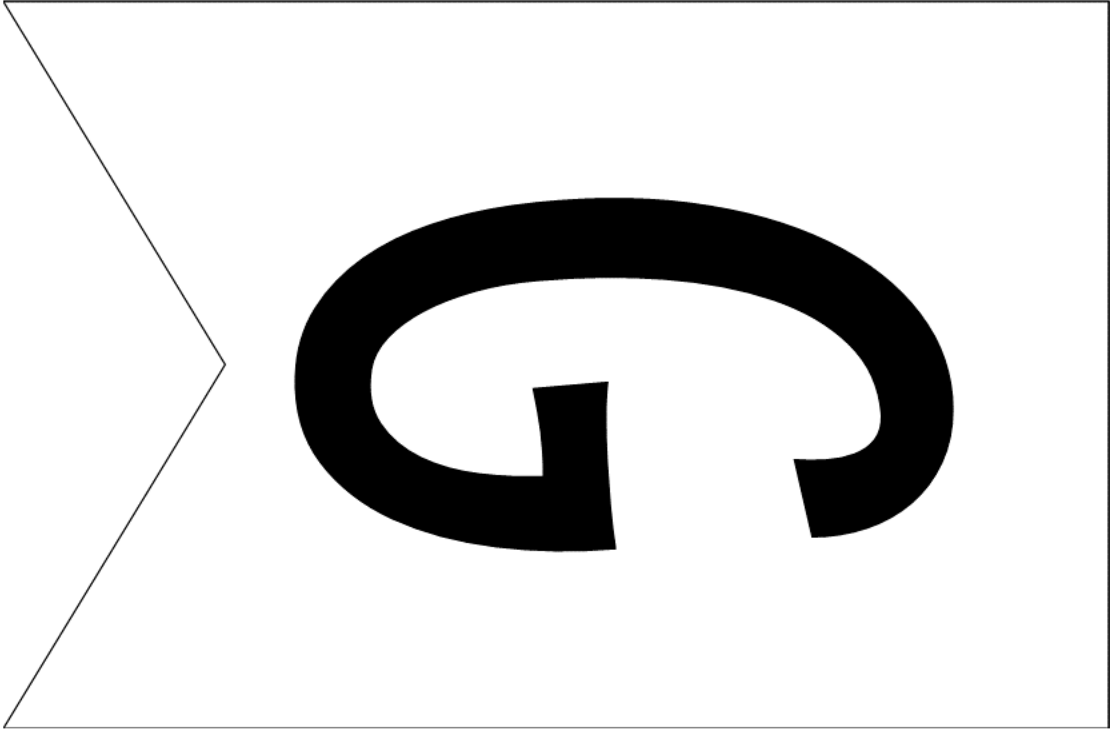


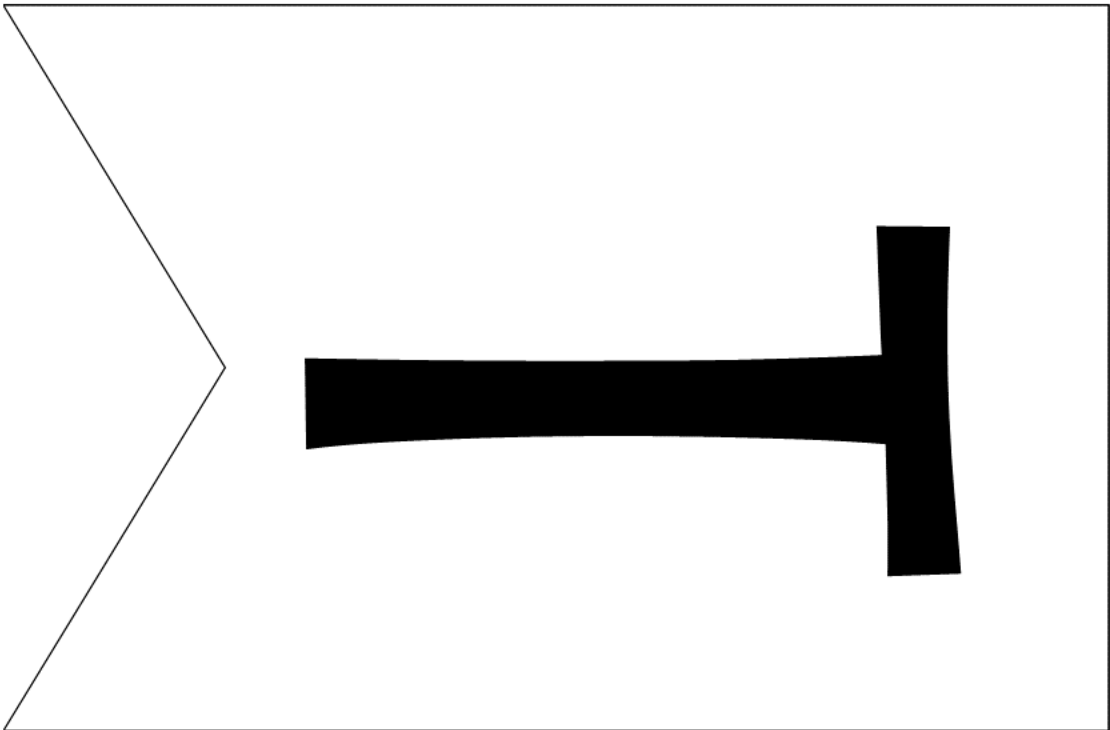
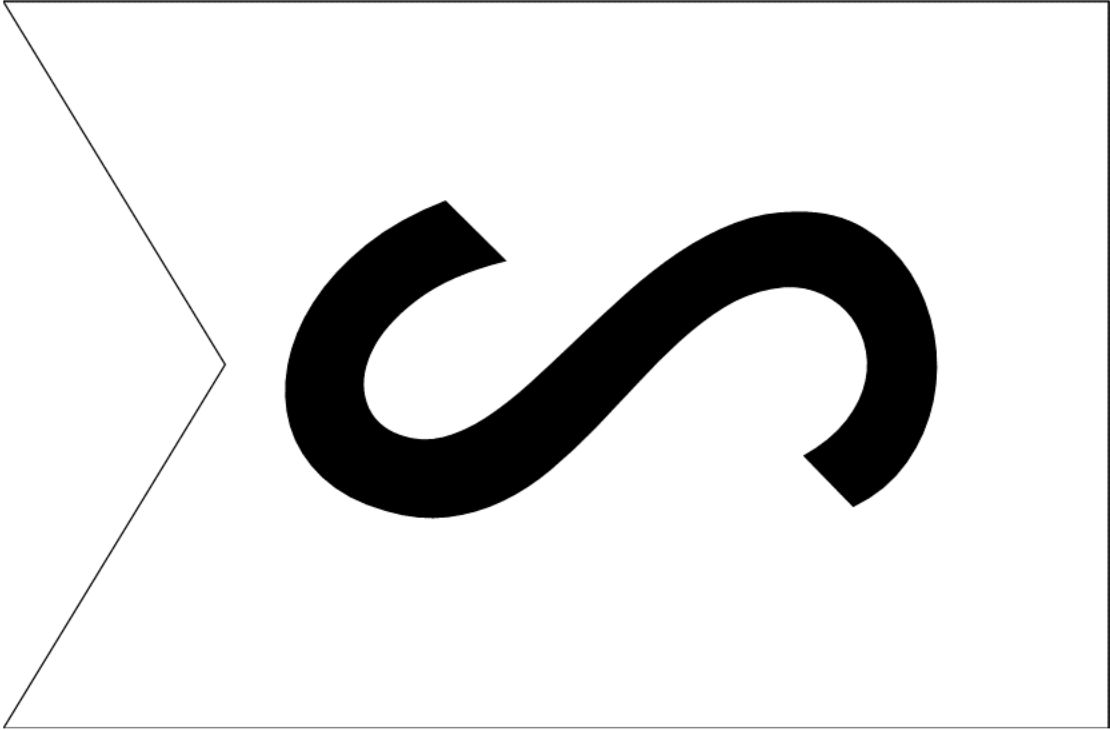


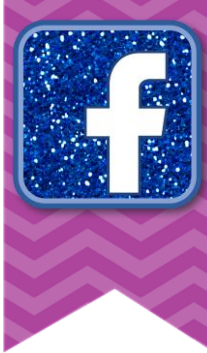












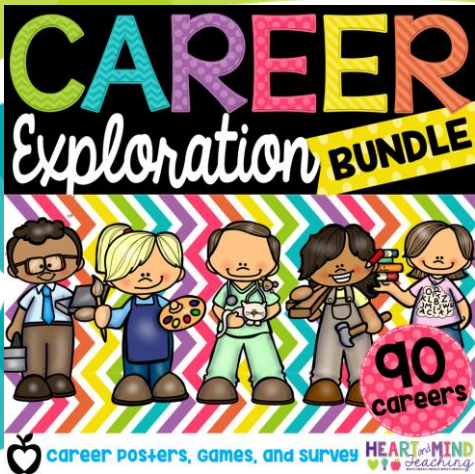
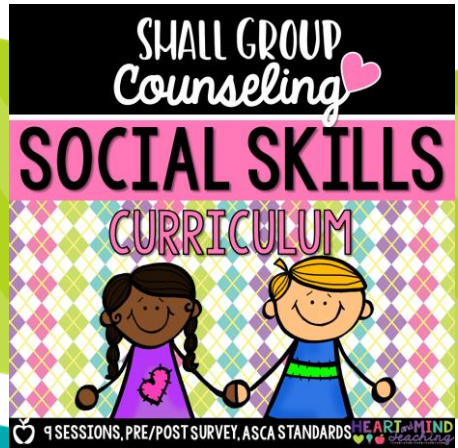
HEART and MIND Teaching

Hi there, my name is Ashley, I'm an Elementary School Counselor. I strive to create fun and engaging resources for Counseling and Social Emotional Learning. Check out my website: <https://heartandmindteaching.com/>

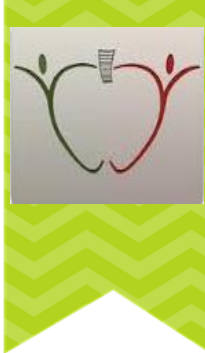
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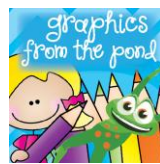
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