


MUSIC city COUNSELOR

THANK YOU FOR YOUR PURCHASE!



 Laura Sathout

Please contact me any time at laura@musiccitycounselor.com if you have questions, suggestions, or requests for resources! I am here for you!

LET'S CONNECT!



 **WEBSITE:** www.musiccitycounselor.com

 **MEMBERSHIP:** www.counselorcollab.com

DIRECTIONS:

This folded craft activity teaches students 10 test-taking tips. It's a great resource to use in classroom lessons, with individual students, and with small groups of kids that need support with classroom and standardized tests.

I included both a blank inside page and an inside page full of text. You may choose to have students create the resource with the text written in OR you may prefer to have students write in the text themselves as you teach it and/or in their own words.

MATERIALS NEEDED:

- Printed materials
- Glue sticks
- Scissors
- Pencils
- Crayons or markers

TO MAKE THE FOLDED ACTIVITY:

1. Please see the sample on the next page!
2. Please print the front labels page and the inside page of your choice (with or without text).
3. Please cut out each of the front labels individually.
4. Please color the clipart on the inside page with markers or crayons.
5. On the inside page, please cut along the dotted lines so you have 10 attached strips.
6. Please fold each of the 10 strips inward towards the center of the page.
7. Please glue each of the front labels onto the front of the blank side of the strips. Please make sure they're glued in the correct order, so the outside labels match the inside labels and descriptions.

Questions, comments, or suggestions? Please contact me any time at laura@musiccitycounselor.com. I'm here to help! ☺ PS Please take a moment to leave a review on this resource on my TpT store!

SAMPLE

10 Tips for TEST-TAKING

1 Get plenty of sleep. Go to bed on time the night before a big test. Try to sleep 9-12 hours.

2 Eat a healthy breakfast. Fuel your body and brain with energy! Try fruit, eggs, and whole-grain toast.

3 Read all test directions carefully so you know exactly what to do. Pay special attention to graphs and charts.

4 Answer easy questions first. Star tough ones to come back to them later. This saves time and builds confidence.

5 Take MINI BREAKS

6 Calm your test day nerves with deep breathing and grounding techniques. Think positive thoughts.

7 Believe in yourself! Show the world what you know. You've worked hard and are ready to do your best!

8 Look for key words. Highlight or circle them. Key words offer clues to finding the correct answer.

9 It's not a race! Take your time. Don't rush, but don't spend too much time on any one question.

10 Check your work to fix any little mistakes. Be sure your answers are clear, and you didn't skip any questions.



WITH COPING SKILLS

1 Get enough SLEEP

2 Eat a healthy BREAKFAST

3 Carefully read all DIRECTIONS

4 Start with the EASY QUESTIONS

5 Take MINI BREAKS

6 Manage nerves WITH COPING SKILLS

7 Believe in YOURSELF

8 Look for KEY WORDS

9 Manage your TIME WISELY

10 Be sure to CHECK WORK

© Music City Counselor



1
Get enough
SLEEP

2
Eat a healthy
BREAKFAST

3
Carefully read all
DIRECTIONS

4
Start with the
EASY
QUESTIONS

5
Take
MINI BREAKS

FRONT LABELS

6
Manage nerves
WITH COPING
SKILLS

7
Believe in
YOURSELF

8
Look for
KEY WORDS

9
Manage your
TIME WISELY

10
Be sure to
CHECK WORK

10 Tips for TEST-TAKING

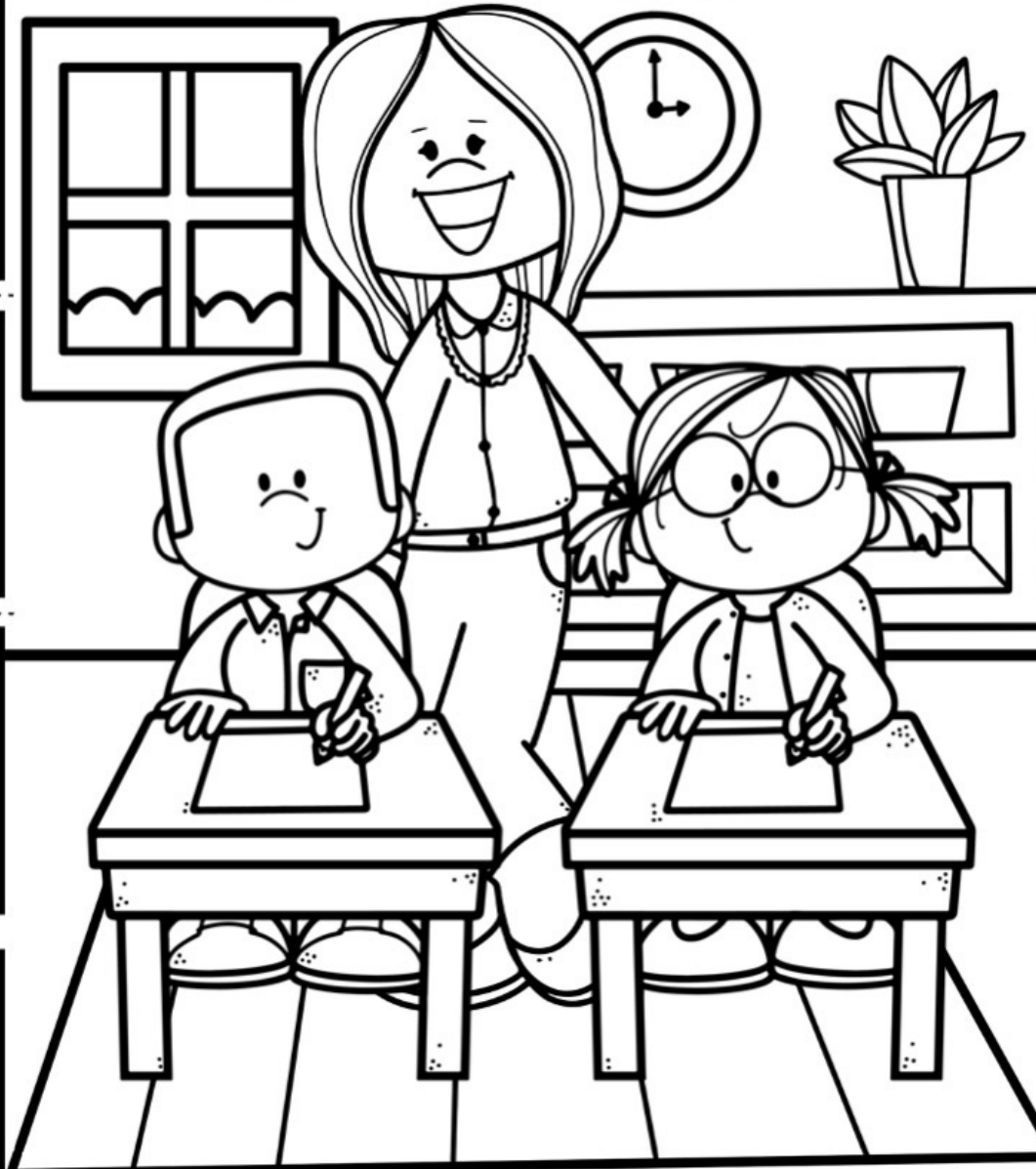
1 Get plenty of sleep. Go to bed on time the night before a big test. Try to sleep 9-12 hours.

2 Eat a healthy breakfast. Fuel your body and brain with energy! Try fruit, eggs, and whole-grain toast.

3 Read all test directions carefully so you know exactly what to do. Pay special attention to graphs and charts.

4 Answer easy questions first. Star tough ones to come back to them later. This saves time and builds confidence.

5 Take a moment to give your brain a rest. This gives you energy to keep trying and improves your focus.



6 Calm your test day nerves with deep breathing and grounding techniques. Think positive thoughts.

7 Believe in yourself! Show the world what you know. You've worked hard and are ready to do your best!

8 Look for key words. Highlight or circle them. Key words offer clues to finding the correct answer.

9 It's not a race! Take your time. Don't rush, but don't spend too much time on any one question.

10 Check your work to fix any little mistakes. Be sure your answers are clear, and you didn't skip any questions.

10 Tips for **TEST-TAKING**

1

6

2

7

3

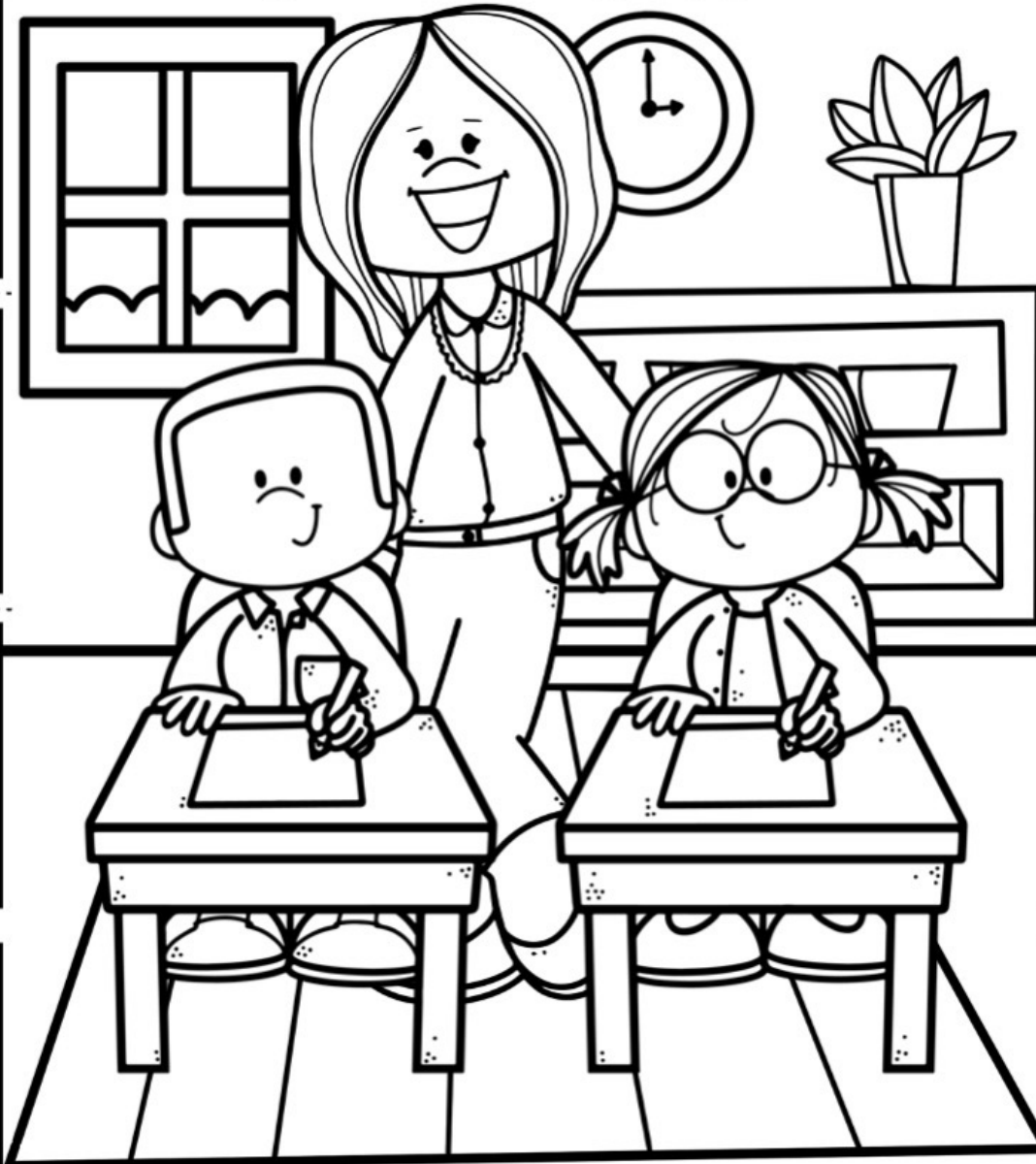
8

4

9

5

10



TERMS OF USE:

- Make copies for the purchaser's classroom AND share copies with other educators within your school building
- Reference (without distribution) this product in blog posts, seminars, professional development workshops, or other such venues provided there is both credit given to myself as the author and a link back to my TpT store included in the post/presentation

YOU MAY

- Claim the work as your own, alter the files in any way, or remove/attempt to remove the copyright
- Share this product with educators outside of your school building
- Repackage, sell, or giveaway this product to others
- Offer to share this product anywhere on the internet as a download or copy

YOU MAY NOT

THIS RESOURCE WAS MADE POSSIBLE THANKS TO:

