


# MUSIC city COUNSELOR

## THANK YOU FOR YOUR PURCHASE!



 *laura sathout*

Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com) if you have questions, suggestions, or requests for resources! I am here for you!

## LET'S CONNECT!



 **WEBSITE:** [www.musiccitycounselor.com](http://www.musiccitycounselor.com)

 **MEMBERSHIP:** [www.counselorcollab.com](http://www.counselorcollab.com)

# DIRECTIONS:

This folded craft activity teaches students all about growth mindset. It's a great resource to use in lessons, with individual students, and with small groups of kids that need support with their mindset, motivation, self-esteem, or thinking patterns.

I included both a blank inside page and an inside page full of text. You may choose to have students create the resource with the text written in OR you may prefer to have students write in the text themselves as you teach it and/or in their own words.

## MATERIALS NEEDED:

- Printed materials
- Glue sticks
- Scissors
- Pencils
- Crayons or markers

## TO MAKE THE FOLDED ACTIVITY:

1. Please see the sample on the next page!
2. Please print the front labels page and the inside page of your choice (with or without text).
3. Please color the front labels with markers or crayons.
4. Please cut out each of the front labels individually.
5. On the inside page, please cut along the dotted lines so you have 6 attached strips.
6. Please fold each of the 6 strips that you just cut in towards the "All About Growth Mindset" title.
7. Please glue each of the front labels onto the front of the strips. Please make sure they're glued in the correct order, so the outside labels match the inside labels and descriptions.

Questions, comments, or suggestions? Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com).

I'm here to help! ☺ PS Please take a moment to leave a review on this resource on my TpT store!

# SAMPLE



What is **GROWTH MINDSET?**



What is **FIXED MINDSET?**

What is the **POWER OF YET?**



Why is growth **MINDSET IMPORTANT?**

"I can't do this **YET**, but I'll get better with practice"



What does fixed **MINDSET SOUND LIKE?**

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MINDSET

ER

What does a growth **MINDSET SOUND LIKE?**

- "I can't do this yet, but with practice, I will soon!"
- "I face challenges so I can learn and grow."
- "Making mistakes helps me learn."
- "Even when things get hard, I won't give up!"

What does a fixed **MINDSET SOUND LIKE?**



All About **GROWTH MINDS**



# FRONT LABELS

What is  
**GROWTH MINDSET?**



What is  
**FIXED MINDSET?**



What is the  
**POWER OF YET?**



Why is growth  
**MINDSET IMPORTANT?**



What does a growth  
**MINDSET SOUND LIKE?**



What does a fixed  
**MINDSET SOUND LIKE?**



## What is **GROWTH MINDSET?**

The belief that when we try our best, we can do anything we set our minds to! With effort, practice, and learning, we get better and better at the things we want to do.

## What is **FIXED MINDSET?**

The belief that even when we try our best, we CAN'T get better at the things we want to do. We're born with certain abilities and can't grow or improve, even with practice.

## What is the **POWER OF YET?**

The power of yet means that even if we can't do something right now, it doesn't mean we never will — we just can't do it, *YET!* With practice, learning, and patience, we'll get better.

## Why is growth **MINDSET IMPORTANT?**

Having a growth mindset helps us feel confident and strong. It also helps us learn more, believe in ourselves, solve problems, be better friends, and achieve our goals.

## What does a growth **MINDSET SOUND LIKE?**

"I can't do this yet, but with practice, I will soon!"  
"I face challenges so I can learn and grow."  
"Making mistakes helps me learn."  
"Even when things get hard, I won't give up!"

## What does a fixed **MINDSET SOUND LIKE?**

"I'm just not good enough. I can't do it!"  
"I avoid challenges — I'm afraid to fail."  
"I don't want to try — what if I make a mistake?"  
"This is too hard, I give up!"

What is  
**GROWTH MINDSET?**

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What is  
**FIXED MINDSET?**

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What is the  
**POWER OF YET?**

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Why is growth  
**MINDSET IMPORTANT?**

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What does a growth  
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What does a fixed  
**MINDSET SOUND LIKE?**

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**All About GROWTH MINDSET**

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