

# MUSIC city COUNSELOR

## THANK YOU FOR YOUR PURCHASE!



♥ *laura oathout*

Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com) if you have questions, suggestions, or requests for resources! I am here for you!

## LET'S CONNECT!



♥ **WEBSITE:** [www.musiccitycounselor.com](http://www.musiccitycounselor.com)

♥ **MEMBERSHIP:** [www.counselorcollab.com](http://www.counselorcollab.com)

# DIRECTIONS:

This folded craft activity teaches students all about middle school transition. It's a great resource to use in lessons, with individual students, and with small groups of kids that need support with the big move to middle school.

I included both a blank inside page and an inside page full of text. You may choose to have students create the resource with the text written in OR you may prefer to have students write in the text themselves as you teach it and/or in their own words.

## MATERIALS NEEDED:

- Printed materials
- Glue sticks
- Scissors
- Pencils
- Crayons or markers

## TO MAKE THE FOLDED ACTIVITY:

1. Please see the sample on the next page!
2. Please print the front labels page and the inside page of your choice (with or without text).
3. Please color the front labels with markers or crayons.
4. Please cut out each of the front labels individually.
5. On the inside page, please cut along the dotted lines so you have 6 attached strips.
6. Please fold each of the 6 strips that you just cut in towards the "Middle School Transition" title.
7. Please glue each of the front labels onto the front of the strips. Please make sure they're glued in the correct order, so the outside labels match the inside labels and descriptions.

Questions, comments, or suggestions? Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com). I'm here to help! ☺ PS Please take a moment to leave a review on this resource on my TpT store!

# SAMPLE



What are common **TRANSITION FEELINGS?**

What are common **TRANSITION WORRIES?**

MS Transition Tip #1: **STAY ORGANIZED!**

MS Transition Tip #2: **ASK FOR HELP**

MS Transition Tip #3: **JOIN, JOIN, JOIN!**

MS Transition Tip #4: **PEER PRESSURE**

*Middle School TRANSITION*

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What are common **TRANSITION FEELINGS?**

scared

What are common **TRANSITION WORRIES?**

MS Transition Tip #1: **STAY ORGANIZED!**

MS Transition Tip #2: **ASK FOR HELP**

MS Transition Tip #3: **JOIN, JOIN, JOIN!**

MS Transition Tip #4: **PEER PRESSURE**

*Middle School TRANSITION*

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# FRONT LABELS



What are common  
**TRANSITION FEELINGS?**

What are common  
**TRANSITION WORRIES?**



MS Transition Tip #1:  
**STAY ORGANIZED!**

MS Transition Tip #2:  
**ASK FOR HELP**



MS Transition Tip #3:  
**JOIN, JOIN, JOIN!**

MS Transition Tip #4:  
**PEER PRESSURE**



## What are common **TRANSITION FEELINGS?**

Moving to middle school can bring with it big feelings. You may feel nervous, worried, anxious, scared, excited, confident, or stressed. It's normal to have mixed feelings!

## What are common **TRANSITION WORRIES?**

It's normal to feel worried about moving to middle school! You may feel worried about a new and bigger building, older students, bullying, using a locker, or making friends.

## MS Transition Tip #1: **STAY ORGANIZED!**

Keep track of your assignments, tests, and due dates in an agenda. Use a locker organizer. Color code your folders and notebooks. Clean out your desk, locker, and backpack regularly.

## MS Transition Tip #2: **ASK FOR HELP**

If you know someone in middle school, ask them for advice. Get to know your new teachers, counselor, and principal. Keep your caregivers informed of how things are going.

## MS Transition Tip #3: **JOIN, JOIN, JOIN!**

Try out some new activities to figure out what you like and what you're good at! Try sports teams, clubs, art, music, or theater. This helps you make friends and learn something new.

## MS Transition Tip #4: **PEER PRESSURE**

Watch out for peer pressure! It's when someone tries to make you do or say something that you're not comfortable doing – and that is probably a poor choice. Find friends who make good choices.

What are common  
**TRANSITION FEELINGS?**

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What are common  
**TRANSITION WORRIES?**

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MS Transition Tip #1:  
**STAY ORGANIZED!**

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MS Transition Tip #2:  
**ASK FOR HELP**

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MS Transition Tip #3:  
**JOIN, JOIN, JOIN!**

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MS Transition Tip #4:  
**PEER PRESSURE**

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*Middle School* **TRANSITION**

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