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♥
Ashley

GOOGLE SLIDES

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource.

1 Click here  [What to do with a problem? Book Companion](#)

2 You will be prompted to make a copy of the resource. Click on the blue box that says “Make a copy” and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



3 Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

4 Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

5 From here, you should see a grey box that says “Students can view file.” Click the grey box. A dropdown menu should appear. Select, “Make a copy for each student.”

YOU HAVE TO MAKE A COPY FOR EACH STUDENT!

Otherwise they will all be editing the same file.

Click “Assign” in the top right corner if you’re ready to post!

This product is meant to be used in “edit” mode (not “presentation” mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

[Helpful links for using Google Classroom:](#)

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)

BOOK COMPANION



What do you do with a Problem? by Kobi Yamada

This book companion lesson was created with written permission from the author.

Session Objective:

*Students will identify different ways to problem solve.

Materials:

*Book: What do you do with a Problem? by Kobi Yamada.

*Handouts, scissors, tape/glue, pencils.

Guiding Questions:

*What are some ways to solve a problem?

*What are some things NOT to do when you have a problem?

ASCA Standards Alignment:

*Mindset: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being. (M 1)

*Learning Strategies: Critical thinking skills to make informed decisions. (B-LS 1)

*Behavior: Social Skills: Social Maturity and behaviors appropriate to the situation and environment. (B-SS 9)

SEL Competencies:

*Responsible Decision-Making: Solving Problems.

Session Details

*Say "Today we are going to be reading a book called "What do you do with a Problem? by Kobi Yamada. In it, a boy worries about a problem that comes up." Read the book aloud. Have the students complete the story map as you are reading. Afterward, for grades K-1 use the Cut and Paste activity (p. 4-5), and for grades 2-5 use the Story Questions (p. 6-7) and the Think & Discuss pages (p. 8-11) to generate class/group discussion. Next, explain what perspective means. Say "Thinking about another person's perspective means you are thinking about how that person would view it as if you were looking at the situation from their eyes. For example, The boy's perspective might be that he doesn't want to deal with the problem and wants to avoid it, but the problem in the book does not want to be ignored, it wants to be solved." Complete the perspective handout (p. 12). Say "Solving problems is not easy, we may have to try many different solutions before we find the right one. There may also be obstacles we have to persevere through. Let's go over the ABCs of Problems solving" Complete the SEL handout (p.13). Next, choose the best option on pages 14-17 for your students writing ability and have them complete the writing prompt and writing craftivity. Next, say "Let's look at one of our problems in more detail", complete the creative activity. The writing craftivity and/or creative activity make for a great bulletin board display.

BOOK COMPANION



What do you do with a Problem? by Kobi Yamada

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Answer Keysp. 28-29

NAME: _____

DATE: _____



Story Map



What do you do with a Problem? by Kobi Yamada

Setting:



Characters:



Beginning:



Middle:



End:



Problem:



Solution:

NAME: _____

DATE: _____



Cut & Paste

Cut and paste the actions into the correct Problem-solving or NOT problem-solving spot.

Problem-Solving

Problem-Solving

NOT
Problem-Solving

Problem-Solving

Problem-Solving

NOT
Problem-Solving

Problem-Solving

Problem-Solving

NOT
Problem-Solving



Cut each action out and paste to the correct Problem-solving or NOT problem-solving spot.

Coming up with creative solutions.



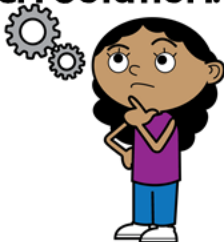
Using positive thinking.



Giving up.



Thinking about the pros and cons of each solution.



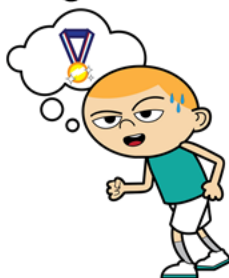
Experimenting with different solutions.



Taking mistakes and failures personal.



Persevering through obstacles.



Viewing problems as learning opportunities.



Worrying about the problem.

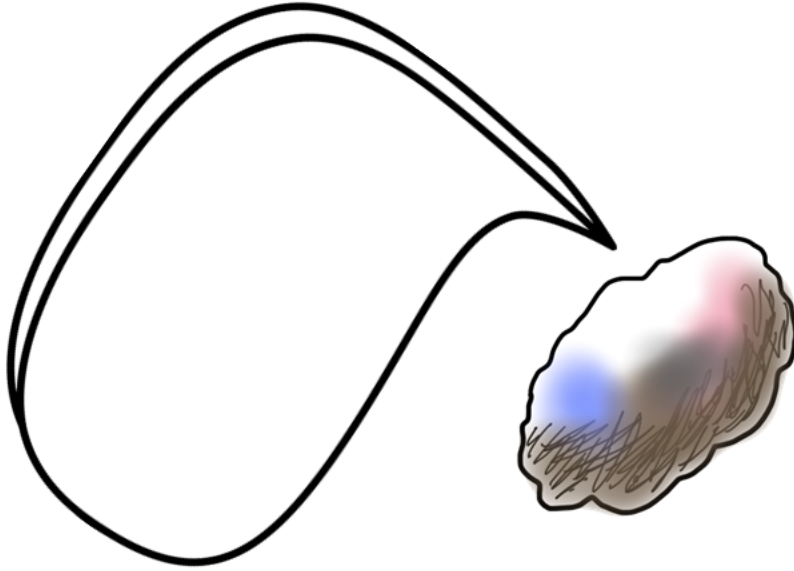


NAME: _____

DATE: _____

What do you do with a Problem?

What did the boy not like, want, or ask for?



What did the boy do to try to get rid of the problem?



What happened when he thought too much about the problem?



What happened when he worried about the problem?



NAME: _____

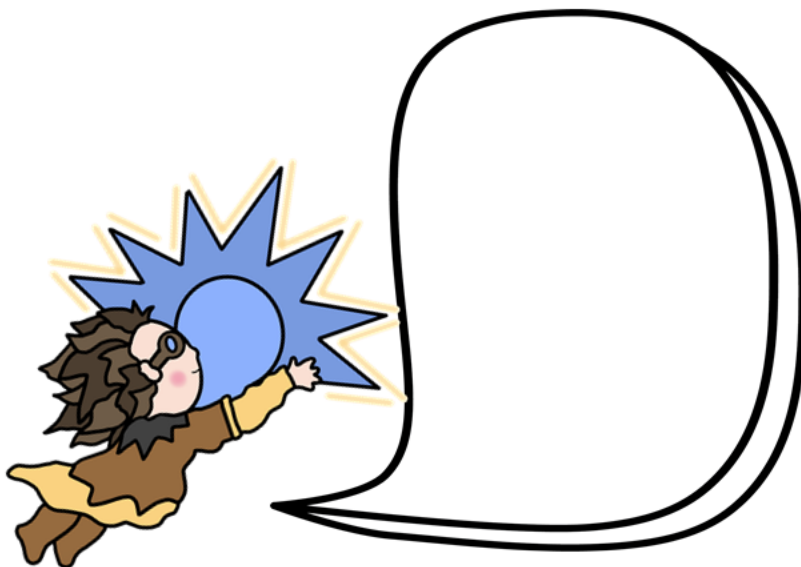
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What do you do with a Problem?

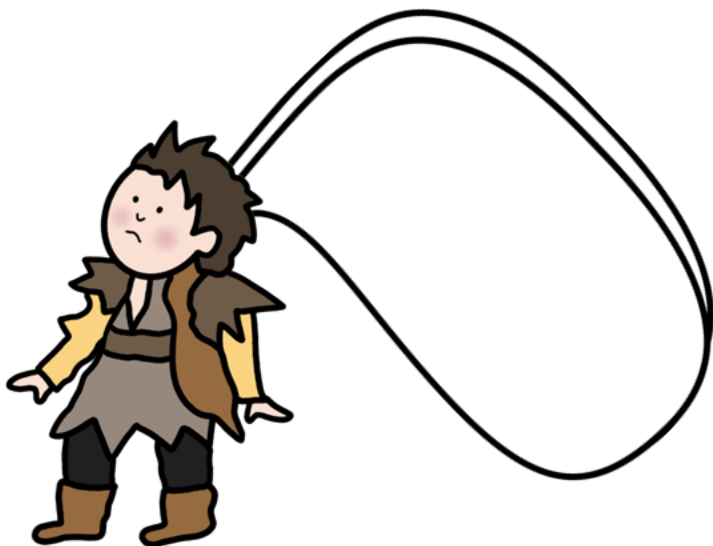
What did the boy realize that he had to do with the problem?



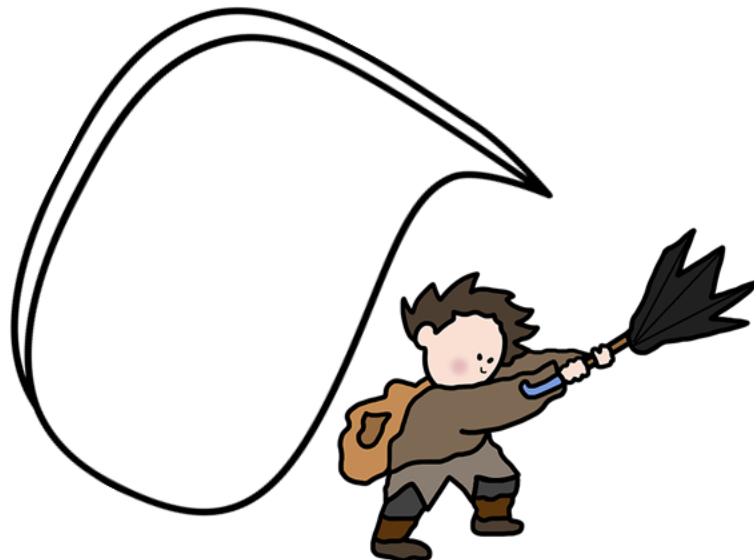
What did the problem have inside?



What was the opportunity a chance to do?



What is the secret to problems?



NAME: _____

DATE: _____



Think & Discuss



What happens when we worry about something too much?

Why does a problem seem bigger the more we avoid it?



How do you think the boy felt when his problem was getting bigger? How would you feel?



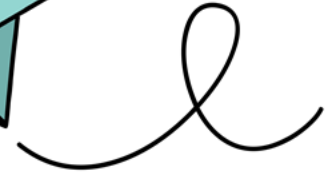
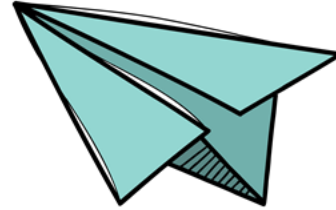
NAME: _____

DATE: _____



Think &
Discuss

Why is it important to change the way we look at problems, and instead look at them like opportunities?



What would happen if everyone avoided their problems?

What would it be like if everyone treated their problems like an opportunity?



NAME: _____

DATE: _____



Think &
Discuss

Turn the Problem into an Opportunity!



Problem

You are worried about starting a new school year. You might not have anyone in your class that you know, and you don't know the teacher either.



Opportunity

Look at is as an opportunity to...



Problem

Your computer is broken and you have to do a project that involves research on the computer. Your parent suggests going to the library to use their computers but you have never been.



Opportunity

Look at is as an opportunity to...



Problem

You spend an hour building an amazing Lego tower and your little brother knocks it down.



Opportunity

Look at is as an opportunity to...

NAME: _____

DATE: _____



Think &
Discuss



Put a checkmark on each action determining if they are problem solving actions or not.

**Problem-
Solving**

**NOT
Problem-
Solving.**

Asking an adult for help.		
Talking to a friend about it.		
Brainstorming ideas.		
Ignoring the problem.		
Putting off dealing with the problem.		
Trying to get someone else to solve the problem for you.		
Thinking about the problem so much it interferes with your life.		
Thinking about solutions but never applying them.		
Trying different ideas until something works.		
Thinking about the pros and cons of each solution/idea.		
Giving up on finding a solution.		

Character Perspective

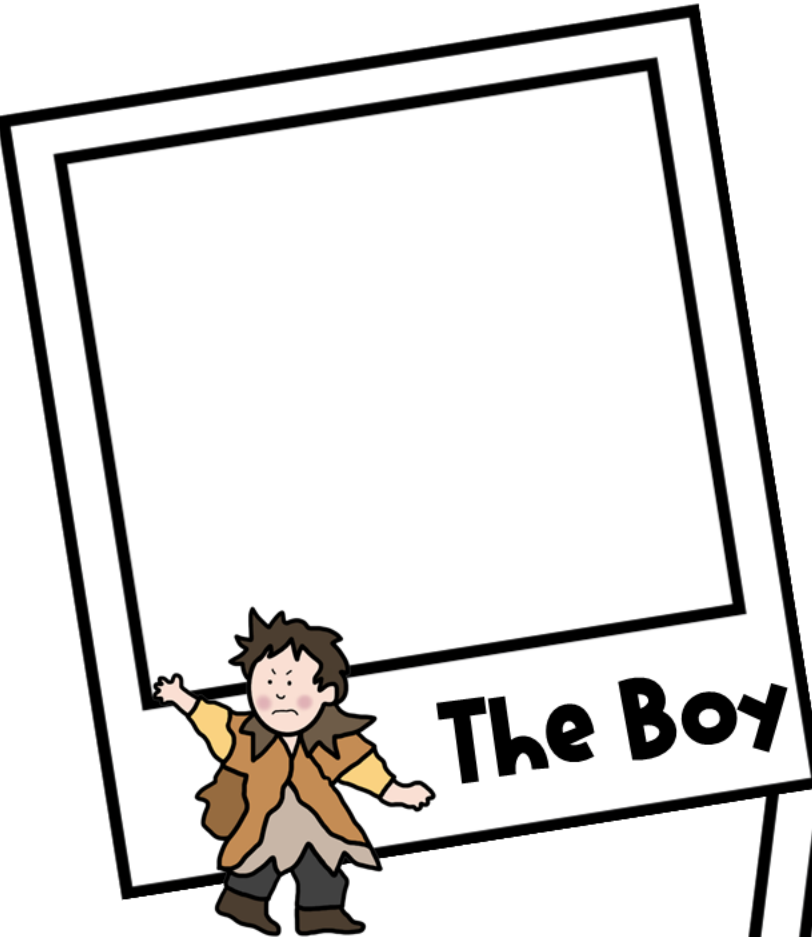


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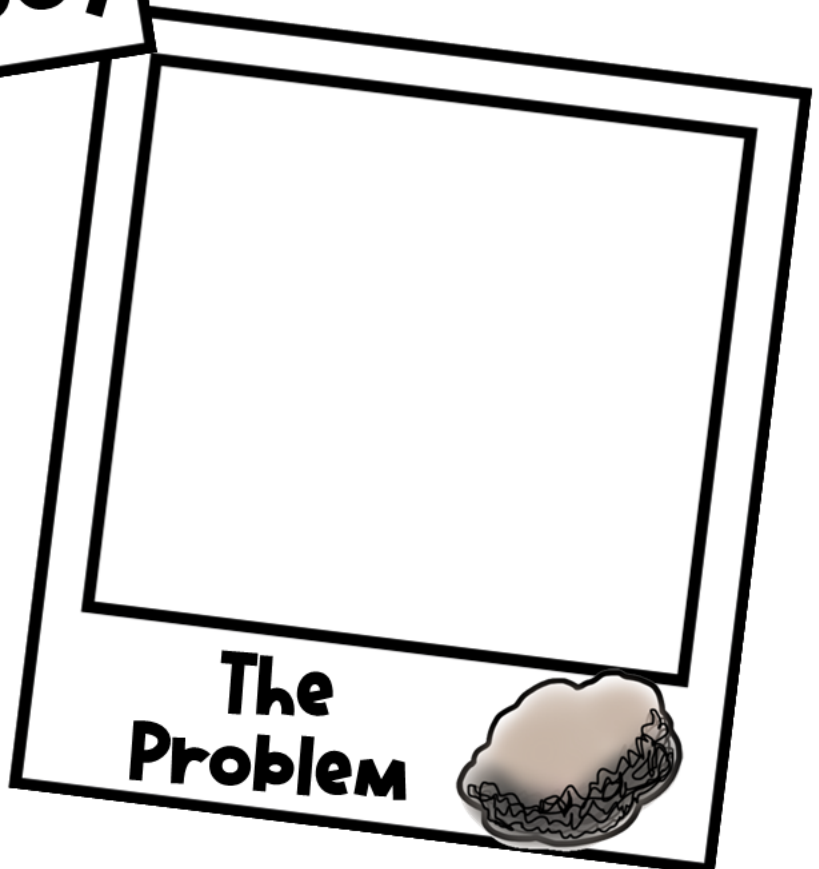
DATE: _____

Think about the different perspectives of each character from the book.

Write in the boxes below what you think their perspectives might be.



The Boy



The Problem



Perspective means:

A way of thinking about and understanding something; a point of view.



NAME: _____

DATE: _____

Responsible Decision-Making: Solving Problems

A

Analyze the problem.

B

Brainstorm possible solutions.

C

Consider the positive and negative consequences of each solution.

D

Decide and implement a solution.

E

Evaluate your decision and if you solved the problem or need to try something else.

During what situations do you struggle to solve problems?



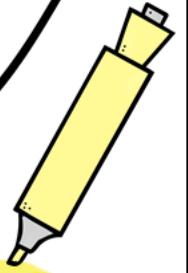
What are some ways to be a better problem solver?



Solving Problems means:

the process of achieving a goal by overcoming obstacles.

Draw & Write

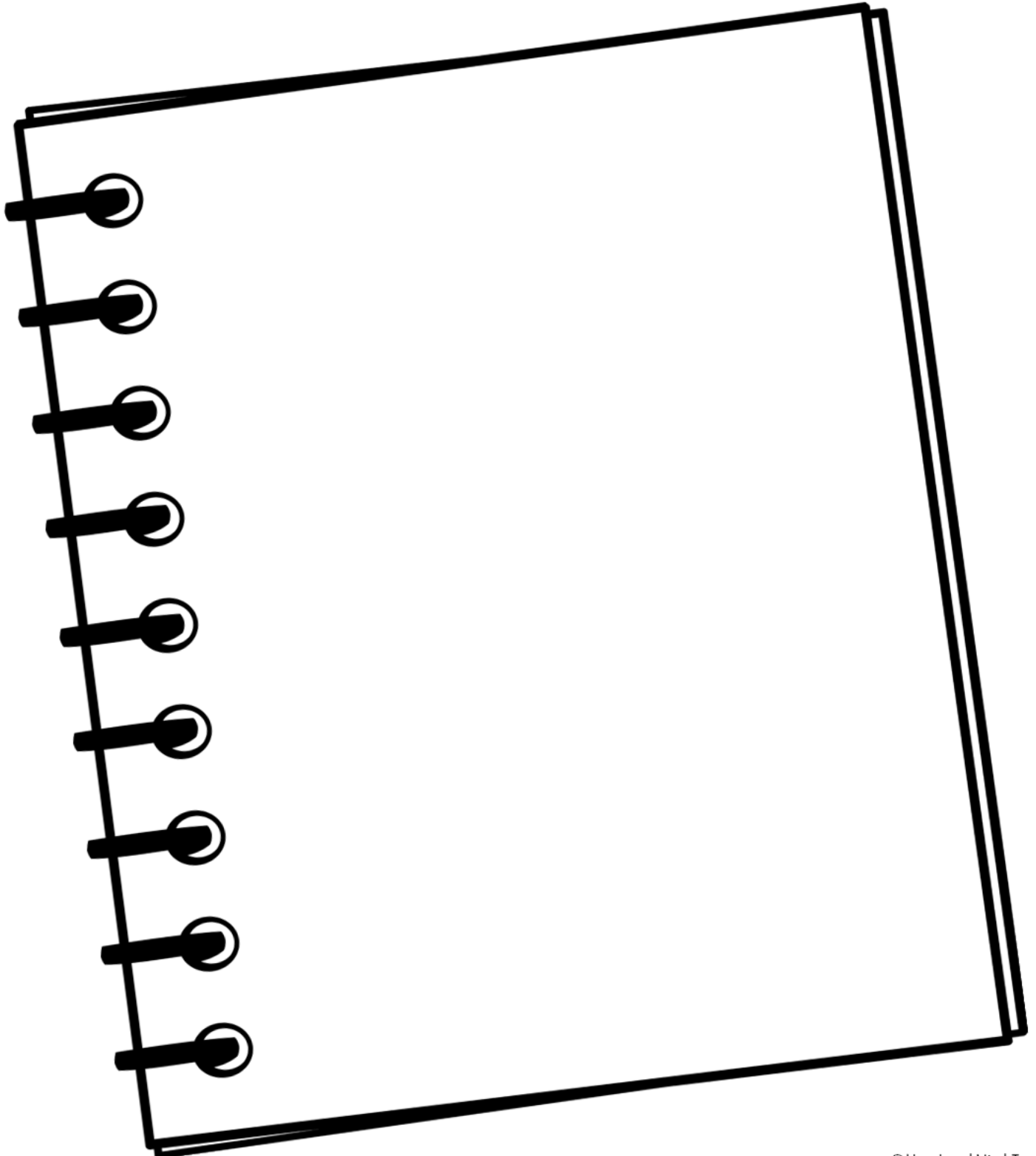


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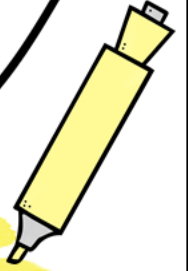
DATE: _____

Draw a situation in which you overcame a problem.

Show what happened, how it felt, and what you learned from it.



Draw & Write



NAME: _____

DATE: _____

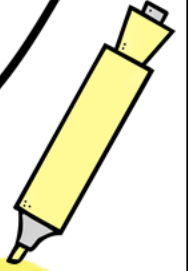
Draw a situation in which you overcame a problem.

Explain what happened, how it felt, and what you learned from it.



Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line. There are five sets of these lines provided for writing.

Draw & Write



NAME: _____

DATE: _____

Describe a situation in which you overcame a problem.
Explain what happened, how it felt, and what you learned from it.



***Cut out and glue
to the top of the
writing page.**





: How do you persevere when
you have a **problem**?

Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are seven sets of these lines for writing a response.



: How do you persevere when
you have a **problem**?

Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing.



my PROBLEM!



Draw your
problem here



Describe your problem:

Describe how your problem makes you feel:

What will you do to solve the problem?

What are some obstacles that might get in your way:

How can you overcome those obstacles:



MY PROBLEM

A problem I am having is:

Draw how the problem makes you feel:



MY OPPORTUNITY

I can learn this from the problem:

Draw how the opportunity makes
you feel:

By:

Ways to Solve PROBLEMS



Look for
Creative
Solutions.



Use positive
Thinking
and have a
Growth
Mindset.



Think about the
pros and cons of
each solution.



Experiment
with different
solutions.



Never
give up.



Accept your mistakes and
failures as learning
opportunities.



Answer Key

Answer Key: p. 8-9

What do you do with a problem?

What did the boy not like, want, or ask for?

The problem.

What did the boy do to try to get rid of the problem?

Sheep, Shepherd, and Wolf Drill.

What happened when he thought too much about the problem?

The problem

What happened when he worried about the problem?

The problem got bigger.

What did the boy realize that he had to do with the problem?

Face it.

What did the problem have inside?

An opportunity.

What was the opportunity a chance to do?

To learn and grow.

What is the secret to problems?

Every problem has an opportunity for something good.

Answer Key: p. 12

1. Problem: You are worried about starting a new school year. You might not have anyone in your class that you know, and you don't know the teacher either. Opportunity: Make new friends and start fresh with a new teacher.
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3. Problem: You spend an hour building an amazing Lego tower and your little brother knocks it down. Opportunity: Build a new even better tower.




Put a checkmark on each action determining if they are problem solving actions or not.

When this happens.. 

Problem-Solving

NOT Problem-Solving.

When this happens.. 	Problem-Solving	NOT Problem-Solving.
Asking an adult for help.	✓	
Talking to a friend about it.	✓	
Brainstorming ideas.	✓	
Ignoring the problem.		✓
Putting off dealing with the problem.		✓
Trying to get someone else to solve the problem for you.		✓
Thinking about the problem so much it interferes with your life.		✓
Thinking about solutions but never applying them.		✓
Trying different ideas until something works.	✓	
Thinking about the pros and cons of each solution/idea.	✓	
Giving up on finding a solution.		✓

Black & White Version

BOOK COMPANION



What do you do with a Problem? by Kobi Yamada

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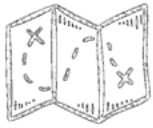
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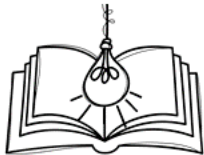
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Cut and Pastep. 6-7



Story Questionsp. 8-9



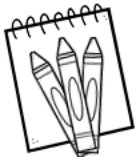
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Postersp. 26-27



Answer Keysp. 28-29

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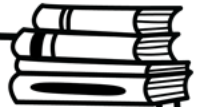


Story Map



What do you do with a Problem? by Kobi Yamada

Setting:



Characters:



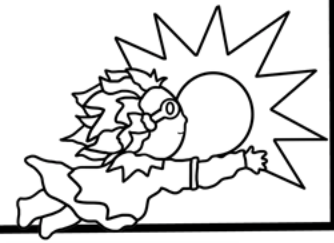
Beginning:



Middle:



End:



Problem:



Solution:

NAME: _____

DATE: _____



Cut & Paste

Cut and paste the actions into the correct Problem-solving or NOT problem-solving spot.

Problem-Solving

Problem-Solving

NOT
Problem-Solving

Problem-Solving

Problem-Solving

NOT
Problem-Solving

Problem-Solving

Problem-Solving

NOT
Problem-Solving



Cut & Paste

Cut each action out and paste to the correct Problem-solving or NOT problem-solving spot.

Coming up with creative solutions.



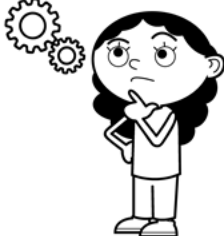
Using positive thinking.



Giving up.



Thinking about the pros and cons of each solution.



Experimenting with different solutions.



Taking mistakes and failures personal.



Persevering through obstacles.



Viewing problems as learning opportunities.



Worrying about the problem.



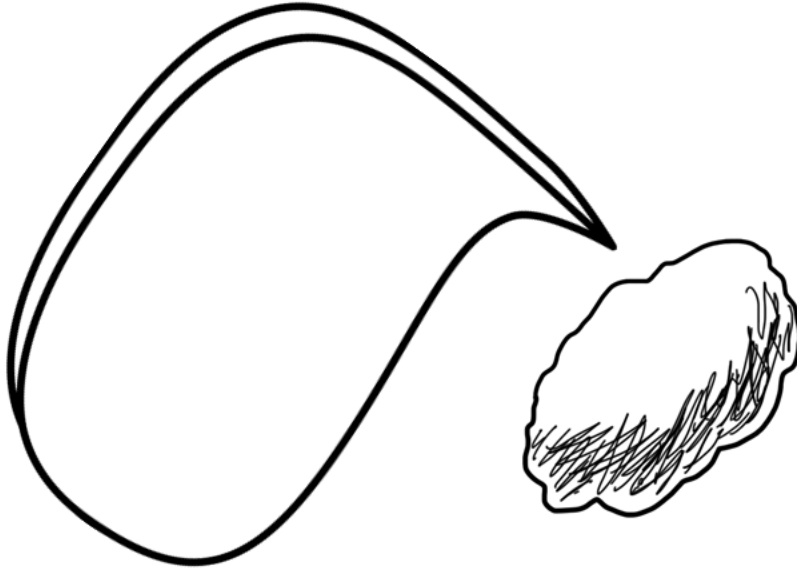
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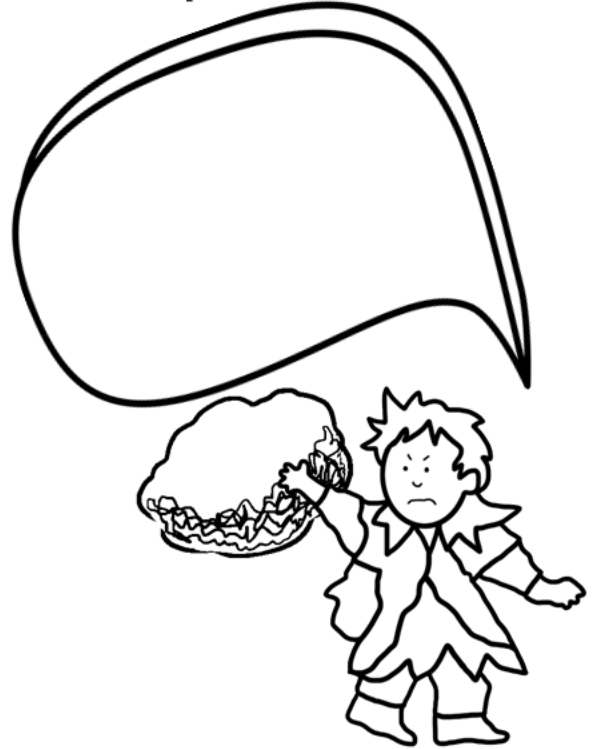
Story 
Questions

What do you do with a Problem?

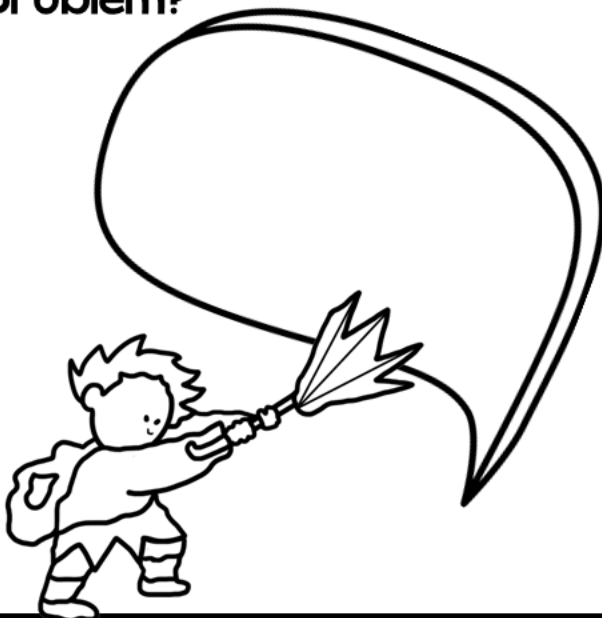
What did the boy not like, want, or ask for?



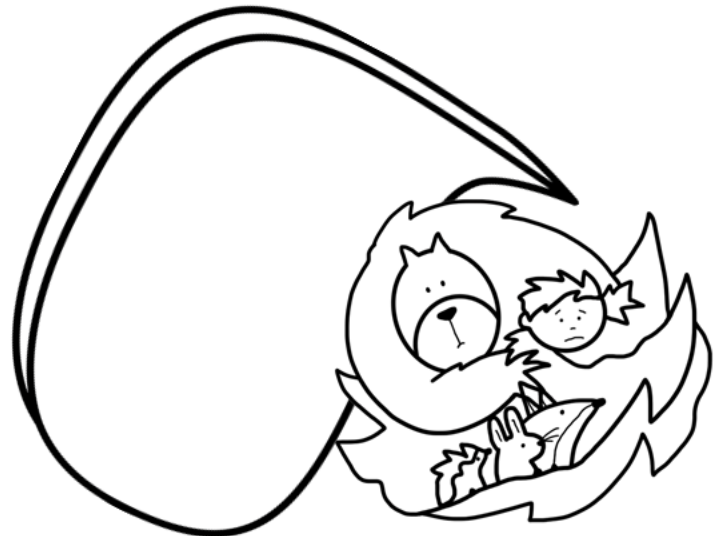
What did the boy do to try to get rid of the problem?



What happened when he thought too much about the problem?



What happened when he worried about the problem?



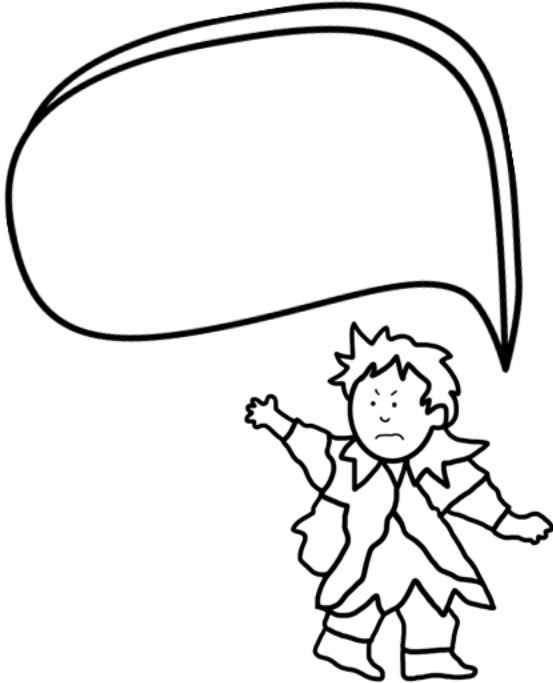
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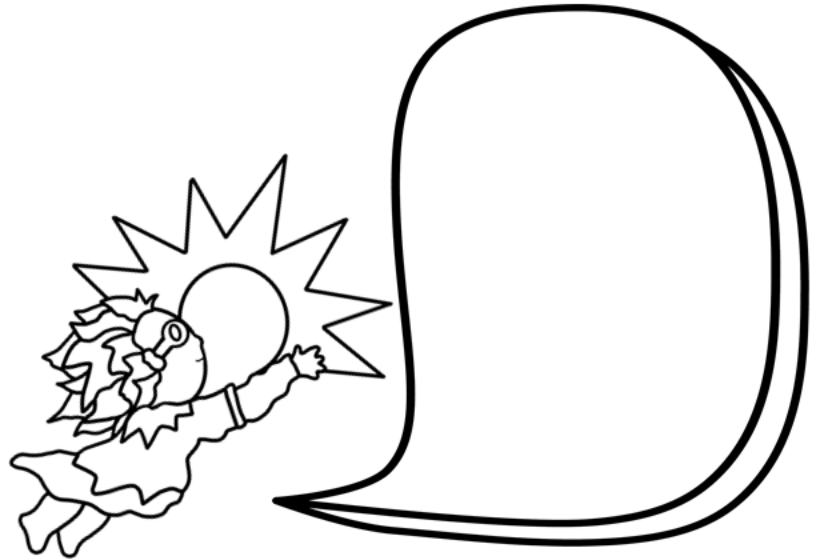
Story 
Questions

What do you do with a Problem?

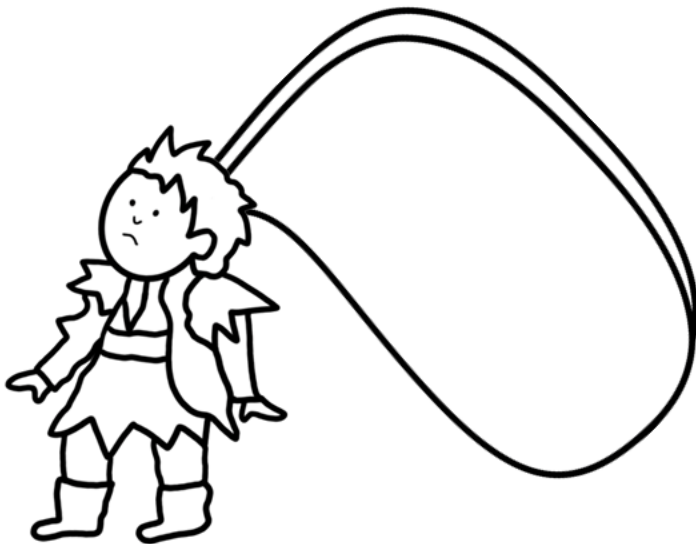
What did the boy realize that he had to do with the problem?



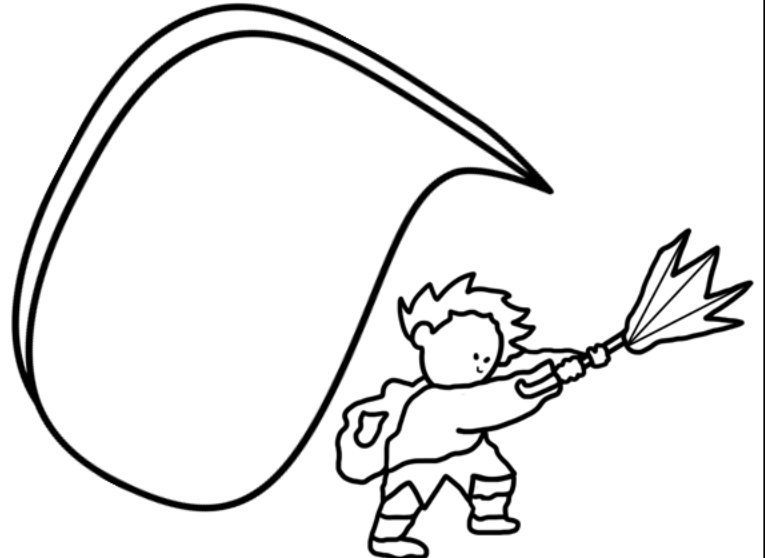
What did the problem have inside?



What was the opportunity a chance to do?

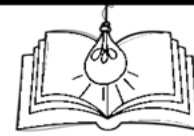


What is the secret to problems?



NAME: _____

DATE: _____



**Think &
Discuss**



What happens when we
worry about something too
much?

Why does a problem seem
bigger the more we avoid it?

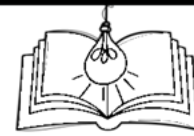


How do you think the boy felt
when his problem was getting
bigger? How would you feel?



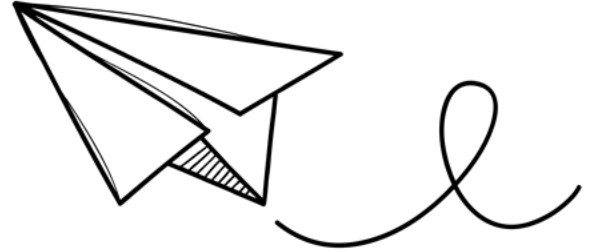
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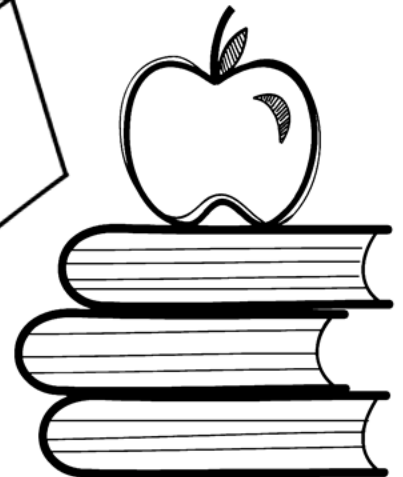
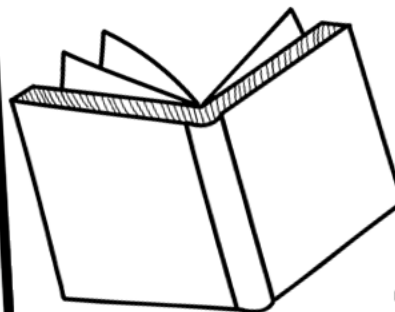
Think &
Discuss

Why is it important to change the way we look at problems, and instead look at them like opportunities?



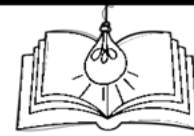
What would happen if everyone avoided their problems?

What would it be like if everyone treated their problems like an opportunity?



NAME: _____

DATE: _____



Think &
Discuss

Turn the Problem into an Opportunity!



Problem

You are worried about starting a new school year. You might not have anyone in your class that you know, and you don't know the teacher either.



Opportunity

Look at it as an opportunity to...



Problem

Your computer is broken and you have to do a project that involves research on the computer. Your parent suggests going to the library to use their computers but you have never been.



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Problem

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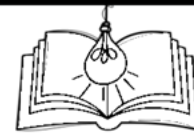


Opportunity

Look at it as an opportunity to...

NAME: _____

DATE: _____



Think &
Discuss



Put a checkmark on each action determining if they are problem solving actions or not.

Problem-
Solving

NOT
Problem-
Solving.

Asking an adult for help.		
Talking to a friend about it.		
Brainstorming ideas.		
Ignoring the problem.		
Putting off dealing with the problem.		
Trying to get someone else to solve the problem for you.		
Thinking about the problem so much it interferes with your life.		
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Character Perspective

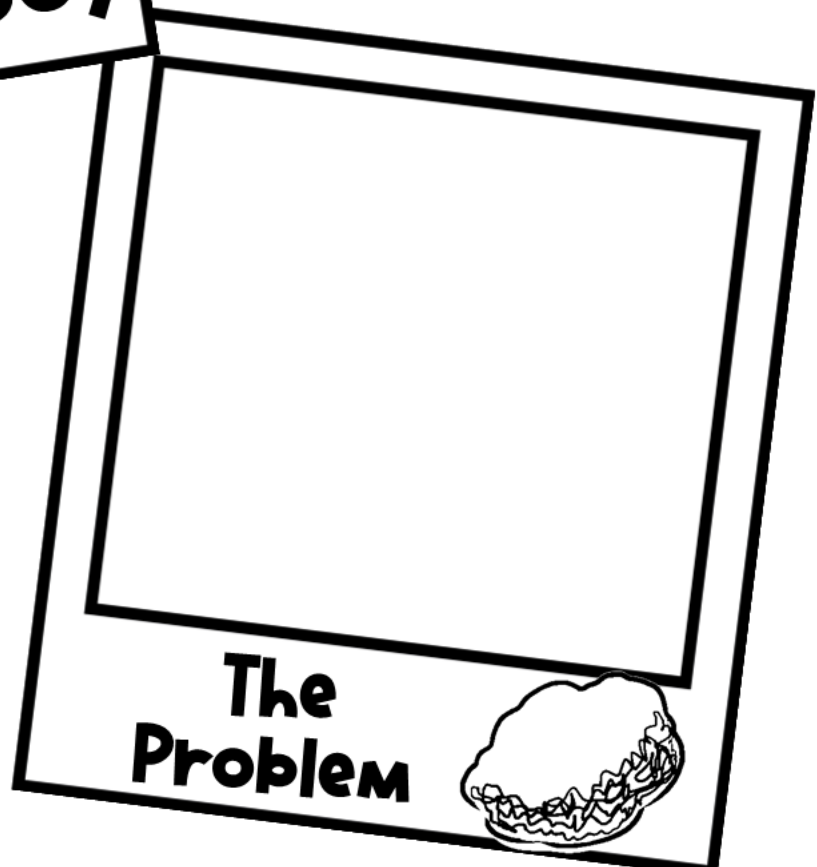


NAME: _____

DATE: _____

Think about the different perspectives of each character from the book.

Write in the boxes below what you think their perspectives might be.



Perspective means:

A way of thinking about and understanding something; a point of view.



NAME: _____

DATE: _____

Responsible Decision-Making: Solving Problems

A

Analyze the problem.

B

Brainstorm possible solutions.

C

Consider the positive and negative consequences of each solution.

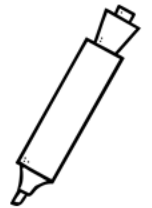
D

Decide and implement a solution.

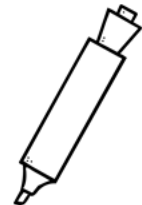
E

Evaluate your decision and if you solved the problem or need to try something else.

During what situations do you struggle to solve problems?



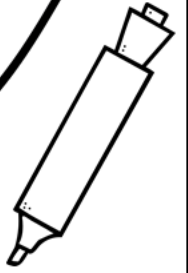
What are some ways to be a better problem solver?



Solving Problems means:

the process of achieving a goal by overcoming obstacles.

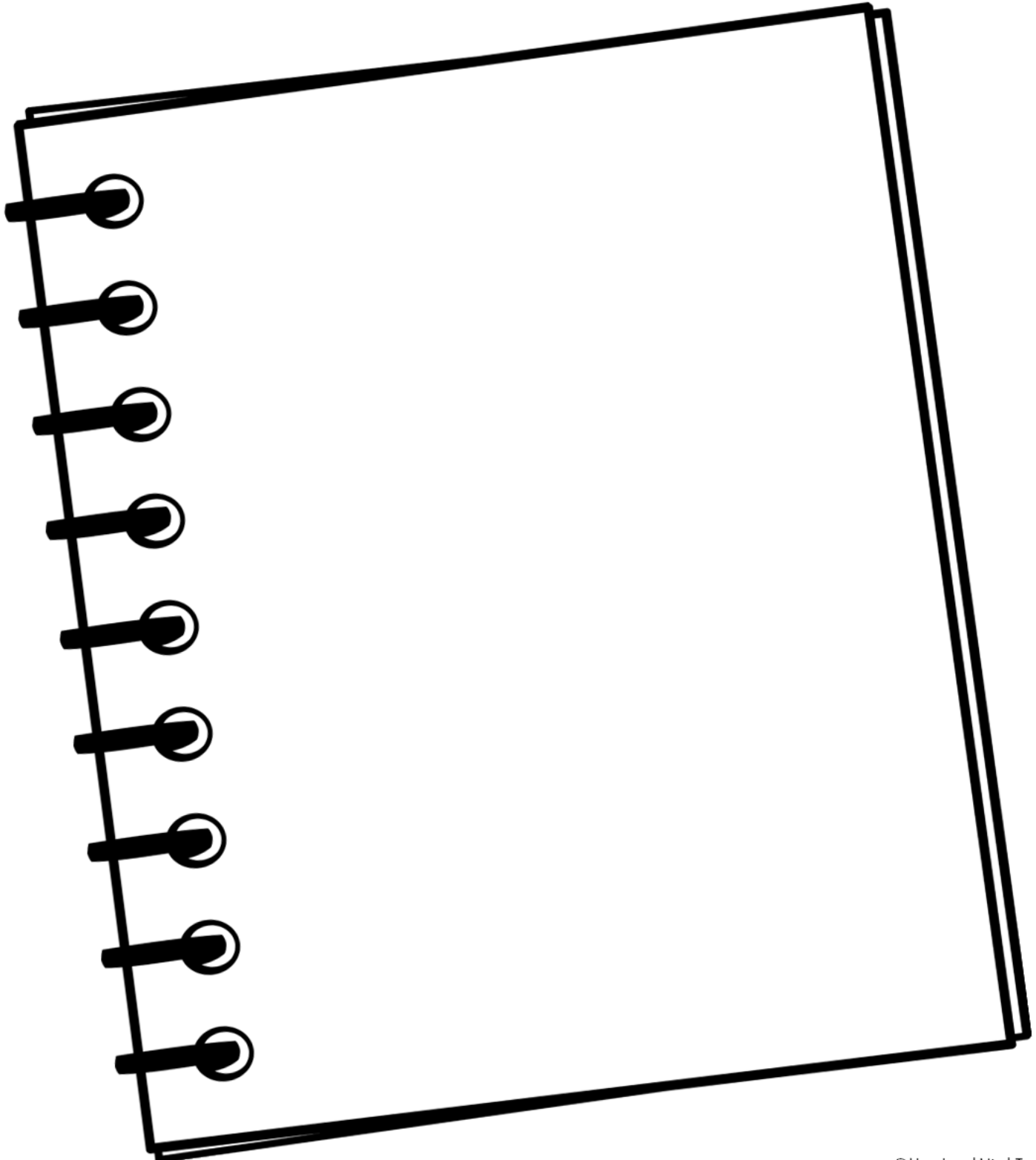
Draw & Write



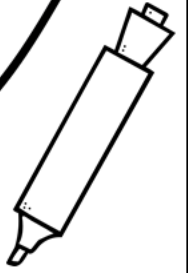
NAME: _____

DATE: _____

Draw a situation in which you overcame a problem.
Show what happened, how it felt, and what you learned from it.



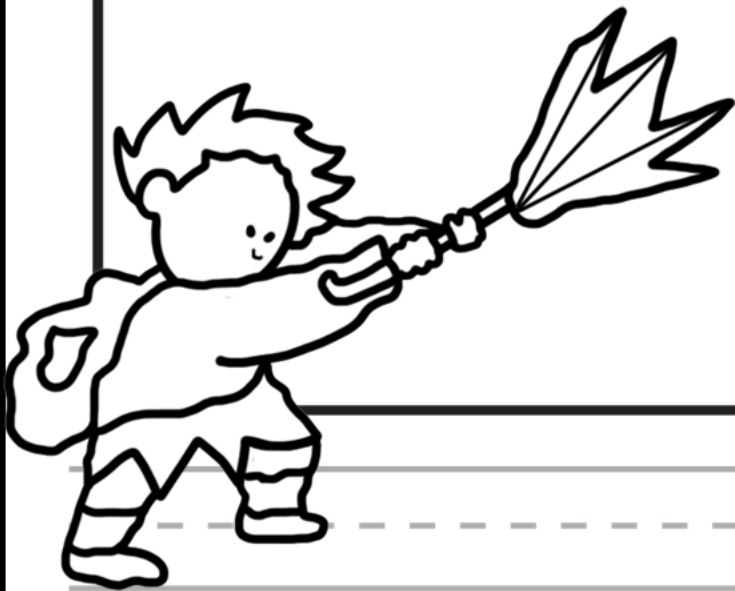
Draw & Write



NAME: _____

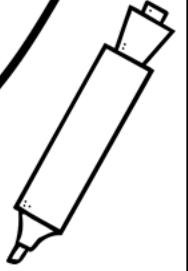
DATE: _____

Draw a situation in which you overcame a problem.
Explain what happened, how it felt, and what you learned from it.



Handwriting practice lines consisting of four sets of three horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.

Draw & Write



NAME: _____

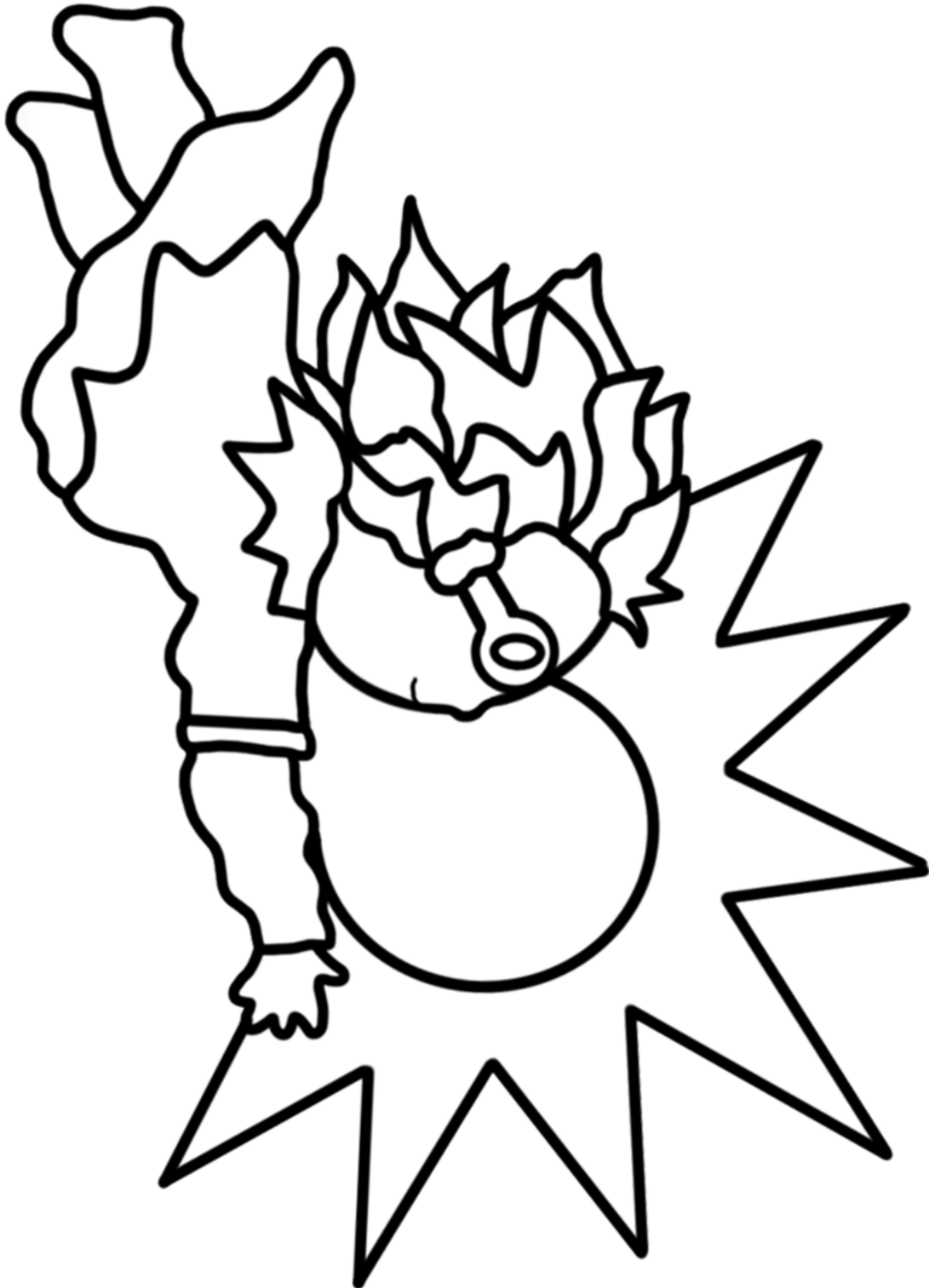
DATE: _____

Describe a situation in which you overcame a problem.
Explain what happened, how it felt, and what you learned from it.

Handwriting practice area consisting of multiple sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line.



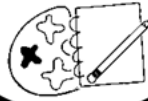
***Cut out and glue
to the top of the
writing page.**





How do you persevere when
you have a problem?

Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are 10 sets of these lines for writing a response.



**How do you persevere when
you have a problem?**

Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line, repeated four times.



my



PROBLEM!



Draw your
problem here



Describe your problem:

Describe how your problem makes you feel:

What will you do to solve the problem?

What are some obstacles that might get in your way:

How can you overcome those obstacles:



MY PROBLEM

A problem I am having is:

Draw how the problem makes you feel:



MY OPPORTUNITY

I can learn this from the problem:

**Draw how the opportunity makes
you feel:**

By:

Ways to Solve **PROBLEMS**



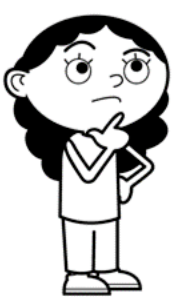
**Look for
Creative
Solutions.**



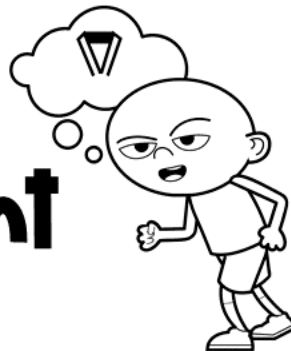
**Use positive
Thinking
and have a
Growth
Mindset.**



**Think about the
pros and cons of
each solution.**



**Experiment
with different
solutions.**



**Never
give up.**



**Accept your mistakes and
failures as learning
opportunities.**



Answer Key

Answer Key: p. 8-9

What do you do with a problem?

What did the boy not like, want, or ask for?

The problem.

What did the boy do to try to get rid of the problem?

Sheep, Shepherd, and Wolf Drill.

What happened when he thought too much about the problem?

The problem

What happened when he worried about the problem?

The problem got bigger.

What did the boy realize that he had to do with the problem?

Face it.

What did the problem have inside?

An opportunity.

What was the opportunity a chance to do?

To learn and grow.

What is the secret to problems?

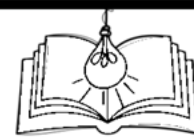
Every problem has an opportunity for something good.

Answer Key: p. 12

1. **Problem:** You are worried about starting a new school year. You might not have anyone in your class that you know, and you don't know the teacher either. **Opportunity:** Make new friends and start fresh with a new teacher.

2. **Problem:** Your computer is broken and you have to do a project that involves research on the computer. Your parent suggests going to the library to use their computers but you have never been. **Opportunity:** Visit the library and see what it has to offer.

3. **Problem:** You spend an hour building an amazing Lego tower and your little brother knocks it down. **Opportunity:** Build a new even better tower.



Think & Discuss



Put a checkmark on each action determining if they are problem solving actions or not.

When this happens.. 

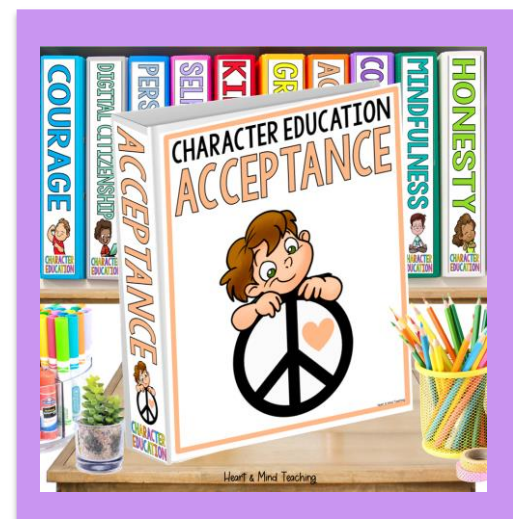
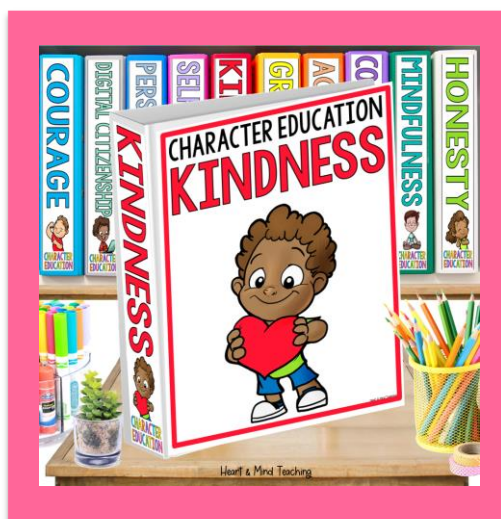
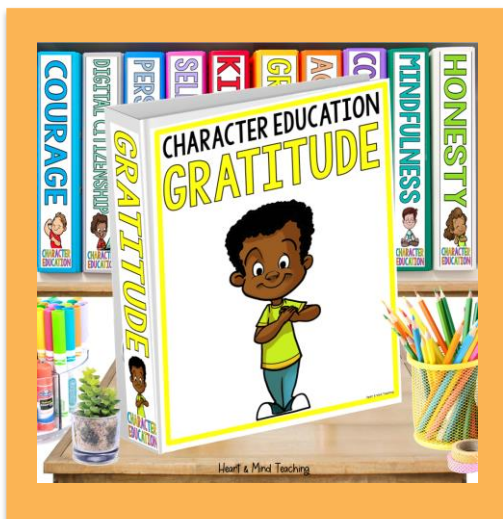
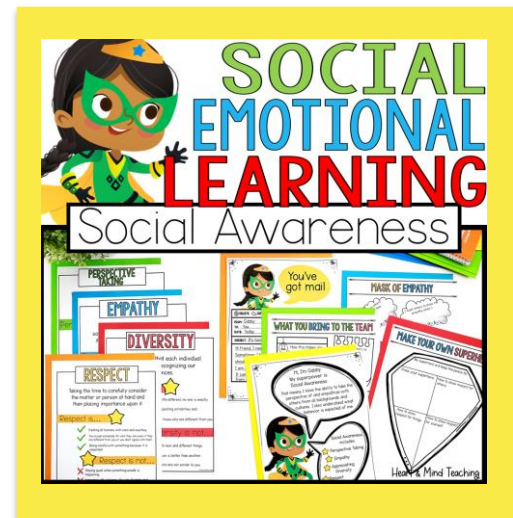
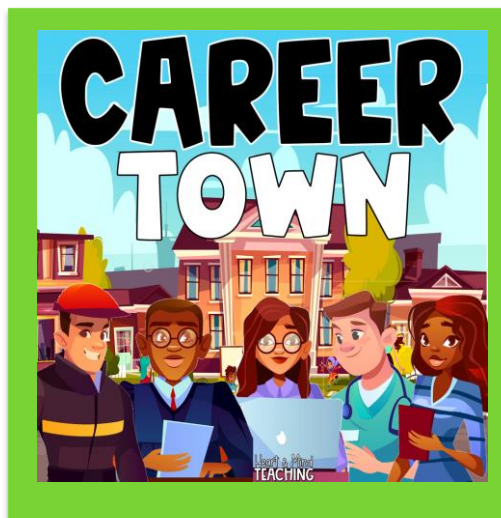
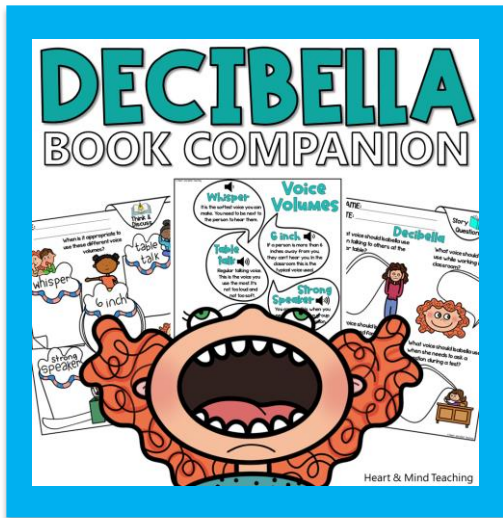
Problem-Solving

NOT Problem-Solving.

When this happens..	Problem-Solving	NOT Problem-Solving.
Asking an adult for help.	✓	
Talking to a friend about it.	✓	
Brainstorming ideas.	✓	
Ignoring the problem.		✓
Putting off dealing with the problem.		✓
Trying to get someone else to solve the problem for you.		✓
Thinking about the problem so much it interferes with your life.		✓
Thinking about solutions but never applying them.		✓
Trying different ideas until something works.	✓	
Thinking about the pros and cons of each solution/idea.	✓	
Giving up on finding a solution.		✓

CHECK THESE OUT

CLICK ON THE PICTURES TO GET A CLOSER LOOK.



COUNSELOR Collab

with Laura & Ashley



Would you like to spend less time browsing for resources and lesson planning, and more time serving students? Let Laura from [Music City Counselor](#) and Ashley from [Heart and Mind Teaching](#) do the work for you!

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HEART + MIND
TEACHING



THANK YOU

FOR SUPPORTING MY LITTLE SHOP.

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

LET'S BE FRIENDS

Ashley

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If you have any questions or concerns please email me at:

heartandmindteaching@gmail.com

CREDITS

