

# OUR STRIPES ARE UNIQUE

Our Stripes ARE **UNIQUE**

One thing I am good at:

One word to describe me:

One thing I like to do:

How a friend would describe me:

One thing I do not like to do:

Something I know a lot about:

How a loved one would describe me:

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USE WITH  
GOOGLE  
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# Our Stripes ARE UNIQUE



## Session Objective:

- \*Students will participate in an icebreaker activity and answer personal questions.
- \*Students will work collaboratively to identify and create group rules.

## Materials:

- \*Printout of Selfie Handout, one per student.
- \*Pencils, Crayons.

## Guiding Questions:

- \*What are some interesting things about you that make you unique?
- \*What is something you learned about someone else in the group?
- \*What are some of our similarities and differences?

## ASCA Standards Alignment:

- \*Mindset: Sense of belonging in the school environment. (M 3)
- \*Behavior: Social Skills: Create positive and supportive relationships with other students. (B-SS 2)
- \*Behavior: Social Skills: Use effective collaboration and cooperation skills. (B-SS 6)

## SEL Competencies:

- \*Self-awareness: recognizing strengths.
- \*Relationship skills: relationship building, communication, social engagement, teamwork.
- \*Social-awareness: Respect for others, appreciating diversity.

## Session Details (about 30 min):

- \*Talk with the students about what it means to be unique. Say "A zebra is unique because of its stripes, no two zebras have the same pattern of stripes. To be unique is to be unlike anything or anyone else. What about you makes you unique? You have likes and dislikes, different skills, you look different and act different. All of this makes up who you are and being unique is a good thing. If everyone was the same, it would be a very boring world. Let's find out how you are unique."
- \*Start with the my faves handouts. Have student's complete them and then share them with the group. Did they have anything in common? Ask "why" questions about what they put down, for example, "Why is that your favorite book, what do you like about it?" Point out to the group that everyone had different answers for the most part and that goes into what makes us all unique. Have them complete the next two handouts, makes sure you are helping them to put down positive answers. For the same as me/different than me handout, have students write down some of the responses they heard from other students that were similar or different than their traits/skills/likes.
- \*Lastly, have students complete the shooting star by listing the top 4 things that make them unique on the lines of the rainbow. You can also have them color this afterward. Glue the zebra to the top of the page for a classroom/bulletin board display.

My  
Faves



My favorite  
School Subject:

My  
favorite  
book:

My  
favorite  
color:

My favorite  
animal:

My favorite  
Holiday:

My favorite Movie:

My favorite place to visit:

My favorite food:

# My Faves



My favorite thing about me:

My favorite thing to do at home:

My favorite song:

My favorite Hobby:

My favorite game:

My favorite sport:

My favorite toy:

# Our Stripes

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One thing I am good at:

One word to describe me:

One thing I like to do:

How a friend would describe me:

One thing I do not like to do:

Something I know a lot about:

How a loved one would describe me:



# Our Stripes

ARE **UNIQUE**



No two Zebras are alike. They each have a different pattern of stripes. That makes them unique and helps them stand out.

What makes you unique?

Something about my appearance that makes me unique is...

Something about my personality that makes me unique is...

Something about my skills that makes me unique is...

Our Stripes



ARE **UNIQUE**

Same as me    Different than me

A large, empty rectangular box with a decorative border of small circles. The border is composed of two parallel lines of circles, one on the inside and one on the outside, with small gaps at the corners.A second large, empty rectangular box, identical to the first one, with a decorative border of small circles.



Pick the top 4  
things that  
make you  
unique.



My  
Faves



My favorite  
School Subject:

My  
favorite  
book:

My  
favorite  
color:

My favorite  
animal:

My favorite  
Holiday:

My favorite Movie:

My favorite place to visit:

My favorite food:

# My Faves



My favorite song:

My favorite thing about me:

My favorite thing to do at home:

My favorite Hobby:

My favorite game:

My favorite sport:

My favorite toy:

# Our Stripes

## ARE UNIQUE



One thing I am good at:

One word to describe me:

One thing I like to do:

How a friend would describe me:

One thing I do not like to do:

Something I know a lot about:

How a loved one would describe me:

# Our Stripes ARE **UNIQUE**



No two Zebras are alike. They each have a different pattern of stripes. That makes them unique and helps them stand out.

## What makes you unique?

A rectangular box with a wavy border, intended for writing.

Something about my appearance that makes me unique is...

A rectangular box with a wavy border, intended for writing.

Something about my personality that makes me unique is...

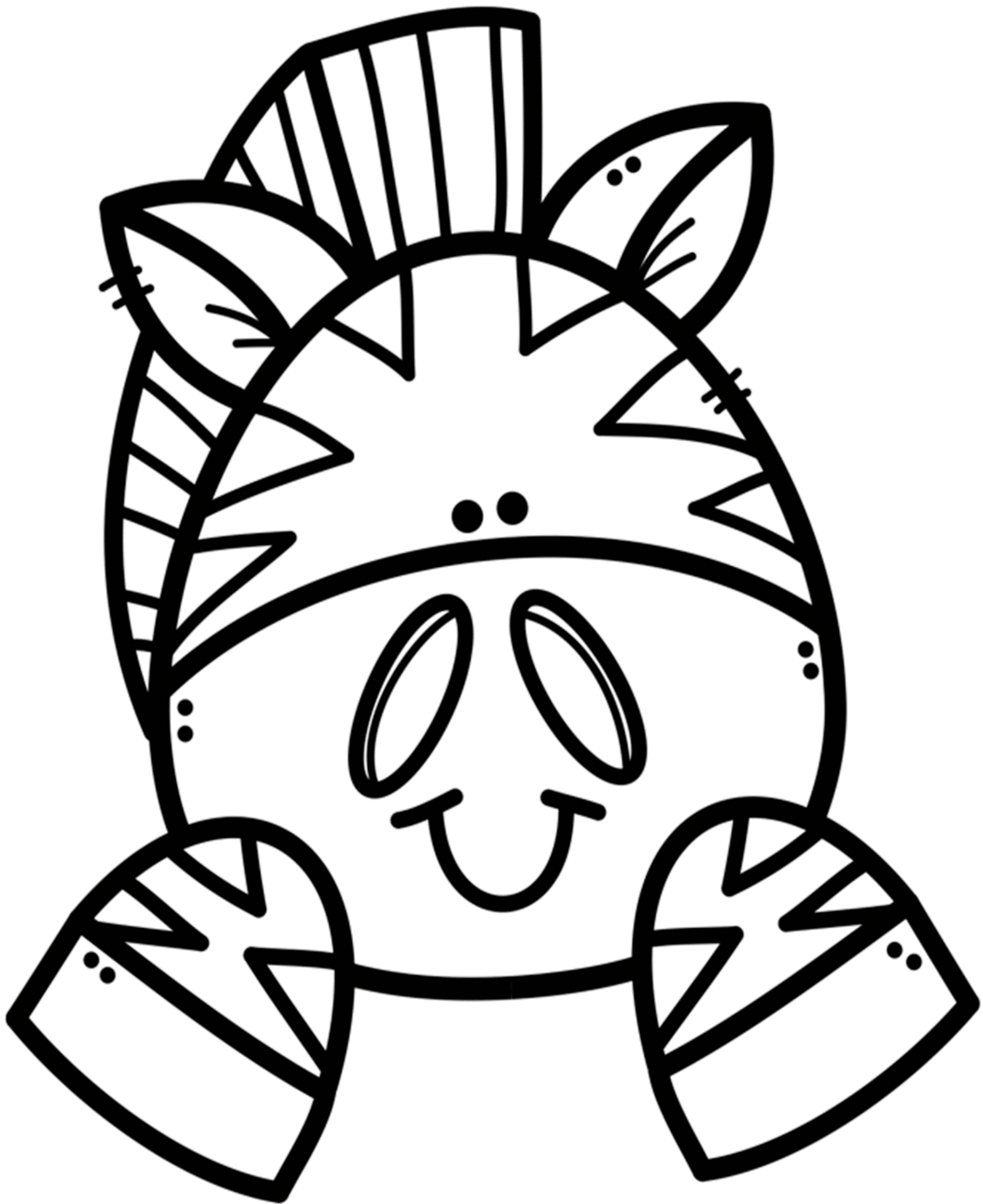
A rectangular box with a wavy border, intended for writing.

Something about my skills that makes me unique is...

Our Stripes  
ARE **UNIQUE**

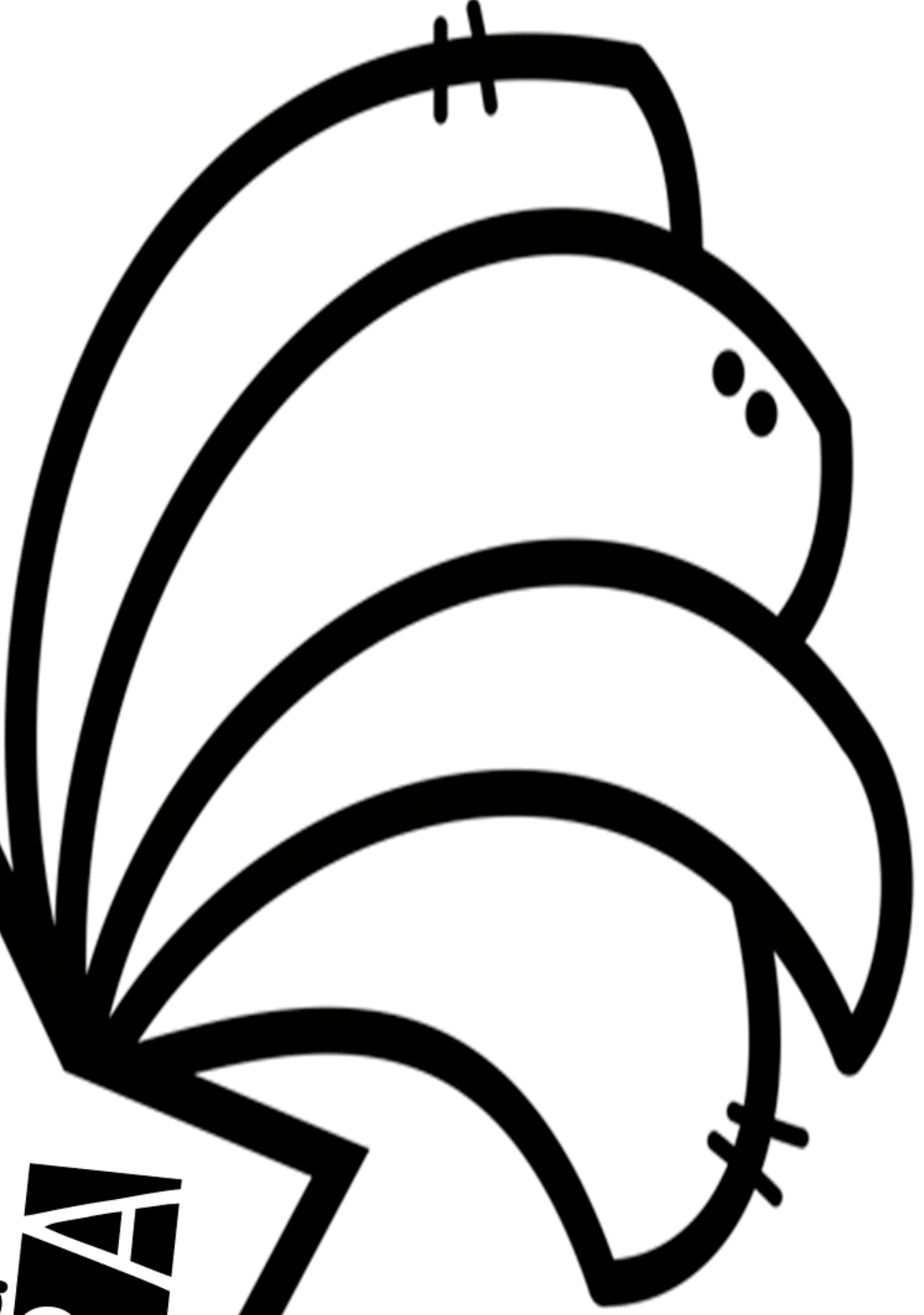


Same as me Different than me



Pick the top 4  
things that  
make you  
unique.

# I am **UNIQUE**  
like a  
**ZEBRA**



# GOOGLE CLASSROOM

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource.

1 Click here  [Our Stripes are Unique](#)

2 You will be prompted to make a copy of the resource. Click on the blue box that says “Make a copy” and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



3 Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

4 Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

5 From here, you should see a grey box that says “Students can view file.” Click the grey box. A dropdown menu should appear. Select, “Make a copy for each student.”

**YOU HAVE TO MAKE A COPY FOR EACH STUDENT!**

Otherwise they will all be editing the same file.

Click “Assign” in the top right corner if you’re ready to post!

This product is meant to be used in “edit” mode (not “presentation” mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

[Helpful links for using Google Classroom:](#)

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)

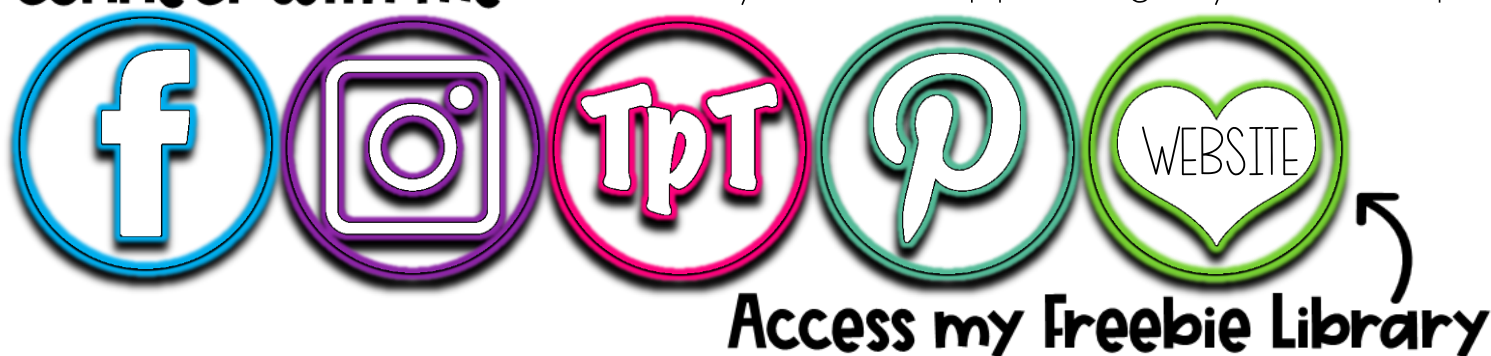
# ABOUT THE AUTHOR



Hi, I'm Ashley  
SCHOOL COUNSELOR  
Blogger & Creator

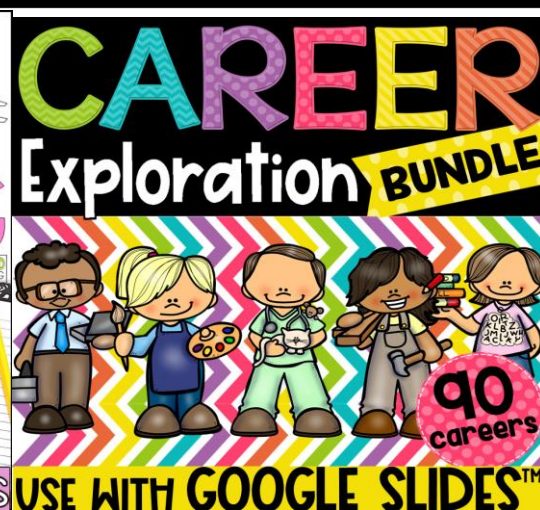
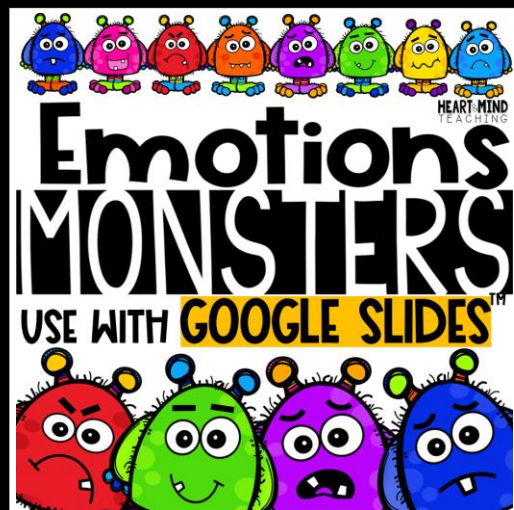
I have a B.A. in Psychology and an M.A. in School Counseling. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning. I am a wife, and mother to two young boys. Thank you for supporting my little shop.

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# RECOMMENDED RESOURCES



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